

One Pot Wonder Southwest Pasta

This is a very easy recipe that is full of flavor. One pot pasta meals soak up broth into the noodles, leaving you with a more flavorful pasta meal.

Serves 8 Total Time 25 min



Ingredients:

- 1 13.5 oz. Box of rotini
- 2 Cups Frozen corn kernels
- 1 Bell pepper chopped
- 1 White onion, sliced
- 1 15 oz. Can of Rotel (canned tomatoes and chilies)
- ¼ cup Taco Seasoning
- 1 tsp. Salt
- 2 tsp. Extra virgin olive oil
- 3 cups Fat-free chicken or beef broth
- 1 cup Bagley's Baco Noir
- 1 can Black beans
- 2 cups Cooked lean ground beef
- ¼ cup Mexican cheese blend, plus more for topping

Directions:

- 1 Add all but the last 3 ingredients (beans, ground beef, and cheese) to a large pot. Stir, cover, and bring to a rolling boil.
2. Reduce heat to medium-low and cook, covered, for 12-15 minutes, stirring occasionally. There should be ¼ to ½ inch of liquid in the bottom of the pot when it is done.
3. Remove from heat. Stir in the black beans and cheese. Let it rest for 5 minutes to warm the beans, and melt the cheese, and absorb the excess liquid.