

Issue No. 341

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# ARE YOU A COMPLAINER?

egative colleagues can be a real drag in the office. Not only can they hurt productivity and morale, their attitudes are contagious.

But what if that bad attitude is coming from you?

"When you come into work with a negative attitude it is going to affect others around you," said Brandon Smith, a career coach who focuses on workplace dysfunction. "There is a high probability they will pick up that same negative vibe and match it."

# Keep complaining in check

Reflect on how much of your own conversations start or involve you complaining. If it's a common occurrence, be intentional about balancing it out with more positive comments.

"People remember what you say and your attitude lingers," said Kerry Hannon, author of "Love Your Job: The New Rules for Career Happiness." Adding a "but" and then a positive thought to a negative comment can help shift you into a better frame of mind, recommended Jon Gordon, author of "The Power of Positive Leadership." For instance: It's raining and I was really hoping for a nice commute, but my lawn did need to be watered.

And when negative talk is happening around you, resist the urge to jump in and participate.

# **Offer solutions**

Some complaining in the office is natural -- in fact, it can help build camaraderie in proper doses.

But you can make it more productive by instituting a nocomplaining-without-offering-asolution rule, recommended Gordon.

"If you are complaining you aren't leading. You need to focus on solutions and the positive instead of the negative."

# Have something to look forward to

Having a daily ritual that you enjoy can help pull you out of a funk. And it doesn't have to be extravagant: a cup of coffee, reading your favorite blog or taking a quick walk.

"Add something to your day you look forward to," said Hannon.

#### Find a new challenge

Getting stuck in a rut can dampen your mood, so strive to consistently challenge yourself and step out of your comfort zone.

Raise your hand to take on a new assignment, look for training classes to take or sign up to lead a volunteer project.

"Even if it's scary, try and do it," said Hannon. "Once we get out of our comfort zone, the adrenaline shoots up and you don't have time to complain about work."

### Put positivity on your calendar

We too often focus on the bad things going on and overlook the positives.

"We are born to be worrywarts," said Joe Robinson, a workplace balance expert. To help combat that, he suggested listing three things that went well that day before going to bed. They don't have to be major events: you saw a pretty sunset, told a funny joke, got a compliment from your boss or snagged a seat on the train.

"This crowds out the negative and populates your brain with positive things, which leads to a more positive outlook." said Robinson.

Spreading positivity to others also goes a long way.

Smith advises his clients to set a calendar reminder to repeat every Friday morning to remind them to say something positive to a co-worker that week.

# Find an outside passion

There will be days and even weeks when work is going to be bad, which is why you need a hobby or passion outside of work to balance it out.

"It gives you something to look forward to," said Robinson. "Yes, you had a bad week, but you know you are going to go out and have fun."

By Kathryn Vasel, CNN Business Writer

### NALS OF GREATER KALAMAZOO BOARD OF DIRECTORS

#### September 3, 2019

The September Board Meeting was held on Tuesday, September 3, 2019, at Goidosik Morse Law Offices. Minutes of the July Board meeting were approved. The Treasurer's report for August was tabled. Committee reports were given and discussed, including Membership, Ways and Means, Employment, and Programs and Reservations.

Paula Steffey distributed sales packets for our Rada Cutlery fundraiser. Some online sales have already come in. A winetasting event is tentatively scheduled for October 3. Several members plan to attend the NALS Forum in Little Rock.

Our annual membership drive will be held at the October meeting. NALS of Michigan President Sue Acklin will attend.

Tami Carl is organizing a Court Observance Week program for October 9 at the Kalamazoo Defender's office.

The Board voted to table our group donation for the Bronson Run/Walk as not enough members signed up for a team.

The next board meeting is scheduled for Tuesday, October 1, 2019, at 5:30 at Goidosik Morse.

#### October 1, 2019

The October Board Meeting was held on Tuesday, October 1, 2019, at Goidosik Morse Law Offices. Minutes of the September Board meeting were approved. The Treasurer's reports for August and September were approved. Committee reports were given and discussed, including Membership, Ways and Means, Employment, and Programs and Reservations.

Plans have been finalized for our Court Observance Week event at the Kalamazoo Defender's office. Sack lunches will be provided from Totally Brewed Café.

Our October meeting will be our new member social and membership drive. Paula Steffey and Kathleen Hutchins are working on goody bags and prizes.

Tami Carl will check into adopting a family for Christmas for the Give Back Committee. Our Christmas charity (for which we collect donations at our December meeting) will be Griffin Place.

Nancy Thomas reported that Koeze Nut sales information will be distributed in October.

Expense reimbursement approval for those members attending the NALS Annual Forum in Little Rock was tabled, as the Board had not received any information as to expenses at this point.

The 2020 NALS Annual Forum will be in Detroit, September 24 – 26, 2020. Mark your calendars now! The first planning meeting will be held October 16 via Go To meeting. Volunteers are needed to assist.

The next board meeting is scheduled for Tuesday, November 5, 2019, at 5:30 at Goidosik Morse. All members are welcome to attend.

# NALS FORUM – Little Rock, Arkansas

By Paula Steffey, PP, CLP-SC, CWCP

It was an honor to represent NALS of Greater Kalamazoo at the NALS 68<sup>th</sup> Annual Education and Networking Conference in Little Rock, Arkansas.



The conference started for me on Tuesday when I attended the first session of the Chapter Clinic. The Chapter Clinic continued on Wednesday followed by the Professional Development and Leadership Session.

The Chapter Clinic was excellent. The topics included developing a realistic budget; how to fundraise; bringing the fun back to membership and events; the importance of performing financial reviews and how to do them; how to review contracts for events and conferences; recruiting, reclaiming and retaining members; a road map to certification success; and a review of the Resource Center. We were all able to share ideas and network together. At the end of this clinic I joined NALS of Washington as a secondary member.

On Wednesday night we enjoyed the NALS 90<sup>th</sup> Birthday Bash that included not only a buffet of appetizers, but also birthday cake, a candy bar, and a free Tito's bar. Tito's was one of the sponsors for this conference.

Thursday morning was the keynote speaker, Matthew Knight, with the theme of "Finding a Life More Remarkable". He also had his book for sale "leaving fingerprints", tales & lesions learned from a (so far) remarkable life. I haven't started reading it yet, but if it was as good as his presentation it should be excellent!

I attended the following education on Thursday:

- Render to Caesar. This session covered the changes in tax law, ramifications of financial decision, and how to keep more of your money. (Criminal)
- Legal Writing: Functional, Informative, and Persuasive (Civil Litigation)

The last session of the day that I was going to participate in was cancelled due to the U.S. Marshal being unavailable because of a bust the night before. In place of this session the Governance Task Force had a session in which we went through the proposed changes to the national Bylaws and had a Q&A session with the members in attendance. The Governance Task Force offered mini sessions throughout the conference in order to get members input on the proposed changes.

On Friday I attended the following education:

- Cyber Crimes: Protecting our Children Through Online Investigations (Criminal)
- West Memphis 3 The Defense (Criminal). This session was presented by Judge Dan Stidham, who was the defense attorney to one of the three men.
- West Memphis 3 The Prosecution and the Alford Plea (Criminal)
- Trial Presentation Technology (Trial Management)

Friday evening was the Foundation Dinner – NALS Under the Big Top: Celebrating 90 Years. There was a carnival food buffet, carnival games, and of course another free Tito's bar. On Saturday I attended the following education:

- It's Just a Toe! (Personal Injury). Attorney Denise Hoggard presented an intense litigation session regarding an escalator injury at a Little Rock mall that resulted in a sizable jury award. She had the whole room captivated from the moment she began speaking. I will be extra cautious getting off an escalator in the future!
- Ethics and the Judiciary (Ethics). Judge Emily White, previously on the Arkansas Judicial Discipline and Disability Committee, had the most amazing presentation of the whole conference (in my eyes anyway)! She talked about investigating ethical and other breaches by judges. The highlight was the part about the role the deputy director played in uncovering a long pattern of abuse by a district judge who traded judicial favors for sexually-related acts by defendants in his court.

The last session of the day that I wanted to attend was Forensic Animation and Reconstruction of Shooting and Crime Scenes. However, the speaker was a no show so I started my drive home an hour earlier than expected.

It was announced that the NALS 69<sup>th</sup> Annual Education and Networking Conference will be held in Detroit, Michigan from September 24-26, 2020.

At the recognition luncheon on Saturday, Kathy Sieckman, PP, PLS-SC, ACP from NALS of Phoenix was announced as the winner of the NALS 2019 Award of Excellence. The other finalists were Teresa Garber, PP, CLP from NALS of West Michigan and Lisa Cadungug, PP, PLS from NALS of Portland.

Our own Cathy Zackery, CLP and Jen Robinson were part of the Welcoming Committee this year—something new to the national conference. They played a key role in creating a more welcoming environment for the first timers attending a national conference.

And lastly, throughout the event members had an opportunity to go through the NALS History Museum. I had an opportunity to get a sneak peak on Tuesday morning when I helped set it up. There were scrapbooks filled with pictures and other memorabilia; old copies of The Docket (actually in magazine format); agenda and minutes from meetings; documents from the international section of the organization; newspaper clippings; awards and plaques; and a whole host of everything in between going back almost 90 years!

Thank you again for the opportunity to attend another national conference!



Left: NALS of Michigan members at the NALS Forum in Little Rock, Arkansas.

Below: Kathy Rood (NALS of Lansing), Jen Robinson, Cathy Zackery, and Paula Steffey mugging for the camera at the NALS Forum in Little Rock.



# A First-Timer's Observations from the NALS 68th Annual Conference in Little Rock – Grateful! By Tami Carl, CLP

I attended the NALS 68th Annual Conference in Little Rock, Arkansas last month. It was my first-ever national conference, and HOLY COW! I was impressed! From the keynote speakers – to the chapter clinics - to the speakers and the breakout sessions - to the networking opportunities - to the Tito's free bar (yes – Tito's was one of our sponsors!) - I was engaged and captivated. In the areas of networking, CLE, professionalism and assistance with career building and personal growth, this organization rocks! THANKS to NALS of Michigan for sponsoring me so that I could to attend and represent our state chapter. THANKS to NALS of Arkansas for hosting. THANKS to everyone on the national committees who planned and carried it out. I am grateful and thankful for the opportunity to attend.



The initial keynote speaker, Matthew Knight, was FABULOUS. Way to kick off a conference! I am taking his advice and trying to "live intentionally," have been keeping a gratitude journal (and even bought one for my two sisters), and have been reciting my daily mantras – which have already changed my life in many ways. Digging deeper into the "West Memphis Three" murder case with defense attorneys and prosecutors was interesting and thought provoking!

THANK YOU to Maria Easterly from NALS. Her clinics on "all things NALS" were enlightening and immensely helpful. And I made some new acquaintances. A special shout out to Jamie Early with LSPSC (South Carolina)! After meeting and speaking with Jamie, I will apply for a secondary membership, and Jamie and I have already exchanged follow up e-mails.

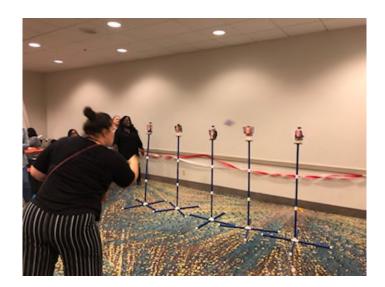
I also want to give a huge shout out to some of our own chapter and state members who helped make the annual conference happen. THANK YOU to Cathy Zackery CLP, Jennifer Robinson, and Paula Steffey, PP-SC, CLP, CWCP from NALS of Greater Kalamazoo for all your good and hard work. Cathy is on more than one national committee, donated items for the NALS Foundation auction, assisted at the registration table, and helped as part of the welcome committee. Paula is on several national committees and donated to the Foundation auction as well. Jen also donated items for the auction, assisted at the registration table and helped as part of the welcome committee. Cathy and Jen even hosted an evening social during the conference. You ladies are an inspiration!

If you have never been to a national conference, I urge you to consider going next year. You won't need to travel far, because the NALS 69th Annual Conference will be right here in Detroit, Michigan. THANK YOU to Laleise Curtiss, Myra Ross and team for making that happen!!



A shot of the "candy table" from the NALS Forum – available every day!

Jen Robinson tries her hand at one of the games set up at the NALS Foundation "carnival-themed" dinner - carnival games and food for all!



# AUDIT COMMITTEE REPORT

The Audit Committee met on September 18, 2019, to review the NALS of Greater Kalamazoo books and records for fiscal year 2018-2019. We found the books to be in order. We would like to thank Treasurer Jen Robinson.

Respectfully submitted,

Kim Snow. Colleen VanSickle





Membership Chair Kathleen Hutchins installed new member Davena Shute at our September meeting. Davena works with attorney Stacey Lott in Battle Creek. Welcome, Davena! Cathy Zackery welcomes attorney Jeffrey Arnson of Shaw Law Group, who spoke at our September meeting about his "ADAM" firm (American Divorce Association for Men). His assistant, Kimberly Nowak, also attended and gave us her perspective as well on working for the firm.



# **COURT OBSERVANCE WEEK – 2019**

On October 9, several of our members were able to attend the Court Observance Week event at the new Kalamazoo Public Defender's Office. We met with Donna Innes, the Interim Chief Defender. Attorney Innes shared all of the good work the Public Defender's office has done and will be doing in the future. She also presented on the holistic defense model, which was very interesting. For more information about the Kalamazoo Public Defender Office, go to https://www.kalamazoodefender.org.

Susan Prentice-Sao, Regional Manager of the Michigan Indigent Defense Commission, also happened to be in Kalamazoo at the Defender's Office on October 9 and spoke with our group. How lucky for us that she was in Kalamazoo! She shared information about the Commission and the good work it has done and will be doing in the future. For more information about the Michigan Indigent Defense Commission, go to https://michiganidc.gov.

After the presentations and lunch, Ms. Innes gave us a tour of the Public Defender's Office. Everyone in attendance received an hour of CLE for their experience. If you didn't receive your CLE certificate, please contact Tami Carl CLP at carlt@millerjohnson.com.





Our speakers:

Susan Prentice-Sao and Donna Innes.



engage inspire enhance promote maximizing your potential

NALS of Detroit Fall CLE Registration

October 21, 2019

# Cybersecurity Presented by Thomas Lynch, Senior IT Counsel Ally Financial, Inc.

Thomas Lynch serves as Senior IT counsel for Ally Financial Inc. responsible for multiple areas including, Corporate Work Place, Licensing, Cybersecurity, and the negotiation of IT and purchasing related contracts and acting as liaison and advisor between Ally's business units, technology and legal staffs. Tom manages a team of six.

Tom has over 27 years' experience as an Attorney and Counselor at Law. He began his career as a Senior Clerk to the Honorable Edward Sosnick in the Sixth Judicial Circuit Court for the County of Oakland, Michigan; followed by 6 years of general practice specializing in Criminal Defense. Tom joined EDS in 1998 and held several positions through the years including Negotiation Support Tower Lead where he was responsible for managing an international team providing global negotiation support services to General Motors. Tom transitioned to Ally in January of 2007.

Tom is an Associate Professor at Oakland University in the Paralegal program.

Tom received a BA from John Carroll University in 1988 and a Juris Doctor in 1992 from Michigan State University College of Law. He has also published several legal articles and developed university and corporate courseware.

5:30 PM: Presentation begins

Location:

In Person Fee (including dinner):

Butzel Long 150 West Jefferson Ave., Suite 100 Detroit, MI 48226

\_\_\_\_\_\$15 – NALS of Detroit Member \$20 – Future Member

Mail completed registration form and check payable to **NALS of Detroit** to: Deidre McCray, Treasurer, 630 St. Charles Court, Royal Oak, MI 48067

Name:	Address:
Telephone:	Email:

#### Please RSVP by Thursday, October 17, 2019

Need more information or have questions, please contact Gayle Lawson at 734-558-7941; email: gaelawson@gmail.com **Refund Policy:** 

Full refund if notification received prior to October 17. No exceptions



# SPEAKER SERIES



# SIGNIFIGANT DISCOVERY RULE CHANGES EFFECTIVE JANUARY 1ST

Hon. Christopher P. Yates, 17th Circuit Court

Thursday, October 24, 2019 6:00PM TO 7:00PM

# Van Deusen Room KALAMAZOO PUBLIC LIBRARY

KCBA Members Only RVSP to info@kalamazoobar.com by October 20, 2019 Refreshments will be provided.



# KCBA FALL FEST



# Latitude 42 6101 W. Main Street Thursday, November 7, 2019 4:30PM TO 7:00PM

Appetizers provided. Cash bar. Open to the entire Kalamazoo legal community.

Please consider making a check or cash donation to support the KCBA Fall Fest choosen charity:



KydNet.org

# NALS OF GREATER KALAMAZOO GIVE BACK/SERVICE COMMITTEE REPORT

Thank you to all who donated to our Communities in Schools (CIS) schools supply collection. We received a nice note from Kim Nemire, Director of Development, of CIS thanking us for our many donations. She reported that the CIS back-to-school supply drive resulted in nearly 6,000 new items!

Thank you also to our members who signed up for the Bronson Children's Hospital Run/Walk scheduled for September 29. If you had signed up, you know that it had to be canceled due to the nasty weather that day. Bronson determined it was unsafe to continue with the event. We received a very nice note from the Bronson Health Foundation thanking us for signing up a team and for our contributions. And, Bronson reported that all of the food from the Run/Walk was donated to Ministry with Community. So, we helped make that possible too!

Our next event will be a collection for the holidays. Family & Children Services' *Holiday Giving Program* collects holiday gifts for special families in need in our community and foster children. I thought we could "adopt" a couple of foster children and make sure they have a wonderful Christmas this year. I will share more about this service project at our October 29 meeting. Here is a link to the FCS Holiday Giving Brochure if you would like to read more about the program: <u>https://fcsource.org/docs/Holiday-Giving-Brochure-2019.pdf</u>

Thanks for helping to make a difference in the communities where we live and work!

Respectfully submitted, Tami Carl, CLP Chair, 2019-2020 Give Back Committee



Our donations for Communities in Schools, collected at our August meeting.



# NALS OF GREATER KALAMAZOO KOEZE NUTS FUNDRAISER

Again this year, we will be selling Koeze Nuts as our fundraiser for the Jo Spaulding Memorial Scholarship Fund. Last year, we made over \$4,000 for the scholarship fund. We want to fund as many scholarships as possible, So we need to sell, sell, sell Koeze Nuts!

# **REMEMBER: THESE MAKE GREAT CLIENT GIFTS!**

# We will be ordering again from the Koeze catalog.

The preprinted items shown on the order form are those for which we see the most demand: cashews, mixed nuts, and puddles. We will have a small quantity of these preprinted items "in stock" for last-minute order requests. All other items in the catalog we will order separately from Koeze.

Item pricing is as shown in the catalog. However, we will offer a discount based on order totals. For orders from \$25 to \$50, you can deduct 10% from the order total; for orders over \$50, deduct 15%. See the order form.

We will be picking up an order for delivery prior to Thanksgiving. We will need this order **confirmed and paid by 5:00 on Tuesday, November 12, 2019, for delivery prior to Thanksgiving**.

*The final deadline for orders is 5:00 p.m., Tuesday, December 10,* in order to have everything delivered by Christmas.

Note: For a minimum order of 12 units, Koeze will ship direct for you! You can even furnish cards, and Koeze will insert them into the box! We would be happy to forward your cards and mailing list for you. *The Christmas shipping/mailing list deadline is November 18.* 

See the catalog for more details.

Specialized logo nut decanters are also available for order; minimum 48 of one size. *Deadline is November 22.* See the catalog for more details.

# Order forms and catalogs will be distributed at the October 29 meeting and by mail to those not attending.

Call Nancy Thomas at 381-7030 with any questions.

# KOEZE NUT SALE SPONSORED BY NALS OF GREATER KALAMAZOO 2019 ORDER FORM

\_\_\_\_\_

Order By Catalog Item

# Name:

Delivery Address: \_\_\_\_\_

Phone:\_\_\_\_\_

Needed by (date):\_\_\_\_\_

Product	Item No.	Page No.	Price	Quantity	Total
Cashews:					
Large Decanter, 30 oz	32955	2	49.50		
Medium Decanter, 20 oz	32954	2	34.75		
Gift Tin, 14 oz	31262	2	25.75		
Classic Mixed Nuts:					
Large Decanter, 30 oz	32953	15	47.50		
Medium Decanter, 20 oz	32952	15	33.00		
Gift Tin, 14 oz	31263	15	23.75		
Pecan Turtles (Milk Chocolate)					
Decanter, 19.5 oz	44049	7	44.50		
Gold Box, 8 oz	32860	7	19.00		
Special Offers for 2019:					
Winter Windmill Gift Box (save \$7 + discount)	46038	4	44.95		
Dark Chocolate Sea Salt Cashews (save \$6 + discount)	46083	22	42.95		
Other Products:					
ORDER TOTAL:					\$
DISCOUNTS FOR ORDER TOTALS:					1
\$25.00 to \$50.00	Deduct 10%		-		
Over \$50.01	Deduct 15%			-	
FINAL ORDER TOTAL:				\$	

Note: <u>All items in the catalog are available for order</u>. We will carry "in stock" a small quantity of the Cashews, Classic Mixed Nuts, and Pecan Puddle products above. Also available: Special logo decanters (11/22/19 deadline) and direct shipping (11/18/19 deadline for Christmas delivery). Call Nancy at 381-7030 x 5826 for more details.

Orders will be called in beginning November 12, 2019. **The final deadline for orders is 5:00 p.m., Tuesday, December 10, 2019.** Delivery will be approximately 7 to 10 days after orders are turned in. We will deliver your orders to you or make convenient arrangements for pickup. Proceeds from the sale go to the Jo Spaulding Memorial Scholarship Fund.

# RETURN WITH CHECK PAYABLE TO <u>NALS OF GREATER KALAMAZOO</u> TO:

NANCY THOMAS Miller, Canfield, Paddock and Stone 277 South Rose Street, Suite 5000, Kalamazoo, Michigan 49007 Phone: 269-381-7030 x 5826; Fax: 269-382-0244; E-mail: thomasn@millercanfield.com REMEMBER: FINAL ORDER DEADLINE IS 5:00 P.M. ON DECEMBER 10, 2019.





# NALS OF MICHIGAN Fall Legal Education and Membership Meeting Saturday, October 19, 2019

#### <u>Agenda</u>:

8:30 a.m.	Registration
9:00 a.m.	CLE: The Gerrymandering Issue in
	Federal and State Courts
10:30 a.m.	CLE: National Registry of Exonerations
12:00 p.m.	CLE: Tour of the Michigan State Capitol
1:00 p.m.	Lunch and Membership Meeting
-	r c

#### Location: State Bar of Michigan Conference Room 306 Townsend Street Lansing, Michigan 48933



**Professor Michael Lawrence** Michigan State University College of Law

# The Gerrymandering Issue in Federal and State Courts:

Professor Lawrence teaches classes in Constitutional Law and International Law and frequently lectures on these topics in various countries around the world. Professor Lawrence's research interests are in the field of constitutional law and racial justice. He has participated in high-profile amicus curiae briefs before the U.S. Supreme Court and other federal courts.

What is "gerrymandering" and how does it affect you?



**Professor Barbara O'Brien** Michigan State University College of Law

# National Registry of Exonerations:

Professor O'Brien teaches classes in criminal law and procedure and is currently the Editor of the National Registry of Exonerations which collects, analyzes and disseminates information about all known exonerations of innocent criminal defendants in the United States from 1989 to the present. The Registry provides a virtual home for exoneration stories and also an accessible, searchable statistical database about the cases. *Learn more about the Registry.* 

# Tour of the Michigan State Capitol

A guided tour of the Michigan State Capitol features the public areas of the Capitol including the Rotunda and the Gallery of the Governors. Whether you are interested in state history, Michigan's government, or art, you will certainly enjoy this guided one-hour tour.





# NALS OF MICHIGAN Fall Legal Education and Membership Meeting Saturday, October 19, 2019

# **REGISTRATION FORM**

Fees, including lunch (please choose one):	Refund Policy:
NALS of Michigan Member(\$30)	Full refund if notification received prior to
Future Member(\$45)	October 12, 2019. SORRY; NO EXCEPTIONS.
Student(\$15)	
Flash Drive(\$45)	For further information, contact:
Google Link(\$40)	Michelle Spiker
GoToMeeting(\$35)	Chair, Legal Education Committee
	(2019-2020)
Membership Meeting Only (no charge)	NALS of Michigan
Food Restrictions:	C: 517.242.3236
	E: <u>michellespiker@att.net</u>

# RSVP (with lunch) Deadline is: October 12, 2019. SORRY; NO EXCEPTIONS.

Mail completed registration form and check payable to <u>NALS of Michigan</u> to:<sup>1</sup> Michelle Spiker 4667 Preston Road Howell, MI 48855

Name:	
Employer:	
Address:	
Telephone: Office:	
Email:	
If a NALS member, list chapter:	
If a student, please list school:	

<sup>&</sup>lt;sup>1</sup> If timing is an issue, you may e-mail the completed Registration Form and provide payment at the meeting.

# NALS Haunted Social Event



When: Where:

Tickets:

October 19, 2019, 7:00 p.m. Jackson's (Inderworld 1318 Wildwood Ave, Jackson, MI 49202 \$25 each (purchased on your own) https://jxunderworld.com/

RSVP: Cathy A. Zackery, CLP

269.599.6281

Cathy.Zackery@gmail.com



NALS of Greater Kalamazoo Membership Meeting and CLE Tuesday, October 29, 2019 LoDo Company 153 West Centre Avenue Portage, MI 49024 269.327.6000

**SPEAKER** Attorney Jason P. Colvin Vlachos & Vlachos, P.C.

**TOPIC** LEAN Manufacturing in the Law Firm Setting



Attorney Jason Colvin graduated in 2003 from the United States Naval Academy, where he graduated with Honors and earned his Bachelor degree in Political Science. He then went on to serve as a Submarine Officer in the U.S. Navy until 2008.

After serving, Jason relocated to Kalamazoo to work at Stryker. He worked for nine years at Stryker serving in various manager roles including operations, fabrication, and quality. During his nine years at Stryker, Jason became well versed in lean manufacturing and leadership, implementing multiple organization changing projects that increased efficiency and reduced costs. Jason attended WMU Cooley Law School at night while working at Stryker, and graduated magna cum laude in January of 2016.

Jason left Stryker to join Vlachos & Vlachos, P.C. in January 2017 and works as an associate attorney with a focus on family law and criminal defense.

# AGENDA

5:30 p.m. – Networking 6:00 p.m. – Dinner 6:30 p.m. – Speaker Presentation (CLE) A short chapter business meeting will follow the presentation.

# MENU

- Summer Salad spring mix topped with strawberries, blueberries, toasted almonds, and goat cheese (your choice of dressing) \$15.00
- Mediterranean Wrap hummus, lettuce, cucumbers, tomatoes, feta, and balsamic vinaigrette inside grilled flour tortilla \$9.00 (add herb-rubbed chicken for \$3.00)
- Bacon Chicken Ranch Wrap grilled chicken, shredded cheese, lettuce, tomatoes, onions, bacon, and ranch dressing inside grilled flour tortilla \$13.00
- LoDo Dip roast beef, mozzarella, peppers, onions, and mushrooms served on fresh hoagie bun with a side of au jus \$15.00
- **Build Your Own Burger** choose either angus burger patty or chicken breast patty (add cheese \$1, add bacon \$2, all other toppings free) \$13.00
- For all options besides Summer Salad, choose your side: chips & salsa, pub chips, fries, sweet potato fries (add \$1), cottage cheese, coleslaw, veggies, mashed cauliflower or mashed red skins

Tax and tip included in the price. If you would like a soft drink, please add \$2.00 to your order.

# **RESERVATION PROCEDURE**

E-mail your reservation to Tierney Tubergen at <u>tubergent@millerjohnson.com</u> or call (269) 226-2972 <u>no later than noon</u> <u>on Friday, October 25<sup>th</sup></u> to reserve your spot. Give your payment to Shawn Brew, NALS Treasurer, at the meeting. Checks are welcome. If you pay in cash, please bring the exact amount. SORRY, BUT ONCE THE RESERVATIONS HAVE BEEN CALLED IN, YOU WILL BE RESPONSIBLE FOR PAYMENT FOR YOUR ORDER IF YOU HAVE TO CANCEL AND DO NOT FIND A REPLACEMENT.

# 2018 - 2019 Officers

- Paula Steffey, PP-SC, CLP, CWCP, President Phone: 377-9341; westernmom40@gmail.com
- Kathleen Hutchins, PLS, Vice President Phone: 568-5122; kehutch60@yahoo.com

Samantha Wilder, Recording Secretary Phone: 870-5329; sgwilder22@yahoo.com

- Tierney Tubergen, Corresponding Secretary Phone: 226-2972; tubergent@millerjohnson.com
- Shawn Brew, Treasurer Phone: 692-5244; shawn@woznickilaw.com
- Nancy Thomas, PLS, Director Phone: 381-7030; thomasn@millercanfield.com
- Michele Guyman, Immediate Past President Phone: 586-557-4054; mightymmo@sbcglobal.net
- Nancy Thomas, PLS, Parliamentarian Phone: 381-7030; thomasn@millercanfield.com

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Nancy Thomas, PLS, *Pleadings* Editor Phone: 381-7030; thomasn@millercanfield.com

# CALENDAR

<u>Next Board Meeting</u> Tuesday, November 5, 2019 5:30 p.m. Location: Goidosik Morse

October General Membership Meeting/

<u>New Member Social</u> October 29, 2019 5:30 p.m. LoDo Company Program: LEAN Manufacturing & President Sue Acklin, NALS of Michigan

NALS of Michigan Membership Meeting and State Capitol Tour October 19, 2019 9:00 a.m. State Bar Building, Lansing Program: Gerrymandering/ National Registry of Exonerations

NALS of Michigan Social Event October 19, 2019 7:00 p.m. Jackson's Underworld (Haunted House) Jackson, Michigan



NALS of Greater Kalamazoo P.O. Box 50221 Kalamazoo MI 49005