

April/May 2019
At a glance
Full descriptions of activities in bulletin.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
14 Worship 11:15 Palm Sunday In West Sanctuary	15 Meditation 7 pm AA 8 pm	16 Cards 9:30 Prayer 12 pm TOPS 6:30	17 Prayer 8:15 am	18 Prayer 4pm LSC Maundy Thursday Service 7 pm	19 Good Friday Service w BoL 11am	20
21 Worship 11:15 Easter Sunday Communion In West Sanctuary Wascana Rehab Worship	22 AA 8 pm	23 Cards 9:30 TOPS Film & Faith 6:30	24 Prayer 8:15 am Community Potluck (BoL) 6pm	25 Craft/Study 1:30 Prayer 4 pm Community Dinner 5:45 pm	26 INI Café 6pm	27 ICF Breakfast 9 am Matt Epp House Concert 7:30 pm
28 Worship 11:15 POTLUCK	29 Meditation 7 pm AA 8 pm	30 Cards 9:30 Prayer 12 pm TOPS 6:30	1 Prayer 8:15 am	2 Cong Care 10 am Craft/Study 1:30 Prayer 4 pm	3 Harold Howard Funeral 2 pm Regina Funeral Home	4 Messy Church 4 pm
5 Worship 11:15 Communion	6 Meditation 7 pm AA 8 pm	7 Cards 9:30 Prayer 12 pm TOPS 6:30	8 Prayer 8:15 am	9 Craft/Study 1:30 Prayer 4 pm	10	11 Women's Breakfast 8 am
12 Worship 11:15 Open Hearts	13 Meditation 7 pm AA 8 pm	14 Cards 9:30 Prayer 12 pm TOPS 6:30	15 Prayer 8:15 am	16 Craft/Study 1:30 Prayer 4 pm	17	18

Russell away at Festival of Homiletics, Minneapolis



ANNOUNCEMENTS

April 14, 2019

306-761-0556 eastsideunited@sasktel.net
 Like us on facebook (Eastside United Church)
 Follow us on Twitter @Eastside_united
 www.eastsideunited.ca



Welcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

Ministers:

Minister: Russell Mitchell-Walker
 Greeting: Mamin and Swithin Lee-Sing
 Congregational Care Greeter: Elaine Hill
 Prayers: Jayne Krueger
 PowerPoint: Amanda Benesh
 Music ministry: Eastside's choir
 Last week's attendance: 77
 Last week's offering: \$2510.25, including \$1027 to M&S Debt Repayment

Russell's e-mail address: russell.eastside@sasktel.net

Office Hours:

Tuesday, Wednesday and Thursday from 8:30 am to 3:30 pm

Russell's Office Hours week of April 15:

Tuesday, Wednesday and Thursday, working from home Friday.
 Coffee Shop Office Hours, Wednesday afternoon from 2 to 4:30 pm,
 at the Woodhams Drive Brewed Awakening.

PRAYER SERVICES: Russell is inviting anyone who wishes to join him for a short service of prayer. Tuesdays at 12 noon, Wednesdays at 8:15 am, and Thursdays at 4 pm.

Scripture Readings: Luke 19: 35-40; Luke 19: 41-47; Luke 20: 7-23; Matthew 26: 36-44; Matthew 26: 45-56; Luke 22: 54-62; Luke 22: 63- 23:25

Songs:

Deep in our Hearts
 O God We Call VU #411
 Hosanna We Sing
 God Weeps MV #78 vs 2 & 4
 Were You There VU #144 (verses throughout service)
 Grateful MV #182 (chorus)
 May God's Sheltering Wings MV #214

St. Philip Senior Ministry Outreach card playing program, Tuesday mornings at 9:30 am in the East Sanctuary at the Living Spirit Centre. Whist and lessons to those that would like to learn. Come out and enjoy fellowship, coffee and card playing. For more information, call Rod 306-535-2877. There is a short morning prayer service from 9 am for those interested. Everyone is welcome.

LSC Meditation Group: Join us Monday, April 15, 2019 at 7 pm. We'd love to have you join us whether you're new to meditation or an experienced practitioner. All are welcome, remember to wear comfortable clothing.

Eastside's Craft/Study Group Thursdays at 1:30 pm in the East Sanctuary! Join us as we share in discussion, handiwork and coffee time following. We are reading *The Inconvenient Indian: A Curious Account of Native People in North America* by Thomas King.

Our **Envelope Fundraiser** surpassed our goal and raised over \$7000 toward our M&S debt! Thank you for your generosity! ***Would you like to redirect your 2017 and 2018 M&S givings to back Eastside?*** Email the church office. This will help us further reduce our M&S Debt. With these contributions our remaining M&S debt is \$4636.

Maundy Thursday service at the LSC, Thursday, April 18 at 7 pm: Bishop Rob Hardwick, Anglican Diocese of Qu'Appelle, uses his skills as a trained police officer to "investigate" the Last Supper. Where were the disciples sitting and how is this significant to the Maundy Thursday story? A special presentation offering unique insights into the night our Lord Jesus was betrayed. Not to be missed!

LSC Forever... in Motion program is taking a break until September! *Forever... in Motion* is a physical activity program for adults 50 and over. Benefits include stronger muscles and bones, better overall health, weight control, improved posture and balance, reduced risk of injury, relaxation and reduced stress, improved quality of life, and improved cognitive ability. And it's FREE! More info will be available toward end of summer. **Start date Thursday, September 5 at 10 am.**

An Evening for St. Andrew's Gala & Fundraiser, Tuesday, May 14, 2019
Gathering 5 pm Dinner 6:15 pm at Wascana Country Club, Regina
Tickets \$125 (partial tax receipt), ticket deadline May 6, 2019
Contact your United Church or call the college at 1-877-644-8970.
GUEST SPEAKER Archbishop Don Bolen, EMCEE Shauna Powers
PRINCIPAL Dea. Richard Manley-Tannis, ENTERTAINMENT QuarterNotes Flute Ensemble.

LUMSDEN BEACH CAMP NEWS

Registration is Open! Lumsden Beach Camp has programs for children from ages 5-18, plus a super fun Family Camp. Join us for a summer you won't forget. www.lumsdenbeachcamp.com

Camp Clean Up

Saturday, May 4 – 10 am until 3 pm

This is a really fun day in the valley. We need a large number of hands to get the site up and running for the summer. Jobs vary, but we will find something for everyone! LBC will also provide a hotdog roast lunch for volunteers. Please bring your own drinking water. Gates open at 9:30 am.

LBC Banana Sprint - Run, Walk, Roll or Stroll!

Join your friends from Lumsden Beach Camp on Saturday, May 11 at 1 pm in Wascana Park. This fun-run starts and ends behind the Royal Sask Museum. Friends and spectators are welcome!

Whether you want to take it slow or run as fast as a chee-qui-tah, the Banana Sprint will have you peelin' good. Participants will be given a banana at the beginning of the 3KM course and encouraged to eat their banana in a banana split at the end. There will also be a few camp-themed challenges along the way. Participants of all ages are welcome! There will be prizes for fundraisers, best costume, and more! To get more information or sign up contact Vicki at info@lumsdenbeachcamp.com or 306-539-7772.

If you share announcements online, please include this link - <https://www.canadahelps.org/en/charities/lumsden-beach-camp-inc/p2p/Banana-Sprint/>

The Big Shred

Saturday, June 8 – Living Spirit Centre parking lot (3018 Doan Drive)

In partnership with Crown Shred Recycling Management, Lumsden Beach Camp is inviting you to bring your paper recycling to us on June 8th.

Whether you are Tidying Up with Marie Kondo, want to get rid of your tax documents, or work in an office that needs to confidently dispose of private information, this event is for you!

The experienced professionals of Crown Shred will be on-hand and donating their services to take and confidentially shred whatever you bring. A single bag or a van load, we will deal with it for a donation (recommended \$5/bag or \$10/ box). Plus, you will be supporting Lumsden Beach Camp!

More info on Facebook -

<https://www.facebook.com/events/407046830071993/>

Worship Service at Wascana Rehabilitation Centre, Sunday, April 21 at 1:30 pm. We need volunteers to help make this service happen; individuals to escort worshippers from their rooms to the chapel and singers are nice too! Please talk to Shelly Williams or Linda Fowler.

Eastside Community Dinner, Thursday, April 25 at 5:45 pm. We begin with a short service – prayer, candle-lighting, singing – followed by a meal. Please RSVP by morning of April 23 if you can join us. Suggested cost \$7/person; \$20/family. Pay in advance at the office or purchase a ticket at www.Bit.ly/Dinnertickets (NO fees!). **Volunteers needed in the kitchen!** We'll need helpers for set up and clean up too! Talk to Russell if interested.

STAY TUNED for details: Film & Faith, Friday, April 26. Watch our Facebook event page to vote for movie and RSVP.

Indigenous Christian Fellowship Breakfast, Saturday, April 27 from 9 am to 12 noon. The fourth Saturday of each month Eastside volunteers help set up, serve and clean up following breakfast for residents of north-central Regina. Will you join us in offering this family-friendly outreach ministry? Please let Peter Braun know @ peterbraun@myaccess.ca.

G4G Regina 'Fabric, Yarn and More' Sale – Drop off donations of fabric, yarn and notions *any Saturday in March between 10 and 2*, at Lakeshore Mall, corner of 23rd. Ave and Hillsdale. Sale will be held April 27, 2019 between 10 am and 3 pm, Glen Elm Church of Christ, 1825 Rothwell Street. Questions? Please call Charlotte at 306-539-4135 or email g4gregina@gmail.com and check us out on Facebook.

Knox-Metropolitan United Church is having its **annual book sale** on April 26 and 27. We are accepting donations of books, vinyl records, CDs, DVDs, games and puzzles. No encyclopedias, text books or magazines please. You can drop them off in the front entrance any time that the church is open.



MAKING TREATY 4
at the Globe Theatre
Apr 10 – Apr 28, 2019
Making Treaty 4 is a captivating conceptual performance that explores the historical and contemporary significance of Treaty 4. Performed by an ensemble of ten Indigenous and non-Indigenous artists, Making Treaty 4 is a powerful, entertaining and

challenging theatrical experience that invites people of all backgrounds to move forward together in a spirit of reconciliation, equality, and a shared vision for the future.

Holy Week Services at Eastside



Sunday, April 14
at 11:15 am
Palm Sunday

Sunday, April 21
at 11:15 am
**Easter Sunday
with Communion**

Thursday, April 18
at 7 pm
Maundy Thursday
with LSC partners

Friday, April 19
at 11 am
Good Friday with Bread of Life

We hope you'll join us.
3018 Doan Dr. INFO: 306-761-0556

Quarterly Financial Update: January 1 – March 31, 2019

Eastside recorded a surplus of \$18,532 during the first three months of 2019 (see below). Of this amount, \$16,474 has been applied to reduce the M&S liability, and the remaining \$2,058 has been used to increase Eastside's bank balance to a more prudent level.

At March 31, 2019, Eastside's M&S liability has been reduced to \$9,103. In addition, Eastside continues to owe \$7,180 to the Region with respect to the 2018 Presbytery Assessment that remains unpaid. Eastside continues to make progress in reducing its share of the Living Spirit Centre mortgage. At March 31, 2019, the remaining balance on this obligation was \$45,896.

The congregation has significantly increased its giving. For example, PAR giving increased by \$882 per month between December and March, which translates into more than \$10,000 per year. The current level of giving is sufficient to enable Eastside to meet its obligations as they come due, however further generosity will be needed to eliminate the M&S liability and the debt to the Region.

The congregation should be proud of its efforts to return Eastside to financial health. Keep up the good work!

Eastside United Church

Statement of Surplus (Deficit) for January 1 - March 31

	2019	2018	2017
Revenue to Support Eastside United Church	\$ 39,976	\$ 32,966	\$ 35,901
Revenue to Reduce M&S Liability ¹	16,474	0	0
Revenue to Support Mission & Service Fund	433	3,202	3,858
Total Revenue	56,883	36,168	39,759
Eastside's Operating Expenses	35,168	37,488	34,354
Contribution to Mission & Service Fund ¹	433	3,202	3,858
Total Operating Expenses	35,601	40,690	38,212
Operating Surplus/(Deficit)	\$ 21,282	\$ (4,522)	\$ 1,547
Less: Mortgage Payments (principal & interest)	2,750	2,475	2,500
Add: Drawdown of Mortgage Fund ²	0	(2,475)	(2,500)
Equals: Surplus/(Deficit)	\$ 18,532	\$ (4,522)	\$ 1,547

¹ amounts raised for the M&S liability have been paid to the M&S fund. They do not appear as M&S contributions because they relate to funding amounts reported as contributions in prior years.

² the mortgage fund was depleted in November 2018

Russell and Brian are hosting a **Matt Epp House Concert** April 27 at 7:30pm. Matt is a regular Skylight performer and Mennonite folk singer-songwriter. His music includes songs of peace and justice. If you are interested in coming or for tickets, e-mail russellmw88@gmail.com

Holy Yoga for Mission and Service

Have you ever wondered what *Holy Yoga* is? Want to find out and support the United Church Mission & Service ministries? Tuesday, May 28 at 7 pm Connie Moker Wernikowski has agreed to offer a Holy Yoga session at the Living Spirit Centre as a fundraiser for Eastside United Church. Whether you are new to Holy Yoga or a regular, you are welcome. Minimum donation \$10, can be paid at the door. Funds will go toward reducing our Mission & Service debt.

Space is limited to 28 people so pre-register by calling 306-761-0556 or emailing eastsideunited@sasktel.net. Wear comfortable clothing that you can stretch in, and bring a yoga mat. If you need a yoga mat, please indicate that in your email RSVP as Connie has some extras.

