



## 2019– 2020 All-Star Welcome Packet

Welcome to a new season with the 9-1-1 Athletics family! We are honored that you are interested in our program and we look forward to getting to know each and every one of you as we continue to grow our program into the biggest and best here in Myrtle Beach, SC.

### COMMITMENT

All-Star Cheerleading is a highly competitive and extremely rewarding SPORT. Our gym and training program is dedicated to providing a safe, **drama-free** environment where athletes can gain confidence and skills within their sport as well as learn valuable life lessons for the future. This can only be achieved through commitment from previous and current team members, their families and the 9-1-1 Athletics staff. In order to continue the success of this program, 9-1-1 Athletics expects the same level of commitment from its future team members, families and coaches.

### GENERAL

- All team practices **are closed** to parents and spectators. This rule applies to any regular practice or any extra practice. Summer practices are very important to the improvement of skills and to be better prepared for the competition season. Practices are mandatory, and all athletes are required to be on time. If your 10 minutes early you're 5 minutes late! Choreography dates are **MANDATORY** in order to be on a full year all-star team at 9-1-1 Athletics. Those dates will be announced shortly after tryouts once the teams are formed. There will be no exceptions.
- Only athletes registered with USASF and staff may enter the gym. No family or friends should be inside of the gym for any reason.

- **No** food, drinks or gum are permitted in the gym at any time. You may eat in the lobby
- **No** cell phones allowed at practice.
- 9-1-1 Athletics is not responsible for any personal items lost or stolen on the gym property.
- Please check the 9-1-1 Facebook Info page and your e-mail daily for gym updates in order to stay informed. If your e-mail changes, please contact the front desk/All-Star Director immediately.
- All choreography (including cheers, dances, stunts, transitions, tumbling, music, etc.) should not be shared or discussed with others. No videos of routines/choreography should be uploaded to any online site such as YouTube, Facebook, Twitter, Fierceboard, etc until after the last competition of the season.
- **If a 9-1-1 Athletics athlete has a Facebook, Twitter, and/or any other social media account, it must be maintained with proper integrity at all times. If any athlete's social media accounts are not maintained with proper integrity on photos, status updates and general comments it will be grounds for termination from the program. This rule also applies to parents and family members. If anyone makes negative or hateful comments on social media about the gym, coaching staff or athletes it will be grounds for dismissal.**
- Every athlete levels 1-6 must be a USASF (United States All-Star Federation) member. The charge for this is included in your monthly dues. Please get a copy of your athlete's birth certificate ready to turn into the front desk immediately following team placement.

## TEAMS

The 9-1-1 Athletics team members are chosen carefully, and the staff desires for each team to excel in every aspect of cheerleading. Do not get discouraged if your child does not make the team that he/she desires. Keep encouraging him/her to work hard and to be an asset to the team he/she represents! If you are positive, your child will be positive! Please keep the following in mind when trying out for all-stars. **ATHLETES WILL BE PLACED FIRST AND FOREMOST ON THE AGE/LEVEL APPROPRIATE TEAM BASED ON THE USASF AGE GRID.**

- 1) You are trying out to be a member of the 9-1-1 Athletics PROGRAM...not a specific team. There is no way to determine what age/level teams we would even have until after tryouts.
- 2) Just because you were on a specific team last year, DOES NOT mean you will be on that same team this season. Younger age kids may have been placed on an older team because there was not an age/level appropriate team for them to be on last year.
- 3) Just because you are a younger talented athlete, do not assume you/your athlete "should be on a certain team".
- 4) Opting to be a crossover may help you get the "stunt position" you are wanting. I.E. You may want to fly...If you base on your age/level appropriate team, there may be an older team that needs a flyer that you could cross up to. Indicate your ability to be a crossover on

your tryout sheet and discuss it with your coach. DO NOT expect to be in a certain position on any team. We will always do what is best for the team in terms of a successful season. Be a team player.

- 5) Being a crossover is a PRIVILEGE. Competing on more than one team is double the responsibility. There are MANY factors that go into a coach's decision to ask/allow someone to be a crossover. We cannot put the status of 2 teams in jeopardy if the athlete in question does not meet all the requirements. Not just age/level appropriate, but also attitude, previous commitment level, parent involvement, punctuality, absences, teamwork abilities, performance levels, and even grades come into play when deciding if an athlete is a crossover candidate. For instance, if an athlete meets all the criteria...but is struggling to pass classes in school, the coaches have to take into account that the athlete may lose their ability to cheer due to failing grades. That would then affect two teams instead of one. Please do not be offended if a coach does not ask you to crossover or if they feel that you/your athlete is not an option at that time.
- 6) Just because you have 1 of the skills in a level DOES NOT make you that level athlete! For instance, having a back handspring does NOT make you a level 2 athlete. You must have ALL ALLOWED skills for that level. If a gym puts too many kids on a team that only have 1 or 2 level appropriate skills, they are setting themselves up to lose. WE LEVEL DOWN! There are also more requirements than just tumbling skills. Obviously there will be the occasional exception that is up to the coach's discretion. We fully support our coach's decisions. Do not come to the gym manager or owners and complain because another child was placed somewhere that yours wasn't.

Please trust your coaches. We will never set a team up for failure or set out to hurt anyone's feelings. There are also safety issues with placing a child on the wrong team by skill/age level. Work hard, be dedicated and results will come. Coaches want your child to feel a sense of pride when they compete the skills they have MASTERED, not the skills they want really bad someday.

## USASF AGE GRID – Athlete age as of April 31st 2020

Tiny – 4 yrs- 5 yrs

Mini – 6 yrs to 8 yrs

Youth – 6 to 11 years

Junior – 8 to 14 yrs

Senior – 11yrs – 18yrs (level 5 is 12-18)

International Level 5 (14 as of Dec 31<sup>st</sup> 2020)

International Level 6 (17 as of August 31<sup>st</sup> 2019)

Minimum Skills Required for Each Level – Must have ALL the skills required (only exception Level 1)

- Level 1 – Back Walkover, Front Walkover, Cartwheel, Round-off
- Level 2 – Standing Back Handspring, Back Walkover – Back Handspring, Round-off Back Handspring, T-jump Back Handspring
- Level 3 – Round-off Tuck, Round-off BHS Tuck, Toe-touch Back Handspring, Punch Front, Standing Multiple BHS
- Level 4 – Standing Tuck, Standing 2 BHS to Layout, Toe-touch BHS Layout, Round-off Layout, Round-off BHS Layout

- Level 5 – Toe-Touch Tuck, Standing 2 BHS to Full, Round-off BHS Full

9-1-1 Athletics reserves the right to:

- Place its athletes on the team or teams it feels will best suit them and the program.
- Move, replace, add, suspend or dismiss an athlete for a period of time, or indefinitely, from their team or the entire program based on the criteria including, but not limited to: attendance, conduct, skills, finances, and parent conflicts.
- Decide if an athlete may participate on more than one team.
- Decide the roles and/or positions an athlete will have on their team/teams. (e.g., flyer, base, back spot, tumbler, alternate)
- Request that an athlete (or team) take additional classes/camps/privates to improve their skills.
- Request that an athlete or team practice longer than their regularly scheduled time or add additional practices, camps or competitions if deemed necessary.
- Require team members to maintain the skill level that they performed at tryouts. If they lose a skill, they are subject to be placed on probation for two weeks and then, if necessary, moved to a more appropriate team for their skill level.
- Athletes that elect to participate on more than one team must:
  - Be in good financial standing.
  - Be willing and able to fulfill all the responsibilities required by each team.
  - Be responsible for any additional entry fees they incur beyond their first team.

## ATTENDANCE

Please make 9-1-1 Athletics a priority in regards to extra-curricular activities. You have other team members and your coaches depending on you.

Attend & be prepared to participate in all all-star activities including those unexpectedly added throughout the season.

Make every effort to schedule all vacations as to not conflict with any 9-1-1 activities.

Notify your coaches immediately in writing and by phone of any expected and/or unexpected absences or tardiness. Absolutely NO ABSENCES are allowed TWO WEEKS prior to a competition, nationals or other big event.

Extra practices will be scheduled once the competition season begins. The coaches will make every effort to get the extra practice schedules out in a timely fashion; however, there may be instances when an extra practice will be scheduled at the last minute. Please stay flexible.

## Gym Holidays and Closures

### ABSENCES

**A total of six (6) excused/unexcused absences will be permitted during the competition season. Any additional unexcused absences may be grounds for dismissal from the program. The six absences are being tracked from the first season practice to our last event of the season. Excused absences include: illness, death in the family or school function for a grade (with a note). If you are sick (and not contagious) or have an injury, you will still need to attend team practice. It is important that you watch from the sidelines for any changes in the routine that may affect you. If your physician recommends you refrain from practice due to an illness or injury, please bring a written note from your doctor to practice. PLEASE NOTIFY 9-1-1 Athletics AND YOUR COACHES IMMEDIATELY IF AN INJURY OCCURS!**

## **SPORTSMANSHIP**

- Be a positive example to others by being respectful and courteous to everyone.
- Refrain from gossiping or using any form of verbal confrontation. This includes Facebook, Twitter, YouTube, the Fierceboard, message boards, etc.
- Refrain from celebrating the misfortune or defeat of another person, team or program. In the same way, accept your team's placement and awards with dignity and class.
- Teammates are expected to treat one another with mutual respect. They should talk to one another in the same manner in which they would like to be spoken to. 9-1-1 Athletics coaches will not tolerate pettiness, gossiping, or "cliques" which attempt to exclude, alienate or hurt other team members.

## **DRESS CODE**

- Maintain a well-groomed appearance and good personal hygiene at all times.
- No jewelry is to be worn at any class, practice, camp or competition.
- Please be sensitive to your appearance when wearing the 9-1-1 logo and representing the gym.

## **\*PAYMENT POLICY\***

### **FINANCIAL INFORMATION**

- Accounts will be set up with a processing company that will store your choice of credit/debit card information that you are required to submit with a credit card authorization form.
- The card numbers will be kept by the processing center and stored for the recurring charges. Team members' accounts will be drafted on the 1st of each month.
- The 9-1-1 Athletics season begins June 1st 2019, and concludes at the end of May 2020.
- Tuition charges do not fluctuate based on the number or duration of practices in any session.
- Tuition pays for training only, not for the right to perform.
- Any payment resulting in a NSF, declined credit card or expired credit card will incur a \$30 service charge. It is your responsibility to update your information with us if your information changes.
- An athlete's account must be current and in good standing to participate in practices, private lessons, competitions, and special events.
- 9-1-1 Athletics reserves the right to remove any athlete at any time for failure to keep up with financial obligations.
- All accounts must be current before an athlete may collect any clothing/uniforms or other retail items.
- If an athlete chooses to leave, or is asked to leave 9-1-1 Athletics for any reason before the season is over, any and all funds are non-refundable
- 9-1-1 Athletics reserves the right to turn over all delinquent accounts to a collection agency, and the parent/athlete/responsible party will be responsible for all additional costs incurred.

## **RE-Choreography Fee**

Our team program requires a huge commitment from each and every team member, their parents, and our coaches. To help ensure this level of dedication, we have implemented a fee charged to any athlete who quits his/her team after August 5, 2019. The amount of this fee is \$500, and will be immediately

applied to one's account and charged to the credit card on file if they are to quit for any reason during the season. This does not apply to anyone who moves out of state or has a season-ending injury. In addition, if you are no longer going to be a member of 9-1-1 Athletics (classes or teams) for any reason at any point during the season, **you must submit a 30 day notice in writing in order for your account to stop being charged for monthly tuition fees.**

## **ADDITIONAL THOUGHTS**

\*If you or your children have any concerns or problems, please use the following chain of command: 1) Head Team Coach 2) All-Star Director 3) Owner. Concerns (even if it is with that particular coach) should be discussed with your TEAM COACH FIRST. If you still feel like your concerns have not been properly addressed, you are more than welcome to then discuss them with the All-Star Director by setting up an appointment OUTSIDE of class or team practice. It is never beneficial to complain or to disagree among the team members and/or parents. We understand that team members and/or parents do not always agree with decisions made by the staff, but please respect the fact that each decision is made with careful consideration and made to benefit the entire 9-1-1 Athletics program. Please understand that there is a chain of command and coaches cannot do their job if parents are doing an "end run" around them or going over their head before giving them an opportunity to handle the situation.

\*The 9-1-1 commitment to you is that we will work to be as organized as possible and be committed to your child. We are an extended family and we strive for each child to excel and have the best possible experience and memories out of his/her years at 9-1-1 Athletics. The coaches and staff members strive to be good examples to each child, and we hope they are someone that your child could turn to for encouragement, compassion and correction.

## **PARENT REMINDERS:**

- Please be respectful to parents and athletes from other gyms. Do NOT talk badly about other programs, athletes, or teams. This is a competitive sport, but these are also CHILDREN and sportsmanship is an important part of winning AND losing.
- Be respectful to other parents from 9-1-1 Athletics. It is important to remember that we are ONE BIG GYM/FAMILY supporting each other.
- Make noise for ALL teams – not just your own child's team. Crowd support goes a long way.
- Arrive early to competitions in order to get a good seat! Remember to sit together with other 9-1-1 families – it's much louder this way 😊
- Wear 9-1-1 colors/gear to all competitions
- Pack a good attitude! Usually competitions will be very crowded and can create stressful situations, and they can often run later than the schedule predicts. Let's help be a calming force for all our cheerleaders & families while keeping a good attitude!

## **GENERAL INFORMATION:**

- All competitions are required!
- Absolutely NO ABSENCES 2 weeks prior to any competition.
- Team members must always stay for awards.
- Hotel and Event Behavior – Please keep an eye on your cheerleader and don't let them run around the hotel unsupervised - Please be respectful to others staying at our hotel. Please make sure your cheerleader goes to bed at a reasonable hour. Remember that we are there to compete.
- Extra practices could be called during a 2 day national event – so please be flexible with your schedule.

- **Be on time to all competitions! Being late to warm-ups or missing a competition will result in immediate dismissal from the program.**

## **2019 – 2020 Full Year All-Star Pricing and Costs**

\*\*\*We have done everything possible to keep OUR cost from rising despite the rising costs within the sport and we will do our best to reduce costs and distribute payments in a manner that will be easiest to balance for everyone. We are offering multiple ways to help you and your athlete afford the costs of a season of all-star cheerleading. Please note that if Fundraising is utilized the way it should be, this can be affordable for almost all families. However, it is not the job of 9-1-1 Athletics or its staff to fundraise for your child. You must put in the time and effort. If you would like to join our dedicated group of parents who help organize these fundraisers, please see our fundraising director Amy Heilig after the parent meeting.

### **Registration Fee**

- ALL athletes must pay a yearly \$60 registration fee. This fee must be paid before or on June 1<sup>st</sup>. This covers your insurance for the year and your USASF membership fee. ALL NEW ATHLETES MUST TURN IN A COPY OF THEIR BIRTH CERTIFICATE BY NO LATER THAN JULY 1<sup>ST</sup>. Failure to submit this will result in the athlete being asked to sit out of practice until their paperwork can be submitted to the USASF.

### **Monthly Tuition**

- Your monthly tuition payment is auto drafted through JackRabbit on the 1<sup>st</sup> of every month. Your tuition covers 2 team practices a week and 1 tumbling class per week. Any additional tumbling classes/flyer classes/etc. will incur an additional monthly fee.
- A late fee of \$30 will be assessed after the 7<sup>th</sup> of each month if tuition is not paid. If tuition is over 15 days past due, athletes will not be allowed to attend practice or tumbling until account is paid up to date.
- Monthly Tuition cost is \$150 per month. Full monthly payments will begin on June 1<sup>st</sup> 2019 and will end on May 30<sup>th</sup> 2020. All-star practices with your 2019-2020 teams will begin on Tuesday, May 28<sup>th</sup>. Additional tumbling or stunt classes for All-star athletes will be discounted at \$25 a month extra added to your account.
- Tuition accounts must be current in order for any fundraiser payments to be applied to your account or fees.

### **Allstar/Team Fees (Fundraising Applied To These Fees)**

- Allstar fees are broken down into 4 payments of \$325, \$325, \$325 and \$330 that are due on the 15<sup>th</sup> of every other month between the months of June – December. After your December 15<sup>th</sup> All-Star Fee payment, you will only pay your normal tuition throughout the rest of the all-star

season (Jan – May). Competition payments must be up to date to order apparel and participate in choreography, etc. These payments INCLUDE all competition fees, choreography, music, coaches fees, and practice wear apparel. **(except bid competitions, US FINALS AND SUMMIT HAVE SEPERATE FEES IF ATTENDED)**

### Additional Fees

- If you need to purchase a new uniform this year, the cost for each athlete’s uniform and bow are separate. Uniforms are \$285 and bows are \$35. These fees are due by July 15<sup>th</sup>. Shoes, Bags, Warm-ups, Extras, Ect - These items are **OPTIONAL** and will be available through the pro shop.
- Payment Calendar

|                        | Jun          | July         | Aug          | Sept         | Oct          | Nov          | Dec          | Jan          | Feb          | Mar          | Apr          |
|------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| <b>Monthly Tuition</b> | \$150<br>.00 | \$150<br>.00 | \$150<br>.00 | \$150.<br>00 | \$150<br>.00 | \$150<br>.00 | \$150<br>.00 | \$150.<br>00 | \$150<br>.00 | \$150.<br>00 | \$150<br>.00 |
| <b>Comp Fees</b>       | 325          |              | 325          |              | 325          |              | 330          |              |              |              |              |
|                        |              |              |              |              |              |              |              |              |              |              |              |

**\*\*Items in Red can be fundraised and can also be sponsored by local businesses, friends, and family.**



## **2019-2020**

### **Tentative Competition Schedule**

\*\*This competition schedule is TENTATIVE! We plan our schedule very early so that our customers can plan theirs, however changes made by event producers are beyond our control. We do our best to keep travel costs low without sacrificing the quality of the competitions.

#### **Showcase- Home Gym**

December 7th , 2019

#### **CheerSport – Charleston, SC**

December 14th, 2019

#### **Spirit of Hope – Charlotte, NC**

January 18<sup>th</sup> and 19<sup>th</sup>, 2020

#### **SweetHeart Classic – Chapel Hill, NC**

February 9<sup>th</sup>, 2020

#### **Spirit Xpress – Thomasville, NC**

February 22<sup>nd</sup>, 2020

#### **Broughton Xpress Regionals – Raleigh, NC**

March 1st, 2020

#### **Encore Championships – Concord, NC**

March 7th, 2020

#### **Battle at the Beach – Myrtle Beach, SC**

March 28th-29th, 2020

#### **CheerSport – Charlotte, NC**

April 5<sup>th</sup>, 2020

#### **King of the Jungle – Myrtle Beach, SC**

April 18<sup>th</sup> and 19<sup>th</sup>, 2020

#### **BID Competitions - TBD**

The U.S. Finals – Virginia Beach, VA

The D2 Summit – Orlando, FL



