

A lifelong Catholic and student of Catholic spirituality, David M. Cannane is a husband, father, grandfather, army officer, engineer, and teacher - but he is also an addict. After 17+ years of experience working with souls in the St. Vincent de Paul Society and the Legion of Mary, he observed the destruction caused by addictions of every variety to both individuals and families. Wanting to personally fight the problem as well as to share the same principles with others that had helped him to overcome his own addiction, he was shocked about the lack of existing programs that tapped into the rich principles of Catholic Spirituality to overcome what the author sees as essentially a spiritual problem. Taking the conventional 12-Steps format, he returned those 12-Steps back to their Catholic roots. Publishing his initial thoughts on-line, he formed a pilot men's support group entitled, "La Misma Nada", to further perfect these Catholic 12-Steps.

Mr. Cannane is the President and founder of the Blessed Margaret Family Help Center, Inc, a 501c3 tax-exempt non-profit corporation he started in Cincinnati in 2003 to help families, both in and out of crisis, using traditional Catholic principles. Besides The Hook and I, the Center has provided in-home tutoring assistance to home schooling families, assisted an area crisis pregnancy center with peer counseling, and supported families desiring to reverse sterilization operations.

He has been married to Benita for more than 31 years, has 3 adult children, and (at last count) 6 grandchildren. They live in Amelia, Ohio, just outside of Cincinnati, Ohio.

Nathan Jent is a budding graphic designer. His delightful cartoon illustrations sprinkled throughout The Hook and I are his first published works. He lives in Wilmington, Ohio with his wife and soon to be joined by their first (of many, God willing) children.