

## Monday

**Goshen – 12:30 PM (O, JT, BK)**  
**Monday Meditation**  
1st Presbyterian Church, 33 Park Pl.

**Liberty – 5:30 PM (O, RF)**  
**Get Clean Stay Clean**  
United Methodist Church, 170 North Main St.

**Newburgh – 6:00 PM (O, B)**  
**Keys to Success**  
The Center for Recovery, 3 Commercial Pl. *(Enter through the side door)*

**Middletown – 7:00 PM (O, RF)**  
**A Woman's Time for Change**  
RECAP, 40 Smith St. *(Women's topic [open to all])*

**Middletown – 7:00 PM (O, D, M)**  
**MAN UP**  
Avent House, 208 North St. *(Ground floor, back of building, between Prospect St. & Linden Pl.)*

**Woodridge – 7:00 PM (O, RF)**  
**Keeping it Green on Green**  
Woodridge United Methodist Church, 56 Broadway

**Beacon – 7:30 PM (O, B, S, D, To)**  
**Pay it Forward**  
Beacon Reformed Church, 1113 Wolcott Ave *(Rt. 9D)*

**New Windsor – 7:30 PM (C, M, St, To)**  
**Men on Point**  
St. Thomas Episcopal Church, Parish Hall, 47 Old 9W *(Union Pl. & River Rd., Men's topic [open to all], 1st wk. Step)*

**Washingtonville – 7:30 PM (C, B, St)**  
**Back from the Grave**  
Grace Community Baptist Church, 2839 Route 94 *(Rear entrance [ @Route 208])*

## Tuesday

**Goshen – 12:30 PM (O, To)**  
**Twice on Tuesday**  
1st Presbyterian Church, 33 Park Pl.

**Monticello – 1:30 PM (O, RF)**  
**Midday Break**  
Ambulance Corp. Bldg., 10 Jefferson St. *(Basement)*

**Newburgh – 6:00 PM (O,RF)**  
**Some Are Sicker Than Others**  
Grace Methodist Church, 265 Van Ness St.

**Goshen – 7:00 PM (O, B, RF, Step 1 2 3)**  
**Reach Out**  
First Presbyterian Church, 33 Park Pl.

**Middletown – 7:00 PM (O, RF)**  
**Relationships**  
Temple Sinai, 75 Highland Ave. *(Room 4)*

**Newburgh – 7:00 PM (O, W, D)**  
**Breath of New Lives**  
Breath of New Life Ministries, 292 Ann St.

**Rock Hill – 7:00 PM (O, RF)**  
**Dopeless Hope Fiends**  
Rock Hill Ambulance Bldg., 96 Lake Louise Marie Rd.

## Tuesday (cont'd)

**Beacon – 7:30 PM (O, RF)**  
**Turn it Over**  
St. Andrew's Church, 17 South Ave. *(Rt. 9D, basement)*

**Port Jervis – 7:30 PM (O, S, D, To)**  
**Just for Today**  
Drew Methodist Church, 49 Sussex St.

## Wednesday

**Goshen – 12:30 PM (O, BK)**  
**Relapse and Recovery**  
1st Presbyterian Church, 33 Park Pl.

**Monticello – 4:30 PM (O, RF)**  
**All Are Welcome**  
ATI Bldg., 309 East Broadway

**Chester – 6:30 PM (C, RF)**  
**Walking the Walk**  
First Presbyterian Church, 96 Main St. *(Parking in rear)*

**Highland Falls – 6:30 PM (O, B, JT)**  
**Keep it Simple**  
Church of the Holy Innocents, 401 Main St.

**Newburgh – 7:00 PM (1hr) (C, BT, IP, JT, RF, S, D, To, BK)**  
**Change or Die II**  
Grace Methodist Church, 265 Van Ness St.

**Warwick – 7:00 PM (O, D, RF)**  
**Never Alone**  
Warwick Valley Community Center, 11 Hamilton Avenue *(Meets in the lounge)*

**Port Jervis – 7:00 PM(1hr) (C, RF)**  
**Staying Clean on Wednesday**  
Annex Bldg., 6 North Broome St *(Around corner from 1st Presbyterian)*

**Middletown – 7:30 PM (O, S, D, To)**  
**Steps in the Right Direction**  
RECAP, 40 Smith St.

## Thursday

**Goshen – 12:30 PM (O, St)**  
**It's in the Steps**  
1st Presbyterian Church, 33 Park Pl.

**Monticello – 6:00 PM (O, RF)**  
**Back on Track**  
Ambulance Corp. Bldg., 10 Jefferson St. *(Meets upstairs)*

**Middletown – 7:00 PM (O, RF)**  
**Back to Basics**  
RECAP, 40 Smith St.

**Newburgh – 7:00 PM (O, S, D, WC)**  
**Recovery by the River**  
Ebenezer Baptist Church, 76 1st St. *(Meets in dining room)*

**Beacon – 7:30 PM (C, BK)**  
**By the Book**  
Beacon Reformed Church, 1113 Wolcott Avenue *(Rt. 9D, Book study using the Living Clean)*

**Chester – 7:30 PM (C, To)**  
**Hope on Thursday**  
First Presbyterian Church  
96 Main St. *(Parking in rear)*

## Thursday (cont'd)

**Port Jervis – 8:00 PM (1hr) (O, D)**  
**Stay N Alive**  
First Presbyterian Church, 60 Sussex St. *(Corner of Broome & Sussex)*

## Friday

**Goshen – 12:30 PM (O, S, D)**  
**T. G. I. F.**  
1st Presbyterian Church, 33 Park Pl.

**Middletown – 7:00 PM (O, RF)**  
**A New Way of Life**  
RECAP, 40 Smith St.

**Newburgh – 7:00 PM (O, D)**  
**Bridge Back to Life**  
Breath of New Life Ministries, 292 Ann St.

**Port Jervis – 7:00 PM (O, B)**  
**Just for Today**  
First Presbyterian Church, 60 Sussex St. *(Corner of Broome & Sussex)*

**Kauneonga Lake – 7:00 PM (O)**  
**Recovery on the Hill**  
Community United Methodist Church, 58 Horseshoe Lake Rd.

**Beacon – 7:30 PM (O, IW, St, Tr, BK)**  
**Change or Die**  
St. Andrew's Church, 17 South Ave. *(Rt. 9D, basement)*

**Highland Mills – 7:30 PM (O, S, D, RF)**  
**Innervisions**  
Woodbury Senior Citizens Center Library, 16 County Rt. 105 *(@Rt. 32)*

**Goshen – 10:00 PM (C, D)**  
**Friday Night Lights**  
Goshen Methodist Church, 115 Main St.

## Saturday

**Chester – 9:00 AM (O, BT)**  
**The Proof is in the Pudding**  
St. Paul's Episcopal Church, 101 Main St.

**Newburgh – 10:00 AM (O, BK, JT)**  
**Saturday Morning Awakenings**  
Grace Episcopal Church, 265 Van Ness St.

**Middletown – 12:00 PM (O, JT, BK)**  
**Reflections**  
Grace Community Church, 443 East Main St.

**Middletown – 7:00 PM (O, CNDL, CS, IW, Ti, BK)**  
**It Works: How & Why**  
RECAP, 40 Smith St.

**Monticello -7:00 PM (O, RF)**  
**Alive & Free on Saturday Night**  
First Church of Monticello, 11 Jones St. *(Ring buzzer to enter)*

**Beacon -7:30 PM (O, St, BT)**  
**Saturday Night Beginners**  
St Andrew's Church, 17 South Ave. *(Rt. 9D, basement)*

**Washingtonville – 7:30 PM (O, St, Tr, CNDL)**  
**Steps to Life**  
St Ann's Church, 175 E Main St. *(Rt. 94, 3rd wk. Tradition, 4th wk. is a Closed meeting [for addicts only] with topic Illness in Recovery)*

## Saturday (cont'd)

**Goshen – 10:00 PM (1 hour) (O, RF, S, D)**  
**Saturday Night Fever**  
 Goshen United Methodist Church, 115 Main St.

## Sunday

**Middletown – 12:00PM (O, RF)**  
**Kicking It Live (Gut Level)**  
 RECAP, 40 Smith St.

**Newburgh – 1:00 PM (C, St)**  
**Steps On Sunday**  
 Restorative Management, 172 Liberty St. (Don't park in church parking lot)

**Rock Hill – 5:00 PM (O, RF)**  
**Dopeless Hope Fiends**  
 Rock Hill Ambulance Bldg., 96 Lake Louise Marie Rd.

**Beacon – 5:30 PM (C, JFT)**  
**Up Front**  
 St. Andrew's Church, 17 South Ave. (Rt. 9D, basement)

**Middletown – 5:30 PM (C, RF)**  
**The Joy is in the Journey**  
 First Congregational Church, 35 East Main St. (Rotating Format, 3rd Sunday Living Clean Book)

**Goshen – 6:30 PM (C, St, Tr)**  
**SURGERY OF THE SPIRIT**  
 Goshen Christian Reformed Church, 43 State Rt. 17A (Steps 4, 5, 6, 7, 5th wk. Tradition)

**Montgomery – 6:30 PM (O, St, Tr)**  
**3-7-11 in Montgomery**  
 Brick Reformed Church, 1582 Rt. 17K (Steps 3, 7, 11, 1st wk. Tradition)

**Monroe – 7:00 PM (C, RF)**  
**Clean & Crazy**  
 First Presbyterian Church, 142 Stage Rd.

## Committee Meetings

*These are NOT regular meetings. They are Service Committee Meetings. Anyone interested in Service is welcome to attend.*

### ASC: Area Service Committee

1st Thursday of every month @ 7:30PM  
 First Presbyterian Church, 33 Park Pl., Goshen, NY 10924

### H&I: Hospitals & Institutions Committee

1st Wednesday of every month @ 7:30PM  
 Temple Sinai, 75 Highland Ave., Middletown, NY 10940

### E&A: Events & Activities Committee

2nd & 4th Thursday of every month @ 6:00PM  
 First Presbyterian Church, 33 Park Pl. Goshen, NY 10924

### Helpline Committee

1st Thursday of every month @ 6:30PM  
 First Presbyterian Church, 33 Park Pl., Goshen, NY 10924

### Policy & Procedures Committee

3rd Thursday of every month @ 6:30PM  
 First Presbyterian Church, 96 Main St., Chester, NY 10918

### Speaker Exchange Committee

1st Thursday of every month @ 7:00PM  
 First Presbyterian Church, 33 Park Pl., Goshen, NY 10924

### Outreach/Homebound Committee

Last Sunday of every month 2:30PM  
 Recap, 40 Smith St., Middletown, NY 10940

### PR: Public Relations Committee

2nd Wednesday of every month @ 7:00PM  
 First Presbyterian Church, 142 Stage Rd., Monroe, NY 10950

### Convention Committee

1st Saturday of every month 2:00PM  
 First Presbyterian Church, 33 Park Pl., Goshen, NY 10924 (Downstairs)

## Meeting List Format Key

<b>O</b> Open to addicts and non-addicts alike.	<b>M</b> Men (open to all)
<b>C</b> Closed to non-addicts.	<b>NC</b> No children
<b>B</b> Beginner	<b>RF</b> Rotating format
<b>BK</b> Book – uses NA Fellowship Approved books	<b>Rr</b> Round robin – fixed sharing order (usually a circle)
<b>BT</b> Basic Text	<b>S</b> Speaker
<b>CNDL</b> Candlelight	<b>SG</b> Step Working Guide
<b>CS</b> Children supervised and well-behaved, are welcome	<b>St</b> Step
<b>D</b> Discussion	<b>Ti</b> Timer – sharing time limited by a timer
<b>LGBT</b> Lesbian, gay, bi-sexual and transgender (open to all)	<b>To</b> Topic
<b>IP</b> Informational Pamphlet	<b>Tr</b> Tradition
<b>IW</b> It Works: How and Why	<b>W</b> Women (open to all)
<b>JT</b> Just for Today	<b>WC</b> Wheelchair accessible
	<b>Y</b> Youth (open to all)



## Narcotics Anonymous Meetings

Open Arms Area

Revised September 30, 2018

### Helplines:

**Hudson Valley: (800) 498-5224**

**Regional: (212) 929-NANA (6262)**

**Web Site: [openarmsarea.net](http://openarmsarea.net)**

### Mailing address:

**Open Arms Area**

**PO Box 787**

**Washingtonville, NY 10992**

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Phone #

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