If you have a loved one with Dementia
Healing Moments and Sinsinawa Mound want to help by offering informative, inspiring and hope-filled caregiver education.

You are invited to attend.

# Meeting the Mystery of Alzheimer's: The Art and Science of Creative Caregiving

### Registration Information: **DATE**:

May 1 & 2, 2019 9AM - 3:30 PM both days

This workshop is free thanks to Sinsinawa Mound and their generous donors. Program materials and lunch are included. Overnight accommodations may be available for an extra cost.

Class size is limited, so please register early.

Contact Janice DeMuth - (608) 748-4411 www.sinsinawa.org/moundcenter

### LOCATION:

Sinsinawa Mound Retreat Center

MC 585 County Road Z Sinsinawa, WI 53824

Presented By:

Healing Moments for Alzheimer's

## **Workshop Description:**

It can be difficult to understand, communicate and connect with people who have Alzheimer's or dementia. They may say or do things that don't make sense, or they may become upset or angry. Finding creative ways to react and respond can make a big difference in the quality of their lives and enhance on-going relationships.

Providing state-of-the-art information grounded in Alzheimer's science, and teaching unique techniques drawn from spiritual practices and creative drama, this workshops helps participants to:

- Expand their understanding of dementia
- Be present in the moment
- Accept what is
- Meet persons with dementia in their reality
- Let go of the need to control
- Find meaning and healing as a caregiver

Workshop Leader: Rev. Dr. Jade Angelica

Jade leads workshops, services, and trainings for *Healing Moments* throughout the country, and offers individual and group spiritual direction. Her most important and fruitful ministry, to date, has been caring for her mother who died from Alzheimer's in 2011. Jade is the author of Meeting Alzheimer's: Companionship on the Journey, available in audio format, and the book, Where Two Worlds Touch: A Spiritual journey Through Alzheimer's Disease

healingmoments.org

jadeangelica.com