

## The Nine Domains Approachsm

## An Objective Measure of Completeness for Systems

Idealism Need for Principles, Order, and Ethics	The need to feel good, blameless, in right relations, and balanced with the universe, the self, and others leads seeking to act according to objective principles, logic, fairness and justice, and a respect for order and objectivity.
Personal Concern Need for Personal Caring, and Connections with others	The need to feel loved, appreciated, and cared for by others leads to seeking making connection with others, having warm and personal relationships with them, and feeling that one is making a significant contribution to their welfare.
Self-Improvement Need for Self-Improvement and Advancement and Recognition	The need to feel good about oneself, to like and esteem oneself and to feel that others admire and value one leads to seeking to make the most of one's potentials, to develop one's talents and become outstanding in some real and valuable way.
Self-Expression Need for Personal Meaning and the Ability to find Aesthetic Satisfaction	The need to understand oneself and one's feelings and motivations and to take in the beautiful and transient nature of reality leads to seeking personal meaning, purpose, and beauty in one's life—as well as the ability to do something personally meaningful during one's life and work.
Knowledge Need for Knowledge and In- Depth Exploration of Reality	The need to understand how the world works, its laws and principles, which are expressed in seemingly infinite complex ways in Nature as well as human products leads to seeking knowledge, understanding, expertise, and the time to study reality in depth without interference or prejudice for the objective truth.
Social Support Need for Belonging and to Give and Receive Group Support	The need to be part of a whole larger than oneself (whether a family, clan, team, community, or country) so that one feels both the security and the joy of being supported by others leads to seeking situations that foster a sense of belonging, of "home," and of finding and supporting one's like-minded comrades.
Enthusiasm Need for Variety, Freedom for Experimentation, and Change	The need for change, variety, and stimulation in one's environment as well as in one's mental and emotional worlds leads to seeking change, variety, and stimulation in the world of experience and ideas, of having an appetite for life, and a sense of enjoyment and gratitude for the vast multiplicity of reality.
Authority Need for Self-Assertion, Independence of Decision- Making and Action	The need for strength, grounded power, and the ability to both defend and assert oneself even against others, if the situation demands it, leads to seeking ways of not depending on others, of taking initiatives and of acting on one's own self-interest for the benefit of oneself and of achieving one's goals.
Stability Need for Stability, Harmony, and Effortless Flow	The need for peace of mind, groundedness, and steadiness amid the many changes and losses in life, as well as a sense of connection with the universe as a whole leads to seeking to understand connections and thus resolve conflicts and tensions, and to detoxify the environment in whatever ways one can.

Three of the Domains have to do with the individual (Two, Three, and Four), three with "the other" (Five, Six, and Seven), and three with relating to the world (Eight, Nine, and One). All are necessary! <a href="http://www.ninedomains.com/">http://www.ninedomains.com/</a>