

The Food Pantries for the Capital District Basic Needs Resource Guide



**Find Help Where You Need It:
Saratoga County**

Thank you to our sponsor:



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Pantries for the Capital District**

**The Food Pantries for the Capital District
d/b/a The Food Pantries
32 Essex Street
Albany, NY 12206
518-458-1167
pantries@thefoodpantries.org
www.TheFoodPantries.org**



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Hotline and Service Referral List

AIDS Counseling and Testing	
<i>For Referrals</i>	(800) 541-2437
<i>For Counseling</i>	(800) 872-2777
Al-Anon <i>for Friends and Families of Alcoholics</i>	(518) 292-0577
Alcoholics Anonymous	(518) 463-0906
Alcoholism and Substance Abuse (NYS Council)	(800) 553-5790
Cancer Services (NYS)	(866) 442-2262
Child Abuse (Prevention)	(518) 447-7177
Child Abuse Hotline (National)*	(800) 422-4453
Child Health Plus (NYS)	(800) 698-4543
Children and Family Services (NYS Office)	(800) 345-5437
Crime Victims Assistance	(518) 855-2263
Domestic Violence Assistance (Unity House)	(518) 273-8255
Domestic Violence Hotline (Equinox)*	(518) 432-7865
Domestic Violence Hotline (Wellspring)*	(518) 584-8188
Eldercare Locator	(800) 677-1116
The Food Pantries for the Capital District	(518) 458-1167
Human Trafficking Hotline (National)*	(888) 373-7888
Hunger Hotline (USDA National)	(866) 3-HUNGRY
	(866) 348-6479
Hunger Hotline (USDA National Español)	(877) 8-HAMBRE
	(877) 842-6273

*24 hour hotlines and referrals

LGBT Domestic Violence Hotline (In Our Own Voices)	(518) 432-4341
Meals on Wheels <i>Home Delivered Meals for Seniors</i>	(518) 363-4020
Medicaid	(518) 884-4148
Narcotics Anonymous	(888) 319-2606
Poison Control*	(800) 222-1222
Psychiatric Center (Capital District Psychiatric Center)	(518) 447-9611
Psychiatric Crisis - Mobile Unit	(800) 543-3720
Rape Crisis Hotline	(518) 447-7716
Social Security Administration	(866) 253-9183
Summer Food Program (USDA)	(518) 380-5583
Suicide Prevention Hotline (National) *	(800) 273-8255

This is not a comprehensive list,
for more information regarding
human service and support agencies please call:

United Way: Dial 211

For Emergencies: Dial 911

*24 hour hotlines and referrals

SARATOGA COUNTY

Saratoga Food Assistance

To find the pantry that serves your neighborhood call:
The Food Pantries for the Capital District - (518) 458-1167

For SNAP (Food Stamp) eligibility prescreening and application information:
NOEP Saratoga (Nutrition Outreach and Education Program) - 518-587-5188 Ext. 412
SNAP Saratoga (Supplemental Nutrition Assistance Program) - (518) 884-4155

Information about the Women, Infants, and Children Program (WIC):
Saratoga Public Health - (518) 288-3232

Information about Summer Meals:
Dial 211, or text "Food" to 877-877

Saratoga Medical Assistance

Cancer Services of Saratoga	(866) 747-6492	Call for Locations
Four Winds Hospital (Mental Health)	(518) 584-3600	30 Crescent Ave, Saratoga Springs
Planned Parenthood of Clifton Park	(518) 383-1783	1673 Route 9, Halfmoon
Planned Parenthood of Saratoga Springs	(518) 584-0041	236 Washington St, Saratoga Springs
Saratoga County Health Department	(518) 583-1202	31 Woodlawn Ave. #1, Saratoga Springs
Saratoga Community Health Center	(518) 886-5600	24 Hamilton St, Saratoga Springs
Saratoga Hospital	(518) 587-3222	211 Church St, Saratoga Springs

Saratoga Community Meals

BREAKFAST

Mon-Fri	7:30 AM - 9:30 AM	Salvation Army Saratoga	27 Woodlawn Ave, Saratoga Springs (518) 584-1640
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LUNCH

Sat Sun	11:45 AM - 1:00 PM 3:00 PM - 4:00 PM	Saratoga EOC	24 Circular St, Saratoga Springs (518) 581-8233
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DINNER

Last 2 Mon of month	6:00 PM	Salvation Army Saratoga	27 Woodlawn Ave. Saratoga Springs (518) 584-1640
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Saratoga Community Resources

CAPTAIN Youth & Family Services	(518) 371-1185	5 Municipal Plaza # 3, Clifton Park
Saratoga EOC	(518) 288-3206	39 Bath Street, Ballston Spa
Franklin Community Center	(518) 587-9826	10 Franklin Street, Saratoga Springs
Legal Aid Society	(518) 587-5188	40 New St, Saratoga Springs
Mechanicville Area Community Center	(518) 664-8322	6 South Main St, Mechanicville

Saratoga County Social Services

Saratoga DSS	(518) 884-4140	152 West High St, Ballston Spa
DSS Adult Protective Services - Saratoga	(518) 714-4826	152 West High St, Ballston Spa

Saratoga Housing and Shelter Assistance

CAPTAIN Youth and Family Services	(518) 371-1185 (518) 369-9928 (24 Hr Youth Shelter Call/Text)	5 Municipal Plaza, Suite 3, Clifton Park
HEAP Saratoga County	(518) 884-4146	152 West High Street Ballston Spa
Mother Susan Anderson Emergency Shelter	(518) 584-3122	60 Caroline St, Saratoga Springs
Shelters of Saratoga	(518) 581-1097	14 Walworth St, Saratoga Springs
Veteran and Community Housing Coalition	(518) 885-0091	20 Prospect St, Building 2, Suite 313, Ballston Spa

Saratoga Clothing and Furniture Assistance

CAPTAIN's Treasures	(518) 383-1788	1705 Route 9, Clifton Park
Franklin Community Center	(518) 587-9826	10 Franklin St, Saratoga Springs
Moreau Community Center Thrift Shop	(518) 792-6007	144 Main St, South Glens Falls
Noah's Attic Thrift Shop	(518) 885-9455	15 West High St, Ballston Spa
Second Hand Rose	(518) 695-4640	116 Broad St, Schuylerville
Upper Room Thrift Shop	(518) 885-6886	101 Milton St, Ballston Spa

**Price points may vary - call ahead for availability and pricing*

The Food Pantries for the Capital District

Mission: To address hunger in the Capital District through our member food pantries. We support our members by providing funding, purchasing, collecting and delivering food. We provide a forum for networking, coordination of services, education and training.



Vision: A dynamic network of well-stocked food pantries nourishing our hungry neighbors in the Capital District.

ABOUT HUNGER IN THE CAPITAL DISTRICT

According to Feeding America, more than 2.67 million children and adults in New York are food insecure. Essentially, more than 13.5% of the population of NY do not have enough food to meet basic nutritional needs.

New York State and Capital District hunger statistics (2015)

New York State

12.6% of total population = 2,502,250 people are food insecure

19.4% of children = 819,460 infants and children are food insecure

Albany County

13.0% of total population = 40,070 people are food insecure

17.3% of children = 10,230 infants and children are food insecure

Rensselaer County

11.7% of total population = 18,720 people are food insecure

19.1% of children = 6,250 infants and children are food insecure

Saratoga County

8.8% of total population = 19,760 people are food insecure

15.6% of children = 7,520 infants and children are food insecure

Schenectady County

11.8% of total population = 18,210 people are food insecure

18.7% of children = 6,380 infants and children are food insecure

TRUTH AND MYTH OF THE SNAP (formerly called food stamps) PROGRAM

MYTH-SNAP provides enough food to the hungry

TRUTH-On average, 41.5% of the hungry in our 4 counties do not qualify for SNAP, according to Feeding America

TRUTH-benefits typically supply enough food for only 3 weeks of the month

TRUTH-Snap only provides approximately a \$4.67 per day food allowance, according to Center on Budget and Policy Priorities

TRUTH-Some people who are food insecure do not want to apply for SNAP—they just need short-term assistance or only visit a pantry to fill a gap in income

ABOUT THE FOOD PANTRIES—QUICK FACTS

- The Food Pantries is a coalition of more than 60 food pantries
- Our service area is Albany, Rensselaer, Saratoga, and Schenectady Counties
- The Food Pantries was founded in 1979.
- We collect food from food drives for free distribution to our member pantries
- The community can help by hosting Food and Fund Drives
- \$1 can help provide 6.25 pounds of food to the hungry
- All of the services we provide to our members are completely free for them to utilize



HOW THE FOOD PANTRIES HELPS FEED THE HUNGRY IN OUR COMMUNITIES

In 2016, we helped fund, collect and deliver enough food for more than 2.7 million meals and 274,754 pantry visits

Delivery Service—1,380 tons of food delivered to our member pantries

Food Drives—241,812 pounds of food collected

Infant Needs— 108,772 diapers and 1,721 cans of formula distributed

Food Funding—Money is put on account at the food bank for the food pantries to pay for food, and we purchase milk vouchers, grocery store gift certificates and produce gift certificates.

Information and Referrals— 1,511 people were referred to pantry services and additional programs.

WHO WE SERVE THROUGH OUR MEMBER PANTRIES (2016 Numbers and Statistics)

Approximately 47,088 people access food from our member food pantries each year. On average, an individual visits a pantry approximately 5 times each year. Some use a food pantry in the event of a crisis and some need food pantries to alleviate a chronic state of food insecurity.

100,252 pantry visits by infants and children (ages 0-17)

152,466 pantry visits by adults (ages 18-59)

22,036 pantry visits by senior citizens (ages 60+)

We are maintaining the highest service levels in our coalition's history