

December 2013

# Garden Island Sobriety

'Step Twelve'

**“Having had a spiritual awakening, as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.”**



**He said:** From everything I hear, each of our personal spiritual awakenings is somewhat unique. But in the end the results are the same. We find peace and serenity and are relieved of the obsession to drink.

**My experience is** that rather than finding God again, because for me I was never without God in my life, it was more of a growing recognition as to how God works in my life. No longer is it a God who is “out there”, detached. The God of my understanding today is a God that I am in partnership with, in a working relationship with. I have to say again “a working relationship”. God is always there ready to work miracles in my life, but I have to do my part and constantly work towards a stronger conscious contact with God.

**My spiritual awakening** came as a result of reading the Big Book, working AA’s program of self-awareness/improvement, interacting at meetings and following advice from others including being led to readings from outside sources on spiritual healing. This may sound like a lot but every single day I am involved with one of these aspects ... “Doing the Work!”

**Now that I am in this frame of mind** why wouldn’t I want to share it with everyone, or “carry the message”. First of all it is a delicate task. It is not for me to decide who wants to hear this message.

**One of the greatest lessons** I have learned in the program of AA is the great law of attraction. What better way to express what I have learned and how I have grown than to live in a way reflecting and projecting this way of life. The best way to do this is to be available, attend meetings, offer my phone number and do other service work. So many times I

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**She said:** Step 12 has three parts: 1) What am I promised as a result of working the steps – a spiritual awakening, 2) Tells me what my purpose is – to carry the message, and 3) What I need to do every moment of everyday – practice these principles in all my affairs.

**Part 1: “Having had a spiritual awakening as the result of these Steps.”** This is a direct promise. What do I get if I work the Steps? A spiritual awakening! My belief system has changed my thought processes. I now have a greater understanding of knowing the difference between heart and mind. Prayer and meditation bring faith in and chase fear out. Change the mind and the life changes.

**Part 2: “We tried to carry this message to alcoholics.”** This means to me, *Living the Message*. It means staying sober and living a life of dignity, honor, and courage. ‘Carry the message NOT the alcoholic.’ I am not responsible for anyone else’s alcoholism! I am responsible for myself, to my Higher Power, and for having a sponsor to speak with about issues that arise.

**Part 3: “And to practice these principles in all our affairs.”** This means to me to work through every issue with prayer and meditation, taking responsibility for my actions, and asking for help. It means doing my best to the best of my ability in all my affairs – rigorous honesty – moment-to-moment.

**The holiday season is upon us** and I find myself reminiscing over this past year’s submissions. In sharing my experience, strength, and hope with each person who read the articles, my only hope is that I have portrayed, in my best ability, my story of what it was like, what happened, and what it is like now. I tried to carry the message of my alcoholism, what

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Activities P.3 Archives P.4

**AA Hotline 245-6677**

**He Said:** (cont.) have witnessed at a meeting someone share a challenge they are going through then after the meeting another member, who has been through the same turmoil, approach them and share their own experience strength and hope. This to me is a wonderful example of carrying the message.

**This is my final installment** in this publication. Thank you for the opportunity to be of service here. While carrying the message it has been an incredible learning experience for me. Writing about each of the 12 Steps gave me greater insight into how each of them continue to work in my life and shape who I am. Mahalo! Have a prosperous New Year!

~ Jay A., Kauai

**She Said:** (cont.! alcoholism means to me, and how each Step helps to keep me sober one-day-at-a-time. In sharing with you Step 12, No matter what – don't drink, go to meetings, prayer and meditation, and help another alcoholic. To thine own self be true!

**Thank you for allowing me** to be of service and keeping me clean and sober another year. May this New Year bring peace, love, and joy always.

~ Anonymous, Kauai

## Writers Wanted For 2014 "HE SAID-SHE SAID"

Contact: [District6newsletter@hotmail.com](mailto:District6newsletter@hotmail.com)

# Birthday Celebrations

## South Shore

- Koloa Monday Women's 'Na wahine ku pono'  
5:00 p.m., Koloa Library, Last Monday of the month. CAKE & POTLUCK.
- Aloha Group - 7:30 p.m. Speaker Meeting, Koloa Union Church, last Tuesday of the month - CAKE FOR BIRTHDAYS!

## East Side

- Hui Ohana - 7:00-8:00 am Last Saturday of the month. CAKE FOR BIRTHDAYS!
- Steps to Freedom - 6:30 pm Last Monday of the month. CAKE & POTLUCK (7:30 pm meeting).

## North Shore

- North Shore Aloha Group - 7:30 pm Last Monday of the month - CAKE FOR BIRTHDAYS!
- Princeville-Hanalei Group - 7:30 pm Last Thursday of the Month - CAKE FOR BIRTHDAYS!

# Happy Birthday

|             |       |      |         |
|-------------|-------|------|---------|
| Mike C.     | 11/6  | 1975 | 38 yrs  |
| Carol O.    | 11/19 | 1981 | 32 yrs  |
| Anderson    | 11/21 | 1987 | 26 yrs  |
| Mathea A.   | 11/17 | 1988 | 25 yrs  |
| Niamala     | 11/24 | 1995 | 18 yrs  |
| Tom F.      | 11/15 | 1996 | 17 yrs  |
| Lani A.     | 11/21 | 2005 | 8 yrs   |
| Barry       | 11/8  | 2006 | 7 yrs   |
| Bob         | 11/13 | 2006 | 7 yrs   |
| Michelle L. | 11/13 | 2008 | 5 yrs   |
| Chris S.    | 11/3  | 2007 | 6 yrs   |
| Jeanie      | 11/26 | 2007 | 6 yrs   |
| Scott C.    | 11/3  | 2007 | 6 yrs   |
| Mark G.     | 11/4  | 2007 | 6 yrs   |
| Sonia       | 11/5  | 2011 | 2 yrs   |
| Jackie C.   | 11/9  | 2012 | 1 year! |

**Congratulations Everyone!!**

## About Publishing Birthdays~

We Publish All Sobriety Birthdays  
On The Month After Their Occurrence.

Please Contact the GIS Newsletter  
At: [District6newsletter@hotmail.com](mailto:District6newsletter@hotmail.com)

Expect A Miracle

# Christmas

## AA on Kauai



### At The Kapaa Neighborhood Center

#### December 24<sup>th</sup>

5:00pm to 11:00pm

- ☀ Pupus Will Be Provided
- ☀ 5:00 - 6:00 AA MEETING
- ☀ 6:00 - 9:00 Fellowship.
- ☀ 9:00 - 10:00 AA MEETING
- ☀ 10:00 - 11:00 Clean Up /Set Up

#### December 25<sup>th</sup>

8:30am to 11:00pm

- ☀ 8:30 - 10:00 Continental Breakfast and Setting up for Lunch
- ☀ 10:00 - 11:00 AA MEETING
- ☀ 12:00 - 1:00 Lunch - Ham/Potluck
- ☀ 1:30 - 3:30 Holiday Activity
- ☀ 3:30 - 4:30 AA MEETING
- ☀ 4:30 - 6:00 Fellowship/Entertainment
- ☀ 6:30 - 8:00 Dinner - Pot-Roast/Potluck
- ☀ 8:00 - 9:00 AA MEETING
- ☀ 9:00 - 10:00 Activity
- ☀ 10:00 - 11:00 Clean Up

Call the AA Hotline to offer your Service

~ 245 - 6677 ~

# New A.A. Meeting



### Smokey Valley Neighborhood Center

4700 Ala Wai Rd, Waimea

**A New Meeting in Waimea!!** We have chosen a name by group conscience, ALA I KE OLA HOU, (Path To Recovery or literally translated, Path To The Life New). This is an open meeting and the format is "LIVING SOBER." Please carry the message and join us on the Road to Happy Destiny.

**Fridays - 5:30 pm** (starting December 6, 2013). Birthdays to be celebrated last Friday of the month.

**Directions:** The Smokey Valley Neighborhood Center (aka Smokey Valley Clubhouse) is on Ala Wai Rd, Waimea (from east of Waimea take the first right immediately after you cross the Waimea river bridge. It is the last building on the right (next to the basketball court).



## New Year's Eve Last Supper

**December 31<sup>st</sup> at 6:00 pm**  
**Koloa Salvation Army Hall, 5348 Koloa Rd.**

The monthly Last Supper at the Salvation Army Hall will be in celebration of New Year's Eve. Join us for Prime Rib & Ham, Music & Karaoke! The Speaker meeting is at 7:00. ~Presented by the Koloa Nooners ~



## The Month of November in Our History:

**Nov. 1952, A Grapevine Article:** “Two years ago on Nov. 16th, 1950, Dr. Bob died at his home in Akron, Ohio. It was Thursday, close to noontime, one week before what would have been his 71<sup>st</sup> Thanksgiving Day. It was 15 years and 5 months after his own last drink, and it was 15 years and 5 months in which he had personally ministered as friend, teacher and physician to 5000 alcoholics. To each of them he was simply “Dr. Bob” and to history he will be “Co-Founder of Alcoholics Anonymous.” To Bill W. he is “The Prince of Twelfth Steppers” and “The Rock upon which AA is founded.” Dr. Bob met his death serenely for he had to the fullest given himself to life. He left the rich gifts of Simplicity, Love and Service. We who followed him in “The Way Out” give him thanks anew for the message he so tirelessly carried. We think this man who learned true humility would most like the memorial that is still to come ... Those thousands now sick and despairing who will yet find our way out of dilemma into recovery, strengthened by the invisible hand of Dr. Bob.

**Nov. 1934: Ebby T., who will become Bill W.’s** one and only sponsor, visits Bill at his home and talks to him about sobriety (Big Book p. 9, 10, 11, 12).

**Nov. 1938: According to Jimmy B., whose** story is in the Big Book, Bill W. and Hank P. decided on the name “Alcoholics Anonymous” for our almost finished book after many names were suggested. Jimmy said, “Nobody is sure exactly where that name came from but in my opinion it was Joe Worden, a new member, who at one time was considered a promotion genius and is given credit for starting “The New Yorker Magazine”.

**Nov. 1957: Al-Anon bursts into public awareness** when its story is featured on T.V. in “The Loretta Young Show”.

**Nov. 1959: The first translation of the Big Book** into another language (African) is done by Andries K.

**Nov. 1964: Lyndon B. Johnson** was the first U.S. president since Lincoln to recognize alcoholism as a health issue. One of his first actions in office was to appoint an advisory committee to John W. Gardner, Secretary of Health, Education & Welfare, on priorities concerning alcoholism. This action by

President Johnson didn’t come out of nowhere, his father died of alcoholism.

**Nov. 1968: The First International Conference** of “Young People in AA” held at Niagara Falls, New York.

By ‘Big Book Dave’, Elected Archivist, Interior Alaska

~ Submitted by Mathea A.



## Traditions Checklist

### Tradition XI:

**Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.**

- Why is it a good idea for me to place the common welfare of all AA members before individual welfare? What would happen to *me* if AA as a whole disappeared?
- When I do trust AA’s current servants, who do I wish had the authority to straighten them out?
- In my opinions of and remarks about other AAs, am I implying membership requirements other than a desire to stay sober?
- Do I ever try to get a certain AA group to conform to *my* standards, not its own?
- Have I a personal responsibility in helping an AA group fulfill its primary purpose? What is *my* part?
- Does my personal behavior reflect the Sixth Tradition – or belie it?
- Do I do all I can to support AA financially? When is the last time I anonymously gave away a Grapevine subscription?
- Do I complain about certain AAs behavior – especially if they are paid to work for AA? Who made *me* so smart?
- Do I fulfill all AA responsibilities in such a way as to please privately even my own conscience? Really?
- Do my utterances always reflect the Tenth Tradition, or do I give AA critics real ammunition?
- Should I keep my AA membership a secret, or reveal it in private conversation when that may help another alcoholic (and therefore me)? Is my brand of AA so attractive that other drunks want it?
- What is the real importance of *me* among more than a million AAs?

The Next Intergroup Meeting:  
December 7<sup>th</sup>, 9:30 am, at  
The Lihue Neighborhood Center

- **Kauai A.A. Meeting Schedule**
- **Kauai A.A. Events Calendar**
- **Link to Hawaiian Island AA websites**

[website.intergroup@gmail.com](mailto:website.intergroup@gmail.com)

## Intergroup Treasurers Report

### October 2013

#### Income:

|                         |          |
|-------------------------|----------|
| West Side Groups Books  | \$ 43.00 |
| Jerry V. Books          | \$ 76.50 |
| North Shore Aloha Books | \$ 93.00 |
| Third Tradition Books   | \$ 25.00 |
| Hui Lohahi              | \$200.00 |
| Happy Hour Books        | \$ 24.00 |
| Keep It Simple Books    | \$ 25.00 |
| Whisky and Milk         | \$120.00 |
| North Shore Aloha       | \$210.00 |
| Happy Hour              | \$164.50 |

#### Expenses:

|                       |          |
|-----------------------|----------|
| Tom R. Schedules      | \$235.42 |
| Mary L. Halloween     | \$340.00 |
| Hi Telcom             | \$ 25.50 |
| Guardian Self-Storage | \$114.58 |
| Inkspot (GIS)         | \$150.00 |

|                             |           |
|-----------------------------|-----------|
| <b>Balance</b>              | \$4457.25 |
| <b>Less Prudent Reserve</b> | \$ 500.00 |
| <b>Total Available</b>      | \$3957.25 |

~ Prepared by Mike C. ~

### SEND YOUR CONTRIBUTIONS TO:

Kaua'i Intergroup  
P.O. Box 3606  
Lihue, HI 96766



## Need Literature?

### ➔ Get It At The Intergroup Meeting!

\*Books\*Pamphlets\*GIS Newsletter\*Meeting Schedules

### ➔ Or We Can Deliver It To You!

Call the AA Hotline With Your Request at: **245-6677**

## Intergroup Officers:

|                  |   |
|------------------|---|
| Chair:           | Bob B. <a href="mailto:chair.intergroup@gmail.com">chair.intergroup@gmail.com</a> |
| Alt. Chair:      | Susan ON.   |
| Treasurer:       | Mike C.   |
| Alt. Treas.:     | Mo L.   |
| Secretary:       | No Huhu   |
| Literature:      | Linda   |
| Hotline:         | Danette M. <a href="mailto:hotline.kauai@gmail.com">hotline.kauai@gmail.com</a>   |
| Events Chair:    | Patti Lyne B.   |
| Events Co-Chair: | David V.  |

## Request a newsletter by e-mail

Contact: [District6newsletter@hotmail.com](mailto:District6newsletter@hotmail.com)

Editor: Linda B.

# District 6, Kauai:

The Next District Meeting:  
December 21<sup>st</sup>, 9:30 am, at  
The Lihue Neighborhood Center



## 'The Gratitude Luncheon'

On November 9, about 40 members of our fellowship gathered at the Sun Village Community Room to recognize those who had come before us, thus enabling us to seek a way of life without alcohol.

The gathering was treated to a presentation by Dr. Geri Y., an Al-Anon who has had experience with our fellowship in both her personal and professional capacities. Groups also introduced their guests who had made specific contributions to them.

Overall it was an enjoyable and productive afternoon and we are already looking forward to next year as we seek out more avenues for carrying our message throughout the island.

And for that we need greater participation! So here's an INVITATION TO ALL WHO ARE INTERESTED:

**We meet every third Saturday, 3:00 pm,  
on the Happy Hour tables at Nawiliwili  
Beach Park. Next Meeting Dec. 21<sup>st</sup>**

**Please Join Us!**

## District 6 Treasurer's Report

October, 2013

### GROUP CONTRIBUTIONS

|                        |               |
|------------------------|---------------|
| Lokahi Men's Stag      | 40.00         |
| Step Sisters           | 40.42         |
| Sunrise Sobriety       | 243.30        |
| <b>Income October:</b> | <b>323.72</b> |

### EXPENSES

|                              |              |
|------------------------------|--------------|
| Alt DCM Reg. Budget Assembly | 20.00        |
| Intergroup Pamphlets         | 26.50        |
| <b>Expenses October:</b>     | <b>45.50</b> |

|                        |                |
|------------------------|----------------|
| <b>BALANCE</b>         | <b>3508.55</b> |
| <b>PRUDENT RESERVE</b> | <b>500.00</b>  |

~ Prepared by Jay Y.

### SEND YOUR CONTRIBUTIONS TO:

Kaua'i District Committee  
P.O. Box 1503  
Kapa'a, HI 96746



## District 6 Committee:

|            |   |
|------------|---|
| DCM:       | Ron A. <a href="mailto:DCM6@area17aa.org">DCM6@area17aa.org</a> |
| Alt. DCM:  | Alejandro H.  |
| Secretary: | George K.   |
| Treasurer: | Jay Y.  |

## Send Area Contributions

### ADDRESS IT EXACTLY LIKE THIS:

Hawaii Area Committee  
1253 S. Beretania St., #2107  
Honolulu, HI 96814-1822



## Find A.A. in Hawaii



at: [www.area17aa.org](http://www.area17aa.org)