

Evaluation Form for Postural Assessment

Standing Assessment:

Right Left

ASIS in RCS

ASIS in STN

PSIS in RCS

PSIS in STN

Iliac Crest height

Pubic Sym. Position

Forward Bending Test

Step Test

Knee Orientation
(valgus, varus, hyperextension)

Foot Orientation
(pronation/supination)

Sitting Assessment:

ASIS sitting

PSIS sitting

Ischial Tuberosities

Supine Assessment: **Right** **Left**

ASIS

PSIS

LL Supine

LL Long sitting

Hook Lying Tibial height

Hook Lying Femur length

Femoral Torsion

Tibial Torsion

Actual Leg Length Discrepancy?

Spring Test

Ilium Compression

Ilium Distraction

Prone Assessment: **Right** **Left**

ASIS

PSIS

Hip rotation

Scapular Position

Observation of Movement:

Impression:

