Del Norte Senior Center 1765 Northcrest Drive Crescent City, CA 95531 707-464-3069 Hours 9:00am to 4:00pm COME JOIN US!!! Lunch Served Monday Thru Friday 11:00am TO 12:30Pm



## September 2023

| SUN                               | MON   | TUE                                  | WED   | THU   | FRI  | SAT  |
|-----------------------------------|---|--------------------------------------|---|---|--|--|
| Gift shop open Daily              |   |                                      |   |   | 1 Chair Yoga 9.00-9.45<br>Cards/Board Games<br>12.30                                     | 2  |
| 3                                 | 4<br>LABOR DAY<br>SITE CLOSED   | 5 Crochet Friendship<br>Group 12.30  | 6 Chair Yoga 9.00-<br>9.45<br>Jefferson Coast<br>Ramblers 11.00<br>Cards/Board Games<br>12.30 | 7 Craft and Coloring<br>12.30<br>Card/Board Games<br>12.30                                  | 8 Chair Yoga 9.00-9.45<br>Cards/Board Games<br>12.30                                     | 9  |
| <b>10</b> Gift shop open Daily.   | 11 Chair Yoga 9.00-9.45<br>Cards/Board Games<br>12.30                               | 12 Crochet Friendship<br>Group 12.30 | 13Chair Yoga 9.00-<br>9.45 Cards/Board<br>12.30<br>Bingo 12.30                                | 14 Craft and Coloring<br>12.30<br>Foster Grandparents<br>12:00<br>Card/Board Games<br>12.30 | 15 Chair Yoga 9.00-<br>9.45<br>Cards/Board Games<br>12.30                                | 16   |
| 17                                | 18 Chair Yoga 9.00-9.45<br>Cards/Board Games<br>12.30                               | 19 Crochet Friendship<br>Group 12.30 | 20<br>Chair Yoga 9.00-9.45<br>Jefferson Coast<br>Ramblers 11.00<br>Cards/Board 12.30          | 21 Craft and Coloring<br>12.30<br>Foster Grandparents<br>12:00<br>Card/Board Games<br>12.30 | Chair Yoga 9.00-9.45<br>Cards/Board Games<br>12.30                                       | 23   |
| Volunteer Opportunities Available | 25 Chair Yoga 9.00-9.45<br>Womens Club Bunco<br>11.00<br>Cards/Board Games<br>12.30 | 26 Crochet Friendship<br>Group 12.30 | 27 Chair Yoga 9.00-<br>9.45<br>Cards/Broad Games<br>12.30                                     | 28 Craft and Coloring<br>12.30<br>Cards/Board Games<br>12.30                                | 29 Birthday<br>Luncheon and<br>Raffle 11:00<br>Chair Yoga 9.00-9.45<br>Cards/Board Games | Senior Legal Service<br>464-3069<br>1-800-972-0002 X304<br>1-707-445-0866 X304 |