



October 2019

1423 South Hastings Way
Eau Claire, WI
Purefitness4you.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Dynamic Flow 9AM BandIT 5:25pm	2 PiYo 9am Step Up Combos 10am Barre & Bells 5:30pm PiYo 6:15pm	3 Strength 4 You 9am Dynamic Flow 5:30pm WERQ 6:30pm	4 Strength 4 You 5:45am	5 PiYo 8am
6 Flow 8am POUND 9am Kids Tumbling 3pm	7 PiYo 9am Kettles 5:30pm Step Up Combos 6:15pm	8 HIIT 5:45am Dynamic Flow 9am Iron Flow 5:25pm	9 PiYo 9am Step Up Combos 10am Barre HIIT 5:30pm PiYo 6:15pm	10 Strength 4 You 9am Dynamic Flow 5:30pm WERQ 6:30pm	11 Bandit 5:45am	12 PiYo 8am
13 Flow 8am POUND 9am Kids Tumbling 3pm	14 PiYo 9am Kettles 5:30pm Step Up Combos 6:15pm	15 Iron Flow 5:45am Dynamic Flow 9am BandIT 5:25pm	16 PiYo 9am Step Up Combos 10am Booty Barre 5:30pm PiYo 6:15pm	17 Strength 4 YOU 9am Dynamic Flow 5:30pm WERQ 6:30pm	18 Step Up 5:45am	19 PiYo 8am
20 Flow 8am POUND 9am Kids Tumbling 3pm	21 PiYo 9am Kettles 5:30pm Step Up Combos 6:15pm	22 Sculpt 5:45am Dynamic Flow 9am Iron Flow 5:25pm	23 PiYo 9am Step Up Combos 10am Barre Express 5:30pm PiYo 6:15pm	24 Strength 4 You 9am Dynamic Flow 5:30pm WERQ 6:30pm	25 Kettles 5:45am	26 PiYo 8am
27 Flow 8am Kids Tumbling 3pm Pound-Oween 6pm See FB Events or website for details.	28 PiYo 9am Kettles 5:30pm Step Up Combos 6:15pm	29 BandIT 5:45am Dynamic Flow 9am BandIT 5:25pm	30 PiYo 9am Step Up Combos 10am Barre 5:30pm PiYo 6:15pm	31 Strength 4 You 9am No Evening Classes Enjoying Trick or		

