

NIKISKI SENIOR CENTER

OCTOBER 2019 LUNCH MENU

Did you know...
 Anyone can eat lunch
 at the senior center!

Mon	Tue	Wed	Thu	Fri
<p><i>Lunch Prices:</i> <i>Members— \$8</i> <i>Non Members—\$9</i> <i>Kids 6-10 yrs—\$4</i> <i>Kids 5 & under—</i> <i>Free (with paying</i> <i>adult)</i></p>	<p>1 Chicken Quesadillas Refried Beans Spanish Rice Chili</p>	<p>2 Fried Chicken Mashed Potatoes Vegetable Corn Chowder <i>Split the Pot</i></p>	<p>3 Baked Ziti (Italian Pasta) Casserole Garlic Bread Clam Chowder</p>	<p>4 \$5 Friday Hot Ham & Cheese on Toasted Bun Macaroni Salad <i>(no salad bar)</i></p>
<p>7 Open Faced Turkey Sandwich Mashed Potatoes & Gravy Vegetable Navy Bean & Ham Soup</p>	<p>8 Cabbage Rolls Rice Vegetable French Onion Soup</p>	<p>9 Fried Chicken Mashed Potatoes Vegetable California Cheese Soup <i>Split the Pot</i></p>	<p>10 Beef Stroganoff Buttered Egg Noodles Vegetable Clam Chowder</p>	<p>11 Malibu Chicken Burgers Fries Soup</p>
<p>14 Mini Eggs Benedict Bake Obrien Potatoes Bacon/Sausage Oatmeal/Grits</p>	<p>15 Chicken Fried Steak Mashed Potatoes & Gravy Vegetable Beef Barley Soup</p>	<p>16 Fried Chicken Mashed Potatoes Vegetable Taco Soup <i>Split the Pot</i></p>	<p>17 Chicken Marsala Pasta Vegetable Garlic Bread Clam Chowder</p>	<p>18 Cheeseburgers Onion Rings Soup</p>
<p>21 Shepherds Pie With Veggie & Biscuits Tomato Basil Soup</p>	<p>22 Liver & Onions Kielbasa Mashed Potatoes & Gravy Vegetable Beef Stew</p>	<p>23 Fried Chicken Mashed Potatoes Vegetable Lemon Rice with Chicken Soup <i>Split the Pot</i></p>	<p>24 BBQ Beef Ribs Baked Beans Vegetable Clam Chowder</p>	<p>25 Meatball Subs Tator Tots Soup</p>
<p>28 French Toast w/berries Scrambled Eggs Bacon/Sausage Oatmeal/Grits</p>	<p>29 Chicken Fajitas Spanish Rice Refried Beans Chili</p>	<p>30 Fried Chicken Mashed Potatoes Vegetable Chicken Vegetable Soup <i>Split the Pot</i></p>	<p>31 Lasagna Garlic Bread Vegetables Clam Chowder Happy Halloween!</p>	

SOUP OF THE DAY/SALAD BAR AVAILABLE DAILY (except First Friday of Month)
Monday –Thursday: Salad Bar starts at 11:30 am—Main Meal starts at 12 pm and ends at 1pm
Friday: Salad Bar and Main Meal start at 11:30 am and ends at 12:30 pm
MENU SUBJECT TO CHANGE WITHOUT NOTICE