

What people are saying about . . .

Craniosacral Therapy

"I have been blessed to receive regular craniosacral session from Ellen. I was initially drawn to her after interacting at a training and experiencing her intuitive, generous and nurturing way of being. As a healer myself, I immediately sensed her gifts. Those were confirmed after receiving my first session. Ellen is a powerful and focused conduit of healing energy that enables me to realize deeper states of relaxation, transformation, integration, and awareness. I would recommend her to anyone.

- Alexandra Arbogast, LICSW, LMT, RVT
Coordinator and Senior Therapist
Mind-Body Medicine Program
Walter Reed National Military Medical Center

In my life, I try to follow the light, and it has led me to radiant Ellen. A dedicated practitioner, Ellen cares deeply about her work and how it affects each individual. After a session with her, I feel a wholeness and vitality that I carry into my day-to-day life. She suffuses me with a loving, productive energy. Ellen is always growing, learning and reaching for deeper understanding of her natural gifts. She is both healing and inspiring. No matter why your journey has led you to Ellen, you will be grateful that you have found her.

- B. Cornell