## Marvell Academy

Plate Lunches

## OCTOBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Fish Sticks Fries Peas / Fruit	2 Grilled Chicken Wrap Chips Fruit	3
4	5 Steak Fingers Mashed Potatoes Roll/ White Gravy Mixed Veggies/Fruit	6 Soft Tacos Rice/Beans Lettuce Fruit	7 Chef Salad 1/2 Egg Crackers/Fruit	8 Grilled Ham & Cheese Sandwiches Chips / Carrots Fruit	9 Bacon Cheese Fries Celery Fruit	10
11	12 NO SCHOOL FALL BREAK	13 Pulled Pork Nachos Salad Fruit	14 Chicken & Dumplings Corn Muffins Peas / Fruit	15 Terriyaki Chicken Fried Rice Mixed Veggies Fruit	16 Bacon Cheeseburgers Tots Lettuce/Pickles Fruit	17
18	19 Chicken Strips Mac & Cheese Baked Beans Fruit	20 Chicken Broccoli Rice Casserole Fruit	21 Mini Corn Dogs Fries Salad Fruit	22 Taco Soup Fritos Fruit	23 Uncrustables Chips Carrots / Fruit	24
25	26 Homemade Chicken Noodle Soup Crackers Baked Apples	27 Mini Tacos Salad Fruit	28 Deli Sandwich Carrots/Chips Fruit	29 Chicken Spaghetti Garlic Bread Green Beans / Fruit	30 Pizza Salad Fruit	31
		Notes: All K3/K4 lunches are served with milk and fruit.				
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