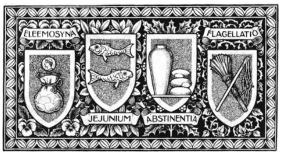
# FEBRUARY 25 & 26, 2023 FIRST SUNDAY OF LENT



## WHO WE ARE AND WHOSE WE ARE

The Lenten season is a fresh invitation to explore again who God is, who we are, and what it means to be human. We begin by hearing the tragic story of the first humans in the book of Genesis. As Paul describes in Romans, our struggles started when our ancestors broke the bond of unity with God, sought self-sufficiency, and grew apart from their true purpose and identity. In Matthew's Gospel, we see how Jesus resists the lure of living outside of unity with God. Jesus rejects false promises of possessions, power, and status. Instead, he puts his life in his Father's hands. As our model for living as a fully human person, Jesus demonstrates that we are created to live in relationship with and trust in God, and in harmony with and for all of creation.

## **TURN AWAY FROM SIN**

Lent is a season in which we resolve to turn away from sin and turn toward Jesus. Turning away from sin requires us to admit that we miss the mark and fail to live as God desires. The first Sunday of Lent always includes a gospel account of Jesus facing temptation in the desert. Notice that it is not generic temptation Jesus meets, nor do we. Our temptations are personal, areas of particular weakness, situations in which, like Eve and Adam, we may rationalize and give in to sin rather than holding firm to what we know is right and just. Jesus gives us a model for meeting temptation: draw on the wisdom and truth found in sacred scripture and the teaching tradition of the Church to know what we must do or not do. Be strong and know that the Lord is with you as you resolve to be faithful.

### PRAY FOR OUR FAMILY MEMBERS IN THE MILITARY

Jovany Baez, Justin Mertle, María de la Luz Ramírez, Rebeca Sánchez, José Araiza, Jr., Marina González, Alondra Jara, Sonia Jara, Matt Mills & Jared Schroeder.

## WHY CAN'T CATHOLICS EAT MEAT ON FRIDAYS IN LENT?

Have you ever accidentally eaten a piece of meat on a Friday in Lent and thought, "Darn! I forgot it's Friday!"

It's not easy to avoid meat on Fridays in Lent. Not to mention, it is also inconvenient. Have you ever wondered why we have this rule in place?

Well, the rule used to be that Catholics couldn't eat meat on any Friday of the year. However, through the 1983 revised Code of Canon Law, the United States Conference of Catholic Bishops were given authority to require American Catholics to abstain from meat on only Ash Wednesday, Good Friday, and Fridays during Lent.

It is important to note that Catholics are still urged to offer a sacrifice on all Fridays, but it does not need to be abstaining from meat.

Jesus suffered and died on a Friday, so Christians have always honored Jesus' sacrifice on Fridays in some form or capacity.

During Lent, we especially remember how Christ sacrificed his flesh for us. To offer penance for our sins on the day that Jesus died to save us from sin, we abstain from "flesh meat" which is meat from mammals and poultry, what the USCCB considers "land animals." The Latin word for meat is *carnis*, which has only applied to meat derived from land animal flesh.

So, how come we ARE allowed to eat fish on Fridays? The USCCB explains how fish are cold-blooded animals and do not come from the land, so fish is not the same as *carnis* meat. Also, historically, meat was more expensive and eaten mainly at celebrations and festivities, while people ate fish on a daily basis. So, the Early Church was asking people to sacrifice something celebratory during Lent.

Whenever we have to say no to meat on Fridays, as hard as that can be, it is a great opportunity to reflect on the sacrifice Christ made for us and remember the purpose of Lent.

Some people choose to abstain from meat on Fridays all year round. While this practice is not required in the Church, it is a good opportunity to remember how Christ suffered and died for us on a weekly basis throughout the year.

### **PRAYER DURING LENT**

Holy God, now is the acceptable time to return to you. As we walk the path of these forty days, may we turn away from sin and embrace a life of goodness and truth. Strengthen us on our Lenten journey and keep us focused on the Cross and Resurrection of your Son, our Savior and Redeemer. He is Lord forever and ever. Amen.

#### PLEASE PRAY FOR OUR SICK PARISHIONERS

Angie Gómez, Judy Halren, Rose Cortez, Fidela Jara, Felix Santillán, Martha Sánchez, Gerardo Escobedo, Angie Freitas, Russel Bryant, Derrick Heater, Ann Gallagher, Brianna Lopez, Margaret Milliken, Gina Pivirotto, Nick Quin, Mary Servis, Matty Walker, Ofelia Ybarra. A Group of Parishioners of OLGC invites you to a Curbside Dinner TACO DAY Fundraiser



The meal will include 6 Deep Fried Potato Tacos, Beans, and Mexican Rice. \$25.00 per meal

Money raised will be donated to our Catholic School SJSDR. The event will be on Saturday, March 18<sup>th</sup> from 12-4 pm at the Parish Hall, 605 Maple Street, Fort Bragg, CA Please place your orders! You may contact Maria Hurtado 707-357-6742 or the Parish Office at 707-964-0229 or by email olgcinfb@gmail.com .



We need your generous financial help so Our Lady of Good Counsel Parish now provides "ParishSOFT Giving," an online giving software! This is a convenient and secure way to make your one-time or recurring donations. Thanking and blessing you for your kindness. To get started, you can visit our Parish's new giving page at

olgcinfb.org.

From this link you will be allowed to manage your own account online, set up gifts on a schedule that you choose, and can be set up with a credit card. debit card. checking or savings account! If you have any questions, please, contact the Parish Office at 964-0229.



**KNIGHTS EDUCATIONAL PROGRAM** 

KNIGHTS OF COLUMBUS EDUCATIONAL GRANT APPLICATIONS FOR GRADUATING SENIORS ARE AVAILABLE IN THE PARISH OFFICE. APPLICANTS MUST COME TO PICK THEM UP. ALSO, THEY MUST BE MEMBERS OF OUR PARISH. COMPLETED APPLICATIONS NEED TO BE **RETURNED TO THE KNIGHTS OF COLUMBUS POST OFFICE BOX 1641** BEFORE APRIL 23, 2023. FOR MORE INFORMATION, YOU MAY CONTACT STEVE BEEMAN: 707-480-4614.



THIS FRIDAY, MARCH 3RD IS FIRST FRIDAY AND WE HAVE EXPOSITION OF THE BLESSED SACRAMENT AT 11:30AM. FOLLOWED BY ENGLISH MASS AT 12:05PM. WE ALSO HAVE EXPOSITION OF THE BLESSED SACRAMENT AT 5:30PM, FOLLOWED BY SPANISH MASS AT 6PM. SATURDAY, MARCH 4<sup>TH</sup> IS FIRST SATURDAY AND ALSO A REMINDER THAT WE HAVE A SPECIAL MASS AT 9AM.

MASS INTENTIONS		
<u>FEBRUARY 25 – MARCH 3, 2023</u>		
Saturday (25)	5:00pm	Fred & Clara White † Thomas Galemba † Angelina McNair (healing)
	6:30pm	Mauricio Escobedo † Carmen & Tarsicio García † Victor Muñoz † Fidel & Lorenzo Barrera Terán † Victor Martín Mendez † Guadalupe Toscano † Gerardo Escobedo (healing) Pete Sánchez (b-day)
Sunday (26)	8:00am	Connor Anderson (healing)
	10:00am	Missa pro populo
Monday (27)		NO MASS
Tuesday (28)	12:05pm	For the Youth
Wednesday (01)	12:05pm	Cesar Salazar †
Thursday (02)	12:05pm	For the Youth
Friday (03)	12:05pm	Dee Turner (healing)
	6:00pm	Cesar Salazar †

#### WEEKLY COLLECTION

FEBRUARY 18 & 19, 2023...\$2,132.00 CENTRAL & EASTERN EUROPE...\$906.00

THIS WEEKEND OUR SECOND COLLECTION WILL BE FOR MAINTENANCE FUND NEXT WEEKEND OUR SECOND COLLECTION WILL BE FOR LIABILITY INSURANCE

THANK YOU FOR ALL YOUR SUPPORT & CHRISTIAN GENEROSITY!!



EVERY THURSDAY @ 11:30AM WE HAVE THE EXPOSITION AND BENEDICTION OF THE BLESSED SACRAMENT FOLLOWED BY MASS AT 12:05PM.

#### **READINGS FOR THE WEEK**

Monday:	Lv 19:1-2, 11-18; Ps 19:8-10, 15; Mt 25:31-46
Tuesday:	Is 55:10-11; Ps 34:4-7, 16-19; Mt 6:7-15
Wednesday:	Jon 3:1-10; Ps 51:3-4, 12-13, 18-19; Lk
	11:29-32
Thursday:	Est C:12, 14-16, 23-25; Ps 138:1-3, 7c-
	8; Mt 7:7-12
Friday:	Ez 18:21-28; Ps 130:1-8; Mt 5:20-26
Saturday:	Dt 26:16-19; Ps 119:1-2, 4-5, 7-8;
	Mt 5:43-48
Sunday:	Gn 12:1-4a; Ps 33:4-5, 18-20, 22;
	2 Tm 1:8b-10; Mt 17:1-9



DURING LENT, THERE WILL BE STATIONS OF THE CROSS EVERY FRIDAY AT 12:45PM IN ENGLISH AND 6PM IN SPANISH. (EXCEPT GOOD FRIDAY).



IN THE VESTIBULE OF THE CHURCH, ON THE SOUTHERN WALL IS A BEAUTIFUL MEMORIAL TREE. ITS BRIGHT LEAVES REPRESENT PERMANENT MEMORIALS TO THE DEPARTED OF OUR PARISH. FOR THE SUM OF \$200.00, YOU CAN GIVE TO THE PARISH SECRETARY, THE CORRECT SPELLING AND DATES OF THE DEPARTED AND IN DUE TIME THE LEAF IS PRINTED AND ATTACHED TO THE TREE, AS A PERMANENT REMINDER OF A LOVED ONE WHO IS GONE. FOR MORE INFORMATION, PLEASE CALL THE OFFICE AT 707-964-0229.



OUR LADY OF GOOD COUNSEL HAS **AMAZON SMILE**. WHEN PURCHASING ONLINE, MAKE SURE YOU *"TYPE"* **AMAZON SMILE.COM** AND *"SELECT"* **OUR LADY OF GOOD COUNSEL CATHOLIC CHURCH A CORPORATION SOLE**. YOU WILL BE ABLE TO MAKE A DONATION TO OUR CHURCH IN EVERY PURCHASE. FOR MORE INFORMATION, PLEASE CALL THE OFFICE AT 964-0229.



### ANOINTING OF THE SICK

When a parishioner is homebound or hospitalized and would like Father Pacheco to pay them a visit to receive Holy Communion and/or Anointing of the Sick, please call the Parish Office at 707-964-0229 and after office hours, please call 707-813-4188.