

**Miami-Dade Unit**



*This workshop has been approved for and offers 2 contact hours. BAP-321, Exp. 03/21.*

**January 14, 2021 • 7:00 p.m. – 9:00 p.m.**

# **“Rediscovering Joy in Chaos!”**

*Presented by: Paty Hernandez, LCSW*

Let's discuss how joy can be found regardless of the chaos happening around you through the incorporation of various evidence based tools!

**This is a virtual workshop.  
You will receive the Zoom link prior to the workshop.**

**Registration is free!**

**To register, go to [www.naswfl.org/events.html](http://www.naswfl.org/events.html).**