

JULY 2022

Preston Hollow UMC Child Development Center

Monday



Closed

Tuesday



Wednesday



Thursday



Friday

Breakfast Snack: Raisin bread w/cream cheese **1**
Lunch: Fish Sticks w/tartar sauce, coleslaw, apple slices

Afternoon Snack: Fruit snacks

4 Breakfast Snack: Fig Newton bars
Lunch: Turkey sandwich, veggie chips, mandarin oranges

Afternoon Snack: Oatmeal bars

5 Breakfast Snack: Yogurt w/ fruit
Lunch: Baked chicken nuggets, garden salad, pear cups

Afternoon Snack: Nilla Wafers

6 Breakfast Snack: Nutri Grain bars
Lunch: No nut butter & jelly, veggie chips, peach cups

Afternoon Snack: Graham crackers

7 Breakfast Snack: Raisin bread w/cream cheese
Lunch: Fish Sticks w/tartar sauce, coleslaw, apple slices

Afternoon Snack: Fruit snacks

11 Breakfast Snack: Yogurt w/ fruit
Lunch: Cheese sandwich, spinach salad, applesauce
Afternoon Snack: Fruit popsicles

12 Breakfast Snack: Fig Newton bars
Lunch: Turkey sandwich, veggie chips, mandarin oranges
Afternoon Snack: Oatmeal bars

13 Breakfast Snack: Yogurt w/ fruit
Lunch: Baked chicken nuggets, garden salad, pear cups
Afternoon Snack: Nilla Wafers

14 Breakfast Snack: Nutri Grain bars
Lunch: No nut butter & jelly, veggie chips, peach cups
Afternoon Snack: Graham crackers

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Lunch: Fish Sticks w/tartar sauce, coleslaw, apple slices
Afternoon Snack: Fruit snacks

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Afternoon Snack: Fruit popsicles

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Afternoon Snack: Oatmeal bars

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Lunch: Baked chicken nuggets, garden salad, pear cups
Afternoon Snack: Nilla Wafers

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Lunch: No nut butter & jelly, veggie chips, peach cups
Afternoon Snack: Graham crackers

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Lunch: Fish Sticks w/tartar sauce, coleslaw, apple slices
Afternoon Snack: Fruit snacks

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Afternoon Snack: Fruit popsicles

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Lunch: Turkey sandwich, veggie chips, mandarin oranges
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Afternoon Snack: Nilla Wafers

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Lunch: No nut butter & jelly, veggie chips, peach cups
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