Inspired Quilting Quarterly

How Time Flies

Well, I guess we could call this issue of the IQQ newsletter Inspired Quilting Yearly. Has it been a year since I wrote a newsletter? I guess I can reason that it has not been a boring year! Been doing some trailer travel to back home in Minnesota, various state parks around here in Colorado, an inspiration journey to New Mexico where I went to Meow Wolf, Georgia O'Keefe's Ghost Ranch on horseback, and fly fishing in Angel Fire. And boy, I am lovin' the tiny space, nomad livin'! Scenery changes everywhere you go, no huge house or yard to worry about – more time for stitchin'! And hey! If ya don't like your neighbors, no worries! You're movin' on soon. (oh, did I write that out loud?) hehe. Anyway, for pictures of my journey, pop on over to Facebook and go to the annmyhrequilts page. Give it a Like if ya Like it (wink).

In the stitching world, all kinds of exciting things...I have been behind the scenes, volunteering at the tapings of the Quilt Show for the last 4 years and they have been incredibly supportive of my work. I did a Quilt As Inspired summer project for their viewers called Zoo Nouveau, and they have been so gracious to promote the Cross Craft Sundays projects from the Quilt As Inspired Youtube channel as well. Back in the fall, they asked me to do a segment on how I use different materials, scraps, and stash to create all the textures, so of course, I have been all about preparing for that!! It just aired on their website and is the current show 2507. www.thequiltshow.com Star members can watch for free and if you're not a star member (yet!), I'll pop a link on to my Facebook page on September 29 where you can watch free until August 4. I demonstrate a technique that I call Scraplique and also how to use up bits and pieces. Stashbusting!

At the beginning of the year, I taught a ten-week course on my Youtube channel on cross crafting where we made a pillow called A Little Birdie Told Me. Perhaps you were one of the participants? I truly love connecting with all of you online through stitching. It's the next best thing to having a store again. Next project is primarily crochet with lots of extra techniques to learn. A little Gypsy Wristlet Satchel. I'll be working the demo in whites and creams, thinking it might make the sweetest little bridal bag. To find out more, keep reading! Also, please visit my website at annmyhrequilts.com and click on the Cross Craft Sundays page where you can find links to Youtube and Etsy.







Seaming & Streaming

I love the idea of using what I have. Back in the day, gypsies, Native American and pioneer women had limited materials to work with and had to use their creativity and knowledge of textiles to make something lovely and functional. The very essence and beauty of Folk Art textiles.

When on the road, I try to honor them and the nomad way they lived. Not owning the land, but borrowing it. Yeah okay, I'm in a comfy Airstream with wifi, wine, and snacks. But still. I take just so many bits and pieces of fabrics, beads, threads, and yarns with me. Limiting



myself and expanding my creativity. I guess that's why I've gotten into so much handwork lately. But every now and again, a girl's gotta bring out her modern day equipment and plug in and get to faster work. (Gypsy Swing sling in progress here).

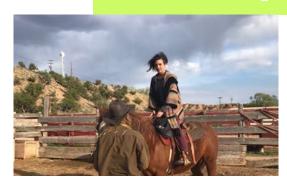
Cross Craft Sundays Gypsy Wrist Satchel

Grab your dancin' shoes and your new little hand crafted wrist satchel for a night out! I designed this little project as I'm always on the hunt for a sweet little evening bag to go out galavanting in style!

Starts Sunday, October 20, 2019! The base of the bag is made in crochet and in this 6-week course, you'll learn needle turn applique, dimensional applique, pompom making, beading, knitting, couching, embroidery, and tassel making. I'll also be providing a pattern for a cross body sling bag you can make with your own fabrics that features a flap you can adorn with all the new stitching moves you can make! Use a kit (available on Etsyhttps://www.etsy.com/shop/AnnMyhreDesigns) or hunt for scraps of yarns, threads, beads, and fabrics you might have at home. A link to the supply and materials lists will be provided below the images on my website and on the Mandala Unplugged Facebook page on September 29.



Inspiration







Me mounting a horse (which I've done twice in my life) to visit Georgia's Ghost Ranch. One of the things I remember most about that trip is her rock collection. I think it's because I love the idea that she collected something simple from her travels, and that part of the collection came from fabulous people visiting from far away places. It's beautiful that the people in charge preserved that for her. And for us.

So much can be said about inspiration, but like inspiration itself, it's hard to define. Because it comes in different forms at different times to all of us different people. What quickly inspires us in a moment, can just as quickly disappear with each new distraction. And in this day and age, there are so many. So what do we do? What do I do? I gather. Photograph. Record. Journal. Which is something I think we all do. The trick is to go back to our records. Inspiration comes every day. It's important to look back at what we've compiled and get a grand picture of what brings on our own personal jolts of joy. When I look back at mine, I seem to enjoy the light and long shadows cast in early morning and late evening (when the world is still). Empty benches and chairs to sit and relax in outdoor environments (for reflecting). Pods and naturally occurring holes (the forts I used to build as a kid in the '70s and the tiny house living of now). Rivers (my favorite book Siddhartha). Leaves and flowers (change, growth, rebirth). Just to name a few. When it's quiet and you're reflecting on your own inner happy, what are some of your personal symbols?

Things men have made with wakened hands and put soft life into are awake through years with transferred touch, and go on glowing for long years. And for this reason, some old things are lovely warm still with the life of forgotten men who made them.

The Quilt Show



Wait. I'm doing a Segment on The Quilt Show with Alex Anderson and Ricky Tims? What is happening here!? I'm honored and feel so fortunate that I was able to share the love of what I do with so many fellow textile enthusiasts. An experience I'll never forget! Copy and paste the link below to watch the trailer. Become a star member (\$50 per year) to watch this and over 200 shows! A deal at twice the price!!! Go to www.thequiltshow.com and watch the trailer!

FUN FACT! The little purple piece of crochet edging that Alex picked up during our segment together is the same piece that a little hummingbird came and picked on as it was sitting on the table attached to my fireside chair just a few months ago. I was stunned by the beauty of that moment. Of course, he didn't stick around for a photo op. Rude!



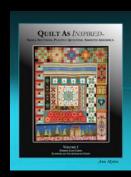
Ever been to a taping? Where the audience members have to do attentive listening for their part of the show? This is Alex and I practicing our attentive listening to Shelley Heesacker. TQS Producer Extraordinaire.



In the Etsy Shop



The kits for the Gypsy Wrist Satchel. \$70. Currently in 9 colorways. Once they go, they're gone. Get yours now! Starts 10/20!



Coming Soon!

Mess Kits, Mini Mess Kits and Scraplique Kits!

The book. Yeah, I'm going to stop promising when Vol. II is coming out since I keep delaying. I'll surprise ya ☺

Home is a place we all must find, child. It's not just a place where you eat or sleep. Home is knowing. Knowing your mind, knowing your heart, knowing your courage. If we know ourselves, we're always home, anywhere.

Glinda, the good witch of the North.