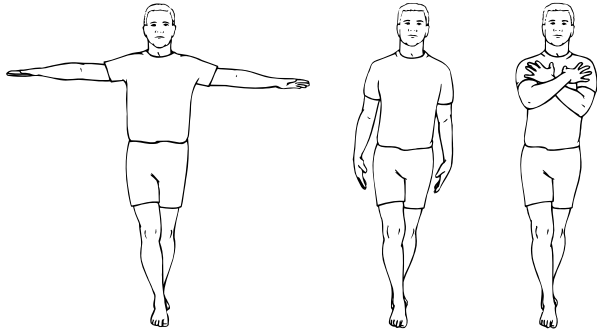


[] Patient [] PCG was/were able to provide a [] FAIR [] GOOD Return demonstration of the exercises below. [] Refer to Clinical Note for details

STANDING STATIC - 4

Feet Heel-Toe "Tandem": Varied Arm Positions



With right foot directly in front of the other, and arms out, look straight ahead at a stationary object.

Hold _____ seconds. Repeat _____ times per session. Do _____ sessions per day.

STANDING STATIC - 12

Eyes Closed: Feet Heel-Toe "Tandem"

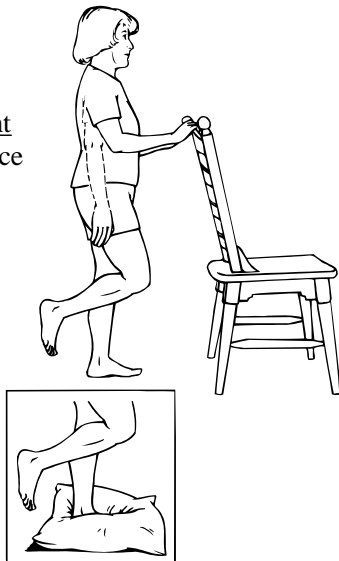
Stand with right foot directly in front of the other. Close eyes and visualize upright position. Perform with arms at sides.



Hold _____ seconds. Repeat _____ times per session. Do _____ sessions per day.

STANDING STATIC - 19
Single Leg (Varied Surfaces)

Holding on to support, lift right leg up while maintaining balance over single leg. Progress to removing hands from support surface for longer periods of time.



Hold _____ seconds. Repeat _____ times per session. Do _____ sessions per day. _____ Repeat on compliant surface _____.

STANDING STATIC - 6

Feet Together (Compliant Surface)



Stand on _____ with feet together. Look straight ahead at stationary object. Perform with arms at sides.

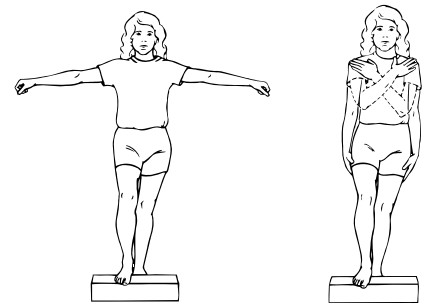
Hold _____ seconds. Repeat _____ times per session. Do _____ sessions per day.

STANDING STATIC - 18

Foot on Step

Stand with one foot on _____ inch step and arms out.

Hold _____ seconds. Repeat _____ times per session. Do _____ sessions per day.



____ Repeat with eyes closed.

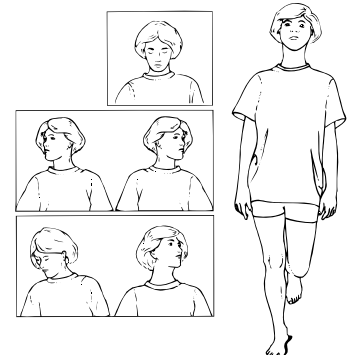
STANDING STATIC - 21

Single Leg: Head Motion

While standing on right leg, move head slowly, up-down.

Repeat _____ times per session. Do _____ sessions per day.

____ Repeat with eyes closed. _____ Repeat on compliant surface _____.



PATIENT NAME : _____

THERAPIST NAME : _____

DATE HANDOUT ISSUED : _____

THERAPIST SIGNATURE : _____