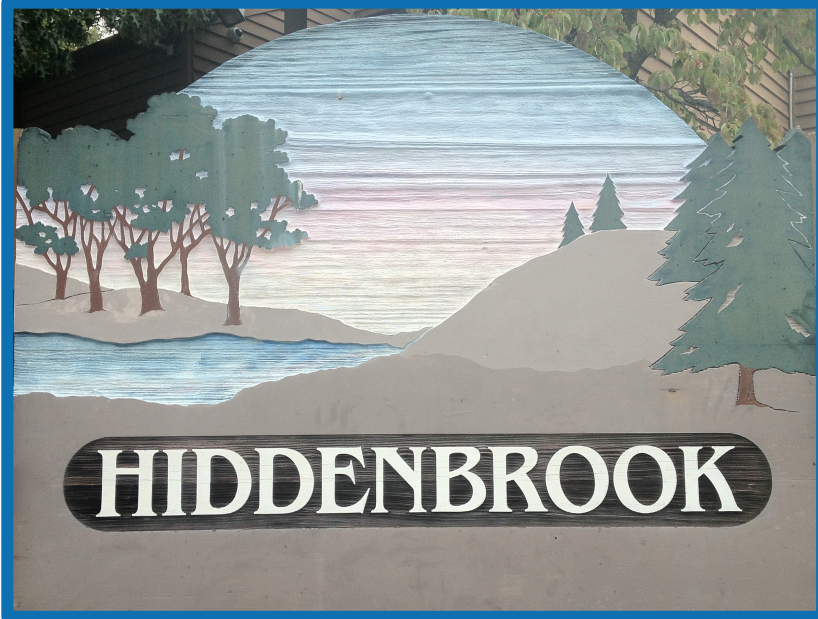


THE MAINSTREAM



To all Hiddenbrook Homeowners only:

The HOA Dues were due January 1st, 2014. If you have not paid them, please do so now to avoid late fees.

Do You Get the Hiddenbrook News:

If you haven't already, please sign up for the Hiddenbrook News emails.

Email us at:
hiddenbrooknews@gmail.com
to be added.

Also, "like" us on Facebook:
Hiddenbrook Homes and Swim/Tennis

Hiddenbrook Homes
Association

www.hiddenbrookhomes.org

1508A Sadlers Wells Drive
Herndon, VA 20170

Facilities Manager:
Lisa Cornaire

hiddenbrook_homes@hotmail.com

Office Hours
Tues. & Thurs. 2-5pm
Or by appointment

(703) 318-7159 -office
(703) 437-9737 -fax
(703) 437-9736 -pool

Mailing address:
PO Box 582, Herndon, VA 20172



Phil saw his shadow
six more weeks of
Winter!!!
Happy Groundhog Day

Hiddenbrook Board of Directors

(Meetings on the 3rd Tuesday of every month at 7:30 pm in the clubhouse)

President	Joan Koss	jekoss@cox.net
Vice President	Chaz Holland	chaz@bww.com
Secretary	Pam Spencer	pspencer11@cox.net
Director at Large	Paige Dyer	paige_dyer@icloud.com
Director at Large	Carrie Hester	breighester@yahoo.com

Hiddenbrook Committee Chairpersons

ACC	Doug Ahlert	ahlertdoug@hotmail.com
Communications	Kendra Green	kendrargreen@gmail.com
Neighborhood Watch	VACANT	
Pool	Marcel van Vierssen	hiddenbrookswimteam@gmail.com
Social	Carrie Hester	breighester@yahoo.com
Swim Team	Marcel van Vierssen	hiddenbrookswimteam@gmail.com
Tennis	VACANT	

Bookkeeper	Meg Hinders	hinderssix@yahoo.com
Treasurer	Pete O'Hanlon	cubuffalo2@yahoo.com

Hiddenbrook ACC Committee	hiddenbrookACC@gmail.com
Hiddenbrook Communications Committee	hiddenbrooknews@gmail.com
Hiddenbrook Pool Committee	hiddenbrookpool@gmail.com
Hiddenbrook Social Committee	hiddenbrooksocial@gmail.com

Snow Removal Tips

The state and the county do not clear snow and ice from public walkways (sidewalks and trails). While not legally obligated, residents are asked to help keep sidewalks safe for pedestrians, people with disabilities, elderly and children when they return to school. Many sidewalks in Hiddenbrook are frequently not shoveled during or after a snow storm and can become quite icy if left untreated. Please do your part in maintaining a safe sidewalk for you and your neighbors. Shoveling snow can be physically demanding and can lead to injuries such as sprains and strains.

Please follow these safety tips when you go out in wintry weather:

If you, or someone you are with, begin to have chest discomfort, especially with one or more of the other signs of a heart attack, call 9-1-1 right away.

If you have a history of heart disease, do not shovel without your doctor's okay.

Shovel small amounts of snow at a time. This will allow you to continue shoveling longer without becoming burnt out and will reduce the chance of an injury which could occur with heavy lifting.

Push the snow, where possible, instead of lifting. If you have a driveway, shovel snow to the opposite side of where a plow will push and deposit it.

Use proper form if lifting is necessary: keeping your back straight and lift with your legs.

Avoid shoveling under snow and ice covered trees and roof lines due to possibly falling limbs, ice and snow.

Shovel snow soon after it falls if possible, especially at night. If snow is allowed to harden and melt in the early morning or afternoon sun, it can harden into clumps of ice before you have a chance to remove it.

Break larger pieces of ice with a pick or other hard handled object before you attempt to shovel them.

If you attempt to shovel a large block of hardened ice, you will hurt your hands, wrists or back while making little progress in the process.

Take breaks while shoveling and do not over-exert yourself, especially if you are inactive or over 40.

Dress in layers and wear warm clothing, especially because wind chills will be dropping below zero.

(continued page 4)

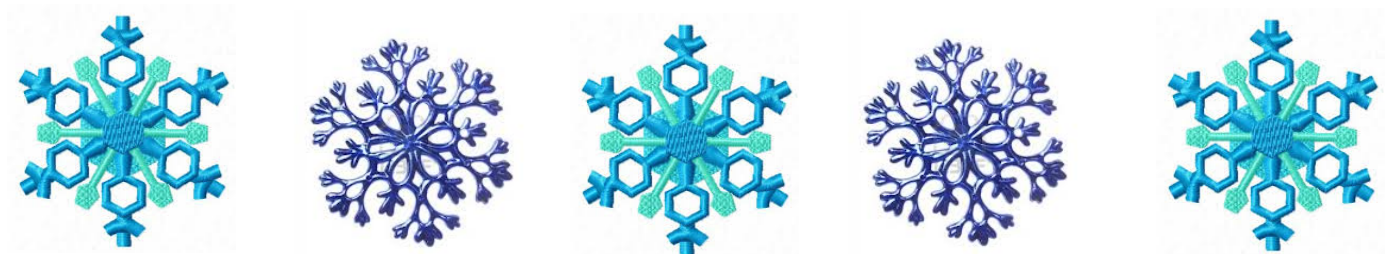
(Continued from page 3)

Driving Tips:

Chemicals used to treat roads become ineffective under 20 degrees. VDOT plows roads, as well as treats ice with a mixture of salt and liquid magnesium chloride on interstates, and a treated sand mix on primary and local roads. High winds can cause snow to drift back into roadways and refreeze. Treated roads can still be hazardous, especially in extreme temperatures, so drive cautiously. Drivers should use extreme caution on bridges, ramps, overpasses and other areas prone to freezing.

More winter preparedness information can be found at

[:www.fairfaxcounty.gov/emergency/hazards/winter-storm-snow-cold.htm](http://www.fairfaxcounty.gov/emergency/hazards/winter-storm-snow-cold.htm).



A Big Thank You....

We would like to thank the person(s) who came through and plowed/salted the Hiddenbrook parking lot during the snow storm a few weeks ago. Our facilities manager was particularly grateful that she did not have any difficulty getting to work after the storm!

Holiday Decor

We know that the weather has been a bit treacherous in the past month and many of you may have intended, but were not able, to remove your holiday decorations. This is just a friendly reminder to please make an effort in the coming weeks to take them down as weather permits.

Brrr, It's Cold Outside!

Tips for Protecting Your Home:

While you can't change the weather, you can minimize some of winter's biggest threats to your home. **Heavy snow accumulation** can pose a threat to your home- both as it builds up and as it melts. The three most important things to do are:

- Watch for snow accumulation on the leeward (downwind) side of a higher-level roof where blowing snow will collect. For safe removal that won't endanger you or damage your roof, consult a roofing contractor for a referral.
- Remove snow from basement stairwells, window wells and all walls. Melting snow can lead to water damage and moisture intrusion.
- Keep your attic well ventilated to maintain a temperature close to that of the outdoors to minimize the risk of ice dams forming. A warm attic melts snow on the roof, causing water to run down and refreeze at the roof's edge, where it's much cooler. If ice builds up and blocks water from draining, water is forced under the roof covering and into your attic or down the inside walls of your house.

Water intrusion and flood damage from melting snow and ice can threaten homes, but you can take these steps to help minimize the potential damage. **Immediately after the threat of physical danger has passed:**

- Make sure the building is structurally safe to enter or reoccupy.
- Turn off electrical power. Do not use electricity until it is safe to do so.
- Ensure that natural gas sources are safely secured.
- Secure the exterior to prevent further water intrusion. This can include boarding up broken windows, making temporary roof repairs, sealing cracks or tacking down plastic sheeting against open gaps in walls or roofs.

When it's safe to begin cleanup:

- Disconnect all electronics/electrical equipment and move it to a safe, dry location.
- Remove as much standing water as possible from inside the building.
- Begin to remove water-damaged materials immediately.
- Ventilate the home as best you can with fans and/or dehumidifiers.
- Contact a water extraction company, if necessary, for assistance. By taking immediate action, you will reduce the amount of damage and increase the chance of salvaging usable materials. You'll also reduce the amount of rust, rot, mold and mildew that may develop, and lower the likelihood that the water will lead to structural problems.

Continued from page 5....

Ice dams are an accumulation of ice at the lower edge of a sloped roof. When interior heat melts the snow, water can run down and refreeze at the roof's edge, where it's much cooler. If the ice builds up and blocks water from draining off the roof, water is forced under the roof covering and into your attic or down the inside walls of your house.

To help reduce the risk of ice dams:

- Make sure your gutters are clear of leaves and debris.
- Keep the attic well ventilated so snow doesn't melt and refreeze on the roof's edge.
- Make sure the attic floor is well insulated to minimize the amount of heat rising through the attic from within the house.

Bursting pipes occur when frozen water causes a pressure buildup between the ice blockage and the closed faucet. Pipes in attics, crawl spaces and outside walls are particularly vulnerable to extreme cold. **To keep water in your pipes from freezing:**

- Fit exposed pipes with insulation sleeves or wrapping to slow heat transfer.
 - Seal cracks and holes in outside walls and foundations near water pipes with caulking.
 - Keep cabinet doors open to allow warm air to circulate around pipes.
 - Keep a slow trickle of water flowing through faucets connected to pipes that run through an unheated or unprotected space.
 - Empty exterior hose lines by turning off their water source and allowing them to drain.
- Source: Institute for Business and Home Safety.*

Presidents' Day



Because of the high number of snow days, Monday, February 17th, 2014 is now a school day for all Fairfax County Public School students. This is a full day for all elementary, middle, and high school students. Please be aware as you drive through the neighborhoods that there will be children walking to school and/or waiting for school buses.

Thank you!

February 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14 	15
					Happy Valentine's Day	
16	17 	18	19	20	21	22
	Presidents' Day	HOA Meeting 7:30pm Clubhouse				
23	24	25	26	27	28	
					January 	March 