

43rd Plaistow Old Home Days 5K
 Plaistow, NH June 22, 2024 9AM

Timing & Finish Line Management by 5K Sports Race Management
 Fiveksport@aol.com 207-865-4501 Fiveksport.com Running4Free.com

Place	Name	Ag	S	City	St	No.	Time	Pace
=====	=====	==	=	=====	==	====	=====	=====
1	JOE RAND	32	M	HAVERHILL	MA	335	16:52	5:26
2	Connor Herrera	19	M	Burlington	MA	257	16:58	5:28
3	John Skevington	40	M	Newfields	NH	236	17:42	5:42
4	Nick Sachetta	24	M	Billerica	NH	223	18:06	5:50
5	Henry Osmer	17	M			275	18:32	5:58
6	Brendan Goodwin	17	M	Sanbornton	NH	243	19:31	6:17
7	Liam Rand	14	M	NORTH ANDOVER	MA	278	19:43	6:21
8	Gianni Ciotti	18	M	Thornton	NH	249	20:07	6:29
9	Tristan Rand	14	M	NORTH ANDOVER	MA	277	20:52	6:43
10	Zachary Farnell	17	M	Plaistow	NH	246	20:56	6:45
11	Philipp Rompf	17	M	Sanbornton	NH	260	21:30	6:55
12	DAN REGAN	51	M	PLAISTOW	NH	331	22:38	7:17
13	Maison Herbert	16	M	Danville	NH	263	22:46	7:20
14	MICHAEL FONTAINE	45	M	WESTFORD	MA	330	22:53	7:22
15	TIM KASTRINELIS	32	M	PLAISTOW	NH	324	23:03	7:26
16	BOB STROUT	68	M	NEWBURYPORT	MA	317	23:11	7:28
17	Julia Reynolds	18	F	Sandown	NH	228	23:20	7:31
18	Bryan Fahy	65	M	Hampton	NH	303	23:23	7:32
19	Kaitlyn Reynolds	18	F	Sandown	NH	229	23:24	7:32
20	MARIA CIOTO	20	F	ATKINSON	NH	329	23:32	7:35
21	Leonardo Garay	55	M	Independence	MO	219	23:42	7:38
22	Dean Zanello	44	M	Danville	NH	267	24:33	7:54
23	Tom Lubas	71	M	Haverhill	MA	304	24:59	8:03
24	STEVEN RVIZ	25	M	HAVERHILL	MA	333	25:15	8:08
25	Dave Heidler	62	M	East Hampstead	NH	297	25:16	8:08
26	JAMES HATCH	26	M	LONDONDERRY	NH	327	25:36	8:15
27	Gail English	57	F	Plaistow	NH	292	26:15	8:27
28	Dylan Taliaferro	27	M			298	26:28	8:32
29	David Martin	64	M	Sharon	MA	237	26:35	8:34
30	JAIME MCHUGH	47	F	PLAISTOW	NH	334	26:37	8:34
31	Stavros Kanaracus	79	M	Lowell	MA	255	26:44	8:37
32	Olivia Mullins	24	F	Plaistow	NH	272	26:54	8:40
33	Xander Motard	18	M	Sandown	NH	265	26:58	8:41
34	Donald Hennigar	72	M	West Newbury	MA	288	27:01	8:42
35	Nicholas Rand	40	M	NORTH ANDOVER	MA	245	27:09	8:45
36	WILSON SAWYER	65	M	EAST HAMPSTEAD	NH	326	27:11	8:45
37	Alexis Clemons	29	F	Revere	MA	220	27:49	8:57
38	Leslie Behan	67	F	Newton	NH	302	27:55	9:00
39	KYLE MOORE	27	M	HUDSON	NH	336	28:20	9:07
40	Michael Andreottol	54	M	Haverhill	VT	268	28:23	9:08
41	Colby Sharpe	21	M			283	28:27	9:10
42	EFRAIN TORRES	76	M	HAVERHILL	MA	332	28:32	9:11
43	David Kowalczyk	45	M	Plaistow	NH	225	28:46	9:16
44	Paul Games	65	M	Newburyport	MA	289	28:50	9:17
45	MINH NGUYEN	52	M	SALEM	NH	319	29:01	9:21

46	PAUL HENNESSEY	75	M	MELROSE	MA	320	29:11	9:24
47	Colleen Mullins	55	F	Plaistow	NH	222	29:18	9:26
48	Sarah Grossman	42	F	PLAISTOW	NH	266	29:43	9:34
49	David Jamgochian	64	M	HAVERHILL	MA	252	29:53	9:38
50	MIA IULIUCCI	11	F	PLAISTOW	NH	313	30:19	9:46

Page 2

43rd Plaistow Old Home Days 5K
 Plaistow, NH June 22, 2024 9AM

Timing & Finish Line Management by 5K Sports Race Management
 Fiveksport@aol.com 207-865-4501 Fiveksport.com Running4Free.com

Place	Name	Ag	S	City	St	No.	Time	Pace
=====	=====	==	=	=====	==	====	=====	=====
51	LOIS IULIUCCI	40	M	PLAISTOW	NH	314	30:20	9:46
52	Gerie Owen	63	F	Arlington	MA	247	30:26	9:48
53	John Micavich	81	M	Amherst	NH	264	30:35	9:51
54	Sally Moore	26	F	Hudson	NH	269	30:41	9:53
55	Elaine Novaris	62	F	Plaistow	NH	270	30:54	9:57
56	Trisha Mainella	65	F	Plaistow	NH	307	30:56	9:58
57	Ben Judson	27	M	Plaistow	NH	241	30:58	9:58
58	Erin Farrell	22	F	Plaistow	NH	240	31:00	9:59
59	Kathleen Ricci	37	F	Salem	NH	259	31:02	10:00
60	Michael Stack	74	M	Plaistow	NH	235	32:00	10:18
61	BELLA HUGHES	18	F	PLAISTOW	NH	312	32:03	10:19
62	Noah Darnstaedt	14	M	East Hampstead	NH	299	32:13	10:22
63	Olivia Heffernan	26	F	Plaistow	NH	293	32:14	10:23
64	Jillian Grew	26	F	Londonderry	NH	261	32:15	10:23
65	CAILIN MCNEIL	20	F	PLAISTOW	NH	315	32:54	10:36
66	KAYLIE SHEFFIELD	20	F	PLAISTOW	NH	316	32:55	10:36
67	MELINDA MELLOR	41	F	PLAISTOW	NH	325	33:14	10:42
68	BRENDA CIOTO	55	F	ATKINSON	NH	328	33:31	10:48
69	LEE CROCKETTE	68	M	FREEMONT	NH	323	33:36	10:49
70	Keegan Lynch	18	M	Newton	NH	254	34:03	10:58
71	Julia Mitchell	12	F	Atkinson	NH	234	34:29	11:06
72	Walter Woodworth	9	M	Danville	NH	280	35:00	11:16
73	Kristin Woodworth	39	F	Danville	NH	282	35:15	11:21
74	Alison Yankowskas	63	F	Londonderry	NH	273	35:22	11:23
75	Noelle LeBlanc	26	F	Atkinson	NH	291	35:36	11:28
76	Destiny Carter	30	F	Plaistow	NH	286	35:45	11:31
77	Chelsea Crowley	41	F	Plaistow	NH	238	36:11	11:39
78	Fred Fraser	56	M	Plaistow	NH	271	36:16	11:41
79	Beth Moore	45	F	Plaistow	NH	256	36:26	11:44
80	Clara Woodworth	7	F	Danville	NH	281	36:38	11:48
81	David Woodworth	40	M	Danville	NH	279	36:39	11:48
82	Scott Lynch	55	M	Newton	NH	250	37:16	12:00

83	GAVIN CARTIER	13	M	E. HAMPSTEAD	NH	322	37:22	12:02
84	AMELIA BERRY	12	F	DANVILLE	NH	321	37:23	12:02
85	Dave Mcguigan	71	M	Seabrook	NH	233	37:42	12:08
86	Tom Wylie	80	M	Bradford	MA	227	39:05	12:35
87	Mike Lozan	81	M	Weymouth	MA	310	40:11	12:57
88	Sydni Lynch	23	F	Newton	NH	253	40:20	12:59
89	Brittany Smith	39	F	Plaistow	NH	276	40:24	13:01
90	Cheryl Adams	66	F	Tilton	NH	231	41:39	13:25
91	Paul Yankowskas	67	M	Londonderry	NH	226	42:31	13:42
92	John Abruzzi	72	M	Hampstead	NH	305	42:51	13:48
93	Diana Darnstaedt	41	F	Danville	NH	296	43:03	13:52
94	Dylan Darnstaedt	10	M	East Hampstead	NH	300	43:04	13:52
95	Nathaniel Smith	43	M	Plaistow	NH	244	44:18	14:16
96	Jim Campbell	63	M	Newbury	MA	285	44:20	14:17
97	Elizabeth Wilcoxson	78	F	Newburyport	MA	308	47:13	15:12
98	Daniel Dodson	79	M	Newton	NH	311	48:32	15:38
99	John Eriksson	73	M	Nashua	NH	306	49:19	15:53
100	Betty Vitale	69	F	Plaistow	NH	284	50:03	16:07

Page 3

43rd Plaistow Old Home Days 5K
 Plaistow, NH June 22, 2024 9AM

Timing & Finish Line Management by 5K Sports Race Management
 Fiveksport@aol.com 207-865-4501 Fiveksport.com Running4Free.com

Place	Name	Ag	S	City	St	No.	Time	Pace
=====	=====	==	=	=====	==	==	=====	=====
101	Jim Vitale	71	M	Plaistow	NH	262	50:03	16:07
102	JOHN MCSHEEHY	20	M	WATERBURY	CT	318	50:47	16:21
103	Ed Nutter	63	M	Plaistow	NH	239	53:28	17:13

