

# BERGEN COUNTY CROSS-COUNTRY CHAMPIONSHIPS

Bergen County Group Meet  
Saturday, October 15, 2022  
Darlington County Park

Lou Molino Memorial Meet of Champions  
Saturday, October 22, 2022  
Darlington County Park

## Time Schedule:

9:00 Freshmen Boys  
9:05 Freshmen Girls  
9:10 J-V Boys  
9:25 J-V Girls  
9:45 Boys Group C  
10:00 Boys Group A  
10:15 Girls Group C  
10:30 Girls Group A

Arrive @ 11:30 AM

12:30 Freshmen Boys  
12:35 Freshmen Girls  
12:40 J-V Boys  
12:55 J-V Girls  
1:15 Boys Group B  
1:30 Boys Group D  
1:45 Boys Group E  
2:00 Girls Group A  
2:15 Girls Group C  
2:30 Girls Group E

## Time Schedule:

11:00 AM Boys Race  
11:40 AM Girls Race

## Awards

### County Group Meet

Top Ten Individuals  
Top Three Teams per race

### Meet of Champions

Top Twenty-Five Individuals  
Top Three Teams

## \*\*\*IMPORTANT MEET INFORMATION\*\*\*

1. 7 runners in Varsity races and Unlimited entries in J-V and Freshmen races.
2. You **MUST run your TOP 7 RUNNERS** in the Varsity Race and your 8 -? in the J-V race. A freshman may run in the freshmen race, J-V race or Varsity race.
3. Entries Due: **October 8, 2022**
4. We are using **NJ Mile Split** to enter your rosters and declare that you are coming to the meet. All you have to do is enter **ALL your athletes that are competing in the meet.**
5. The Boys Freshmen and J-V Races will be broken into two (2) equal races
6. **Advancement to Lou Molino Memorial Meet of Champions:**

**Winning Team per Race plus 6 Wild Cards Teams from the Meet Merge (one must come from Group C or D)**

**All Individuals that finish in the Top 50 of the Meet Merge**

Questions Email: njbta@aol.com

**REMEMBER to Enter on MileSplit – Send in form as Usual**

**Buses need to drop off and then go and park at the Campgaw Parking Lot (1 mile away).**

**POD 1 - After your team is finished, they can pick you up in the lower parking lot by 11:15AM**

**POD 2 - Arrive @ 11:30 – You will not be allowed over the bridge until 11:30AM – Please cooperate!!**

**2022 BERGEN COUNTY CROSS-COUNTRY CHAMPIONSHIP MEET**

School \_\_\_\_\_ Coach \_\_\_\_\_

School Phone \_\_\_\_\_ Coach's Phone \_\_\_\_\_

**Boys Entry:** Varsity Boys Team (7 runners) \_\_\_\_\_ X \$80.00 = \_\_\_\_\_

Varsity Individuals \_\_\_\_\_ X \$15.00 = \_\_\_\_\_

Junior Varsity Team (7 runners) \_\_\_\_\_ X \$80.00 = \_\_\_\_\_

Junior Varsity Individuals \_\_\_\_\_ X \$15.00 = \_\_\_\_\_

Freshmen Team (7 runners) \_\_\_\_\_ X \$80.00 = \_\_\_\_\_

Freshmen Individuals \_\_\_\_\_ X \$15.00 = \_\_\_\_\_

**Total Boys Entry = \_\_\_\_\_**

**Girls Entry:** Varsity Girls Team (7 runners) \_\_\_\_\_ X \$80.00 = \_\_\_\_\_

Varsity Individuals \_\_\_\_\_ X \$15.00 = \_\_\_\_\_

Junior Varsity Team (7 runners) \_\_\_\_\_ X \$80.00 = \_\_\_\_\_

Junior Varsity Individuals \_\_\_\_\_ X \$15.00 = \_\_\_\_\_

Freshmen Team (7 runners) \_\_\_\_\_ X \$80.00 = \_\_\_\_\_

Freshmen Individuals \_\_\_\_\_ X \$15.00 = \_\_\_\_\_

**Total Girls Entry = \_\_\_\_\_**

**Total School Entry = \_\_\_\_\_**

**Make Checks Payable To: B.C.C.A.**

**Mail to:** Tom Zaccone  
143 McIntosh Drive  
Mahwah, N.J. 07430

**Entries Due: October 6, 2022**

**Email to: tomzaccone@yahoo.com**

**Principal's Signature:** \_\_\_\_\_

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## 2021 Divisions (2022 not done yet)

### Group E

Bergen Catholic  
Don Bosco  
Dwight Englewood  
Holy Angels  
IHA  
Paramus Catholic  
Saddle River Day  
St. Joes  
St. Mary's

### Group A

Bergen Tech  
Hackensack  
Ridgewood  
Fair Lawn  
No. Highlands  
Paramus  
Tenafly  
Bergenfield  
Teaneck  
Ramapo  
Cliffside Park

### Group B

Old Tappan  
Pascack Valley  
Indian Hills  
Lodi  
Dwight Morrow  
Garfield  
River Dell  
Demarest  
Fort Lee  
Mahwah  
Ridgefield Park

### Group C

New Milford  
Pascack Hills  
Ramsey  
Westwood  
Dumont  
Park Ridge/Emerson  
Glen Rock  
Rutherford  
Lyndhurst  
  
Leonia  
Elmwood Park  
Becton

### Group D

Wood-Ridge  
Cresskill  
Hasbrouck Heights  
Ridgefield  
Saddle Brook  
No. Arlington  
Waldwick  
Palisades Park  
Bogota  
Midland Park  
Bergen Arts & Science  
  
Wallington