

SENIORS

WHO TO CONTACT

To report **ELDER ABUSE:**

In a private home:

Local Adult Protective Services
(for referral, call 1-800-510-2020)

In a licensed facility:

Local Ombudsman
(for referral, call 1-800-231-4024)

At either type of location:

State Attorney General's elder abuse hotline
1-888-436-3600

For referrals to local **SENIOR SERVICES:**

California Department of Aging hotline
1-800-510-2020

National Eldercare Locator Service
1-800-677-1116

For **LEGAL ASSISTANCE:**

Senior Legal Hotline

1-800-222-1753 (916-551-2140 in Sacramento)

State Bar-certified lawyer referral services

1-866-442-2529 (local referrals)

For help dealing with **DOMESTIC VIOLENCE:**

National Domestic Violence Hotline

1-800-799-7233 (local referrals)

California's "Safe at Home" Program

1-877-322-5227

To investigate before you **INVEST:**

California Department of Corporations

Seniors Against Investment Fraud (SAIF)

1-866-ASK-CORP (275-2677)

To file a complaint on a **LIVING TRUST "MILL":**

Local district attorney's office

California Department of Insurance

1-800-927-HELP (4357)

To check **CONTRACTORS' LICENSES:**

Contractors State License Board

1-800-321-2752

For information on **HEALTH CARE OPTIONS:**

1-800-434-0222 (local HICAP advisor)

1-800-633-4227 (Medicare)



For Information on **RESIDENTIAL CARE FACILITIES:**

California Advocates for Nursing Home Reform
1-800-474-1116 (nursing homes, assisted living)
California Registry
1-800-777-7575 (various living arrangements)

To file complaints or ask questions about **HMOs:**

Managed Health Care (HMO) Help Center
1-888-466-2219

For help in continuing to **LIVE INDEPENDENTLY:**

State Independent Living Council
1-866-866-7452 (local referrals)

For **VETERANS' ASSISTANCE:**

U.S. Department of Veterans Affairs
1-800-827-1000

For assistance with **SOCIAL SECURITY:**

Social Security Administration
1-800-772-1213 (benefits status, referrals)

For inquiries on **CONSUMER ISSUES AND SCAMS:**

California Department of Consumer Affairs
1-800-952-5210 (info, complaints, license checks)
1-916-574-7870 (Cemetery and Funeral Bureau)
1-866-785-9663 (Office of Privacy Protection)
California Attorney General's Office
1-800-952-5225 (public inquiry line)

To check out **AN ATTORNEY:**

The State Bar of California
1-800-843-9053 (complaints, license checks)

To stop **MARKETING CALLS, MAIL AND E-MAIL:**

1-888-382-1222 ("do not call" registry)
www.dmaconsumers.org (phone, mail, e-mail)
1-888-567-8688 (stop pre-approved credit offers)

To order **FREE CREDIT REPORTS** (annually):

1-877-322-8228 / www.annualcreditreport.com

To learn about **LIFETIME PASSES to NATIONAL PARKS:**

1-888-GOPARKS (467-2757)

THE STATE BAR OF CALIFORNIA

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Publications: 1-888-875-LAWS (5297)

www.calbar.ca.gov

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