



Messages from the Animals

I am very blessed to be able to communicate with animals. I would love to share with you a few of the messages that various animals have imparted to me along my journey. I hope that their wisdom and inspiration resonates with you and that you can maybe follow their lead and apply it to your own lives. I consider that we have much to learn from our fellow companions in the animal kingdom. Some say that we are the superior species....but I am not so sure! I hope you enjoy!

Lots of love, Kirstie xxx

Cat

Sleep like a cat, allow yourself time to rest and to quiet the mind. Taking time out for yourself is so important and a necessary part of life. A cat would not think that it is wasteful to spend so much time sleeping. We understand the importance of recharging the batteries and taking that all important time to meditate and to quieten the mind. We then awake fully recharged, centred and ready to face a new day.

Wolf

The wolf song is sacred. The voice of the pack singing as one. It is deeply healing and cleansing. The pack has come together now to support your transformation. We are willing to work along side you to achieve your transmutation and achieve your dreams. The Power of One, the Power of Togetherness, in all of us becoming one with each other. We are all connected. Feel that connection and go within.

The wolf pack. It is vital that everyone finds their own pack. Their own community - one that they feel part of. Allow yourself to feel at one with another. Inspire the feeling of unity and strength in a group of people. Watch how everyone interacts with each other. If you are truly a pack then the interaction

will benefit everyone. There will be no harm to each other. The group will act as one - according to pack law - there will be no harm to others. Everyone will act in accordance to the benefit of everyone. There will be no self - no I - just a we - just an us. The greatness, the power, the strength of us. In us is the greatness found.

Ants

Ants truly understand the power of US - we truly understand the concept of working in harmony with each other, Every ant has a role to play that is for the greater good of the whole colony. Our planet would best serve to observe the actions of ants. We would never individually harm one another as that would not benefit ourselves as a whole.

Orca

The soulful depth of emotion of the orca, such beauty and magnificence. Breath slowly and deeply - breathe in the beauty of the ocean - the stillness, the calm - breath it all in. We have the answers to the ages, We have the answers that you are searching for. We can see into your soul and know what you are asking before you have even asked the question. Connect with us if you wish to know the truth about yourself. Connect to us if you are ready to shine and allow the light in.