



# Adult Transition

Newsletter for Teachers Working With Students 18-22  
Educational Equity for All  
December 2016



The California Employment Consortium for Youth and Young Adults with Intellectual and Other Developmental Disabilities (CECY) is composed of rehabilitation, education, developmental disabilities (DD), State Council on DD agencies. It also includes a self-advocate group, Disability Rights California; the Family Resource Centers Network; the Association of Regional Center Agencies; and the Tarjan Center University Center for Excellence in Developmental Disabilities (UCEDD). CECY's goals are to: (1) Strengthen interagency collaboration, practices, and policies at the state and local levels, and (2) Enhance the understanding of youth and young adults, families and professionals of the effective practices and supports for youth and young adults with ID/DD to work in competitive integrated settings.

[http://partnershipsinemployment.com/?page\\_id=20](http://partnershipsinemployment.com/?page_id=20)

**Engagement . Empowerment . Employment**  
for youth and young adults with developmental disabilities.  
tarjancenter.org/cecy



<https://goo.gl/f58yGJ>



## Total Life Learning: Preparing for Transition. A Curriculum for All Students with Sensory Impairments

Developing goals to enable students to maximize independence, self-determination, employability, and participation in the community

<https://goo.gl/WfRXxU>

## EMPLOYMENT



**SCHOOL FOR THE BLIND eLEARNING**

### Using AAC Devices in the Workplace



### Communication Tools in the Workplace

Working on communication with a non-verbal student can be challenging, and sometimes even more so when other physical or cognitive disabilities are present. With a little bit of planning and a shift in focus from your student's disabilities to their fantastic abilities, strong relationships with employers, as well as rewarding jobs for your students, may be easier to develop than you think.

<http://www.perkinselearning.org/transition/blog/letting-non-verbal-student-use-AAC-device-workplace>

## TRAINING

### 26 Soft Skills Training For Job Readiness



<http://www.slideshare.net/kgay228/26-soft-skills-training-for-job-readiness>

**EDUCATIONAL EQUITY FOR ALL**  
*Giving kids what they need to succeed*

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## FEATURED IDEA OF THE MONTH



### Soft Touch Weighted Blanket-Small Blue/Green

At customers' requests, we've added a pocket and tags for added tactile opportunities and places to attach your favorite fidget toys.

We have updated our Soft Touch Weighted Blanket which now comes in soft, comfortable double-sided fleece in either soothing blue and green or sporty orange and gray. <https://goo.gl/MYu7mx>

## WEBSITES AND RESOURCES

<http://nyln.org/>

<https://goo.gl/esdUCb>

<https://www.socialthinking.com/Products>



## INDEPENDENT LIVING SKILLS



### Independent Living Skills Curriculum: Introduction & Table of Contents

Vergara, C., Keating, R., & Blumberg, R.

#### Unit 1: Safety

Lesson 1: Creating an Emergency Plan

Lesson 2: What is an Emergency?

Lesson 3: In Case of an Emergency

Lesson 4: Lock Out Plan

Lesson 5: Strangers Versus Friends

#### Unit 2: Transportation/Community

Lesson 6: Calling Access Link

Lesson 7: Reading and Understanding a Train Schedule

Lesson 8: Walking

Lesson 9: Budgeting and Using an ATM

Lesson 10: Calculating a Tip

Lesson 11: Scheduling an Appointment

#### Unit 3: House Keeping

Lesson 12: Creating House Rules

Lesson 13: Doing Chores

Lesson 14: Creating a Chore Chart

Lesson 15: Doing Laundry

Lesson 16: Making a Bed

#### Unit 4: Daily Routines/ Hygiene

Lesson 17: Daily Routines

Lesson 18: Setting an Alarm

Lesson 19: Dressing Appropriately for the Weather

Lesson 20: When to Take a Shower

Lesson 21: Brushing Your Teeth

Lesson 22: Washing Your Hands

#### Unit 5: Healthy Living: Cooking & Fitness

Lesson 23: Eating Healthy

Lesson 24: Following a Recipe

Lesson 25: Microwavable Meals

Lesson 26: Making a Sandwich

Lesson 27: Making a Plate of Pasta

Lesson 28: Fitness in Your Life

#### Unit 6: Social Interactions

Lesson 29: Dressing for an Interview

Lesson 30: Getting Along with Roommates

Lesson 31: Asking Someone to Hang Out

Lesson 32: Planning a Party

Lesson 33: Leisure Time

<https://goo.gl/rFkb6D>

LET'S

GET TO

Launching youth with disabilities  
into the workforce

WORK

## LGTW Quick Guide

The Let's Get to Work (LGTW) Quick Guide on Transition to Employment is a collection of project materials and related resources compiled for teachers and school staff supporting the transition to integrated, community employment for students with disabilities.

<http://www.letsgettoworkwi.org/index.php/lgtw-resource-guide/>



## Quick Guide: Transportation and Travel Instruction



Learn about travel instruction and how it impacts students with disabilities by using this helpful list of resources compiled by NTACTION. This

guide details research supporting the importance of travel instruction, as well as how it applies to various levels of transition professionals, families, and youth.

*NTACTION Quick Guide: Transportation and Travel Instruction* <https://goo.gl/39TeqH>