



Published Bi-Monthly – Distributed Free  
**FJELLHEIM 6 – 107**, Sons of Norway  
 1045 Ford Street  
 Colorado Springs, CO 80915  
 719-574-3717  
[www.sonsofnorwaycs.com](http://www.sonsofnorwaycs.com)

August/September 2011

Volume 38, Issue 8/9

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

**Inside this issue:**

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**MEETING TIME:**

Monthly business meetings held the second Wednesday of every month (except July) at **7:00 PM** at Viking Hall, 1045 Ford Street, Colorado Springs, CO 80915

**SEND ARTICLES TO YOUR EDITOR:**

Knut Lyby  
 5520 Sample Way  
 Colo. Spgs. CO 80919  
 or to: [kmlby@q.com](mailto:kmlby@q.com)  
 Phone: 536-0647  
**Deadline for the October/November issue is September 15.**

**AUGUST**

**What - Melodrama - Calamity Jane**

**Where - Cripple Creek Butte Theatre**

**When - Saturday, August 13, 2011, 1 pm**

**Price - \$11.95 per person if 20 reservations  
 \$13.95 if less than 20**

**Call - Millie Sullivan 597-0381 or Ginny Johnson 495-0253  
 before August 8th**

**Always a fun time, carpool, lunch, play,  
 gambling if you want!**

**SEPTEMBER**

**ANNIVERSARY LUNCHEON**

**Sunday, Sept. 11th, 1 PM**

**Fjellheim Lodge**

**\$10.00 per person**

**Come join us for a wonderful meal consisting of  
 Chicken, Meatballs, Potatoes, Vegetables,  
 Salad, Dessert**

**Commemorative year pins will be awarded.**

**For Reservations Call:  
 LOIS HALVORSON - 632-6003**

# August 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Game and Card Night - 5 PM, Viking Hall	3 Board Meeting - 9:00 AM, Viking Hall Norwegian Language Class - 7:00 PM	4 Viking Sisters - 1 PM	5	6
7	8	9	10 Salad Supper - 6:00 PM, Viking Hall Lodge Meeting - 7:00 PM, Viking Hall	11	12	13 Melodrama at Cripple Creek - 1pm, Butte Theatre, see front page
14 Rosemaling class - 12-4 PM, Viking Hall, see p. 4	15	16	17 Norwegian Language Class - 7:00 PM	18 Ladies Luncheon - 11:30 AM, Mason Jar, 2925 W. Colorado. Grace Johnson, 632- 4885.	19	20
21	22	23	24 Norwegian Language Class - 7:00 PM	25	26	27
28 Rosemaling class - 12-4 PM, Viking Hall, see p. 4 Dine Out - 1 PM, The Edelweiss, Darlene Aaland, see page 3	29	30	31 Norwegian Language Class - 7:00 PM			

# September 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6 Game and Card Night - 5 PM, Viking Hall	7 Board Meeting - 9:00 AM, Viking Hall Norwegian Language Class - 7:00 PM	8	9	10
11 Anniversary Celebra- tion - 1 PM, Viking Hall, see front page	12 Lefse Baking - 9 AM, Viking Hall, see p. 3	13	14 FMC Board meeting - 6:00 PM, Viking Hall Lodge Meeting - 7:00 PM, Viking Hall	15 Ladies Luncheon - 11:30 AM, TBD. Gwen Becker hosting, 382-4977.	16 <b>Kretsstevne, Green Mountain Fall, see insert</b>	17 <b>Kretsstevne, Green Mountain Fall, see insert</b>
18 <b>Kretsstevne, Green Mountain Fall, see insert</b>	19	20	21 Norwegian Language Class - 7:00 PM	22	23	24
25 Dine Out , TBD	26	27	28 Norwegian Language Class - 7:00 PM	29	30	

## MEMBER BIRTHDAYS

### JULY

- 3 Phylis J Smith
- 5 George C Gund
- 6 Terry L Mapstone
- 7 Grace P Johnson
- 9 Pamela Bakken-O'Neill
- 10 Maynard O Larson
- 13 Vivian I Johnson
- 14 Marie L Berggren
- 19 Anne S Beahler
- 20 Roland D Rodvold
- 30 Omer Nau

### AUGUST

- 4 Eunice C Bluhm
- 4 Betty A McIntyre
- 8 Dennis P Lundmark
- 8 Åshild Telise Rodelv
- 9 Joe Michael Fornero
- 9 Daniel Mattson
- 9 Jessica L Robinson
- 11 Kathryn L Laux
- 12 Anders V Hall
- 16 Virginia M Johnson
- 18 Elsie M Gonsholt
- 19 Cathrine Y Berg
- 19 Beverley B Disch
- 19 Myra A K Hansen
- 20 Everett Snead
- 20 B June Williams
- 21 Sara J Berge
- 23 Louella Gavin
- 23 Duane J Hyland

### SEPTEMBER

- 2 Paul C Rygg
- 3 Cleo B Allgood
- 6 Joyce F Gustafson
- 7 Rodger E Erickson Sr.
- 8 Karla J Roth
- 13 Ingrid Grove
- 13 Kenneth M Halvorson
- 13 Carol L Hilton
- 13 Shane R Jahnke
- 15 Berniece O Ankeney
- 16 La Rue D Hanson
- 20 Dennis E Laux
- 21 Herbert O Tangen
- 24 Lucille S Moe
- 25 Ruth Wiig
- 27 Marianne Reisinger
- 28 Glenn C Enderud
- 29 Sissel O Disbrow
- 30 Mary A Brooks
- 30 Helen Mattson

**GRATULERER MED DAGEN  
TIL ALLE!!**

## GAME AND CARD SOCIAL

Tuesday, August 2, **5:00 PM**, Viking Hall  
Tuesday, September 6, **5:00 PM**, Viking Hall



A pot luck meal followed by cards and games. Hope to see you there.

If you have any questions, please call Grace Johnson at 632-4885.

## DINE OUT



The August Dine out will be at The Edelweiss Sunday, August 28 at 1 PM. A sign up sheet will be at the August business meeting. The Edelweiss is at 34 East Ramona Ave. Hosted by Darlene Aaland, 550-1288.

More information about the Sunday, September 25 event will be announced at upcoming business meetings.

## LADIES LUNCHEON

**August 18th**, 11:30 AM, Mason Jar at 2925 W. Colorado Ave. Hosted by Grace Johnson, 632-4885.

**September 15th**, 11:30 AM, TBD. Hosted by Gwen Becker, 382-4977.

As always, men are welcome at their own table.

## SOCIAL NEWS

Mark your calendars for September 12. We will be making Lefse at the lodge at 9 am. Anyone who can join us with help and a good visit, let Lois Halvorson know, 632-6003. We want to have Lefse for sale in October, November, and December for the public. We will be making it for the Lutefisk Dinner also, with dates to be in October.

September 11th is our Anniversary Celebration, Lois Halvorson will take reservations 632-6003.

*Lois*

## KEEP THE DATES

September 11 - Anniversary Luncheon, Viking Hall  
September 16-18 - Kretsstevne, Green Mountain Falls  
October 22 - Craft Bazar/Breakfast, Viking Hall  
November 5 - Lutefisk Dinner, Viking Hall  
December 3 - Christmas Tea, Viking Hall  
December 18 - Family Christmas Party, Viking Hall



## BIRTHDAYS FOR HERITAGE AND YOUTH MEMBERS

### JULY

22 Connor Gavin

### AUGUST

5 Alyssa R Smith  
8 Trevor Oldervik

Aug. continued

15 Grant Wiest  
21 Madison J Smith  
26 Avery G Lawyer

### SEPTEMBER

5 James Hardy  
14 Charlotte Coltrin  
29 Henry Wurzer

## AUGUST SALAD SUPPER

Our August Lodge Meeting on August 10th will begin at 6:00 p.m. with a Salad Supper. Please bring a salad or dessert to share. This will be a good opportunity to visit with friends after our summer break. If you have questions, contact Dorothy Hanson at 719-599-8546.

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## PLAN AHEAD - VIKING FAIR ON OCTOBER 22, 9AM TO 1PM

Breakfast, bazaar, crafts, music, baked goods--including Scandinavian items, at Viking Hall, 1045 Ford St. (off Galley, east of Powers), Colorado Springs. For information and vendor procedures phone 719-351-3554.

Sponsored by Sons of Norway for fun and funds for disaster relief, building support and scholarships.

Thanks a bunch---Eunice Bluhm, phone 719-351-3554.

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## COMMEMORATIVE PIN RECIPIENTS

The following members will be recognized for their years of membership by receiving their commemorative year pin at the anniversary celebration on September 11, 2011.

**5 YEARS:** June T. Aune, Taylor Jon Berge, Torin G. Berge, Mary A. Brooks, Carol L. Hilton, Michael H. Johanesson, Lenora B. Larson, Jessica L. Robinson.

**10 YEARS:** Joan C. Corder, Dan H. Dane, Daniel Gavin, Louella Gavin, Doris Lake, Anne-Margereth Leonard.

**15 YEARS:** Kris J. Barney, Kristi J. Erdal, Karla J. Roth.

**20 YEARS:** Bonnie J. Bergland, Susan M. Foust, Dorothy L. Hanson, LaRue D. Hanson.

**25 YEARS:** Clarence Osleson, Dean E. Tollefson.

**30 YEARS:** Candance E. Lesoing, Daniel Mattson.

**60 YEARS:** Rosa Strand.

**GOLDEN MEMBER:** Pamela Bakken-O'Neil.

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## FJELLHEIM ROSEMALING CLASSES

Rosemaling classes are now available at Viking Hall. Cindy Bauer, our excellent painter and instructor welcomes students of all skill levels.

If you are a beginner who would like to test the waters of artistic possibilities or an accomplished painter who would like to explore a new painting style, you are invited to attend. Classes will be held twice a month on weekends. For the month of August they will be on Sunday the 14<sup>th</sup> and Sunday the 28<sup>th</sup> from 12:00-4:00. The cost is \$20.00 per class.

Please call Sissel Disbrow at 719-540-2737 or Kathy Oldervik at 719-596-6927.

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## CONGRATULATIONS TO OUR TOP RECRUITERS FOR 2010

The following members receive bronze pins for recruiting new members in 2010.

LaRue Hanson (2), Lyle Berge (2), Michael Johanesson (2), Richard Erickson (1), Richard Erickson Sr. (1), Virginia Nelson (1).

Thanks for the good work!

## FMC REPORT

A big thank you to Rodger and Chuck for watering the trees during the dry spell in June. They were also busy repairing the chairs, spraying the weeds and filling the dumpster with the last of the trash from the Spring clean up day.

*Swede*

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Greetings ALL!

On behalf of my good friend Barbara Robb, I am forwarding the below links to you. I know that many of you do not know Kevin Robb, but many of you do. For those who do not know him, Kevin is the son of a very dear friend of mine and many others in Sons of Norway. Not only in Denver, but throughout the 6th District and actually throughout the entire country. Kevin is a very accomplished and successful sculptor. He suffered a major stroke in 2004. The top link goes directly into a special report aired on CNN on Tuesday, July 12th. The 2nd link goes into Kevin's website where you will find both the CNN video as well as several other amazing videos of Kevin's work and Kevin at work.

Kevin's recovery has been remarkable. Many know of what he and the family went through those first few months and years, and many continue to be interested in Kevin's recovery.

*Crystal Sundet*

<http://thechart.blogs.cnn.com/2011/07/12/massive-stroke-life-shattering-life-affirming/>

Also, people can go to [www.kevinrobb.com](http://www.kevinrobb.com), see the video and see many of his works.

Diane Robb  
Kevin Robb Studios, LLC  
7001 W 35th Ave.  
Wheat Ridge, CO 80033  
303 431 4758  
[www.kevinrobb.com](http://www.kevinrobb.com)  
[www.kevinrobb.com/blog](http://www.kevinrobb.com/blog)

Insert flyer for Kretsstevene at Green Mountain Falls here. Separate PDF attachment

**AGENDA FOR KRETSSTEVNE IN GREEN MOUNTAIN FALLS, CO (GMF)  
SEPTEMBER 16, 17, 18, 2011**

Do any of our lodges have someone who would be willing to join us and give a woodcarving demonstration?

Final plans for our Kretssteve gathering in September:

**ACCOMMODATION OPTIONS:**

1. Two houses with sleeping accommodations for at least 14 (7 bedrooms/5 bathrooms). \$30.00 per person per night; children 15 and under sleeping in the same room as their parent(s) \$10.00 per night. Full kitchens for meal preparation if you wish.
2. Lone Duck Campground and Cabins – located just east of the road to Green Mountain Falls off Highway 24. Camp sights from \$29.00 - \$39.00 (2 persons) depending on hook-up needed. An additional \$3.00 per child age 4 and up. Cabins available to sleep up to 4 at \$60.00 per night. Bring bedding or sleeping bags. All facilities are located in the main lodge. [www.loneduckcamp.com](http://www.loneduckcamp.com) or call 1-719-684-9907 or 1-800-776-5925. Identify yourselves as taking part in a Sons of Norway event in GMF.
3. Lakeside Cottages are located 1 block from our Kretssteve activities house in Green Mountain Falls. Most of these cottages are accessible by steps – 2 cottages available with 3 gradual steps at \$125 per night. Others available at \$95 and \$105 and up. Kitchenettes in all cottages. Call 1-888-684-9576. Identify yourselves as taking part in a Sons of Norway event in GMF.

**ACTIVITIES:**

**Friday** - We will kick off our weekend with registration at the “big house” anytime after 3:00 PM on Friday the 16th. Coffee will be available at all times, and we ask that you bring cookies to share. Bring your favorite evening beverages and Fjellheim will provide hors d’oeuvres. You can sign-up for Saturday activities that you wish to take part in. Dinner will be optional and on your own if you wish to go to one of the restaurants across the street from the “big house”.

**Saturday** - We have 2 local residents that will lead guided walking/hiking trips. One will take those who wish to have an easy walk and the other will take those who would like a more difficult hike. There are numerous hiking trails around GMF. This will be available first thing Saturday morning. We have a Rosemaling teacher who will teach any who wish to try their hand at rose-maling. We will have a beginning lesson in Hardanger. You can try your hand at making lefse and you can eat it warm off the griddle. We’ll have a spinning demonstration. A lefse toss – horseshoe competition – and games for the young and young at heart through-out the day. Also available is biking, fishing and tennis.

A continental breakfast will be available at the “big house” for those who wish (\$3.00). A box lunch will be available for those who don’t want to take the time to do lunch at a restaurant (\$3.00). Late afternoon barbecues and all the trimmings will be served by Fjellheim Lodge. (\$7.00 age 12 and up, \$5.00 age 5-12)

**Sunday** - A continental breakfast will be available at the “big house” for those who wish (\$3.00). An early morning hike. Church at the Church in the Wildwood. Horseshoe Tournament and awarding the TRAVELING TROPHY. Departure at your leisure.

**DIRECTIONS:**

The turn-off for Green Mountain Falls is about 12 miles on Hwy 24 after leaving I25. The signs are small, so watch carefully for them. You will see 1 that says Green Mountain Falls 9 mi; watch carefully until you see the sign that says GMF left lane. The turn across the east bound lanes is at an incline, so it is easy to miss. Once you are on the road into GMF, stay to the right and you’ll be there.

If you are traveling west on Hwy 24 going to the campground, you will make a U-turn on Hwy 24 at this same turn and proceed east on Hwy 24 a short distance to the campground.

**ARRIVAL IN GREEN MOUNTAIN FALLS:** The “big house” is located across the street from the Mucky Duck restaurant (you will see their sign as you pass the lake coming into town). We will have our Norwegian and the American flags flying, as well as our Sons of Norway sign in the yard of the “big house”.

**RESERVATIONS:**

Please send your reservations to Darlene Root as soon as you can so we know in advance how many to plan for. This will be a fun weekend and a great opportunity to get to know more of our Sons of Norway members. Your reservation should include your check for your lodging if you wish to stay in the houses, (option 1 above- will go to the first 14 to reserve) as well as your registration fee of \$5.00 per person or \$10.00 per family and for the Saturday barbecue. The optional continental breakfast and box lunch can be paid on-site. If you will be using commercial lodging, or coming for the day(s) only, your check will cover the registration fee and the Saturday barbecue only. Call Darlene if you have questions.

## THE SUNNY CORNER



Happy Birthday and Happy Anniversary to all who are celebrating these events in August and September. I certainly hope that everyone is enjoying their summer and that the July break served you well.

Sadly, our member Earl Helseth passed away 6/21. Also, long time friend of the Lodge, Darlene Remstad of Canon City, passed away on May 4th. Our sympathies go out to their families and friends and know that they will be missed by the members of Fjellheim Lodge.

Agnes Barilovich had a stroke on May 1 and has since recovered. She attributes this to the wonderful doctors and medicines that worked a miracle and she is grateful to be back in the swing of things. Swede Knutson has been undergoing tests to try to find out why his back keeps giving him such trouble. When last I saw him, they were still hoping to find the cause, so Swede, we hope that all is well and that you are getting some relief for this. Millie Sullivan has been under the weather and they are trying to figure out the cause of the dizzy spells. Millie, take care and we hope you are feeling better soon. Grace Johnson's legs and back are causing issues again and she is in a lot of pain. She is also searching for an answer to some relief. Grace, we are thinking of you and wish you a speedy recovery.

Remember, if you hear of anyone who needs a card and well wishes, please let me know. In the mean time, stay healthy. Have a good "rest of the summer~" and laugh often!

Until we meet again....."Good friends are like stars...You don't always see them, but you know they are always there."

Regards,

*Karen Ravnaas, Sunshine Director, 390-0621*

## TROLLHEIM MEMORIAL SERVICE

A memorial service was held at Trollheim Lodge on Saturday July 30 to remember all the dead and wounded at the tragic events that took place in Norway on July 22, 2011.

The Memorial Service went very well and was attended by representatives from the Finnish group, the Swedish group, the Lakewood City Council, the local community, 3 news channels, members of various Sons of Norway Lodges and many others who just needed to be there.

Thank you Lyle, Crystal and Bev for organizing such a meaningful service. Below is a link to a news clip from Fox 31, Denver that was aired on the 10pm news that evening.

<http://www.kdvr.com/news/kdvr-norwegian-community-holds-memorial-for-victims-of-twin-attacks-20110730,0,1352623.story>

Dawn



## IN MEMORIAM

**Earl S. Helseth, February 24, 1930-  
June 21, 2011**



Earl was born to Selma and Edwin Helseth in Westby, Montana. He started playing saxophone at age five, standing on a box so he could hold the large instrument. During his high school years he worked for farmers and played with several local bands. Joining the Air Force in 1949, he spent 30 years in assignments all over the world and received many citations and commendations, including the Air Force Achievement Medal. He retired as a Chief Master Sergeant, a rank achieved by only 1% of the enlisted corps.

He is survived by his dear wife Cita and two sisters, DeLoris Bourassa and Janice Saulmon as well as several nieces and nephews.

He was highly regarded in our lodge. We enjoyed hearing about his many experiences gathered in his travels in the world. He had many fishing and skiing stories to share as well as his delightful music. He was a man of many talents and interests, including flying as a private pilot. His radiant smile and his outgoing personality endeared him to us.

We were enriched by his time with us.

Our sympathy to Cita and the family.



## ROSEMALING SEMINAR IN WINTER PARK/TABERNASH, SPONSORED BY STORFJELL LODGE

Rogaland Rosemaling Semminar, August 24, 25, 26, 2011 from 8:30 am to 5pm at the Church of the Eternal Hills in Tabernash, CO. (Just west of Winter Park.)

The instructor is Vesterhiem Gold Medalist Toshiko Ogishi.

Cost is \$165 for Sons of Norway members, \$195 non-members. Lunch is included daily. Please RSVP asap as space is limited to 10 people. A \$50 deposit will hold your place.

For more information or to register, contact Karen Sommerfeld at [asommerfeld@gmail.com](mailto:asommerfeld@gmail.com), P.O. Box 516, Fraser, Colorado 80442. 970-531-0811

Having attended Toshiko's seminar last year I can say that this seminar is excellent for all levels.

*Diane Molter*  
D6 FRAMTID Coordinator

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## ROSEMALING SEMINAR AT CAMP NORGE

The 54th Rosemaling seminar at Camp Norge, Alta, CA will be held September 24 and 25, 2011. If you are interested in attending, please contact Penny Joseph Knudsen by mail or email. Address: 3774 Park Drive, El Dorado Hills, California 95762, (916) 941-6433. Email: [pennyjknudsen@sbcglobal.net](mailto:pennyjknudsen@sbcglobal.net). The cost is \$82 for food and class. More information and a registration form can be found at the website: [www.campnorge.com](http://www.campnorge.com)

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## LET'S MAKE A BUNAD!

Freya Lodge #6-62, in Santa Rosa, California, is teaming up with Sue Sutherland of Bunad Butikken, in Ely, Minnesota, to have a bunad making class at Camp Norge. This class will occur in May of 2012 following Norway Day in San Francisco (which is the first full weekend in May).

Sue typically teaches bunad making in Ely, MN. This is an excellent opportunity for our district as we will have her right here in our own backyard, so to speak. The class structure is normally five days with one year in between! That means learning your embroidery in the first class and returning a year later to have the bunad fitted and constructed. The cost of these classes has been \$400 per five day session when it took place at the Grand Ely Lodge in Minnesota. Cost at camp is expected to be lower due to the lower costs of lodging and food in Camp Norge.

The class may or may not follow the exact structure noted above. Sue would like to know the needs of members to determine the structure of the class. Do you want to learn embroidery? Do you want to learn construction? Do you have a bunad that needs fitting, or adjustment, or repair?

There will be limited class space of 12. The cost has not yet been exactly determined. The structure and exact dates have yet been determined. We will need a cook to provide meals to participants (if we model it after the rose-maling weekends).

Please forward this to your membership and ask them to respond. We expect this class to fill up quickly. Contact Pamela at [clothrafter@sbcglobal.net](mailto:clothrafter@sbcglobal.net) or 707-778-8120.

## DIRECTORY CHANGES

### New Members:

Debi and Joseph (Joe) Fornero  
2195 Oak Hills Dr  
Colorado Springs, CO 80919  
[dmfornero@gmail.com](mailto:dmfornero@gmail.com)  
[jfornero@q.com](mailto:jfornero@q.com)  
(719)266-0185  
DOB: Debi 03/10, Joe 08/09

Gordon E. (Ben) Benrud  
PO Box 172  
Coaldale, CO 81222  
(719)942-4168  
DOB: 02/07

### Address Changes/Corrections:

Rodely, Ashield Telise  
2309 N. Nevada Ave  
Colorado Springs, CO 80907-6803

Dahl, Brenda F.  
1726 Clemson Dr. Apt. 102  
Colorado Springs, CO 80909-2687

Nau, Omer and Wilma  
2315 Flintridge Dr  
Colorado Springs, CO 80918-4401

Kuns, E. Dorcas  
4370 Dynasty Dr.  
Colorado Springs, CO 80918-6133

### Member transferred out to 1-032:

Opsal, Tillman C.

### Suspended/Cancelled Members:

Hawkinson, Martha V.  
McCall, Stephanie C.  
Botten, Joan J.  
Erickson, Richard C.  
Taskerud, Tyler  
Bishop, Denise K.  
Foresman, Rory and Rosanne M.  
Lewis, Susan M.  
Dane, Dan

### New Telephone Number:

Nelson, Virginia  
(719)640-9340

### New Email Address:

Johnson, Randy  
[norsk@hallan.com](mailto:norsk@hallan.com)

Knutson, Swede  
[sswede@comcast.net](mailto:sswede@comcast.net)

Lyby, Melissa and Knut  
[kmlyby@q.com](mailto:kmlyby@q.com)

Ravnaas, Karen  
[kravnaas@aol.com](mailto:kravnaas@aol.com)

### Birthday Correction:

Alex Parra's birth day is 1/18, not 11/18

### NOTE:

Marilyn Erickson Keck is mistakenly listed under Erickson instead of Keck.

If you have any changes, please let Kathy Oldervik know, 596-6927.



## A MESSAGE FROM YOUR PRESIDENT

I'm writing this with a very profound sense of sadness. The happenings in Norway are tragic and hard to except. Ruth and I were in Norway for three weeks this summer and actually drove down the street where the car bomb exploded. We also had the experience of being around many of the grand children of my cousins. We remember their smiling faces and their carefree and playful ways. To think so many children were lost is very difficult to imagine. Please keep the Norwegian people in your thoughts and prayers.

Now on to the many exciting events coming our way in the near future.

Sept. 11th is our Anniversary Luncheon. It's a Sunday, at the Lodge, At One O'clock. A great meal will be served by our lodge manager at a very reasonable cost.

Monday Sept 12th is lefse day at the lodge. Look for more info in this Flammen.

Beginning Friday the 16<sup>th</sup> of September the Kretsstevne in Green Mtn. Falls. Again, look for details in this publication.

Eunice Bluhm is busy planning the October bazaar on the 22nd. Look for the article in this Flammen.

In closing, I would like to thank all the people who have been busy planning these events. They have attended committee meetings and made and received many phone calls on our behalf. Please plan to attend and participate.

*Fraternally,  
Paul Wiig*



## FROM YOUR FINANCIAL BENEFITS COUNSELOR

A recent article in a life insurance journal written by Joseph J. Annotti, discussed fraternal organizations. I feel that our members could use a reminder on what makes us unique.

Fraternal, created over 100 years ago were originally meant to help the USA's large number of immigrants unite through their common bond. In Sons of Norway's case this was ethnicity. They were to solve common problems, the biggest one being helping families financially if the breadwinner died.

Over time, fraternal evolved. Members became more successful and grew into the nation's middle class. Today the need to take care of our own has broadened and the over 9 million members are some of the best volunteer networks in the country. Yearly 91 million hours of volunteer hours and \$400 million go to help local communities and people through community service projects.

The increasing role fraternal play in providing life insurance, annuities and other financial benefits to their members (to the tune of \$363 billion) still harkens back to the early mission of taking care of each other. The fraternal bonds are still strong and very relevant in today's America. We can be proud to be part of Sons of Norway and continue on in the dreams and goals of our immigrant forefathers.

Thank You,  
LaRue Hanson  
Financial Benefits Counselor  
2523 Shalimar Dr.  
Colorado Springs, CO 80915-1030  
719-599-8546  
Cell 719-237-7314



## 2011 OFFICERS

### Board of Directors

President Paul Wiig 596-6159  
prwiig@msn.com  
Michael Johaneson 303-663-3251  
Vice-President Bjorg Mapstone 264-0955  
Counselor Marilyn Keck 465-2444  
Secretary Virginia Nelson 591-7083  
Asst. Secretary Laurance Moe 260-9490  
Treasurer **(position open)**  
Asst. Treasurer Kathy Oldervik 596-6927  
Membership Secretary

### Program Directors

Social Coordinators Lois Halvorson 632-6003  
Elaine Hellem 471-8552  
**(position open)**  
Cultural Coordinator Dorothy Hanson 599-8546  
Host & Hostess Ginny Johnson 495-0253  
Sunshine Karen Ravnaas 390-0621  
Youth **(position open)**  
Sports Kerry Hefta 266-9429  
Foundation **(position open)**  
Language Teacher Pat Staubo 635-7085

### Support Officers

Greeters Ken Halvorson 632-6003  
Owen Bergland 576-1396  
Marshalls Ole and Joan Bakken 632-3892  
Editor Knut Lyby 536-0647  
Musician Sonja Gund 473-9588  
Publicity Eunice Bluhm 495-2029  
Historian Virginia Nelson 640-9340  
Photographer LaRue Hanson 599-8546  
Librarian Sonja Gund 473-9588

### Viking Sisters

President Grace Johnson 632-4855

### Fjellheim Management Corporation (FMC)

Directors Karen Ravnaas (2011) 390-0621  
Agnes Barilovich (2012) 574-5653  
Chuck Sullivan (2012) 597-0381  
Doug Haug (2012) 632-4284  
Swede Knutson (2012) 473-3297  
Owen Bergland (2013) 576-1396  
Trustees Jerry Johnson (2011) 495-0253  
Terry Mapstone (2011) 264-0955  
Rodger Erickson (2013) 597-2196

### Committees/Special Activities

Auditors Dean Tollefson 473-1110  
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**Sons of Norway**  
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Dear Sons of Norway Member,

On behalf of the International Board of Directors and everyone at the Sons of Norway Headquarters, we want to thank all the members who have kept Norway and its citizens in their thoughts and prayers following the tragic shooting and bombing on July 22nd. It really fills our hearts to hear about all the calls, e-mails and letters that Sons of Norway has received from members offering their support and condolences to those affected by these trying times.

Your thoughts and prayers are a testament to your dedication to Norway, its culture and its people. No matter the distance or the generations that separate us from Norway, we all recognize it as a significant part of who we are and how we identify ourselves. We couldn't be more proud of our members than we are today.

Looking forward we have the utmost confidence that Norway will recover from this devastating loss of life and continue to be a beacon of peace for the whole world. We think Prime Minister Jens Stoltenberg expressed it best at a memorial service held shortly after the attacks when he said "We are a small country but a proud people. We are still shaken over what has struck us, but we will never give up our values."

In closing, thank you for your support of Norway over the past week and we hope that it will continue as Norway begins its healing process in the days ahead.

Fraternally,

Dan Rude  
International President

Eivind Heiberg  
CEO

