# Canyon County Self Rescue Manual A guide to community resources and supports in Region 3.

Please email updates/feedback/information to: <u>selfrescue@phd3.idaho.gov</u>

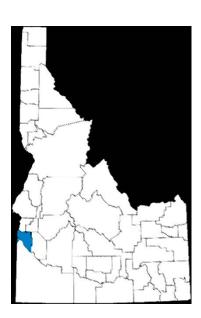


Table of Contents:	Page
Clothing and Furniture	3
Community Meals	3
Counseling and Mental Health Services	3
Crisis Resources/Hotlines	9
Dental	10
Education	11
Employment and Casual Labor	12
Financial and Utility Assistance	14
Food Pantries	15
Housing Assistance	16
Legal Assistance	17
Medical Assistance	18
Parenting/Family	19
Shelters/Showers	21
Substance Abuse Disorder Treatment	22
Recovery Centers/Support Groups	25
Tax Resources/Budgeting/Debt Counseling	27
Transportation	27
Vision	28
Miscellaneous/Other	28

# CLOTHING & FURNITURE

#### Love, Inc.

16470 N. Franklin Blvd Nampa, ID 83687 *Ph: 208-466-7810 ext. 5* Requests are taken via the telephone and an application process, resources for furniture, bedding, adult, teen, and children's clothing. Mon- Fri 9:30am to 1:00pm

#### <u>Clothing Shed – Lakeview</u> <u>Church of the Nazarene</u>

Pastor Gretchin Ph: 208-466-0112

#### IMSI Hope Community Phase II

963 S. Orchard Suite 101 Boise ID Ph: 208-629-8861 Clothing voucher/housing /employment/bus passes for those out of incarceration. www.imsihopecommunityph asell.com

### St. Vincent DePaul-Our Lady

of Guadalupe Food Pantry 2920 E. Railroad St. Nampa, ID 83687 *Ph: 208-442-4452* Tues/Thur 3:00pm to 5:00pm

#### Seventh Day Adventist

Community Services 2216 East Linden St. Caldwell, ID 83605 *Ph: 208-454-3549* Clothing and food resources upon availability. Mon 10:00am-12:30pm Tues 2:30pm-5pm Caldwell residents only.

### Seventh Day Adventist

Community Services

1515 Checola Nampa, ID 83686 *Ph: 208-461-1651* Clothing and food resources, once per month. Wed 12:00pm-4:00pm Nampa residents only. Photo id required. Must bring proof of Nampa residence (not i.d.).

#### Lighthouse Rescue Mission

304 16th Ave. N Nampa, ID 83687 *Ph: 208-461-5030* www.boiserm.org Open and staffed 24/7. Emergency shelter and drug/alcohol recovery program. 3 meals/day for residents and men, women, and children in the area

#### **Deseret Industries**

619 S Canyon St. Nampa, ID 83686 *Ph: 208-498-0569* Services provided to any student in the Nampa school district. School clothing, shoes, belts. Can call directly or speak with school counselor.

#### Our Lady of the Valley Outreach

3719 E. Cleveland Blvd, Caldwell, ID 83605 *Ph: 208-454-2132* Located inside St. Vincent's. Store hours: Mon-Sat 9:00am-6:00pm Store Food bank: Wed 2:00pm-5:00pm Helpline Ph: 208-919-2940 Spanish Ph: 208-571-2160 Helpline available 24/7; will get a response within 24-48 hours (rent, utilities, clothing, furniture, household items)

# COMMUNITY MEALS

#### Lighthouse Rescue Mission

Address: 304 16th Ave. North, Nampa, ID 83651 *Ph: 208-461-5030* Serves 3 Meals a Day for residents and the community. Breakfast Mon-Sat 6:30am, Sun 8:00am; Lunch Mon-Sat 12:00pm, Sun 1:00pm; Dinner Mon-Sun 7:00 pm www.boiserm.org

# COUNSELING & MENTAL HEALTH

#### <u>A New Beginning Wellness</u> <u>Center</u>

8660 W Emerald Suite 142 Boise ID 83704 Office hrs: 9-5 Mon – Thurs Evening appts available to schedule call 208-939-3865 Counseling, Peer Support, and Family Support, TBRI Trainings. Accept Medicaid & Private Insurance.

www.anbwellnesscenter.org

#### Ability Health and Rehabilitation

10101 W. Overland Rd #110 Boise, ID 83709 Ph: 208-333-9578 Fax: 208-333-9582 Peer support services, medical management, CBRS, case management, counseling. Medicaid and private insurance.

#### **About Balance Mental Health**

6550 Emerald St. Ste. 108, Boise, ID 83704 *Ph: 208-342-6300* Mon-Fri, 9:00am-5:00pm, Fri 9:00am-3:00pm in summer. Counseling, med management, CBRS, case management, peer support. Accepts Medicaid and sliding scale fee with a minimum of \$50 for Therapy and \$61 for Med Management. www.aboutbalance.net/

#### Acacia Wellness Center

217 W Georgia Ave Nampa, ID 83686 Ph: 208-498-1760 Crisis: 208-914-3053 Mon 9:00am-8:00pm (6-8pm for walk-ins) Tue 9:00am-6:00pm Closed Tues/Thur from 11:00am-1:00pm Wed 9:00am-7:00pm Thurs 9:00am-6:00pm Friday 9:00am-5pm **Evening appointments** available upon request. Private pay/Medicaid/private insurance/sliding scale Mental health, CBRS, case management, med management, peer support, substance abuse groups, individual therapy. www.acaciawellness.org

Access Behavioral Health Services

3307 Caldwell Blvd Ste. 102 Nampa, ID, 83651 Ph: 208-465-4833 Mon-Fri 8:00am-5:00pm Walk in appointments available on a limited basis. Medicaid/private insurance/Medicare/MMCP/ sliding scale/EAP. Counseling, case management, CBRS, developmental therapy for children and adults, peer support, substance abuse groups, individual therapy, med management. Emergency walk in clinic for medication on Fri. www.accessbhs.com

#### **Access Living**

690 S Industry Way Ste. 45, Meridian, ID 83642 *Ph: (208)922-2207* Mon-Fri, 9-6 Counseling, CBRS, Child Development Therapy, Adult Day Treatment, Med Management, Case Management. Medicaid, Sliding Scale, most insurances. accesslivingllc.com

#### Advocates Against Family Violence-Hope's Door

1508 Hope Ln. Ste. 102 Caldwell, ID 83605 *Ph: 208-459-4779* 24/7 Crisis Hotline Toll Free: 1-877-459-4779 Domestic violence and sexual assault shelter, sexual assault response team, court advocacy, groups/classes, counseling, safe and sober housing, childcare center, teen outreach program, rural outreach program. www.aafvhope.org

#### **Alliance Family Services**

6003 W. Overland Rd. Boise, ID 83709 Ph: 208-922-6538 Med management, psychotherapy, CBRS, case management, peer support, psychotherapy groups, company employee and family assistance programs, and substance abuse services. Accepts most insurances, Medicaid, Medicare, Blue Cross, United Behavioral Health, workman's comp, private pay, BPA, and Tricare. http://www.alliancefamilyservice s.net/home.html

#### **All Seasons Mental Health**

1007 W. Orchard Nampa, ID 83651 Ph: 208-461-2838 General medicine, family practice, psychiatric care, psychological testing and diagnostics, counseling, bereavement, med management, community based care, supported living, developmental therapy, benefits assistance, CBRS, physicals, wellness checks, specialist referrals, healthy connections referrals, case management, interpretive services offered for many different languages. Blue Cross, Blue Shield, United, ID Physicians Network, Aetna, Medicaid, Medicare, sliding scale. www.asmh.org

#### All Together Now

2995 N. Cole Rd. Ste. 270 Boise, ID 83704 Stonegate Plaza *Ph: 208-336-4504* Med management, CBRS, counseling, rehabilitation services, case management. Private pay, sliding scale, and most insurances accepted. www.alltogether-now.com

#### **Alpine Behavioral Health**

8590 W. Fairview Ave. Boise ID 83704 *Ph: 208-672- 0260* Psychotherapy, Case Management, CBRS, Payee Services, Med management, Conflict Resolution/ Mediation. Interpreters available. Medicaid, Medicare, private pay, sliding scale, most insurances accepted. www.alpinebehavioralhealth.co m

#### Alturas Counseling, LLC

5185 W. Overland Rd Boise ID 83705 *Ph: 208-991-0225* Counseling for individuals, couples, family, children, adolescences, elderly, development disabilities, refugees, and military. Most insurances, Medicaid, Medicare, and Tricare. http://alturascounseling.com

#### Ambitions of Idaho

1031 W. Sanetta St. Nampa, ID 83651 *Ph: 208-466-7443* Mon-Fri 9:00am-5:00pm CBRS, anger management, faith based counseling,

diagnostic interviews, EMDR, grief counseling, life/success coaching, counseling, case management, support/education, residential habilitation, behavior consultation, med management, nursing services, A&D waiver/PCS services representative, and payee services. 24 Hour Crisis Intervention Ph: 208-794-2379 Medicaid/ Medicare/private pay/private insurance/sliding scale/pro bono. Bilingual available.

#### Ascent Behavioral Health

366 SW 5th Ave. Ste. 100 Meridian, ID 83642 *Ph: 208-898-9755 Text: 208-352-6563* Hours: Mon-Fri 9:00am-6:00pm http://www.ascentbhs.org

### Aspire Assessments and

<u>Health Resources</u> 16 12<sup>th</sup> Ave S. Suite 201 Nampa ID 83651 Ph: 208-921-1024

#### Aspire Professional

Counseling Services 14880 Alkmaar St. Caldwell, ID 83607 *Ph: 208-585-3062* Tues 9:00am-9:00pm Crime victim comp/private insurance/EAP. Early childhood trauma, marriage counseling, family therapy, children and adults. EMDR certified.

Aura Counseling and Wellness, LLC

1224 1<sup>st</sup> Street S. Suite 306 Nampa, ID 83651 Ph: 208-463-4639 Offer mental health and substance abuse disorder services including: assessments, case management, individual, family, and couples' therapy, group counseling, anger management, parenting classes and drug testing. We accept BPA funding, Medicaid, private insurance, and utilize a sliding fee scale. www.auracounseling.com

#### **Brighter Future Health**

316 12th Ave. Road, Nampa, ID, 83686 *Ph: 208-461-1300* Mon- Fri 9:00am-5:00pm Evening appointments available upon request. Medicaid/Medicare/private pay/sliding scale. Mental health services for adults and children, CBRS, case management, med management. Interpreters available. www.brighterfuturehealth.com

#### **Canyon Counseling Center**

718 S 7<sup>th</sup> Ave. Caldwell ID 83605 *Ph: 208-454-1576* Individual and family therapy, adolescent and children therapy (ages 7+). Mon-Thur 9:00am-6:00pm Crime victim comp/private insurance. www.canyoncounselingcenter.com

Canyon Clinic Wellness 524 Cleveland Blvd. Ste. 140

524 Cleveland Blvd. Ste. 1 Caldwell, ID 83605 *Ph: 208-453-5151* Services offered to clients who need help during a recovery process. Classes offered for taking next steps, stress management and tobacco cessation. www.canyonwellness.org

#### **Carol Collins Counseling**

1909 S 10<sup>th</sup> Ave. Caldwell ID 83605 *Ph: 208-454-3825* Individual therapy, family therapy, marriage counseling Private insurance only.

#### CenterPointe, Inc.

915 Park Center Way Ste. 7 Nampa, ID 83651 *Ph: 208-442-7791* Mon- Thur 9:00am-6:00pm Fri 8:00am-5:00pm Medicaid/ private pay/ Blue Cross. Individual therapy, family therapy, CBRS, med management. Ages 4-18. <u>www.centerpointeinc.com</u>

#### **Children's Therapy Place**

5640 E. Franklin Rd. Ste. 180 Nampa, ID 83687 *Ph: 208-323-8888* Speech/language therapy, occupational therapy, physical therapy, teletherapy, developmental therapy, service coordination, academic tutoring. Hours vary per appointment. Medicaid/Tri-Care/Private Insurance. http://childrenstherapyplace.com/

#### Dennis Augustus Counseling 17329 Colt Dr. Caldwell, ID 83607 Ph: 208-459-8088

Mon- Fri 8:00am-8:00pm Crime victim comp/private insurance/EAP. Abuse recovery, drug and alcohol counseling, mental health (anxiety, depression), marriage counseling, stress management.

#### Diane Kruse

1214 12<sup>th</sup> Ave. S Nampa, ID, 83651 *Ph: 208-466-2666* Mon- Thur Crime victim comp/ EAP/private insurance. Mental health counseling for adults.

#### Empowering Choices Counseling

104 9<sup>th</sup> Avenue South, Ste B1 Nampa, ID 83651 Ph: 208-803-0883 Tele-therapy available for anybody residing in Idaho. Accept major insurance companies, EAP, Medicaid, and self-pay. Individual counseling for mental health & addiction issues. Provide DUI evaluations and GAIN assessments.

#### Family Counseling of Nampa-E. Fred Snow

1214 12<sup>th</sup> Ave. S Nampa, ID 83651 *Ph: 208-468-0902* EAP/ private insurance. Family and marriage counseling.

Families ETC (Education, Training, and Counseling 516 Holly St. 3<sup>rd</sup> Floor Nampa, ID 83686 A counseling clinic that provides low cost individual, child/adolescent, couple and family counseling. We do not bill insurance; our services are low cost and provided on a sliding scale between \$10 -\$60 per session. Appts are available Mon – Thurs between 9AM – 9PM. Ph: 208-467-8837. Visit www.familiesetcnampa.com

#### Four Rivers Mental Health

1605 Kimball Ave. Caldwell, ID 83605 *Ph: 208-454-2766* Mon-Thur 9:00am-3:00pm Eating disorders, drug and alcohol counseling, mental health. Bilingual. Medicaid/Blue Shield/private pay. www.fourriversmh.com

#### <u>Healing Scars Counseling</u> <u>Center</u>

324 Caldwell Blvd Ste. G, Nampa, ID, 83651 *Ph: 208-467-9044* Private insurance/Crime victim comp/EAP. Bilingual.

#### Healthy Transitions for Girls, LLC

1015 Caldwell Blvd #18 Nampa, ID 83651 Ph: 541-417-0837 peggy@healthytransitionsforgirl s.com

Group and Individual counseling for girls and woman. A 12-week , strength-based prevention program to help girls develop positive body image in the critical window of ages 8 to 14 when their bodies are changing. www.healthytransitionsforgirls.c om

#### Hudson Counseling

1909 S 10<sup>th</sup> Ave. Caldwell, ID 83605 *Ph: 208-228-0301* Mon-Thur 10:00am-7:00pm Private insurance/EAP. Anxiety, depression, individual and couples' therapy for teenagers and adults

#### Human Supports of Idaho, Inc.

314 Badiola St. Caldwell, ID 83605 *Ph: 208-454-8389* CBRS, case management, individual counseling, family and child counseling, group therapy, peer support, med mgmt., SUD services (outpatient and intensive outpatient) and payee service. Most insurances accepted including Medicaid and Medicare; some sliding fee and pro bono services available.

www.humansupports.com

#### Idaho Behavioral Health

524 South 9th St. Ste. 103 Caldwell, ID 83605 *Ph: 208-454-2144* CBRS, case management, counseling, group therapy, psychological testing, med management. Telehealth services provided to rural areas. Medicaid/Private Insurance/sliding fee. www.idahobehavior.com

#### Idaho Behavioral Health-

<u>Nampa</u> 1811 E. Karcher Rd Nampa ID 83687 Ph: 208-505-4419

#### Life Counseling Center

112 12<sup>th</sup> Ave. Rd. Nampa, ID 83686 *Ph: 208-465-5433* Mon- Thur 9:00am-6:00pm Fri 8:00am-5:00pm Private insurance/ Medicaid/EAP. Family and couples counseling, individual therapy, med management.

#### Lifeways in Caldwell

2609 S 10<sup>th</sup> Ave Ste 102 Caldwell ID 83605 Ph: 208 454-2766 Services include mental health assessments, SUD/DUI evaluations; GAIN assessments, SUD/MRT groups, individual, child, family & couples therapy, Play therapy, substance use disorder evaluation, classes & victim impact panels, EMDR, psychiatric medication subscribing, case management, telehealth, SOAR-SSI/SSDI outreach access and recovery www.lifeways.org

#### Lifeways in Nampa

824 S Diamond St Nampa ID 83686 Ph: 208 546-3046 www.lifeways.org

#### Mana Resources

923 Grant St. Caldwell, ID 83605 *Ph: 208-585-3375*  Counseling services to children, youth, adults, couples and families. Medicaid/Private Insurance. www.manaohana.org

#### Montgomery Counseling Center

323 12<sup>th</sup> Ave. Nampa, ID, 83686 *Ph: 208-463-0212* Mon- Fri 8:00am-5:00 pm Individual therapy, couples and family counseling, GAIN Assessments. Private insurance/ EAP/Medicaid. www.montgomerycounselingcen ter.com

#### Mountain States Chemical Dependency & Counseling Services, Inc.

1305 2nd St. S - Ste. 201 Nampa, ID 83651 *Ph: 208- 463-0202* Mon-Thur 9:00am- 5:00pm Alcohol/drug education, relapse prevention, DUI class, anger management, recovery groups, individual counseling services.

#### Nampa Family Justice Center

1305 3<sup>rd</sup> St. S Nampa, ID 83686 Ph: 208-475-5702 Crisis counseling, domestic violence, sexual abuse, family therapy, individual therapy, group therapy, parenting, play therapy. Private insurance/Medicaid/ Crime victim comp. www.nampafamilyjusticecenter. org

#### A New Leaf

2548 N Stokesberry Pl. Meridian, ID 83646 *Ph: 208-939-3888* Habilitative intervention supports, therapy, med management, and residential habilitation. www.anewleaf.info/

#### <u>Pioneer Health Resources-</u> Nampa

204 10th Ave. S., Nampa, ID 83651 Ph: 208-466-2229 Mon-Fri 8:00am-5:00pm Open later for group programs. CBRS, case management, psychotherapy, med management, chemical dependency programs, outpatient & intensive outpatient group therapy. Interpreters available for non-English speaking clients. Medicaid/private insurance/sliding scale fees. www.pioneerhealthresources.com

#### Pioneer Health Resources-Caldwell

1305 S Kimball. Caldwell, ID 83605 Ph: 208- 459-1039 Mon-Fri 8:00am-5:00pm Open later for group programs. CBRS, case management, psychotherapy, med management, chemical dependency programs, outpatient & intensive outpatient group therapy. Interpreters available for non-English speaking clients. Medicaid/private insurance/sliding scale fees. www.pioneerhealthresources.com

#### Refuge Counseling Center-Nampa

4144 E Amity Ave. Nampa, ID 83687 *Ph: 208-465-4985* Individual counseling, couples/marital counseling, family counseling, premarital counseling, referral and consultation services. EAP/sliding scale/ partnerships whereas churches and ministries may help with cost. http://refugecounseling.com/

#### Refuge Counseling Center-Meridian

3023 E Copper Point Ste. 105 Meridian, ID 83642 *Ph: 208-465-4985* Individual counseling, couples/marital counseling, family counseling, premarital counseling, referral and consultation services. EAP/sliding scale/ partnerships whereas churches and ministries may help with cost. http://refugecounseling.com/

#### **Region III Mental Health**

3402 Franklin Rd Caldwell ID 83605 Ph: 208-459-0092 Adult and Children's services – crisis services, medication management, and individual counseling. Sliding Fee.

#### Shannon Sorini, LCSW

1909 10<sup>th</sup> Ave. Caldwell, ID 83605 *Ph: 208-409-7286* Individual therapy, family therapy, trauma-focused for children and adults. Crime victim comp/private insurance/EAP. www.shannonsorini.com

# Stellar Mental Health & Mediation

3904 E. Flamingo Nampa, ID 83687 *Ph: 208-639-1514* Counseling, CBRS, case management, payee services, groups, mediation, parenting coordination. www.stellaridaho.com

#### Still Waters Behavioral Health

305 Cornell St. Middleton, ID 83644 Ph: 208-614-0550 Individual counseling for adults, adolescents, children, couples counseling, family counseling, premarital counseling. EAPs/sliding scale based on income. Evening appointments available. Visit www.stillwatersbh.com

#### **Strive Counseling**

5700 E Franklin Rd. Ste. 220E Nampa, ID 83687 *Ph: 208-936-1097* Mon- Fri 8:00am-6:00pm Individual therapy, couple and family counseling, domestic violence victim therapy, sexual abuse victim therapy, trauma, stress, parenting. Private insurance/EAP/sliding scale/Medicare.

<u>Terry Reilly Nampa 1<sup>st</sup> Clinic</u> <u>– Medical, Dental, Behavioral</u> <u>Health, and Urgent Care</u> 207 1<sup>st</sup> Street South Nampa, ID 83651 *Ph: 208-466-7869*  Services: Behavioral health assessments, individual, couples and family counseling, support and therapy groups, case management, psychiatric medication management. We accept private insurance, Medicaid, Medicare, and sliding fee scale based on income. www.trhs.org

#### Terry Reilly Nampa 16<sup>th</sup> Clinic

223 16<sup>th</sup> Avenue North Nampa ID 83687 Ph: 208-318-2100

#### **Terry Reilly Arlington Clinic**

2005 Arlington Ave Caldwell ID 83605 Ph: 208-459-1025

#### **Terry Reilly Middleton Clinic**

201 S. Paradise Ave Middleton ID 83644 Ph: 208-585-0048

#### **Terry Reilly Melba Clinic**

150 2<sup>nd</sup> Street Melba ID 83641 Ph: 208-495-1011

#### TRHS- SANE Solutions

Victim Treatment 211 16<sup>th</sup> Ave North Nampa, ID, 83687 *Ph: 208-467-7654* Services: Survivors counseling, child abuse counseling, personal safety classes, protective parenting classes, family counseling. insurance/Medicaid/sliding scale/EAP. Bilingual.

TRHS- SANE Solutions Offenders Treatment 1504 3<sup>rd</sup> Street North Nampa ID 83687 Ph: 208-345-1170 Services: Offenders counseling, group counseling, juvenile sex offender risk assessment, batterers treatment. insurance/Medicaid/sliding scale/EAP. Bilingual.

#### Webb Psychological Clinic Institute

408 22<sup>nd</sup> Ave. S Nampa, ID, 83651 *Ph: 208-466-8267* Mon-Fri 9:00am-5:00pm Individual therapy (children and adult), marriage and family therapy, psychological assessments. Crime victim comp/private insurance/EAP.

#### Wholeness Counseling & Trauma Healing

1015 Caldwell Blvd Nampa, ID 83651 *Ph: 208-353-4173* Mon-Fri 10:00am-7:00pm; Sat By appointment PTSD, sexual abuse, domestic violence, grief, adults, couples, family, Christian counseling. Ages 16+ only. Private insurance/private pay/EAP. www.mikaylaforrest.com

www.mikaylaforrest.com

## CRISIS RESOURCES & HOTLINES

Advocates Against Family Violence-Hope's Door 1508 Hope Ln. Ste. 102 Caldwell, ID 83605 *Ph: 208-459-4779* 24/7 Crisis Hotline Toll Free: 1-877-459-4779 Domestic violence and sexual assault shelter, sexual assault response team, court advocacy, groups/classes, counseling, safe and sober housing, childcare center, teen outreach program, rural outreach program. www.aafvhope.org

#### Boys Town-National Hotline-Suicide & Crisis

*Ph: 1-800-448-1833 Toll Free: 1-800-448-3000* 24-hour, nationwide, shortterm crisis intervention hotline. Main focus is children and families, but serves anyone with any problem. Will provide referral to local agencies in the United States, Canada, Guam, and The Virgin Islands. 402-498-1300. www.boystown.org

#### **Covenant House Nineline**

*Toll Free: 1-800-999-9999* 24/7. Provides crisis intervention to homeless, runaway, and other troubled youth and their families throughout the United States. All calls are serviced regardless of age and situation.

https://teenlineonline.org/yy p/covenant-house-nineline/

#### Idaho CareLine

*Ph: 2-1-1 or 800-926-2588* A free, statewide comprehensive community information and referral service.

#### Idaho Domestic Violence Hotline

*Ph: 1-800-669-3176* Provides information and assistance to victims of domestic violence.

#### Idaho Suicide Prevention Hotline & Veterans Crisis Line

*Ph: 800-273–TALK (8255)* A toll-free, confidential service available 24/7.

#### Mothers Against Drunk Driving (MADD)

*Ph: 877-623–3435* A national, toll-free 24/hr. hotline for victims of drunk driving.

#### National Hotline on Domestic Violence

*Ph: 800-799-7233* A toll-free service that provides information and assistance to victims of abuse.

#### National Sexual Assault Hotline:

*Ph: 1-800-656-HOPE (4673)* A toll-free, confidential service available 24/7 for victims of sexual assault.

#### Parents of Murdered Children (POMC)

*Ph: 888-818–POMC (7662)* A national organization to assist those who have lost a loved one.

#### Women and Children's Alliance

24-hour Domestic Violence Hotline *Ph: 208-343–7025* 24-hour Rape Crisis Hotline *Ph: 208-345–7273* Provides comprehensive supportive services to women and children victimized by physical and sexual violence.

### DENTAL

#### Terry Reilly Canyon Dental

11136 Moss Ln. Nampa, ID 83651 Ph: 208-466-0515 Dental exams and cleaning, Xray, fillings, crowns and bridges, dentures and partials, extractions, including wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, prenatal oral health care, pediatric oral health care. We accept private insurance, CHIP, Medicaid, and offer a sliding fee scale based on income.

#### Terry Reilly Homedale Dental

8 N. 2nd St. W Homedale, ID 83628 *Ph: 208-337-6101* Dental exams and cleaning, xray, fillings, crowns and bridges, dentures and partials, extractions, including wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, and pre-natal oral health care. We accept private insurance, CHIP, Medicaid, and offer a sliding fee scale based on income.

#### Terry Reilly Melba Clinic

150 2<sup>nd</sup> St. Melba, ID 83641 *Ph: 208-495-1011* Dental exams and cleaning, xray, fillings, crowns and bridges, dentures and partials, extractions, including wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, and prenatal oral health care. We accept private insurance, CHIP, Medicaid, and offer a sliding fee scale based on income.

#### Terry Reilly Nampa 1<sup>st</sup> Clinic

207 1<sup>st</sup> Street South Nampa ID 83651 *Ph: 208-466-7869* Dental exams and cleaning, xray, fillings, crowns and bridges, dentures and partials, extractions, including wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, and pre-natal oral health care. Limited incomes may qualify for reduced fees.

#### <u>Terry Reilly Dental-</u> Middleton

201 Paradise Ave Middleton, ID 83644 *Ph: 208 585-0048* Dental exams and cleaning, xray, fillings, crowns and bridges, dentures and partials, extractions, including wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, and pre-natal oral health care. Limited incomes may qualify for reduced fees.

#### Valley Family Health Care-Payette Medical and Dental Clinics

1441 NE 10th Ave. Payette, ID 83661 *Ph: 208-642-9376* Provides assistance and allows low income access to overall dental and health care.

### **EDUCATION**

#### Adult Education: CWI Community College

Through the Adult Campus on Caldwell BVLD – Organized though Department of Health and Welfare Contact your local office. Program through Workforce Investment Act, (WIA).

#### JobCorps-Nampa

3201 Ridgecrest Dr. Nampa, ID 83687 Ph: 208-442-4500 http://centennial.jobcorps.gov/h ome.aspx

#### Stevens-Henager College

16819 N Marketplace Blvd. Nampa, ID 83687 *Ph: 208-466-2251* <u>https://www.stevenshenager.ed</u> <u>u/locations/nampa</u>

#### <u>Trio</u>

322 E. Front St. Ste. 190 Boise, ID 83702 Ph: 866-624-9925 or 208-364-9925 https://educationalopportunityc enter.wordpress.com/

Treasure Valley West #710 1018 W. Sanetta St. Nampa, ID 83651 Ph: 208-465-8414

### Western Idaho Community

Action Partnership - WICAP Ph: 208-454-0675 Toll Free: 1-877-270-9086 Employment and training services. www.wicap.org

\*Most online charter schools offer a program for free GED

# SCHOOL PROGRAMS & SCHOOL SUPPLIES

#### Computers for Kids, Inc.

8540 W Elisa St. Boise ID, 83709 *Ph: 208-345-0346* 9:00am-4:00pm Distributes refurbished computers to underprivileged Idaho children for their home use. <u>www.cfkid.org</u>

#### Nampa School District 131

446 Lake Lowell MV Office *Ph: 208-468-4601 Ext. 1161* Contact: Steffanie Altenbern <u>saltenbern@nsd131.org</u> or Mirella Garcia. Provide resources and support for homeless students.

#### Big Brothers Big Sisters of Southwest Idaho 110 N. 27th St.

110 N. 27th St. Boise, ID 83702 Ph: 208-377-2552 One-to-one mentoring relationships intended to help children reach their full potential. Vision is a successful mentoring relationship for all children who need and want one, contributing to brighter futures, better schools, and stronger communities for all. Serving all of southwest ID. www.bbbsidaho.org

#### Caldwell School District -Early Childhood Intervention

**Program** 1502 Fillmore St. Caldwell, ID 83605 *Ph: 208-455-3300* Program for developmentally delayed children 3 to 4 years old. Testing available. Contact local school district. www.sd132.k12.id.us

#### Community Council of Idaho-Head Start

22730 Farmway Rd. Ste. 112 Caldwell, ID 83605 *Ph: 208-459-6536 Toll Free: 1-800-787-7863* Migrant & seasonal worker year round head start program. ESL classes also available for parents of students. Some additional resources available. http://communitycouncilofidaho .org/head start

#### <u>Computer Lab-South Middle</u> School, Nampa

229 W Greenhurst Rd. Nampa, ID 83686 *Ph: 208- 468-4740* Mon/Tues/ Thur nights 5:30pm-7:30pm during the school year, excluding nonschool days. Computer lab is open to the public. The lab will also have a printer available that charges 10 cents per one-sided copy (cash or coin only). www.south.nsd131.org/

#### Advocates Against Family Violence - Hope Ln. Learning Center

1508 Hope Ln, Caldwell, ID 83605 *Ph: 208-459-6330* Daycare/preschool Located in Caldwell. Located Near Van Buren Elementary and Head Start Bus Stops. Offers preschool, meals, arts and crafts weekly, after school program ICCP accepted.

#### **Tutoring at Farmway**

22730 Farmway Rd. Caldwell, ID 83605 *Ph: 208-455-3300* Tutoring for migrant children who need assistance with learning English and with school work. Mon-Fri 3:45pm-4:45pm

#### The Mentoring Network, Inc.

Nampa, ID 83653 Ph: 208-880-1690 School based individual mentoring for grades 1-8 provided on a weekly basis by trained volunteers. In the Nampa & Caldwell school districts. Supervision and support provided by program director.

www.MentoringNetworkID.org

**Online School Options:** 

#### Another Choice Virtual

Charter School

1014 W Hemingway Blvd. Nampa, ID 83651 *Ph: 208-475-4255* Free online schooling, grades K-12. Visit website for additional information. www.anotherchoicecharter.org

# AFTER SCHOOL PROGRAMS:

#### **Treasure Valley YMCA**

3720 S Indiana Ave. Caldwell, ID 83605 *Ph: 208-454-9622* Financial reduced prices based on home income levels/family size. There is also an after school/ homework help program found on the website with direct busing from the schools.

http://www.ymcatvidaho.org/m embership/financial-assistance/

#### Nampa Recreational Facility

131 Constitution Way Nampa, ID 83686 *Ph: 208-468-5777* They sponsor several families each month with requirements for monthly attendance. Contact the membership coordinator for additional information. Sign up is required prior to a certain day each month for monthly evaluation.

#### **Boys and Girls Club Nampa**

316 Stampede Dr. Nampa, ID 83687 Ph: 208-461-7203 Cost is \$20 a year. Busing can occur directly from school but then parents must pick up children on time. Limited space available.

#### Caldwell School District .

21<sup>st</sup> Century after school director: Kathleen Vadapalli *Ph: 466-6586 Ext. 209* Homework help for clients with difficulty learning. Salvation Army after school program. Can also purchase monthly memberships. For grant applications email kvadapalli@caldwellschools.org

# EMPLOYMENT & CASUAL LABOR

#### Administrative and Light Industrial

101 S Capitol Blvd. Ste. 501 Boise, ID 83702 Ph: 208-375-9930 Temporary work hire, short and long term, clerical, accounting, light industrial available. Must complete application, safety test, preemployment drug screen & background check. Must provide 2 work references & i.d. that proves legally able to work in the U.S. Paid weekly. Usually \$8 - \$14 per hour. Must speak basic English. http://www.volt.com/

Community Council of Idaho 317 Happy Day Caldwell, ID 83607 *Ph: 208-454-8604*  Free services provided to migrant or farm working families and individuals that need help integrating into the working field. Services include education and training based on skills needed to gain employment. www.communitycouncilofidaho.org

#### Idaho Department of Labor-Caldwell-WIA

4514 Thomas Jefferson St. Caldwell, ID Ph: 208-364-7781 Services provided to those in the community who need training resource to obtain employment. This is a program is state and federally funded for adults, dislocated workers, low-income workers and youth.

www.labor.idaho.gov

#### Idaho Department of Labor-**Boise-WIA**

317 W Main St. Boise, ID 83735 Ph: 208-332-3575 Services provided to those in the community who need training resource to obtain employment. This is a program is state and federally funded for adults, dislocated workers, low-income workers and youth. www.labor.idaho.gov

#### **Elwood Staffing-Boise**

8708Fairview Ave. Boise, ID 83704 Ph: 208-327-1000 Helps find employment in warehouses, manufacturing/ production, construction, clerical, etc.

#### www.elwoodjobs.com

#### **Elwood Staffing-Nampa**

2585 Caldwell Blvd. Ste. 103 Nampa, ID 83651 Ph: 208-468-7899 Helps find employment in warehouses, manufacturing/ production, construction, clerical, etc. www.elwoodjobs.com

#### Intelligent Employment Solutions

732 Caldwell Blvd Ste. C Nampa, ID 83651 Ph: 208-463-9228 Provides help finding a job in the community. http://www.iescustomstaffing.com/

#### **Hopes Door Shelter**

702 E Chicago St. Caldwell, ID 83605 Ph: 208-459-6279 Helps women find job openings, create resumes & cover letters. Service specialist helps with dress for success referrals meal planning for work. Services are free. <a href="https://aafvhope.org/">https://aafvhope.org/</a>

#### Job Corps

2323 S Vista Ave. Ste. 203 Boise, ID 83705 Ph: 208-375-9414 Full time program, usually residential. Nampa is closest center. Can be on unsupervised probation, no pending court charges, felonies, or outstanding fines. Limited income. Ages 16-24. Mon-Fri 8:00am-5:00pm Orientation Thurs 2:00pm at the Meridian Dept. of Labor.

Spanish speaker. Closed from 12:00pm-1:00pm www.centennial.jobcorps.gov

#### **Labor Finders**

Resources based online-no office in local area. Ph: 208-442-7713 http://laborfinders.com

#### Labor Ready Temporary Service

10 W Franklin Rd. Meridian, ID 83642 Ph: 208-331-3606 After application process is complete, employee is asked to come into office at 6:00am if desiring employment. Mon-Fri 6:00am-5:30pm, Sat 7:00am-10:00am and 5:00pm-6:00pm, Sun closed. Application time & dates may vary-please call office for current application times. Applicant will need 2 forms of i.d. such as a state photo i.d., social security card, certified birth certificate, or passport. Spanish interpreters available. http://www.laborready.com/

#### **Pro People Staffing Services**

703 2nd St. South Nampa ID Ph: 208-463-8552 Temporary employment. Applications taken Mon-Fri 9:00am-2:00pm. Need 1-2 hours to complete application or online. Dress nicely for interview process. Free training & skills testing. Temp to hire based on work. Pay averages \$8-\$10 per hour. http://propeoplestaffing.com

#### **Elmwood Staffing**

2585 Caldwell Blvd. Ste. 103 Nampa, ID 83651 *Ph: 208-468-7899 (Nampa) Ph: 208-327-1000 (Boise)* Clerical, skilled trades, production & technical work, and labor work available. Temp to hire based on work. Pay averages \$8–10/hour.

#### Treasure Valley West #710

1018 W. Sanetta St Nampa, ID 83651 Ph: 208-465-8414 Services provided for those with adults disabilities to enhance their living through employment and community enrichment. This is program is state and federally funded. www.vr.idaho.gov

#### <u>Witco</u>

3919 E Ustick Rd. Caldwell, ID 83605 *Ph: 208-454-3051* Services for children and adults with disabilities to increase their potential for independent living, including teaching skills and job coaching. Services can be provided for those with array of insurances as well as Medicaid, Medicare, and Blue Cross.

www.witcoinc.net

# Working Solutions (Easter Seals)

1613 Park Centre Way Nampa, ID 83651 *Ph: 208-466-2671* For those referred by the Idaho Department of Health and Welfare. Services provided are for adults who need help with job preparation including job orientated classes, workforce development, and resources to obtain a job (i.e. clothing and transportation). www.easterseals.com

## FINANCIAL & UTILITY ASSISTANCE

#### Heat/Electric:

Navigators-with children only 823 Park Centre Way Nampa, ID 83651 *Ph: 1-800-926-2588* Must contact through 211 by requesting a call back from the navigators.

#### St. Vincent DePaul

2920 E. Railroad St. Nampa ID *Ph: 208-442-4452* Tues/Thur 3:00pm-5:00pm

#### Salvation Army-Nampa

403 12th Ave. S Nampa, ID 83651 *Ph: 208-467-6586* http://www.salvationarmy.org/

#### Salvation Army-Caldwell

1015 East Chicago St. Caldwell, ID 83605 *Ph: 208-459-2011* http://www.salvationarmy.org/

#### Western Idaho Community

Action Partnership - WICAP 502 Main St. Caldwell, ID 83605 Ph: 208-454-0675 Toll free: 1-877-270-9086 Provides energy assistance when funding is available. Mon-Fri 8:00am-5:00pm, closed 12:00-1:00pm Service available once per year, or if emergency shut off when medical equipment present www.wicap.org

#### Phone:

Assurance Telephone Lifeline Ph: 888-321-5880

#### **Idaho Telecommunications**

Service Assistance Program Contact local DH&W http://healthandwelfare.idaho.g ov/ContactUs/Region3/tabid/22 7/Default.aspx

#### Miscellaneous:

#### St. Clare's Outreach Program

3719 E Cleveland Blvd. Caldwell, ID 83605 *Ph: 208-454-2132* Wed 2:00pm-4:00pm Utility assistance; must bring photo ID and utility bill. Caldwell residents only.

#### Our Lady of the Valley Outreach

3719 E. Cleveland Blvd. Caldwell, ID 83605 *Ph: 208 454-2132* Located inside St. Vincent De Paul. Wed 2:00pm-4:00pm Must go in person; no assistance over the phone. Maximum of \$50 to be used towards power, heating, and prescriptions paid directly to utility company or pharmacy. Must have i.d. with matching address as bill.

#### Nampa Family Justice Center-Elder Abuse

1305 3rd St. S Nampa, ID 83651 *Ph: 208-475-5702* Must be 50 years of age or older, have experienced abuse, neglect or exploitation at the hands of an intimate partner, spouse, family member, caregiver, or trusted other.

# FOOD PANTRIES

### Caldwell:

#### St. Clare's Food Bank

3719 E Cleveland Blvd. Caldwell, ID 83605 *Ph: 208-454-2132* Located inside St. Vincent De Paul. Wed 2:00pm-5:00pm

#### <u>CCOA</u>

304 N Kimball Caldwell, ID 83605 *Ph: 208-459-0063* 

#### New Life Celebration Church

1201 Arthur St. Caldwell, ID 83605 *Ph: 208-454-1758* 

#### The Salvation Army

1015 East Chicago St. Caldwell, ID 83605 *Ph: 208-459-2011* Tues/Wed/Thur 1:00pm-3:30pm

### World Harvest Food Pantry

803 Main St. Caldwell, ID 83605 *Ph: 208-284-4411*  Open the Third Saturday of every month 10am- noon

#### <u>Oasis</u>

615 16<sup>th</sup> Ave. S Caldwell, ID 83605 *Ph: 208-459–6000* Wed 12:00pm-2:00pmwith lunch, Thur 4:00-6:00pm

#### Seventh Day Adventist Community Services-Caldwell

2216 East Linden St. Caldwell, ID 83605 *Ph: 208-454-3549* Mon 10:00am-12:30pm, Tues 3:30pm-6:00pm Closed on major holidays.

#### Western Idaho Community

Action Partnership-WICAP 502 Main St. Caldwell, ID 83605 *Ph: 208-454-067 Toll free: 1-877-270-9086* Mon-Fri 8:00am-5:00pm, Closed 12:00-1:00pm Food Pantry hours Mon/Tues/Fri 8:00am-5:00pm, Closed 12:00-1:00pm Can use once per month. www.wicap.org

#### Greenleaf, Middleton: Greenleaf Friends Church

20535 Academy Rd. Greenleaf, ID 83626 *Ph: 208-459-3896* 

#### Middleton Food bank

6 E 1<sup>st</sup> St. N Middleton, ID 83644 *Ph: 208-585-6634* Mon/Wed/Fri 12:30pm-1:30pm. Must call for appointment.

### Nampa:

Harvest Life Church 11437 Orchard Ave. Nampa, ID 83651 *Ph: 208-465-7327* Wed 7:00pm, Sun 8:45am, 10:30am, 12:30pm Must attend a service before food is given.

Nampa Spanish Seventh Day Church 323 11<sup>th</sup> Ave. S. Nampa, ID 83651 *Ph: 208-921- 3027* Tues/Thur 1:00-4:00pm

#### Nazarene Care House

1524 6<sup>th</sup> St. S Nampa, ID 83651 *Ph: 208-466-3549* Tues/Thur 1:00pm-4:00pm Sat 1:00pm-3:00pm

#### Salvation Army

403 12th Ave. S Nampa, ID 83651 *Ph: 208-467-6586* http://www.salvationarmy.org/

#### Seventh-day Adventist

<u>Community Services</u> 1515 Chicola Nampa ID, 83651 *Ph: 208- 461-1651* Wed 12:00pm-4:00pm

#### St. Vincent DePaul

2920 E. Railroad St. Nampa, ID 83687 *Ph: 208-442-4452* Tues/Thur 3:00pm-5:00pm

#### **Storehouse Outreach**

303 10<sup>th</sup> Ave. N Nampa, ID 83687 *Ph: 208-570-9729*  Home Delivery for shut-ins and seniors.

#### 12 Baskets Food Pantry

11220 Lone Star Rd. Nampa, ID 83651 *Ph: 208-546-5896* Mon/Fri 12:00pm-2:00pm http://foodbank.vcfnampa.com/

#### **Centennial Elementary**

522 Mason Ln. Nampa, ID 83686 *Ph: 208-468-4627* <u>http://centennial.nsd131.org/</u>

# HOUSING ASSISTANCE

Advocates Against Family Violence 1508 Hope Lane Caldwell, ID 83605 Ph: 208-459-6330

#### Autumn Gold

813 E Fargo Ave. Nampa, ID 83687 *Ph: 208-461-7789* Help with housing programs including down payments and closing costs. <u>http://www.autumngold.org/</u>

#### Boise VA Medical Center Homeless Veterans Program

Provides services to Veterans who are homeless or almost homeless. Ph: 208-422-1000

#### **Caldwell Housing Authority**

22730 Farmway Rd. Caldwell, ID 83607 *Ph: 208-459-2232* <u>http://chaidaho.org/</u>

#### The Jesse Tree of Idaho

16 12<sup>th</sup> Ave So Suite 114 Nampa ID 83651 Ph: 208-941-3188 Hours: 10am to 2pm Fridays

#### <u>SICHA</u>

377 Cornell St. Middleton, ID 83644 *Ph: 208-585-9325* <u>http://www.sicha.org/Public/Ho</u> <u>usingAuthorityRentals/</u>

#### Nampa Housing Authority

211 19th Ave. N Nampa, ID 83687 *Ph: 208-466-2601* http://nampahousing.com/

#### Salvation Army-Nampa

403 12th Ave. S Nampa, ID 8365 *Ph: 208-467-6586* http://www.salvationarmy.org/

#### **Salvation Army-Caldwell**

1015 East Chicago St. Caldwell, ID 83605 *Ph: 208-459-2011* http://www.salvationarmy.org/

### Navigator-Health & Welfare

(if children present): 823 Park Centre Way Nampa, ID 83651 Ph: 1-800-926-2588 Must contact through 211 care line. http://healthandwelfare.idaho.g ov/ContactUs/Region3/NampaO ffice/tabid/715/Default.aspx

#### Idaho Inc:

4110 Eaton Way Caldwell, ID 83607 *Ph: 208-455-9463* 

#### Caldwell/Vallivue/ Nampa Resource Coordinator-Homeless Liaison:

5207 S. Montana Ave. Caldwell, ID 83607 *Ph: 208-454-0445* Contact the district office for contact information.

#### C.A.T.C.H. of Canyon County

16 12<sup>th</sup> Ave Suite 114 Nampa, ID 83651 *Ph: 208-442-5300* A referral must be generated from a caseworker at one of the shelters; direct contact is not possible. <u>http://www.catchprogram.org/</u> Email: info@catchprogram.org

#### Mana Resources

923 Grant St. Caldwell, ID 83605 *Ph: 208-585-3375* Housing, employment assistance, and IL skills. Training to foster youth aging out of care, juveniles coming out corrections, and other young adults ages 18-20 who are homeless or at risk of becoming homeless. www.manaohana.org

#### PATH-Project for Assistance in Transition from Homelessness

Ph: 208-608-3766 or 208-336-5533 Ext. 276 Assistance to individuals who are currently homeless or at risk for becoming homeless. https://www.benefits.gov/benef its/benefit-details/728 Idaho Department of Health and Welfare Website Located on the Idaho Department of Health and Welfare website, under the providers tabs there is lists created by the department that allow one to see what kind of different housing options are available in the community.

http://www.healthandwelfare.id aho.gov/Providers/tabid/284/De fault.aspx

#### Living Independence Network Corp

1609 S Kimball Ste. 201 Caldwell, ID 83605 *Ph: 208-454-5511* Referral service for disabled, connecting people to independence. <u>canyoninfo@lincidaho.org</u> info@lincidaho.org

# LEGAL ASSISTANCE

#### Advocates for the Disabled

222 8th Ave S Nampa, ID 83651 *Ph: 208-461-4210* By appointment only. http://www.shelldisability.com/

#### Area Agency on Aging

125 E. 50<sup>th</sup> St. Garden City, ID *Ph: 208-991-5629* https://aging.idaho.gov/

#### Canyon County Courthouse-Court Assistance Office

1115 Albany St. Ste. 334 Caldwell, ID 83605 *Ph: 208-454-7455* Mon/Wed/Thur/Fri 9:00am-3:30pm Closed 12:00-1:00pm Legal Forms Workshop Every Tues @ Canyon County Courthouse, 9:30am-4:00pm Call for more information and registration. Email: <u>cao@canyonco.org</u>

www.courtselfhelp.idaho.gov

#### <u>CASA</u>

120 S 9th Ave. Caldwell, ID 83605 *Ph: 208- 454-9167 Ext. 1012* Volunteers are appointed by the courts to advocate and represent abused and neglected children in the court system. http://www.strongandsafe.org/

Concordia University Housing Clinic

*Ph: 208-639-5422* Concordia Law's Housing Clinic takes new clients from September-November and February-April. Call or email to sign up.

lawclinic@cu-portland.edu http://law.cuportland.edu/communityengagement/housing-cliniclegal-representation

#### Concordia University St. Law Clinic Boise Public Library 715 S Capitol Blvd. Boise, ID 83702 *Ph: 208-972-8200* The 2<sup>nd</sup> and 4<sup>th</sup> Mon every month 4:30-6:00pm <u>http://law.cu-</u>

portland.edu/academics/experie ntial-learning/clinics

#### Idaho State Bar Association

& Idaho Law Foundation Attorney Referral Service *Ph: 208-334-4500*  A referral is free. The attorneys in the Lawyer Referral Service have agreed to charge \$35 for an initial 30minute consultation. <u>https://isb.idaho.gov/general/fin</u> <u>dattorney.html</u>

### Intermountain Fair Housing Council 5460 W Franklin Rd.

Boise, ID 83705 Ph: 208-383-0695 http://www.ifhcidaho.org/

#### Nampa Family Justice

<u>Center- victims of abuse</u> 1305 3<sup>rd</sup> St. Nampa, ID 83651 *Ph: 208-475-5702* <u>http://www.nampafamilyjustice</u> <u>center.org/190/Family-Justice-</u> <u>Center</u>

#### Legal Aid

1104 Blaine Caldwell, ID 83606 *Ph: 877-500-2980 or 208-454-2591* www.idaholegalaid.org

#### Port of Hope

508 E Florida Ave. Nampa, ID 83686 *Ph: 208-463-0118* <u>http://www.courtselfhelp.idaho.</u> gov/

#### State Attorney General Criminal Victim Witness

Coordinator Ph: 208-334-4547 or 888-334-4547 victimcoordinator@ag.idaho.gov http://www.ag.idaho.gov/victim Assistance/victimAssistance\_ind ex.html

**University of Idaho Tax Clinic** 

Ph: 208-364-4074 If you would like more information about the Tax Clinic, or if you would like the Tax Clinic to consider representing you in a controversy with the IRS, please contact Barbara Lock in Boise. <u>block@uidaho.edu</u> <u>https://www.uidaho.edu/law/ac</u> <u>ademics/practical-</u> <u>skills/clinics/low-income-tax</u>

# MEDICAL ASSISTANCE

#### Canyon County Community Clinic

524 Cleveland Blvd. Ste. 110 Caldwell, ID 83605 *Ph: 208-455-1143* Clinic offered to those on a non-emergency basis with current medical conditions. Clients that are eligible for service have no insurance, meet income guidelines, and must be a Canyon County resident.

http://www.canyon-clinic.org/

### Canyon County Indigent Fund

Canyon County Courthouse 1115 Albany St. Caldwell, ID 83605 *Ph: 208-454-7419* 

#### **Genesis Community Health**

215 W 35th St. Garden City, ID 83714 *Ph: 208-384-5200* Idaho Crime Victims Compensation Program *208-334–6080* or toll–free statewide *at 800-950-2110*. Provides financial assistance to crime victims who are injured as the result of criminally injurious conduct. Boise and surrounding area. http://genesiscommunityhealth. com/

#### Nampa Family Justice Center-Elder Abuse

Address: 1305 3rd St. S Nampa, ID 83651 Ph: 208-475-5702 Must be 50 years of age or older; have experienced abuse, neglect or exploitation at the hands of an intimate partner, spouse, family member, caregiver or trusted other. Emergency funding for prescription medication assistance, eye glass assistance, transportation assistance, referrals for counseling, support groups and possible legal aid to support establishing safety. http://www.nampafamilyjustice center.org/899/Elder-Abuse-What-is-it-How-Can-I-Help

#### Nampa School District 131

MV Office 446 Lake Lowell *Ph: 208-468-4601 Ext. 1161* Contact Person: Steffanie Altenbern <u>saltenbern@nsd131.org</u> or Mirella Garcia. Provide resources and support for homeless students. http://www.nsd131.org/

#### Our Lady of the Valley Outreach 3719 E. Cleveland Blvd. Caldwell, ID 83605

Ph: 208-454-2132 Located inside St. Vincent DePaul. Maximum of \$50 to be used towards prescriptions paid directly to the pharmacy. Wed 2:00pm-4:00pm Must go in person; no assistance over the phone.

#### Southwest District Health-Communicable Disease Prevention

13307 Miami Ln. Caldwell, ID 83605 *Ph: 208-455-5362* Surveillance, investigation, and counseling to control the spread of disease. Provides reporting according to Idaho code. <u>http://www.swdh.org/</u>

#### Southwest District Health-HIV/AIDS-Sexually

Transmitted Disease Services 13307 Miami Ln. Caldwell, ID 83605 *Ph: 208-455-5345* Testing, counseling, and education to prevent the spread of disease. STD/HIV/AIDS Prevention. http://www.swdh.org/clinicalservices.asp

#### Terry Reilly Nampa 1st Clinic

207 1<sup>st</sup> Street South Nampa ID 83651 Ph: 208-466-7869 Services: Urgent Care (Nampa 1<sup>st</sup> Only), child & adolescent health, adult & senior health, women's health, prenatal & OB care, immunizations, chronic & disease management, pharmacy, laboratory, x-ray. <u>Terry Reilly Nampa 16<sup>th</sup> Clinic</u> 223 16<sup>th</sup> Avenue North Nampa ID 83687

Ph: 208-318-2100 <u>Terry Reilly Arlington Clinic</u> 2005 Arlington Ave

Caldwell ID 83605 Ph: 208-459-1025

**Terry Reilly Middleton Clinic** 

201 S. Paradise Ave Middleton ID 83644 Ph: 208-585-0048

**Terry Reilly Melba Clinic** 

150 2<sup>nd</sup> Street Melba ID 83641 Ph: 208-495-1011

## PREGNANCY, PARENTING, & FAMILY

#### Baby Haven - Salvation Army Caldwell

1015 East Chicago Caldwell, ID 83605 Ph: 208-459-2011 Income based program for families who are either expecting a child or have. a child under 24 months old. **Resources for infants** including formula, diapers, clothing, etc. after achieving certain goals. Educational opportunities for various topics, including nutrition and budgeting. English/Spanish. http://caldwell.salvationarmy.or g/caldwell/baby-haven/

St. Luke's-Birth, Parenting, and Community Education

#### Ph: 208-381-1510

Classes offered for many different areas of life from birthing, parenting, adolescent, babysitting, dating, puberty, and other classes offered to those in the community. Classes do vary on fees but there is a scholarship available for all classes. Different classes are available at different times. A list of classes being offered and fees can be found on the website.

https://www.stlukesonline.org/c ommunities-and-locations/findclasses-and-events

#### **Boise Parks and Recreation**

150 N Capitol Blvd. Boise, ID 83702 *Ph: 208-384-4422* Boise Parks and Recreation provides activities and classes for youth and adults in a variety of topics. Price varies but scholarships are available for those who qualify. http://parks.cityofboise.org/

#### **Casey Family Program**

6441 Emerald St. Boise, ID 83704 Ph: 208-377-1771 Toll free: 888-581-3275 Services and Support to **Kinship Families-Relatives** other than the parents Who Are Caring for Children under Age 18. Services available in Nampa, Caldwell, Greenleaf, Wilder, Homedale and Marsing. Assistance with Legal, Financial, Mental Health, and Educational Needs for the child/children being cared for. Information,

education, and resources available for Kinship Family members. English/Spanish. https://www.casey.org/idaho/

#### **CASI Foundation for Children**

2308 N. Cole Rd. Boise, ID 83704 *Ph: 208-376-0558* Free unplanned pregnancy services, pregnancy testing, confidential one-on-one support, medical expense and appointment scheduling assistance, and open and closed adoption plans. Both international and domestic adoption programs also available. http://www.adoptcasi.org/

#### **Catholic Charities of Idaho**

847 Park Center Way Ste. 7 Nampa, ID 83651 Ph: 208-466-4442 Counseling, mental health, crisis, pregnancy and/or single parent support, parenting education, youth and school retention programs, immigration legal assistance, Hispanic outreach services, and domestic violence immigration program. Also a domestic violence immigration program. English/Spanish. http://ccidaho.org/what-we-do/

#### **Emmett Family Services**

2031 E. Quail Run Emmett ID 83617 Ph: 208-365-2525 Hopes Door Shelter Caldwell, ID 83605 Ph: 208-459-6279 Services vary based upon needs but services are offered to women and children who are battered and/or sexually abused. Education, basic necessities, vouchers, and referrals to other resources are provided by a service specialist. Services are free. https://aafvhope.org/

#### **Idaho Parents Unlimited**

4619 Emerald St. Boise, ID 83706 *Ph: 208-342- 5884* Service provided to parents and children with disabilities through education, therapy, counseling, job development, and rehabilitation services. www.ipulidaho.org

#### La Leche League

Ph: 1-877-452-532 Services provided from mothers and for mothers with support, encouragement and information for breast feeding. www.lllusa.org

#### Lifeline Pregnancy Care Center

1323 12th Ave. S Nampa, ID 83651 Ph: 208-466-4000 Free pregnancy testing and counseling. Baby and maternity clothes, other baby items. Referrals For adoption, medical care, and social services if needed. Abortion recovery assistance and abstinence programs. Emotional support and friendship in time of need. All services are free and confidential. 24 Hour Careline. TEXT-208-615-1053 www.lifelinepcc.org

#### Mana Resources

923 Grant St. Caldwell, ID 83605 *Ph: 208-585-3375* Counseling services to children, youth, adults, couples, and families. Independent living program with employment assistance, skills training to foster youth aging out of care, juveniles coming out corrections, and other young adults ages 18-20 who are homeless or at risk of becoming homeless. www.manaohana.org

#### Payette Family Services

501 N 16<sup>th</sup> St Ste 108 Payette ID 83661 Ph: 208-642-6160

#### PATHS Program

9167 W. State St. Garden City, ID Ph: 208-473- 2191 Services provided for higher needs foster children. Create and prepare foster families for children that will be placed in the home. Services provided are behavioral health, adoption, and family based services. Services are provided on a referrals basis from Department of Health and Welfare, Department of Juvenile Corrections, and Casey Family, as well as private pay. <u>www.pathinc.org</u>

Terry Reilly Nampa 1<sup>st</sup> Clinic – Medical, Dental, Behavioral Health and Urgent Care 207 1<sup>st</sup> Street South Nampa ID 83651 Ph: 208-466-7869

#### Terry Reilly Nampa 16<sup>th</sup> Clinic

223 16<sup>th</sup> Ave North Nampa ID 83867 Ph: 208-467-7654

#### **Terry Reilly Arlington Clinic**

2005 Arlington Ave Caldwell ID 83605 Ph: 208-459-1025

#### **Terry Reilly Middleton Clinic**

201 S. Paradise Ave Middleton, ID 83644 Ph: 208-585-0048

#### Terry Reilly Melba Clinic

150 2<sup>nd</sup> Street Melba ID 83641 Ph: 208-495-1011

#### <u>YMCA</u>

1050 W State St. Boise, ID 83702 *Ph: 208-344-5501* The YMCA is an organization created to help youth, individuals, and families with development, healthy living, and social responsibility. Services are provided through membership. Financial aid is available. Locations include Boise, Meridian and Caldwell. http://www.ymcatvidaho.org/

# YOUTH SERVICES

#### **Big Brothers/Big Sisters**

110 N 27<sup>th</sup> St. Boise, ID 83702 *Ph: 208-337-2552* Free services provided to youth. The youth are mentored to help influence healthy lives.

#### http://www.bbbsidaho.org/

#### **Boys and Girls Club**

316 Stampede Dr. Nampa, ID 83687 Ph: 208-461-7203 Boys and Girls club provides support and services to the youth to help them reach their full potential as a productive, caring and responsible citizens. http://bgcnampa.org/

#### Parenting with Love and Limits

450 W. State St. Caldwell, ID 83605 *Ph: 208-455-7016* Program through the Idaho Department of Health and Welfare that helps children from 10-17 years of age and their parent learn how to maintain a healthy relationship. https://www.gopll.com

#### YMCA-Treasure Valley

3720 S Indiana Ave. Caldwell, ID 83605 *Ph: 208-454-9622* Services that develop youth, promote healthy living, and inspire social responsibility. Youth activities are for kids ages 6- 15. http://www.ymcatvidaho.org/

# SHELTERS & SHOWERS

Men Only Lighthouse Shelter 304 16<sup>th</sup> Ave. N Nampa, ID 83687 Ph: 208-461-5030 No reservations. www,boiserm.org/facilities/light house/

#### **River of Life Shelter**

575 S 13<sup>th</sup> St. Boise, ID 83701 *Ph: 208-389-9840* No reservations. <u>https://boiserm.org/facilities/riv</u> <u>er-of-life/</u>

#### **Hopes Door**

Caldwell, ID 83605 *Ph: 208-459-6330* For women and children victims of domestic violence. 24-hour crisis line available: *208-459-4779* <u>https://aafvhope.org/resources/</u> <u>hopes-door-shelter/</u>

Valley Shelter 869 W. Corporate Ln.

Nampa, ID 83651 Ph: 208-475-0725 https://boiserm.org/facilities/val ley/

#### Family

Hay's House-out of control children 7221 Poplar St. Boise, ID 83704 Ph: 208-322-6687

#### Emergency

Advocates Against Family Violence-Hope's Door Caldwell, ID Ph: 208-459-4779 24/7 crisis hotline, domestic violence and sexual assault shelter, safe and sober housing, childcare center, teen outreach program, and rural outreach program.

#### www.aafvhope.org

Nampa Family Justice Center-Elder Abuse 1305 3rd St. S Nampa, ID 83651 *Ph: 208-475-5702* For victims 50 years and older who have experienced abuse, neglect, or exploitation at the hands of an intimate partner, spouse, family member, caregiver, or trusted other. http://www.nampafamilyjustice center.org/899/Elder-Abuse-What-is-it-How-Can-I-Help

#### **Navigators-with children**

823 Park Centre Way Nampa, ID 83651 *Ph: 1-800-926-2588* Must contact through 211 by requesting a call back from the navigators

# SUBSTANCE ABUSE DISORDER TREATMENT

#### 2<sup>nd</sup> Chances

1214 Logan Caldwell, ID 83605 *Ph: 208-455-8399* Offers adult male safe and sober housing. Accepts selfpay and insurance.

#### Acacia Wellness Center

217 W Georgia Ave. Nampa, ID 83686 *Ph: 208-498-1760* Crisis: 208-914-3053 Mon 9:00am-8:00pm (6-8pm for walk-ins) Tue 9:00am-6:00pm Closed Tues/Thur from 11:00am-1:00pm Wed 9:00am-7:00pm Thurs 9:00am-6:00pm Friday 9:00am-5pm Private pay/ Medicaid/private insurance/sliding scale. Mental health, CBRS, case management, med management, peer support, substance abuse groups, and individual therapy. www.acaciawellness.org

#### **Access Behavioral Health**

3307 Caldwell Blvd. Nampa, ID 83651 *Ph: 208-466-4637* Offers outpatient substance abuse treatment, case management, life skills, and alcohol/drug testing. Accepts state funding; Medicaid, Medicare, insurance and voc rehab Adults and adolescents. http://accessbhs.com/

#### All Seasons Mental Health

1007 W. Orchard Rd. Nampa, ID *Ph: 208-461-2838* Offers outpatient substance abuse treatment, case management, and alcohol/drug testing. Accepts state funding and Medicaid. Adults. asmh.org/

#### Ambitions of Idaho

1031 W. Sanetta St. Nampa, ID 83651 Ph: 208-466-7443 524 Cleveland Blvd Caldwell ID 83605 Ph: 208-454-2996 Offers outpatient substance abuse treatment, case management, and life skills. Accepts state funding, Medicaid, private pay, Medicare, and other insurance. Adults and adolescents.

#### Ascent Behavioral Health

366 SW 5th Ave. Ste. 100 Meridian, ID 83642 *Ph: 208-898-9755 Text: 208-352-6563* Hours: Mon-Fri 9:00am-6:00pm http://www.ascentbhs.org

#### <u>A Fresh Start Recovery</u> Services

1123 Blaine St. Caldwell, ID 83605 *Ph: 208-459-9222* Offers outpatient substance abuse treatment, case management, life skills, alcohol/drug testing, and transportation. Accepts state funding, Medicaid, private insurance and self-pay. Adults.

http://www.freshstartrecoverys ervices.com/

#### **Bell Counseling-Caldwell**

2719 S. Kimball Ave. Caldwell, ID 83605 *Ph: 208-459-6557* Offers outpatient substance abuse treatment, case management, life skills, alcohol/drug testing, transportation, and child care. Accepts state funding, Medicaid, and private pay. Adults and adolescents.

#### **Bell Counseling-White Sage**

1208 E. Linden Caldwell, ID 83605 *Ph: 208-454-1744* Offers adolescent residential treatment. Accepts state funding and private pay. Adolescent males only.

#### **Bell Counseling-Payette**

235 S. Main St. Payette, ID 83661 *Ph: 208-642-7364* Offers outpatient substance abuse treatment, case management, life skills, alcohol/drug testing, transportation, and child care. Accepts state funding, Medicaid, and private pay. Adults and adolescents.

#### **Center for Behavioral Health**

92 S. Cole Boise, ID Ph: 208-376-5021 2275 S Eagle #190 Meridian ID Ph: 208-288-0649 Mon-Fri 5:00am- 12:30pm Sat 6am – 8am Private Pay Methadone & Suboxone clinic for opiate use disorder, outpatient treatment for other addictions, domestic violence offender intervention program, anger management, anti-theft www.centerforbehaviorhealt h.com

### **Community Services**

Counseling 974 Corporate Ln. Ste. 102 Nampa, ID 83651 *Ph: 208-442-0024* Offers outpatient substance abuse treatment and case management. Accepts state funding. Adults. http://www.cscid.org/

#### <u>Cook & Tafoya Fisher</u> Behavioral Health

16 12<sup>th</sup> St. S. Ste. 103 Nampa, ID 83651 *Ph: 208-461-3720* Offers outpatient substance abuse treatment and life skills. Accepts state funding. Adults and adolescents.

#### Easter Seals-Goodwill

Behavioral Health 510 Arthur St. Caldwell, ID 83605 Ph: 208-454-8555 Offers outpatient substance abuse treatment, case management, and life skills. Accepts state funding, Medicaid, and self-pay. Adults and adolescents. http://www.easterseals.com/esg w/our-programs/medicalrehabilitation/adult-behavioralhealth.html?referrer=https://ww w.google.com/

#### Family Services Counseling Center

704 Albany St. Caldwell, ID 83605 *Ph: 208-454-5133* Offers outpatient substance abuse treatment, case management, alcohol/drug testing, transportation, and child care (with parent on site). Accepts state funding, Medicaid, and self-pay. Adults and adolescents.

#### AAFV Hopes Door

720 N. 16<sup>th</sup> Ave. Caldwell, ID 83605 Ph: 208-459-6279 Offers safe and sober housing. Accepts self-pay and state funding. Adult females and adolescents. https://aafvhope.org/resources/ counseling/

### Human Supports of Idaho, Inc.

314 Badiola St. Caldwell ID 83605 Ph: 208-454-8389 4477 W Emerald Suite C100 Boise ID 83706 Ph: 208-321-0160 CBRS, case management, individual counseling, family and child counseling, group therapy, peer support, med mgmt., SUD services (outpatient and intensive outpatient) and payee service. Most insurances accepted including Medicaid and Medicare; some sliding fee and probono services available.

www.humansupports.com

#### Life Counseling

112 12th Ave. Nampa, ID 83686 *Ph: 208-465-5433* Offers outpatient substance abuse treatment, case management, and life skills. Accepts state funding, private insurance, self-pay, Medicaid, and Medicare. Adults and adolescents. http://www.lccidaho.com/

#### Lifeways Recovery Center

702 Sunset Dr. Ontario, OR 97914 Ph: 541-889-2490 Offers adult residential substance abuse treatment Accepts state funding, Oregon health plan (OHP), Medicaid, Medicare, self-pay, and insurance. Adults. http://www.lifeways.org/locatio ns/lifeways-recovery-center/

#### Lighthouse Rescue Mission-

The New Life Program 304 16<sup>th</sup> Ave. N Nampa, ID 83687 *Ph: 208-461-5030* Offers faith based drug and alcohol discipleship recovery program for one to two years. Free to participate. https://boiserm.org/services/ad diction-recovery/

#### **Montgomery Counseling**

323 12<sup>th</sup> Ave. Nampa, ID 83686 *Ph: 208-463-0212* Offers outpatient substance abuse treatment Accepts state funding, EAP, insurance, Medicaid, and selfpay. Adults and adolescents. http://www.montgomerycounse lingcenter.com/

#### Mountain States Chemical Dependency and Counseling Services, Inc.

1305 2<sup>nd</sup> St. S Ste. 201 Nampa, ID 83686 *Ph: 208-463-0202* Offers outpatient substance abuse treatment, case management, alcohol/drug testing, and life skills. Accepts state funding, Medicaid, and self-pay. Adults.

#### Peak Recovery

2423 S. Georgia Ave. Caldwell, ID 83605 *Ph: 208-455-1788* Offers outpatient substance abuse treatment, case management, and alcohol/drug testing. Accepts state funding, Medicaid, private insurance, and self-pay. Adults and adolescents. http://www.peakrecoveryllc.co m/

### Professional Counseling and

Recovery Support 2 N Main St. Payette, ID 83661 *Ph: 208-230-2989* Offers outpatient early intervention. Accepts selfpay. Adults.

#### Port of Hope Center

508 E. Florida Nampa, ID 83686 *Ph: 208-463-0118* Offers detox and residential and outpatient substance abuse treatment. Case management, life skills, and alcohol/drug testing. Accepts state funding, selfpay, and Medicaid. Adults. www.portofhopecenters.org

#### **Recovery 4 Life**

709 Dearborn St. Caldwell, ID 83605 *Ph: 208-376-7083* Offers outpatient substance abuse treatment, case management, life skills, and alcohol/drug testing. Accepts state funding, Medicaid, insurance, EAP programs, credit cards, and self-pay on sliding scale.

#### Adults and adolescents. http://www.recovery4lifeidah o.com

#### **Rising Sun Sober Living**

516 S. 6<sup>th</sup> Ave. Caldwell, ID 83605 *Ph: 208-898-4668* Offers adult safe and sober housing. Accepts state funding, self-pay, and transitional funding. Adult males. <u>info@risingsunsoberliving.com</u> www.risingsunsoberliving.com

#### **Rising Sun Sober Living**

704 Belmont Ave Caldwell, ID 83605 Ph: 208-898-4668

#### **Rising Sun Sober Living**

1704 Dearborn St Caldwell, ID 83605 Ph: 208-898-4668

#### **Rising Sun Sober Living**

609 E. Denver St. Caldwell, ID 83605 *Ph: 208-898-4668* 

#### **Rising Sun Sober Living**

523 Everett St. Caldwell, ID 83605 Ph: 208-898-4668

#### **Rising Sun Sober Living**

1214 E Logan St Caldwell ID 83605 Ph: 208-898-4668

#### **Rising Sun Sober Living-**

Ash St 310 W. Ash St. Caldwell, ID 83605 *Ph: 208-898-4668*  Offers adult safe and sober housing. Accepts state funding, self-pay, and transitional funding. Adult females. www.risingsunsoberliving.com/

#### <u>SHIP</u>

510 Elmwood Dr. Nampa, ID 83687 *Ph: 208-297-8889* Offers adult safe and sober housing, life skills, and alcohol/drug testing. Accepts state funding and self-pay. Adults. http://shipinc.org/

#### Victory over Sin IMSI Hope Community Phase II 963 S Orchard Suite 101 Boise ID Tues – Wed @ 7pm Ph: 208-629-8861 www.imsihopecommunityph aseii.com

# RECOVERY MEETINGS

#### Parma Wed Night Group-The Lodge

Corner of 2<sup>nd</sup> and E. Grove Ave. (HWY 20/26/95) Alcoholics Anonymous class offered every Wed at 7:00pm

# SUPPORT GROUPS

#### Boise Moms Group

*Ph: 208-991-0534* Support group created for moms in Boise and surrounding areas. The group is to offer mother to mother support. Annual fee of \$10. <u>http://boisemomsgroup.my-</u> <u>free.website/</u>

#### Hopes Door Shelter

Caldwell, ID 83605 *Ph: 208-459-6279* Hopes door offers a variety of support groups for women including self-esteem, parenting and family (Spanish and English), personal finances, and golden voice (50+). Women only, except for men's safety planning support group. Services are free. <u>https://aafvhope.org/resources/</u> <u>adult-education/</u>

#### Idaho Youth M.O.V.E

1703 3<sup>rd</sup> St. Nampa, ID, 83687 *Ph: 208-433-8845* Idaho Youth M.O.V.E is a support group for adolescents who have mental health issues. <u>http://idahofederation.org/idah</u> oyouthmove/

#### **NAMI Connection**

4696 W. Overland Ste. 272 Boise, ID 83705 *Ph: 208-376-4304* http://www.namiboise.org/supp ort.html

### NAMI Family and Friends

Support Group (Boise)\* El-Ada Program Building 2250 S. Vista Ave. Boise, ID 83705 1<sup>St.</sup> 2<sup>nd</sup> & 3<sup>Rd.</sup> Wed of each month. The 4<sup>th</sup> Wed. will be an Education night. 7:00 pm-8:30 pm

#### http://www.namiboise.org/supp ort.html

#### NAMI Family and Friends Support Group (Nampa) First United Methodist Church 2717 12<sup>th</sup> Ave.

Nampa, ID 8368 Ph: 208-376-4304 Thur 6:30pm-8:00pm http://www.namiboise.org/supp ort.html

#### NAMI Connection Recovery Support Groups-Boise-Open to all with mental illness

VA Medical Center 500 West Fort St. Bldg. 114 *Ph: 208-376-4304* Tues 1:00 pm-2:30 pm http://www.namiboise.org/supp ort.html

### Omega Health Services

5985 W. State St. Boise, ID 83703 http://omegahealthservices.com

#### **DBSA Support Groups-**

Depression and Bipolar Support Alliance-takes all mental illnesses Ph: 208-949-6759 Contact: Diana Howard Email: dbsatreasurevalley@yahoo.com http://www.dbsalliance.org/

### Idaho Federation of Families

for Children's Mental Health 704 N. 7th St. Boise, ID 83702 *Ph: 208-433-8845* Email: cshotton@idahofederation.org http://idahofederation.org/

#### St. Luke's Living Through Cancer Support Group

St. Luke's MSTI 308 E Hawaii Ave. Nampa, ID 83686 *Ph: 208-463-6009* This ongoing support program welcomes people with cancer and their loved ones. Share your challenges and discuss topics that influence health and well-being. Every Thur.

#### Jefferson St. Counseling Co-Dependency Education and Support

1517 W. Jefferson St. Boise, ID 83702 *Ph: 208-473-2283* Support group for education and support through the recovery of codependency. Women are typically able to attend and men will be waitlisted. Support group meets weekly on Thur from 9:15am-10:45am and 5:00pm-6:30pm http://jeffersonstreetcounseling. com/services/codependency/

#### **The Compassionate Friends**

St. Luke's Hospital-West 520 S. Eagle Rd. Boise, ID 83642 *Ph: 208-409-4660* Support group offered to families after a child passes. The support group is held on the 2<sup>nd</sup> Thur of every month at 7:15pm. Group is free. http://www.tcfboise.org/index.h tml

### Alzheimer's Idaho, Inc. Support Groups

13601 W. McMillan Ste. 249 Boise, ID 83713 *Ph: 208-914-4719* http://www.alzid.org/support/

#### Overland Court Alzheimer's Support Group

Overland Court Senior Living 10172 Smoke Ranch Drive Boise, ID 83709 *Ph: 208-322-2900* Contact person: Jenny Email: <u>overlanddsm@isllc.com</u> <u>http://overlandcourtseniorliving.</u> <u>com/support-group/</u>

#### Emerson House-Families, Caregivers, & those Grieving

8250 W. Marigold Garden City, ID 83714 *Ph: 208-377-3177* 

#### Parents Anonymous-Support Group

Parent-led group where parents and caregivers can freely share their questions, concerns, problems, and solutions about parenting in a safe, nonjudgmental, supportive atmosphere. http://www.strongandsafe.org/o ur-programs-(2)/parentsanonymous

Meets at Caldwell Church of Christ, 4012 10<sup>th</sup> Ave. in Caldwell. Wed 5:00pm-7:00pm; Dinner and childcare are provided. http://www.caldwellcofc.org/out reach/

#### Suicide Prevention Action

Network of Idaho Meridian City Hall 33 E Broadway Ave. Meridian, ID 83642 *Ph: 208-888-4433* Meets 2<sup>nd</sup> Tues each month, 11:45am-1:00pm http://www.spanidaho.org/regio n-4-boise

#### St. Luke's Hospital-Meridian

Downstairs, Paiute room 520 S. Eagle Rd. Meridian, ID 83642 *Ph: 208-350-8856* Meets 3<sup>rd</sup> Wed each month, 6:0pm-7:30pm Contact: Rubie Gallegos http://www.spanidaho.org/meri dian-support-group

#### Kristi Hendry with NOMS-Not

<u>One More Suicide</u> 820 2nd St S Nampa, ID 83651 *Ph: 208-695-9926* Last Sun each month, 2:00pm-4:00pm

#### **Bereaved by Suicide Peer**

**Support Group** Elks Lodge 1116 1<sup>st</sup> St. S Nampa, ID 83651 *Ph: 208-272-8522* or 208-272-3512

### SENIOR SERVICES

#### Willow Park Senior Living

2600 N. Milwaukee St. Boise, ID 83704 *Ph: 208-373-1234* 

#### Legacy Hospice- Meridian Senior Center

1920 N. Records Way Meridian, ID 83642 *Ph: 208-888-5555* http://www.meridianseniorscent er.com/

#### Spring Creek Meridian-175 E. Calderwood Dr. Meridian, ID 83642

Ph: 208-884-6199 https://edgewoodseniorliving.co m/community/spring-creek-inmeridian-id

Church of the Brethren Canyon County Alzheimer's & Dementia Support Group 11030 West Orchard Ave. Nampa, ID 8365 Ph: 208-466-3321

#### Prestige Assisted Living-Autumn Wind 200 West Beech St. Caldwell, ID 83605 *Ph: 208-459-3335* https://www.prestigecare.com/l ocation/prestige-assisted-livingat-autumn-wind

# TAX RESOURCES, BUDGETING, & DEBT COUNSELING

Love, Inc. 16446 Franklin Rd. Nampa, ID 83687 *Ph: 208-466-7810 Ext. 5* http://www.loveinctv.org/wp/

#### **Debt Reduction Services**

6213 N. Cloverdale Ste. 100 Boise, ID 83713 *Ph: 877-688-3328* https://www.debtreductionservi ces.org/

AARP Tax Return Assistance-Begins February 1<sup>st</sup>. Toll free: 888-687-2277 AARP Foundation Tax-Aide is offered in conjunction with the IRS. http://www.aarp.org/money/tax es/aarp\_taxaide/

### IRS Tax Return-Caldwell

Public Library: Feb-March Caldwell Public Library 1010 Dearborn St. Caldwell, ID 83605 *Ph: 208-459-3242* IRS Tax Return-Nampa Public Library: Feb-March

215 12th Ave. S Nampa, ID 83651 Ph: 208-468-5800

Online Resources Idaho State Tax Commission https://tax.idaho.gov/i-1116.cfm

#### University of Idaho Law-Tax Clinic Ph: 208-364-4074 Contact: Barbara Lock block@uidaho.edu https://www.uidaho.edu/law/ac ademics/practicalskills/clinics/low-income-tax

# TRANSPORT

#### Medicaid transport-Veyo

8150 Emerald Ste.170 & 180 Boise, ID 8370 *Ph: 877-503-1261* Idaho Medicaid only; must apply first. <u>https://idahotransport.com/</u>

#### El-Ada Outreach

2250 S Vista Ave. Boise, ID 83705 Ph: 208-345-2820 Ada County. Income-based; must apply. http://eladacap.org/

#### Metro Community Services

304 N. Kimball Ave. Caldwell, ID 83605 Ph: 208-459-0063 Transportation for those aged 60+ and/or disabled in Canyon County to meet medical, nutritional, employment, education, social, and recreational needs. For those not requiring wheelchair accessibility, volunteer drivers are available for rides originating in Canyon County to medical appointments in the Treasure Valley. No charge, but donations accepted. http://www.metrocommunityse rvices.net/transportation

#### St. Alphonsus Express

1512 12th Ave. Nampa ID 83686 *Ph: 208-463-5743* Any apt with 24-hr notice. Wheelchair accessible. Mon-Fri 8:00am-2:00pm https://211idaho.communityos.org/ zf/profile/program/id/845313

Go Ride Idaho-Volunteer Drivers Program 700 NE 2nd St. Ste. 100 Meridian, ID 83642 *Ph: 208-846-8547* http://www.gorideidaho.org/vol unteer-programs.html

#### Veterans Affairs Van Boise VA Medical Center Boise ID

Boise, ID Ph: 208-422-1000 Ext. 7555 Wheelchair accessible. VA & families only. Mon-Fri 8:30am-4:30pm No appt. after 2:00pm Must provide 48-hr notice <u>https://www.boise.va.gov/visito</u> rs/

#### Stone Bridge Transport

5979 W Overland Rd. Boise, ID 83709 *Ph: 208-344-9228* Mon-Fri 8:00am-5:00pm Some weekends and after hours with 24-hr notice. First come first serve; do take appointments. http://stonebridgecare.com/

#### **Tropicare Transport**

7480 E Grey Lag Dr. Nampa, ID 83687 *Ph: 208-467-CARE (2273)* <u>http://tropicaretransportation.c</u> om/

#### Kool Ridez

1803 Ellis Ave. Caldwell, ID 83605 *Ph: 208- 454-9982* Taxi service.

#### **Treasure Valley Transit**

1136 W Finch Dr Nampa, ID 83651 *Ph: 208-463-9111* Wheelchair accessible.

#### Malheur Transit

842 SE 1st Ave. Ontario, OR 97914 *Ph: 541-881-0000* Regional bus service, Mon-Fri. Wheelchair accessible. Call for pricing. Will transport to other states. http://mcoacs.org/transportatio n/

#### **Boise City Taxi**

110 E 35th St. Boise, ID 83714 *Ph: 208-377-3333* AAA and senior citizen discounts. http://www.boisecitytaxi.com/

#### Freedom Shuttle

Ph: 208-866-3055 Wheelchair accessible. http://freedomshuttle.net/

#### Ada-Boi Critical Care Transfer

3985 S Summerset Way Boise, ID 83709 *Ph: 208-362-2973* Contact for availability. Serving all of Treasure Valley.

### VISION

Lion's Club PO Box 606 Nampa, ID 83651 Ph: 208-615-4662 http://eclubhouse.org/sites/nampa/

# EYE SURGERY & HEARING AIDS

Idaho/Eastern Oregon Lions Sight & Hearing Foundation, Inc. 1090 N Cole Rd. Boise, ID 83704 Ph: 208-338-5466 Toll free: 800-546-6889 https://www.idaholions.org



Genesis Service Dogs-Danielle Stem Meridian, ID Ph: 208-761-4884 http://www.genesisservicedogs. com/

### Juvenile Court Services-

Community Service Program 6300 Denton St. Boise, ID 83704 *Ph: 208-287-6998* Helps offenders repay their debt to the community and be accountable for their actions. Programs include TEAM, work and learn, transitional care, counseling, victim impact program, mediation, and employability. https://adacounty.id.gov/Juvenil e-Court

#### Meridian Police Department Prescription Disposal

1401 E. Watertower St. Meridian, ID 83642 *Ph: 208-888-6678* The Meridian Police Department will help dispose of unwanted prescriptions excluding syringes any time during business hours. Mon-Fri 8:00 am-5:00 pm http://www.meridiancity.org/pol ice.aspx?id=10920