

# SENIOR MOMENTS

Morrow County's Monthly Newsletter

NOVEMBER

**Seniors on Center**

**41 W. Center St.**

**Mt. Gilead, Ohio 43338**

**419-946-4191**

**Website: [www.seniorsoncenter.org](http://www.seniorsoncenter.org)**

**Center Hours**

**Monday—Friday**

**8:00AM-4:30PM**

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**HAPPY  
THANKSGIVING,  
FROM ALL OF  
US HERE AT  
SENIORS ON  
CENTER!**

## ACTIVITIES TO LOOK FORWARD TO!

### EUCHRE

**THURSDAY, NOVEMBER 7TH,  
14TH, & 21ST**

Starting at 11:00AM, join us for a progressive game of euchre. Lunch break will be from 12:00-12:30PM.



### BINGO

**TUESDAY, NOVEMBER 5TH,  
FRIDAY NOVEMBER 1ST, & TUESDAY NOVEMBER  
19TH,**

Join us from 1:00-3:00PM for Bingo. Kingston is now coming in on the first Friday of each month. There is also a white elephant bingo once a month.

### MUSIC AND MEAL

**MONDAY, NOVEMBER 4TH, 18TH &  
25TH**



Each week, we have a meal with music to follow. This starts at 5:00PM. Please call by Friday before 1:00PM, to reserve your spot.



### SENIOR CHOIR

**FRIDAY, NOVEMBER 15TH  
TUESDAY NOVEMBER 19TH &  
FRIDAY, NOVEMBER 22ND**

Are you a singer? If so, plan to join our Senior Choir from 3:00-4:00PM. On the 22nd practice will be from 2:00-3:00PM

### DINNER AND BINGO

**WEDNESDAY NOVEMBER 6TH**

From 4:30-6:30PM, we will be having dinner and a game of bingo with Chris Willford to follow. Please call by 1:00PM on Tuesday and reserve your spot!



**LET'S TALK ABOUT SEWING  
THURSDAY, NOVEMBER 14TH  
TUESDAY, NOVEMBER 19TH**

Join us at 1:00PM for the sewing class. The goal is to create small projects that can be donated through out the community through out the year.

### LUNCH AND LEARN

**FRIDAY, NOVEMBER 22ND**

Join us for Lunch and Learn, we will be doing a Holiday themed craft for our shut-ins. Please RSVP by November 21st by 1:00PM

### CHRISTMAS WREATH

**MONDAY DECEMBER 2ND & 16TH**

Join us from 10:00-11:30AM to make your own Christmas Wreath. The cost for the wreath is \$10.00 per person. Deadline to reserve your spot is November 12th.

### VETERANS DAY CELEBRATION

**MONDAY, NOVEMBER 4TH**

If you or a loved one is a veteran please join us on this night for a tribute to our veterans. The entertainment on this night is the Country Travelers, dinner will be served at 5:00PM with music to follow. The meal for the evening is Roast Beef, Mashed Potatoes, Corn, Applesauce, Roll and Milk. Veterans meals are at no charge. Other meals \$3.00 suggested donation. Please call and reserve your spot by Friday November 1st by 1:00PM. Hope to see you here.



### Don't Forget

**Sunday November 3rd**

Don't forget to set your clocks back one hour on this day for daylight savings time

## ACTIVITIES & TRIPS TO LOOK FORWARD TO!

## PHOTOS



### SCIOTO DOWNS

**THURSDAY, NOVEMBER 14TH**

We will be leaving Kroger at 8:45AM, and arrive home around 4:00PM. The cost is \$15.00 for members and \$20.00 for non-members. Come along for a good time!

### CHRISTMAS LIGHTS

**THURSDAY DECEMBER 19TH**

Please join us for an evening of friends, food and fun! It starts at 4PM, at Seniors on Center. We will begin with caroling and dinner followed by an ugly Christmas sweater contest with prizes for best men's and women's ugly sweater. Then we will head down to see the Christmas lights at Alum Creek. We ask that you consider a \$10.00 dollar donation for this event. Please RSVP by December 16 to reserve your spot and tell us your favorite Christmas song.



### THANKSGIVING WHITE ELEPHANT BINGO AND MEAL

**WEDNESDAY NOVEMBER 27TH**

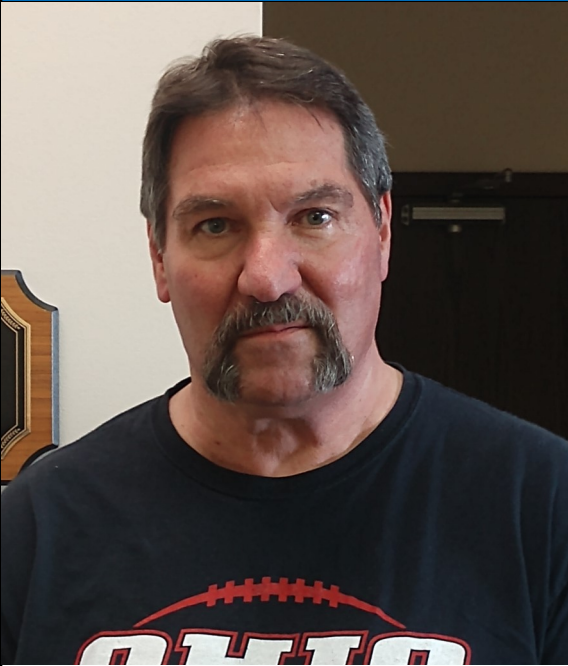
Join us at 11:30 for a wonderful Thanksgiving meal of Turkey Breast, Mashed Potatoes, Prince Charles Veggie Blend, Cinnamon Apples, Roll and Milk. Afterwards we will be playing a game of White Elephant Bingo. Please bring in one item to be used as a give away the center is providing some items as well. This event is a suggested donation of \$3.00. Please reserve your spot by November 26th at 1:00pm. Hope to see you here.



If you didn't make it out, you missed a great time. Hee Haw was a super fun evening of singing, dancing, and just down to earth good humor. We would like to thank everyone that made it out to join us. Hope to see you all next time.



## VOLUNTEER OF THE MONTH



The Staff of Seniors on Center, and all the people he serves, would like to thank Tim Walter, for his many years of dedication to his community. For the past 6 years, Tim has volunteered at the center helping with set up and tear down of equipment for events.

Tim was born on March 11, 1957 in Mount Gilead, Ohio. He attended school in Cardington. He married his wife, Sandy Vandyke, in 1977. He has three children, and six grandchildren.

He worked 10 years at the Camel Resort as a Major D Caterer, and 10 years at CYT, making car parts.

In his spare time, Tim enjoys playing cards, and going to different music places, going out to eat different places and kicking back relaxing and just enjoying life.

Thank you Tim for all your service to our community.

## IMPORTANT INFORMATION

### Save the Date

18th Annual Caregiver Conference  
Wednesday, November 6, 2019  
10:30 am—1:30 pm

Because you care so much, this special day is to  
celebrate YOU!

FREE for informal & Volunteer caregivers there  
will be— Information sessions, Buffet lunch, and  
Award Winning Keynote speaker David Caperton  
Presents...Put On Your Own Oxygen Mask: Heal-  
ing Humor and Self-Care for Caregivers.

Hawkins Corner 2131 Park Avenue West, Suite  
300 Ontario, Ohio Make your reservation today  
by calling Melissa at 419-524-4144 Ext. 1019 or  
visit our website at [www.aaa5ohio.org](http://www.aaa5ohio.org)

### Pro Seniors

Where to Turn When you Have Legal or  
Long-Term Care Problems  
Turn to Pro Seniors For advice and information:

- \*To empower you
- \*To protect your interest
- \*To help you access resources
- \*To maintain your independence.

Call Pro Seniors if you have questions or Concerns  
about Medicare, Medicaid, Social Security,  
pensions, housing, debt collectors, care in a  
nursing home or nursing home selection.

Local: 513-345-4160 Toll-free: 800-488-6070

Fax: 513-621-5613 TDD: 513-345-4160

### RAFFLE TO SUPPORT THE SENIORS ON CENTER ACTIVITIES DEPARTMENT.

STOP INTO THE CENTER AND  
GET YOUR RAFFLE TICKETS FOR  
THESE ITEMS.

MADE AND DONATED BY LINDA  
HARDMAN .

GRIDDLE DONATED BY CHRIS  
WILLFORD



TICKETS ARE \$1.00 EACH OR 6  
FOR \$5.00



## EVENTS AND IMPORTANT DATES

Monday	Tuesday	Wednesday
<b>4</b> <b>8:45-10:00AM</b> SILVER SNEAKERS <b>10:00AM-11:30AM</b> CRAFT CLUB <b>5:00PM</b> MEAL, MUSIC BY THE COUNTRY TRAVELERS, VETERANS DAY CELEBRATION	<b>5</b> <b>9:00AM</b> MARENGO/FULTON SENIORS MEETING AT LEGACY <b>1:00-3:00PM</b> BINGO	<b>6</b> <b>8:45-10:00AM</b> SILVER SNEAKERS <b>3:00-4:00PM</b> MARC FOLLIN MEDICARE 101 <b>4:30-6:30PM</b> BINGO WITH DINNER WITH CHRIS WILLFORD
<b>11</b> <b>CLOSED IN OBSERVATION OF VETERANS DAY</b>	<b>12</b> <b>NOON</b> CHESTERVILLE SENIORS MEETING AT THE SELOVER LIBRARY <b>1:00-4:00PM</b> MARC FOLLIN  <b>DEADLINE FOR CHRISTMAS WREATH</b>	<b>13</b> <b>8:45-10:00AM</b> SILVER SNEAKERS <b>10:30AM</b> FINANCE MEETING <b>12:30 PM</b> BOARD MEETING
<b>18</b> <b>8:45-10:00AM</b> SILVER SNEAKERS <b>10:00-11:30AM</b> CRAFT CLUB <b>NOON</b> MARENGO/FULTON SENIORS MEETING AT AMERICAN LEGION HALL <b>1:00-4:00PM</b> MARC FOLLIN <b>5:00PM</b> MEAL, MUSIC BY KICKEN GRASS	<b>19</b> <b>12:30PM</b> SPARTA GOOD TIME SENIORS MEET @ HIGHLAND PIZZA <b>1:00PM</b> SEWING CLASS <b>3:00-4:00PM</b> CHOIR	<b>20</b> <b>8:45-10:00AM</b> SILVER SNEAKERS <b>11:00AM</b> GAMES BREAK FOR LUNCH 12:00-12:30PM
<b>25</b> <b>8:45-10:00AM</b> SILVER SNEAKERS <b>NOON-4:00PM</b> COMMODITIES <b>1:00-4:00PM</b> MARC FOLLIN	<b>26</b> <b>9:00AM-NOON</b> COMMODITIES <b>1:00-3:00PM</b> WHITE ELEPHANT BINGO <b>2:00-3:00PM</b> MARC FOLLIN MEDICARE 101  <b>DEADLINE FOR THANKSGIVING BINGO</b>	<b>27</b> <b>8:45-10:00AM</b> SILVER SNEAKERS <b>11:00AM</b> GAMES BREAK FOR LUNCH 12:00-12:30PM <b>11:30 AM</b> THANKSGIVING WHITE ELEPHANT BINGO

## EVENTS AND IMPORTANT DATES

Thursday	Friday	<b>Happy Anniversary</b>
	<b>1</b> <b>8:45-10:00AM</b> SILVER SNEAKERS <b>1:00-3:00PM</b> KINGSTON BINGO GAMES	Jennie & Don Cain 11/26 Nancy & Robert Giesige 11/15 Paul & Wilma Hinkle 11/1 Grove & Pat Rinehart 11/30 Dan & Kathy Rogers 11/20
<b>7</b> <b>11:00AM</b> EUCHRE BREAK FOR LUNCH 12:00-12:30PM <b>1:00-4:00PM</b> MARC FOLLIN	<b>8</b> <b>8:45-10:00AM</b> SILVER SNEAKERS <b>1:00PM</b> SEWING CLASS <b>3:00-4:00PM</b> CHOIR GAMES	
<b>14</b> <b>8:45AM</b> SCIOTO DOWNS <b>11:00AM</b> EUCHRE BREAK FOR LUNCH 12:00-12:30PM	<b>15</b> <b>8:45-10:00AM</b> SILVER SNEAKERS GAMES <b>2:00-3:00PM</b> MARC FOLLIN MEIDCARE 101 <b>3:00-4:00PM</b> CHOIR	
<b>21</b> <b>9:30-10:30AM</b> BELTONE <b>11:00AM</b> EUCHRE BREAK FOR LUNCH 12:00-12:30PM <b>3:00-4:00PM</b> MARC FOLLIN MEDICARE 101	<b>22</b> <b>8:45-10:00AM</b> SILVER SNEAKERS <b>NOON</b> CARDINGTON SENIORS MEET @ SENIORS ON CENTER <b>NOON</b> LUNCH AND LEARN WITH HOSPICE WITH END OF LIFE SEMINAR. GAMES <b>2:00-3:00PM</b> CHOIR	<b>NEW MEMBERS</b> David Riffle Judi Myers Judy Dixon Ed Kimmey Gary Gandee
<b>28</b> CLOSED IN OBSERVATION OF THANKSGIVING DAY 	<b>29</b> CLOSED IN OBSERVATION OF THANKSGIVING DAY	

## GIVING BACK TO THE COMMUNITY!

### SENIORS ON CENTER

Our fourth quarter sponsor is going to be for the Seniors on Center, Meals on Wheels clients.

We are looking for items such as,

Liquid Hand Soap	Body Wash	Shampoo
Conditioner	Men's Deodorant	Woman's Deodorant
Kleenex	Wipes	Panty Liners
Maxi Pads	Dish Soap	Tooth Paste
Combs	Tooth Brush	Lotion

Or any other personal needs items that our seniors might need.

We will be sponsoring Meals on Wheels clients for the months of October, November, and December. If you have any unopened, unused items, please bring them by the center and drop them off at the front desk.

Thank you in advance.



### LEGAL AID

Karen McVay is available (by appointment only) to assist you in any legal questions you may have. Please give her a call and set up your appointment today! 740-383-2161



### BELTONE

Whitney Neal will be here for your hearing aid needs starting October 24th from 9:30-10:30. Please call the center at 419-946-4191 or Beltone at 740-389-5566 to set up your appointment.

### MARC FOLLIN REGARDING MEDICARE

WILL BE HERE AT THE CENTER FOR THE NEXT COUPLE OF MONTHS TO DO OPEN ENROLLMENT AND ALSO WILL BE HERE TO DO A GROUP SEMINAR FOR EVERYONE.

### MEDICARE 101 GROUP EDUCATIONAL SEMINAR

THIS IS A GROUP SEMINAR TO GO OVER MEDICARE AND THE SUPPLEMENTAL INSURANCE CONCEPTS.

NOVEMBER 6TH 3-4PM  
NOVEMBER 15TH 2-3PM  
NOVEMBER 21ST 3-4PM  
NOVEMBER 26TH 2-3PM  
DECEMBER 2ND 2-3PM

NO NEED TO MAKE AN APPOINTMENT JUST SHOW UP.

### MEETING ONE ON ONE

MARC WILL MEET WITH YOU FOR A 20 MINUTE ONE ON ONE MEETING.

NOVEMBER 7TH, 12TH, 18TH, 25TH 1-4PM  
DECEMBER 6TH 1-4PM

NO NEED TO MAKE AN APPOINTMENT JUST WALK IN.  
IF YOU STILL HAVE QUESTIONS YOU MAY MAKE A FOLLOW UP APPOINTMENT OR CALL MARC AT 419-768-2000

### CARDINGTON SENIORS

FRIDAY, NOVEMBER, AT 12 NOON  
RESERVATION REQUIRED—\$3.00 SUGGESTED  
DONATION

SENIORS ON CENTER,  
41 W. CENTER ST., MT. GILEAD  
MARIE CHRISTIANO 419-751-7579

### CHESTERVILLE SENIORS

TUESDAY, NOVEMBER 12TH, AT 12 NOON  
SELOVER LIBRARY, 31 STATE ROUTE  
95, CHESTERVILLE  
SUZI LYLE 419-768-3431



### SPARTA GOOD TIMES SENIORS

TUESDAY, NOVEMBER 19TH, AT 12:30PM  
YOUR OWN COST  
HIGHLAND PIZZA  
6530 STATE ROUTE 229, SPARTA  
DICK SEARS 419-768-2050

### MARENGO/FULTON SENIORS

BREAKFAST AT LEGACY  
TUESDAY NOVEMBER 5TH, AT 9AM,  
AMERICAN LEGION HALL  
1549 COUNTY RD 26, MARENGO, OH  
MONDAY NOVEMBER 18TH, AT 12 NOON  
JOYCE TAYLOR 419-253-0727

# MENU (SUBJECT TO CHANGE)

Monday	Tuesday	Wednesday	Thursday	Friday
Menu ingredient information may be obtained by contacting the Senior Center Nutrition Department 419-946-4191				<p>1</p> <p>Pork Cutlet Brussel Sprouts Cooked Carrots Pears Raisin Bread Milk</p>
<p>4</p> <p>Pot Roast Mashed Potatoes Corn Applesauce Breadstick Milk</p>	<p>5</p> <p>Pulled Chicken Bun Steak Fries Cucumber Salad Strawberries Milk</p>	<p>6</p> <p>Mac &amp; Cheese W/ Meatballs California Blend Veggies Sugar Snap Peas Sliced Apples Milk</p>	<p>7</p> <p>BBQ Riblet Bun Chicken Noodle Soup Tossed Salad Fruit Mix Milk</p>	<p>8</p> <p>Chicken Breast Baked Beans Corn Pineapple Roll Milk</p>
<p>11</p> <p>Closed in observation of Veteran's Day</p>	<p>12</p> <p>Beef Vegetable Stew Mashed Potatoes Three Berry Blend Bread Milk</p>	<p>13</p> <p>Egg Omelet Diced Hash Browns Grapes Orange Juice Raisin Bread Milk</p>	<p>14</p> <p>Pizza Patty Bun Potatoes Soup Sliced Beets Fruit Cocktail Milk</p>	<p>15</p> <p>Chicken Alfredo Broccoli Cooked Carrots Malibu Mix Fruit Milk</p>
<p>18</p> <p>Chicken Breast Mashed Sweet Potatoes Corn Fruit Mix Muffin Milk</p>	<p>19</p> <p>Meatloaf Mashed Potatoes Brussel Sprouts Pears Roll Milk</p>	<p>20</p> <p>Pot Pie Filling Biscuit Yellow Squash Sugar Snap Peas Peaches Milk</p>	<p>21</p> <p>Shredded Beef Bun Stuffed Pepper Soup Tossed Salad Applesauce Milk</p>	<p>22</p> <p>Taco Meat Lettuce Corn Tortilla Mandarin Oranges Milk</p>
<p>25</p> <p>Pulled Pork Bun Potato Rounds California Blend Veggies Fruit Mix Milk</p>	<p>26</p> <p>Pizza Green Beans Cauliflower Pineapple Graham Crackers Milk</p>	<p>27</p> <p>Sliced Turkey Breast Mashed Potatoes Prince Charles Veggie Blend Cinnamon Apples Roll Milk</p>	<p>28</p> <p>Closed in observation of Thanksgiving</p> 	<p>29</p> <p>Closed in observation of Thanksgiving</p>

## HAPPY BIRTHDAY

Darlene Andrick

Doris Baughman

Jim Cole

Shirley Dendinger

Ray Dietz

Ray Fulk

Robert Gale

Linda Hill

Sandra Linton

Ramona Littell

Nancy Masler

Brenda Monk

Dottie Cooper McAvoy

Diane McKee

Mildred Osborne

Ralph Pauley

John Reed

Marlene Renz

Grove Rinehart

Bill Ronk

Linda Ruehrmund

Bennie Shafer

Marilyn Sipes

William Snyder

Sarah Storer

Larry Swackhammer

Pat Tolbert

Geneva Zimmerman

Pat Maxwell

Happy Birthday!

**This Newsletter is published by:**

Morrow County Services for  
Older Citizens, Inc.  
dba Seniors on Center  
41 West Center Street  
Mt. Gilead, OH 43338

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**Board of Directors**

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**MORROW COUNTY SERVICES FOR OLDER CITIZENS, INC.**

**419.946.4191 \* 419.946.1037 facsimile**

Sponsored by Title III Grant under the Older Americans Act administered through the Ohio Department of Aging and Ohio District 5 Area Agency on Aging, with local funding through levy dollars, United Way and private donations. The Morrow County Multi-Purpose Senior Center and its programs are open to all Morrow County residents 60+ years of age regardless of race, color, ancestry, religion, sex, national origin, or disability.