



In 2005, a dedicated group of volunteers founded the Autism Awareness Walk with hopes of raising the community's awareness about the prevalence of Autism Spectrum Disorders while also raising funds to benefit people with ASD. The community welcomed the Walk with open arms; as a result, it has grown each year. In 2010, the community showed such support for the Autism Awareness Walk that a decision was made to start a non-profit organization to ensure that all funds raised would benefit the local and surrounding communities with greater impact. In 2011, Autism Alliance of Northeastern NY was born, with a mission to empower individuals and families touched by Autism Spectrum Disorders through support and education.

At present, the Autism Awareness Walk is the sole source of support for Autism Alliance. Funds raised at the 2012 Walk were used to fund four workshops and five family events. Seven grants were provided to local agencies and/or schools. In addition, eight iPads for individuals with communication disorders were granted, and a lending library with autism-related literature was created.

One of the goals of Autism Alliance is to assist in connecting families with local resources. This pamphlet is one way we hope to do that. Autism is a spectrum disorder that requires a spectrum of resources. While no resource is perfect for every individual, we have strived to provide every possible resource that we are aware of in the greater Plattsburgh area so that you may find one or more that fit your needs.

**Please visit our website, [www.aaneny.org](http://www.aaneny.org), and find us on Facebook, for more autism resources and information about our upcoming events.**

*Thank you for your support!*

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## **Doctors/Agencies that Specialize in Developmental Evaluations and/or Diagnostic Evaluation of Autism**

*There are many doctors and agencies that can provide your child with a developmental evaluation and/or a diagnostic evaluation to determine the presence of an autism spectrum disorder. It is important to do your homework and find an evaluator that both you and your child can feel comfortable with. This is a sampling of doctors and agencies throughout New York State.*

### **Albany Medical Group**

Dr. Judith A. Lucas  
1 Clara Barton Drive  
Albany, NY 12208

Phone: (518) 262-5588

### **Autism Associates of New York**

77 Froehilch Farm Blvd  
Woodbury, NY 11797  
Website: [www.autismny.com](http://www.autismny.com)

Phone: (516) 921-3456

### **Autism Spectrum Disorder Evaluations**

Dr. Kimberly Gilbert, PhD  
175 West 79<sup>th</sup> Street Suite 1A  
New York, NY 10024  
Website: [www.autismevaluations.com](http://www.autismevaluations.com)

Phone: (646) 648-2085

### **Capital Care Developmental-Behavioral Pediatrics\***

Dr. Anthony F. Malone  
Dr. Scott C. Bello  
Dr. Diane A. Bourke  
Dr. Barbara Nan Samuels  
Dr. Daniel Greenblatt  
7B Johnson Road  
Latham, NY 12110

*\*Offices in Albany and Clifton Park also*

Phone: (518) 782-7733

### **Center Health Care**

Dr. Micaela Nordhauser  
Dr. Eileen Ehrenberg  
314 South Manning Boulevard  
Albany, NY 12208

Phone: (518) 453-2273

**Children's Annex Center for Diagnostic and Consultation Services**

70 Kukuk Lane  
Kingston, NY 12401

Phone: (845) 336-2616 Ext. 123

Website: [www.centerforspectrumservices.org](http://www.centerforspectrumservices.org)

**CHIP, Inc. (Children's Home Intervention Program)**

4024 Amboy Road  
Staten Island, NY 10308  
Website: [www.chipny.com](http://www.chipny.com)

Phone: (718) 984-9022

**The Kelberman Center**

1601 Armory Drive  
Utica, NY 13501  
Website: [www.kelbermancenter.org](http://www.kelbermancenter.org)

Phone: (315) 797-6241

**Kiononia Healthcare**

Dr. Deborah Leadholm Kriss  
553 Clinton Avenue  
Albany, NY 12206

Phone: (518) 689-0282

**Neuropsychology Clinic and Psychoeducational Services (SUNY Spectrum Program)**

Dr. Jeanne P. Ryan, Director  
101 Broad Street, Beaumont Hall Suite 260  
Plattsburgh, NY 12901  
Website: [tbicenter.org/neuropsychological\\_evaluations.html](http://tbicenter.org/neuropsychological_evaluations.html)

Phone: (518) 564-2046

Fax: (518) 564-3397

Email: [Clinic@tbicenter.org](mailto:Clinic@tbicenter.org)

**Robert Warner MD Center for Children with Special Needs**

Women & Children's Hospital  
936 Delaware Avenue  
Buffalo, NY 14222

Phone: (716) 878-1271

**Westchester Institute for Human Development**

David Kuhn, PhD, BCBA-D  
20 South Plaza West  
Cedarwood Hall  
Valhalla, NY 10595

Phone: (914) 493-8150

Email: [wihd@wihd.org](mailto:wihd@wihd.org)

## **Early Intervention and Preschool Services - Representatives**

*If you have concerns about your child's growth and development, first discuss it with your pediatrician, then contact a representative in your area. They will accept qualified referrals and assist you in having your child evaluated to determine if he/she qualifies for Special Instructional, Speech/Language Services, Physical or Occupational Therapy, Counseling Services, Nutrition or Nursing Services, and/or Audiology services. Children under the age of 3 are evaluated through the Early Intervention Program; children ages 3 to 5 through the Preschool Special Education Program. There is no charge to families.*

### **Adirondack Community Action Program**

7572 Court Street, Suite 2  
Elizabethtown, NY 12932

Phone: 877-873-2979 Ext. 235

Email: [suek@saccn.org](mailto:suek@saccn.org)

### **Clinton County Health Department**

Vicki Driscoll, Preschool Representative  
Pam LeFebvre, Supervising Public Health Nurse  
Nancy Smith, Director of Prevention Services  
133 Margaret Street  
Plattsburgh, NY 12901

Phone: (518) 565-4798

Email: [driscollv@co.clinton.ny.us](mailto:driscollv@co.clinton.ny.us)

Email: [lefebvre@co.clinton.ny.us](mailto:lefebvre@co.clinton.ny.us)

Email: [smithn@co.clinton.ny.us](mailto:smithn@co.clinton.ny.us)

Fax: (518) 565-4509

### **Essex County Public Health**

Susan Allott, Children with Disabilities Director  
132 Water Street  
P.O. Box 217  
Elizabethtown, NY 12932

Phone: (518) 873-3522

Fax: (518) 873-3863

Email: [sallot@co.essex.ny.us](mailto:sallot@co.essex.ny.us)

### **Franklin County Community Services**

125 Catherine Street Room 10 1  
Malone, NY 12953

Phone: (518) 483-1709 or 1710

Email: [FCHealth@co.franklin.ny.us](mailto:FCHealth@co.franklin.ny.us)

### **Franklin County Public Health**

Cathy Werley, Early Intervention Manager  
Mailing Address: 355 West Main Street  
Location: 125 Catherine Street  
Malone, NY 12953

Phone: (518) 481-1673

In Saranac Lake: (518) 891-4471

Fax: (518) 483-9378

Email: [cwerley@co.franklin.ny.us](mailto:cwerley@co.franklin.ny.us)

### **Franklin Day Care Development Office**

26 Raymond Street  
Malone, NY 12953

Phone: (518) 483-5151

## Early Intervention and/or Preschool Providers of Special Education Services and Related Therapies

*If an evaluation determines that your child qualifies for services, the Early Intervention Program will provide those services for children under the age of 3 who have a developmental delay or a diagnosed disability. The Preschool Program provides services that assist in growth and development to eligible children ages 3 to 5 who have a disability that affects their learning. Early Intervention and Preschool services are provided at no charge to families.*

*The following agencies are providers of Special Instructional, Speech and Language Services, Physical Therapy, Occupational Therapy, Counseling Services, Nutrition Services, Nursing Services, and/or Audiology services.*

**Adirondack Helping Hands**  
427 Margaret Street  
Plattsburgh, NY 12901  
Contact(s): Christy Bezrutcyzk

Phone: (518) 561-6361  
Fax: (518) 561-6367  
Email: [christy@adkhelphinghands.net](mailto:christy@adkhelphinghands.net)

**Child Development Group for Speech, OT & PT**  
1850 Main Street  
Keeseville, NY 12944  
Contact: Margie Carter

Phone: (518) 578-4912  
Email: [cdg2010@charter.net](mailto:cdg2010@charter.net)

**Clinton County Public Health Department**  
133 Margaret Street  
Plattsburgh, NY 12901

Phone: (518) 565-4798

**Essex County Public Health Department**  
132 Water Street PO Box 217  
Elizabethtown, NY 12932

Phone: (518) 872-3500  
Fax: (518) 873-3539

**Franklin County Public Health Department**  
125 Catherine Street Room 101  
Malone, NY 12953

Phone: (518) 481-1709 (Malone)  
Phone: (518) 891-4471 (Saranac Lake)

**North Country Kids**  
22 New York Road  
Plattsburgh, NY 12903  
Contact: Stephanie Girard

Phone: (518) 561-3803  
Email: [sgirard@nckidsinc.org](mailto:sgirard@nckidsinc.org)

**Committee on Special Education Chairpersons  
And Committee on Preschool Special Education Chairpersons**

*Nothing is more important than your child's education. It is good practice to get to know the chairperson in your district.*

<b>District/ Chairperson</b>	<b>Address</b>	<b>Phone Number/Fax</b>	<b>Email</b>
Ausable Valley Central School <b>Brigid Shea</b>	1490 Rt. 9 North Clintonville, NY 12924	(518) 834-2800 Ext. 3505, Fax (518) 834-2847	<a href="mailto:shea.brigid@avcsk12.org">shea.brigid@avcsk12.org</a>
Beekmantown Central School <b>LeeAnn Short</b>	37 Eagle Way West Chazy, NY 12992	(518) 563-0757 Fax (518) 324-3697	<a href="mailto:short.leeann@bcsdk12.org">short.leeann@bcsdk12.org</a>
Brushton-Moira Central School <b>Catherine Devins</b>	758 County Rt. 7 Brushton, NY 12916	(518) 529-7342 Ext. 119 Fax (518) 529-6062	<a href="mailto:cdevins@mail.fehb.org">cdevins@mail.fehb.org</a>
Chateaugay Central School <b>Loretta Fowler</b>	42 River Street Chateaugay, NY 12920	(518) 497-6290 Fax (518) 497-3170	<a href="mailto:lfowler@mail.fehb.org">lfowler@mail.fehb.org</a>
Chazy Central Rural School <b>Theda Wilfore</b>	609 Miner Farm Road Chazy, NY 12921	(518) 846-8885 Ext. 519 Fax (518) 846-8515	<a href="mailto:twilfore@chazy.org">twilfore@chazy.org</a>
Crown Point Central School <b>Tieah Gunnison</b>	P.O.Box 35 Crown Point, NY 12928	(518) 597-3285 Ext.3286 Fax (518) 597-4121	<a href="mailto:tgunnison@cpcsteam.org">tgunnison@cpcsteam.org</a>
Elizabethtown- Lewis Central School <b>Jennifer Bull</b>	P.O. Box 158, Court Street Elizabethtown, NY 12932	(518) 873-6371 Ext. 209 Fax (518) 873-9552	<a href="mailto:jbull@elcsd.org">jbull@elcsd.org</a>
Keene Central School <b>Kristy Westvang</b>	33 Market Street Keen Valley, NY 12943	(518) 576-4555 Fax (518) 576-4599	<a href="mailto:cse@keenecentralschool.org">cse@keenecentralschool.org</a>
Lake Placid Central School <b>Javier Perez</b>	34 School Street Lake Placid, NY 12946	(518) 523-2474 Ext. 4013 Fax (518) 523-2707	<a href="mailto:jperez@lpcsd">jperez@lpcsd</a>

Long Lake Central School <b>Tisha White</b>	School Street, P.O. Box 217 Long Lake, NY 12847	(518) 624-5330 Fax (518) 624-3896	<a href="mailto:twhite@mail.fehb.org">twhite@mail.fehb.org</a>
Malone Central School Districts <b>Marcie Bright and Mary Jane Latreille</b>	42 Huskie Lane P.O. Box 847 Malone, NY 12953	(518) 483-9487 Fax (518) 483-3071	<a href="mailto:mbright@mail.fehb.org">mbright@mail.fehb.org</a> <a href="mailto:mlatreril@mail.fehb.org">mlatreril@mail.fehb.org</a>
Moriah Central School District <b>Carrie Langey</b>	39 Viking Lane Port Henry, NY 12974	(518) 546-3301 Ext. 409 Fax (518) 546-7895	<a href="mailto:clangey@moriahk12.org">clangey@moriahk12.org</a>
Northeastern Clinton Central School <b>Kim Hunt</b>	Route 276 Champlain, NY 12919	(518) 298-4031 Fax (518) 298-7892	<a href="mailto:khunt@nccscougar.org">khunt@nccscougar.org</a>
Northern Adirondack Central School <b>Cindy Hoff</b>	P.O. Box 164 Ellenburg Depot, NY 12935	(518) 594-3986 Ext. 2555 Fax (518) 594-7255	<a href="mailto:choff@nac1.org">choff@nac1.org</a>
Peru Central School District <b>Irene Stephney and Kathy Caron</b>	P.O. Box 68 Peru, NY 12972	(518) 643-6040 (518) 643-6322 Fax (518) 643-6045 (518) 643-6465	<a href="mailto:istephney@perucsd.org">istephney@perucsd.org</a> <a href="mailto:kcaron@perucsd.org">kcaron@perucsd.org</a>
Plattsburgh Central School District <b>Claudine Selzer</b>	49 Broad Street Plattsburgh, NY 12901	(518) 563-6262 Ext. 6099 Fax (518) 247-4955	<a href="mailto:cselzer@plattscsd.org">cselzer@plattscsd.org</a>
Putnam Central School <b>Ashley Bigelow</b>	126 County Route 2, P.O. Box 91 Putnam Station, NY 12861-0091	(518) 547-8266 Fax (518) 547-9567	<a href="mailto:Ashley.bigelow@Putnamcsd.org">Ashley.bigelow@Putnamcsd.org</a>
Salmon River Central School <b>Allen Gravell</b>	637 County Rt. 1 Fort Covington, NY 12937	(518) 358-6630 Fax (518) 358-9776	<a href="mailto:agravell@mail.fehb.org">agravell@mail.fehb.org</a>
Saranac Central School <b>Carol Casey or Kathleen Moore</b>	P.O. Box 8 Saranac, NY 12981	(518) 565-5646 (518) 565-5980 Fax (518) 565-5701	<a href="mailto:ccasey@saranac.org">ccasey@saranac.org</a> <a href="mailto:kmoore@saranac.org">kmoore@saranac.org</a>



Saranac Lake Central School <b>Chad McCarthy</b>	79 Canaras Avenue Saranac Lake, NY 12983	(518) 897-1409 Fax (518) 891-6773	<a href="mailto:mccarthcha@slcs.org">mccarthcha@slcs.org</a>
Schroon Lake Central School <b>David Williams</b>	Box 338, Main St Schroon Lake, NY 12870	(518) 532-7164 Ext. 3387 Fax (518) 532-0284	<a href="mailto:dwilliams@schroonschool.org">dwilliams@schroonschool.org</a>
Ticonderoga Central School <b>Dianne Shapiro</b>	Alexandria Avenue Ticonderoga, NY 12883	(518) 585-7400 Ext. 2220 Fax (518) 585-9065	<a href="mailto:dshapiro@ticonderogak12.org">dshapiro@ticonderogak12.org</a>
Tupper Lake Central School <b>Kelly Wight</b>	25 Chaney Avenue Tupper Lake, NY 12986	(518) 359-3322 Ext. 2023 Fax (518) 359-9636	<a href="mailto:kellyw@tupperlakecsd.net">kellyw@tupperlakecsd.net</a>
Westport Central School <b>Michele Friedman</b>	25 Sisco Street Westport, NY 12993	(518) 962-8244 Fax (518) 962-4571	<a href="mailto:friedmanm@westportcs.org">friedmanm@westportcs.org</a>
Willsboro Central School <b>Mark Robinson</b>	School Street, P.O.Box 180 Willsboro, NY 12996	(518) 963-4456 Ext. 209 Fax (518) 963-7577	<a href="mailto:Mrobinson@willsborocsd.org">Mrobinson@willsborocsd.org</a>

## Board of Cooperative Educational Services (BOCES)

Champlain Valley Educational Services <b>Director- Roxanne Pombrio</b>	P.O. Box 455 1585 Military Turnpike Road Plattsburgh, NY 12901	(518) 561-0100 Ext. 291 Fax (518) 561-5624	<a href="mailto:Roxanne.pombrio@cves.org">Roxanne.pombrio@cves.org</a>
Champlain Valley Educational Svc. Yandon-Dillon <b>Principal- Grace Stay</b>	Yandon Dillion Educational Center P.O. Box B Mineville, NY 12956	518) 942-6691 Fax (518) 942-3368	<a href="mailto:Grace.stay@cves.org">Grace.stay@cves.org</a>
Franklin-Essex- Hamilton BOCES <b>Principal- Lorraine Childs</b>	PO Box 28 23 Husky Lane Malone, NY 12953	(518) 483-6420 Fax (518) 483-2178	<a href="mailto:lchilds@mail.fehb.org">lchilds@mail.fehb.org</a>

## **Medicaid Service Coordination**

*Medicaid Service Coordination (MSC) is a program designed to help people with developmental disabilities live independent and productive lives in the community according to their own dreams and desires. Through Medicaid Service Coordination, the individual and/or family works in a partnership with a qualified service coordinator to develop and maintain a personalized plan designed to meet individual needs and unique goals.*

*Medicaid Service Coordinators provide assistance and advocacy in many areas, including finding a day program, medical providers, residential placement, recreational activities, financial supports (such as SSI or food stamps), respite, community integration, etc.*

*In order to receive Medicaid Service Coordination, a person must meet the following criteria: Have a documented diagnosis of a developmental disability (such as an autism spectrum disorder); exhibit significant adaptive behavior skill deficits; demonstrate a need for ongoing and comprehensive service coordination; apply, qualify for, and enroll in Medicaid or a Medicaid Waiver program. Please note other criteria do exist. Contact a provider for more information.*

### **The Adirondack ARC**

12 Mohawk Street  
Tupper Lake, NY 12986  
Contact: Sara Stone

Phone: (518) 483-8497  
Ext. 111  
Email: [SStone@AdirondackARC.org](mailto:SStone@AdirondackARC.org)

### **Advocacy & Resource Center**

231 New York Road  
Plattsburgh, NY 12903  
Contact(s): Jessie Bailey, MSC Supervisor

Phone: (518) 563-0930  
Email: [jbailey@cviarc.org](mailto:jbailey@cviarc.org)

### **Cerebral Palsy of the North Country**

686 Bear Swamp Road, Suite 2  
Peru, NY 12972  
Contact: Walt Russell

Phone: (518) 643-0188

### **Essex County Developmental Disabilities Services Office (DDSO)**

2445 State Route 30  
Tupper Lake, NY 12986

Phone: (518) 359-7489

**Family's Choice of the North Country, Inc.**  
1 Collins Street  
Chateaugay, NY 12901  
Contact: Terry Poupore, Executive Director

Phone: (518) 497-6340  
(518) 497-6342

**Franklin County Developmental Disabilities Services Office (DDSO)**

2445 State Route 30  
Tupper Lake, NY 12986

Phone: (518) 359-2962  
Fax: (518) 359-7657

**Mountain Lake Services**

10 Patrick's Place  
Port Henry, NY 12974  
Contact(s): Sarah Louer/Amanda Laslow

Phone: (518) 546-3381

**Office for People with Developmental Disabilities NYS (OPWDD) Main Office**

44 Holland Avenue-3<sup>rd</sup> Floor  
Albany, NY 12229

Phone: (866) 946-9733

**Residential Resources**

Glenwood Plaza  
3384 Main Street, Suite 200  
Peru, NY 12972  
Contact: Kevin Defayette  
Website: [www.resresources.com](http://www.resresources.com)

Phone: (518) 643-0100  
or (518) 643-0300  
Fax: (518) 643-0200

**SUNY Plattsburgh TBI Center**

Beaumont Hall, Suite 404  
101 Broad Street  
Plattsburgh, NY 12901  
Contact: Heather Kipp

Phone: (518) 564-3392

**Sunmount Developmental Disabilities Services Office (DDSO)\***

159 Margaret Street, Suite 104  
Plattsburgh, NY 12901  
*\*Serves Clinton & Essex Counties*

Phone: (518) 561-8190  
Fax: (518) 561-1558

## **Local Agencies**

*There are many agencies in our community that serve children and adults with autism spectrum disorders. Some of these agencies exist to serve the general public; others exist solely to serve the autism population; others are geared to serve individuals with developmental disabilities, emotional/behavioral challenges, neurological deficits, and/or autism spectrum disorders. Here are some of the agencies that may be able to offer you assistance, as well as a brief synopsis of what each agency has to offer:*

### **Adirondack Arc \*OPWDD Provider**

Phone: (518) 359-3351

12 Mohawk Street  
Tupper Lake, NY 12986  
Website: [www.adirondackarc.org](http://www.adirondackarc.org)

*Provides support for individuals with special needs and their families by supporting education, home life, productive employment, community involvement, recreational services, and advocacy.*

### **Adirondack Community Action Programs, Inc.**

Phone:(518) 873-3207 or  
1-877-873-2979

Alan Jones, Executive Director  
7572 Court Street, P.O. Box 848  
Elizabethtown, NY 12932  
Website: [www.acapinc.org](http://www.acapinc.org)

Fax: (518) 873-6845  
Email: [ajones@acapinc.org](mailto:ajones@acapinc.org)

*Provides comprehensive services to children, adults, seniors, and families to help promote personal development, healthy independence, and improved quality of life.*

### **Adirondack Leadership Expeditions**

Phone: (877) 518-0831

82 Church Street  
Saranac Lake, NY 12983

*Provides a wilderness program for at-risk teens ages 13 to 17. Helps adolescents address personal issues, achieve success in a safe environment, and develop their leadership potential. Addresses peer relationships, self-esteem, anxiety and fears, behavioral issues, obsessive-compulsive disorder, anger management, etc.*

### **Adirondack Psychiatric Association**

Phone: (518) 561-0063

Dr. Daniela Gitlin and Dr. Kevin Gitlin  
3 Cumberland Avenue  
Plattsburgh, NY 12901

*Provides diagnosis of brain disorders of emotion, thought, and behavior; treatment may include medication management in addition to counseling and therapy (adults only). Committed to helping individuals regain and maintain glowing mental health.*

**Adirondack Stables/Manely Magic Therapeutic Riding** Phone: (518) 493-3211

Amy LaValley  
87 Atwood Lane  
West Chazy, NY 12992-2844  
Website: [www.adirondackstable.net](http://www.adirondackstable.net)

*Provides therapeutic riding services, which can increase mobility, endurance, stamina, balance and trunk control, and may contribute to anxiety reduction and an increase in self-esteem.*

**Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-VR)  
(Formerly VESID)- District Office**

Steve Novacich  
209 West Main Street, Suite 3  
Malone, NY 12953  
Website: [www.acces.nysed.gov/vr/malone/home](http://www.acces.nysed.gov/vr/malone/home)

Phone: (518) 483-3530 or  
1-800-882-2803  
Fax: (518) 483-3552  
Email: [snovacic@mail.nysed.gov](mailto:snovacic@mail.nysed.gov)

*Provides vocational rehabilitation and independent living programs, coordinates policy and services relating to transition services for students with disabilities from school to adult services.*

**Advocacy & Resource Center \*OPWDD Provider**

231 New York Road  
Plattsburgh, NY 12901  
Website: [www.cviarc.com](http://www.cviarc.com)

Phone: (518) 563-0930  
Fax: (518) 561-2514

*Provides vocational programs, community integration, therapeutic intervention, and residential options. Focuses on helping people with developmental disabilities become an active participant in their community through personal skills development, social activities, employment, and volunteerism. Also provides a monthly social skills group for children with autism spectrum disorders, with sibling support groups and/or parent trainings.*

**Autism Alliance of Northeastern NY**

P.O. Box 1884  
Plattsburgh, NY 12901  
Website: [www.aaneny.org](http://www.aaneny.org)

Phone: (518) 570-7225  
Email: [admin@aaneny.org](mailto:admin@aaneny.org)

*Our mission is to empower individuals and families touched by autism spectrum disorders through support and education. We are committed to educating the community, fostering community inclusion, connecting families with local resources, and improving awareness and understanding. We provide quarterly educational workshops and family events, maintain a lending library with autism-related literature, and provide grants to local agencies and individuals.*

**Behavioral Health Services North, Inc.**

Child and Family Services  
22 U.S. Suite 11  
Plattsburgh, NY 12903  
Website: [www.bhsn.org](http://www.bhsn.org)

Phone: (518) 561-1767

Fax: (518) 563-2104

*Provides counseling services (including medication management) to children with emotional and/or behavioral challenges and mental health issues. Also focuses on prevention, education, and advocacy services. Programs include adventure-based counseling, intensive and supportive case management, family-based intervention, child and family respite program, home and community-based services waiver, etc.*

**Butternut Ridge Farm/Thera-Pets Inc.**

648 Calkins Road  
Peru, NY 12972  
Website: [butternutridgedonkeys.org](http://butternutridgedonkeys.org)

Phone: (518) 643-8295

Email: [rekrapnek@charter.net](mailto:rekrapnek@charter.net)

*Provides a program for promoting healing and a sense of well-being through contact with therapeutic miniature donkeys. Able to travel to facilities or individual homes for a visitation program tailored to individual needs and abilities.*

**Catholic Charities**

*Clinton and Essex County Area*

Portia Allie-Turco, Director  
4914 South Catherine Street  
Plattsburgh, NY 12901

*Franklin County Area*

Joelle Lamica, Director  
57 Rennie Street, P.O. Box 896  
Malone, NY 12953

Phone: (518) 561-0470

Fax: (518) 561-0472

Email: [pxturco@yahoo.com](mailto:pxturco@yahoo.com)

Website: [www.cathcharities.org](http://www.cathcharities.org)

Phone: (518) 483-1460

Fax: (518) 483-8240

Email: [jlamica@nnymail.com](mailto:jlamica@nnymail.com)

Website: [www.cathcharities.org](http://www.cathcharities.org)

*Provides counseling services to individuals and families; promotes national and international awareness and advocacy for at-risk members of the community.*

**Center for Autism and Related Disorders (CARD)**

1535 Western Avenue  
Albany, NY 12203  
Website: [www.albany.edu/autism](http://www.albany.edu/autism)

Phone: (518) 442-2574

Fax: (518) 442-4834

Email: [card@albany.edu](mailto:card@albany.edu)

*Provides evidence-based training and support for families and professionals, home and school consultation services, on-line training/continuing education, and curriculum-based learning. Through ongoing research, contributes knowledge to the field of autism spectrum disorders.*

**Center for Disability Services**  
314 South Manning Blvd  
Albany, NY 12208

Phone: (518) 437-5700

*Provides developmental pediatrics (developmental evaluations birth to age 5, disorders of learning, language, motor function, and social engagement including autism, Asperger Syndrome, ADHD, fetal alcohol spectrum disorder, dyspraxia, and cerebral palsy), a seizure clinic, a dental clinic, and other specialty services.*

**Child Care Coordinating Council of the North Country, Inc.**

Jamie Basiliere, Executive Director  
P.O. Box 2640 (194 U.S. Oval)  
Plattsburgh, NY 12901  
Website: [www.ccccnc.org](http://www.ccccnc.org)

Phone: (518) 561-4999  
Fax: (518) 561-6956  
Email: [Jamie@primelink1.net](mailto:Jamie@primelink1.net)

*Provides parent-child play groups, free developmental screenings, child care resources & referrals, parenting education & support, Parents Anonymous® groups in conjunction with child care, supervised visitation services, Kinship Caregiver Services, Professional Development for child care providers, etc.*

**Citizen Advocates, Inc. (North Star Family of Services) \*OPWDD Provider**

Susan Delehanty, Executive Director  
209 Park Street  
Malone, NY 12953  
Email: [susandelehanty@citizenadvocates](mailto:susandelehanty@citizenadvocates)  
Website: [www.citizenadvocates.net](http://www.citizenadvocates.net)

Phone: (518) 651-2290  
Fax: (518) 483-2242

*Provides children's residential services, vocational programs, community support services, residential programs, day program services, etc., for people with developmental disabilities, mental health needs, and/or chemical dependency issues.*

**Clinton County Mental Health**

16 Ampersand Drive  
Plattsburgh, NY 12901  
Website: [www.clintoncountygov.com/departments/MHAS/MHASmain](http://www.clintoncountygov.com/departments/MHAS/MHASmain)

Phone: (518) 565-4060  
Email: [MentalHealth@co.clinton.ny.us](mailto:MentalHealth@co.clinton.ny.us)

*Provides mental health services including psychotherapy, consultation, and evaluation to those in need. Oversees the planning, development, and coordination of services for all mental health, chemical dependency, and development disability services. Operates both mental health and addiction outpatient treatment clinics.*

**Clinton-Essex-Franklin County Library System**  
33 Oak Street  
Plattsburgh, NY 12901  
Website- [www.cefls.org](http://www.cefls.org)

Phone: (518) 563-5190  
Fax (518) 563-0421  
Email: [info2@cefls.org](mailto:info2@cefls.org)

*Provides lending materials including autism-related literature, books on behavioral interventions, alternative therapies, etc.*

**ComLinks, Community Action Partnership**  
Brian Cassini  
343 W. Main Street  
Malone, NY 12953  
Website: [www.comlinkscaa.org](http://www.comlinkscaa.org)

Phone: (518) 483-1261 Ext. 1015  
Fax: (518) 483-8955  
Email: [brian.cassini@comlinkscaa.org](mailto:brian.cassini@comlinkscaa.org)

*Provides services that assist individuals in attaining the appropriate skills, knowledge, and motivation to become self-sufficient and reach their full potential, to live in decency with dignity.*

**CVES Career Pathways Stipend Program**  
Roxanne Pombrio  
P.O. Box 455, 1585 Military Turnpike  
Plattsburgh, NY 12901  
Website: [www.cves.org](http://www.cves.org)

Phone: (518) 561-0100  
Fax:(518) 561-5624  
Email: [roxanne.pombrio@cves.org](mailto:roxanne.pombrio@cves.org)

*Provides students ages 14 – 21 years with a series of programs and opportunities to develop the skills they will need to live, learn and earn within the community. Provides each student with the support and guidance needed to ensure successful transition from school to the adult world.*

**Families First in Essex County**  
JoAnne Caswell, Executive Director  
196 Water Street, P.O. Box 565  
Elizabethtown, NY 12932  
Website: [www.familiesfirstessexcounty.org](http://www.familiesfirstessexcounty.org)

Phone: (518) 873-9544  
Fax: (518) 873-9570  
Email: [jcaswell@familiesfirstessex.org](mailto:jcaswell@familiesfirstessex.org)

*Provides an array of services that support families of children with emotional and/or behavioral challenges, including Family Support, Case Management, and Individualized Planning.*

**Family Champions of the North Country**  
Karen Pioli, Executive Director  
46 Pine Street  
Tupper Lake, NY 12986  
Website: [www.familychampionsnc.org](http://www.familychampionsnc.org)

Phone: (518) 359-9110  
Email: [familychampions@yahoo.com](mailto:familychampions@yahoo.com)

*Provides services that help families of children with special needs gain access to information, support, and services. A parent-run organization.*



**Four Winds Saratoga & Psychiatric Services**

Phone: (518) 584-3600

30 Crescent Avenue  
Saratoga Springs, NY 12866  
Website: [www.fourwindshospital.com](http://www.fourwindshospital.com)

*Provides a comprehensive range of mental health treatment for children, adolescents, and adults, with four levels of treatment intensity. Child and Adolescent Outpatient Program provides specialized outpatient services for children and adolescents, up to age 17, who have been identified with a psychiatric disorder (anxiety, depression, dual-diagnosis, obsessive-compulsive issues, etc.). Focus on short-term medication management along with active family involvement.*

**Havelick, Dr. Raymond - Psychologist, PhD, ABPP**

Phone: (518) 966-2934

30 Cayuga Way  
Lake Placid, NY 12946

*Provides cognitive-behavioral therapy (age 6 and up) for anxiety, depression, and for families with children with ADD/ADHD, behavior challenges, learning problems, anxiety issues, and oppositional defiant disorders, emphasizing psychological and neuro-psychological assessments to achieve appropriate diagnoses and targeted treatment solutions.*

**Head Start - Adirondack Community Action Programs, Inc.** \*Serving Lake Placid, Moriah, Saranac Lake, Au Sable Forks, Elizabethtown, Lewis, Essex, Ticonderoga

7572 Court Street Suite 2  
PO Box 848  
Elizabethtown, NY 12932

Phone: (518) 873-3207

Website: [www.acapinc.org/programs/head-startearly-head-start](http://www.acapinc.org/programs/head-startearly-head-start)

*Provides a comprehensive preschool program designed to foster healthy development in children ages 3 – 5, filled with experiences that support the social, health, nutritional, educational, and emotional needs of children. Early Head Start offers early childhood and family development services to children from birth to 3 years old, pregnant women and families.*

**Head Start - Joint Council for Economic Opportunity of Clinton & Franklin Counties**

\*Serving Plattsburgh, West Plattsburgh, Peru, Saranac, Keeseville, Chateaugay, Champlain, Malone, Ellenburg Depot, Tupper Lake

54 Margaret Street  
Plattsburgh, NY 12901

Phone: (518) 561-6310

Email: [bishop@jceo.org](mailto:bishop@jceo.org)

Website: [www.jceo.org/programs.cfm?program=head-start](http://www.jceo.org/programs.cfm?program=head-start)

*Provides a comprehensive early childhood education program providing services to income eligible families with children ages three and four, to meet the needs of each individual child to prepare them for kindergarten, and to assist families in finding and accessing community supports. Early Head Start offers early childhood and family development services to children from birth to 3 years old, pregnant women and families.*

**Horses in Motion**

Alexandra Barie - Carter Horse Farm  
591 Lake Shore Road  
Chazy, NY 12921  
Website: [www.horsesinmotion.net](http://www.horsesinmotion.net)

Phone: (518) 420-2487

*Provides riding lessons (English-style), with expertise in children ages 2 -15, and adults who have never ridden before, in a safe and fun atmosphere.*

**Impeerium Peer Network/NAMI-CV**

14 Healey Avenue, Suite E  
Plattsburgh, NY 12901  
Website: [www.nami-cv.org](http://www.nami-cv.org)

Phone: (518) 324-6250

Email: [recoverycenter@nami-cv.org](mailto:recoverycenter@nami-cv.org)

*Provides a peer-based program of mutual support to those who have used or are currently using mental health services. Assists peers along their journey toward recovering by helping them to command the power within themselves to succeed. Monthly activities include: community outings, art classes, emotional support group, Zumba, skill building, volunteering, etc.*

**Medicine Horse \*OPWDD Provider**

Marie Postiglioni-Dupell  
38 Lizzies Lane  
Morrisonville, NY 12962  
Website: [www.medicinehorsefarm.org](http://www.medicinehorsefarm.org)

Phone: (518) 566-7217

Email: [marie@medicinehorsefarm.org](mailto:marie@medicinehorsefarm.org)

*Promotes physical wellness and emotional healing to those with physical, medical, or emotional challenges, in partnership with horses; aimed to help the participants reach their full potential. Programs include Therapeutic Riding, Equine Assisted Learning, Vocational Training Program, therapeutic horticulture assisted activities, therapeutic nature-based assisted activities, and Veterans Equine Assisted Therapy program.*

**Mental Health Association in Essex County**

Valerie Ainsworth, Executive Director  
6096 NYS Route 9N  
Westport, NY 12993  
Website: [www.mhainessexny.org](http://www.mhainessexny.org)

Phone: (518) 962-2077

Fax: (518) 962-8233

Email: [mha@mhainessex.org](mailto:mha@mhainessex.org)  
or [valerie@mhainessex.org](mailto:valerie@mhainessex.org)

*Provides advocacy, education, prevention, early intervention, treatment (medication and/or counseling) and service. Promotes mental health to improve the care and treatment of individuals with mental illness and to remove the stigma associated with emotional and mental disorders.*

**Mental Health Assoc. of Clinton & Franklin Counties** Phone: (518) 521-3507  
7 Pearl Street (518) 521-3537  
Plattsburgh, NY 12901  
Website: [www.mhafcny.org](http://www.mhafcny.org)

*Provides a variety of programs to help individuals with mental illness live a full and productive life in our community and to help families and parents of children with mental health issues as well. Also work to ensure that the rights and desires of these individuals are supported.*

**Mind Tuning** Phone: (518) 563-1911  
Dr. Richard Smith, PhD  
202 C Cornelia Street  
Plattsburgh, NY 12901  
Website: [www.mindtuning.net](http://www.mindtuning.net)

*Provides treatment of psychological disorders in children and adults including depression, anxiety, and ADHD, as well as learning issues, insomnia, anger management, and addictions. Treatments include meditation, energy psychology, and rhythmic light and sound treatments, and augmenting treatments such as bio-feedback, neuro-feedback, and heart rate variability bio-feedback.*

**MVP Kids, Inc.** Phone: (518) 563-9420  
Katie Bond, Director Email: [katie@mvpkids.org](mailto:katie@mvpkids.org)  
701 Cumberland Head Road  
Plattsburgh, NY 12901  
Website: [www.mvpkids.org](http://www.mvpkids.org)

*Provides physical and recreational programs to kids with Autism Spectrum Disorders age 5 - 12, promoting the development of confidence, self-esteem, pride, and happiness to children who may otherwise be excluded.*

**National Alliance for the Mentally Ill (NAMI) of Champlain Valley**  
Amanda Bulris, Director Phone: (518) 561-2685  
14 Healey Avenue, Suite D Email: [namiofcv@aol.com](mailto:namiofcv@aol.com)  
Plattsburgh, NY 12901  
Website: [www.nami-cv.org](http://www.nami-cv.org)

*Provides free education, advocacy, support and referral services to all those affected by mental illnesses and/or emotional/behavioral challenges and disorders. Supports individuals and their families in Clinton, Franklin, and Essex Counties. Offers a support group during the school year for parents and caregivers who have a family member with Asperger's disorder or Asperger's-type characteristics.*

**NEXUS**

Dr. Patricia Egan, Director  
SUNY Plattsburgh  
101 Broad Street  
Plattsburgh, NY 12901

Phone: (518) 564-3374  
Email: [eganp@plattsburgh.edu](mailto:eganp@plattsburgh.edu)

*Provides a structured after-school program that meets weekly to teach social skills and self-management strategies to students ages 5 through 16 years old with diagnoses of Asperger Syndrome or related disorders. A peer networking program is also offered to qualified individuals, and a Family Training program is available to 24 families per year.*

**North Country Center for Independence**

Robert Poulin, Executive Director  
80 Sharron Avenue  
Plattsburgh, NY 12901  
Website: [www.ncci-online.com](http://www.ncci-online.com)

Phone: (518) 563-9058  
Fax: (518) 563-0292

*Provides advocacy, information, referrals, peer counseling, etc., and teaches independent living skills in order to empower people with disabilities and emotional/behavioral challenges to live more independent and productive lives. Also promotes beneficial policies and community understanding of disability issues.*

**North Country Cultural Center for the Arts**

23 Brinkerhoff Street  
Plattsburgh, NY 12901  
Website: [www.plattsburgharts.org](http://www.plattsburgharts.org)

Phone: (518) 563-1604  
Email: [info@plattsburgharts.org](mailto:info@plattsburgharts.org)

*Provides classes for children and adults, including dance and movement, theater, working with clay, music, photography, visual arts, etc. Provides support and recognition of community-based arts programs. Offers scholarships to those in need.*

**Northstar Educational Services**

Gerald Swalnick, Executive Director  
247 Sturtevant Road  
Colton, NY 13625  
Website: [www.northstareducationalservices.com](http://www.northstareducationalservices.com)  
Email: [northstareducationalservices@gmail.com](mailto:northstareducationalservices@gmail.com)

Phone: (315) 265-4778

*Provides parents of students with disabilities with a variety of advocacy services, support, and consultation to ensure that a free and appropriate education is provided; also provides training and keynote addresses for parent advocacy and support groups, professional and human service organizations, and professional development and consultation in the field of special education to school districts.*

**Parent to Parent of New York State**  
Deborah Byrd-Caudle, Regional Coordinator  
P.O. Box 1296  
Tupper Lake, NY 12986  
Website: [www.parentoparentnys.org](http://www.parentoparentnys.org)

Phone: (518) 359-3006 or  
(866) 727-6970  
Fax: (518) 359-2151  
Email: [Dbyrd-caudle@ptopnys.org](mailto:Dbyrd-caudle@ptopnys.org)

*Provides one-to-one parent/caregiver support through a Trained Support Parent Matching program, information and referrals to needed services, group training in many areas including autism spectrum disorders, special education advocacy training, healthcare advocacy, assistive technology and various other topics. Statewide parent-driven not for profit organization.*

**Partners in Speech Therapy**

Heidi Barcomb, CCC/SLP  
Email: [hbarcombslp@hotmail.com](mailto:hbarcombslp@hotmail.com)  
Elizabeth Murray, CCC/SLP  
Email: [biz9329@charter.net](mailto:biz9329@charter.net)

Phone: (518) 569-3831

Phone: (518) 593-0445

*Provides speech improvement through articulation therapy to children whose speech sound productions are delayed, but are unable to qualify for speech services through their local school districts. Private Pay only.*

**Pediatric Outpatient Services at CVPH**

179 Tom Miller Road  
Plattsburgh, NY 12901

Phone: (518) 562-7506

*Provides private occupational, physical, and speech therapy services for children, with a referral from a physician, including comprehensive developmental evaluations, therapy over holidays and summer vacations, in groups or individual settings depending on the needs of the individual(s). Private pay, private insurance, or Medicaid/Medicare only.*

**Pierpont, Nina, MD, PhD**

19 Clay Street  
Plattsburgh, NY 12901

Phone: (518) 483-6481

*Provides behavioral pediatrics, including treatment with medication, to children with autism spectrum disorders and other disabilities and developmental delays.*

**Special Education Parent Center at North Country Center For Independence**

Debbie Giroux-Collette, Parent Trainer  
Independent Educational Consultant  
Website: [www.nrcil.net](http://www.nrcil.net)

Phone: (518) 569-7124  
Email: [debbieg@nrcil.net](mailto:debbieg@nrcil.net)

*Provides parents of children with disabilities with information, trainings, resources, and strategies to promote positive outcomes and meaningful involvement with their children's education programs. Also provides professional development to schools and agencies.*

**Special Olympics New York**  
North Country Regional Office  
504 Balltown Road  
Schenectady, NY 12304  
Website: [www.nyso.org/NORTHCOUNTRY/home](http://www.nyso.org/NORTHCOUNTRY/home)

Phone: (518) 388-0790  
or (800) 836-6976  
Fax: (518) 388-0795  
EMail: [info@nyso.org](mailto:info@nyso.org)

*Provides year-round sports training and athletic competition in a variety of Olympic-style sports for all children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy, and participate in a sharing of skills and friendship with their families, Special Olympics athletes and the community.*

**Tri-Lake Center for Independent Living**  
Nathan Cox, Executive Director  
43 Broadway Suite 1  
Saranac Lake, NY 12983  
Website: [www.tlcil.org](http://www.tlcil.org)

Phone: (518) 891-5295  
Email: [info@tlcil.org](mailto:info@tlcil.org)

*Provides advocacy, accessibility consultations, benefits advisement, community education, independent living skills training, information and referral services, technological solutions, and transportation to those with disabilities and their families as well as businesses and organizations in the Tri-Lakes region.*

**Vital Card: Vital Information for Critical Times**  
2060 Military Turnpike  
Plattsburgh, NY 12901  
Website: [www.vitalcard.net](http://www.vitalcard.net)

Phone: (518) 569-8595  
Email: [karen@vitalcard.net](mailto:karen@vitalcard.net)

*Provides laminated copies of your child's simplified yet comprehensive list of vital information including medical history, allergies, diagnoses, medications, emergency contact information, and any special information that you provide that may be useful in an emergency situation. The card can be attached to car seats, back packs, diaper bags, and/or given to teachers, bus drivers, baby sitters, etc.*

**YMCA**  
**Plattsburgh**  
17 Oak Street  
Plattsburgh, NY 12901  
**Malone**  
326 West Main Street  
Malone, NY 12953

Phone: (518) 561-4290  
Email: [plattykk@primelink1.net](mailto:plattykk@primelink1.net)  
Website: [www.plattsburghymca.com](http://www.plattsburghymca.com)  
Phone: (518) 483-2354  
Email: [info@maloneymca.com](mailto:info@maloneymca.com)  
Website: [www.maloneymca.com](http://www.maloneymca.com)

*Provides membership and programs for all ages including aquatics, fitness, childcare, camping, sports and seniors. Provides a safe environment for youth, a comfortable exercise atmosphere for adults, and a fun place for families to enjoy.*

## Lending Library

*The following is a just a sample of the titles contained in our new lending library. Please visit our website, [aaneny.org](http://aaneny.org), for the full listing (60 titles and growing!) as well as information on how to borrow from our library.*

### ADVOCACY

- **Everyday Advocate: Standing Up for Your Child With Autism and Other Special Needs**
- **From Emotions to Advocacy: Wrightslaw: The Special Education Survival Guide**

### SOCIAL SKILLS

- **Social Rules for Kids: The Top 100 Social Rules Kids Need to Succeed**
- **The Incredible Five Point Scale: Assisting Students with ASD in Understanding Social Interactions and Controlling Their Emotional Responses**
- **The New Social Story Book**

### FOR TEENS/TWEENS

- **Aspie Teen's Survival Guide: Candid Advice for Teens, Tweens, and Parents, From a Young Man With Asperger's Syndrome**
- **Freaks, Geeks & Asperger Syndrome: A Users Guide to Adolescence**

### BEHAVIOR MANAGEMENT

- **Behavioral Interventions for Young Children with Autism: A Manual for Parents and Professionals**
- **No More Meltdowns: Positive Strategies for Managing and Preventing Out-Of-Control Behavior**

### TEMPLE GRANDIN

- **Emergence: Labeled Autistic**
- **Different... Not Less: Inspiring Stories of Achievement and Successful Employment from Adults with Autism, Asperger's, and ADHD**

### ASPERGER'S

- **Asperger's and Girls**
- **Can I Tell You About Asperger's Syndrome: A Guide for Friends and Families**
- **Asperger's and Girls**

### DOCUMENTARY ON DVD

- **Autism: The Musical**
- **Neurotypical: Normal is A Cycle on a Washing Machine**
- **Including Samuel**

## **Internet Resources**

[www.autismnow.org](http://www.autismnow.org)

[www.autism.healingthresholds.com](http://www.autism.healingthresholds.com)

[www.autism-society.org](http://www.autism-society.org)

[www.autismspeaks.org](http://www.autismspeaks.org)

[www.inclusion.com](http://www.inclusion.com)

[www.thegraycenter.org/social-stories/carol-gray](http://www.thegraycenter.org/social-stories/carol-gray)

[www.wrightslaw.com](http://www.wrightslaw.com)

[www.templegrandin.com](http://www.templegrandin.com)

[www.nationalautismcenter.org](http://www.nationalautismcenter.org)

[www.tonyattwood.com](http://www.tonyattwood.com)

[www.socialpragmatics.com](http://www.socialpragmatics.com)

[www.aapcpublishing.net](http://www.aapcpublishing.net)

[www.gfcfdiet.com](http://www.gfcfdiet.com)

[www.autism.com](http://www.autism.com)

[www.autismtoday.com](http://www.autismtoday.com)

[www.sensory-processing-disorder.com](http://www.sensory-processing-disorder.com)

[www.spdfoundation.net](http://www.spdfoundation.net)

[www.autismunited.org](http://www.autismunited.org)

[www.autismafter16.com](http://www.autismafter16.com)

[www.socialthinking.com](http://www.socialthinking.com)

[www.lifeafterieps.com](http://www.lifeafterieps.com)

[www.autismcollege.com](http://www.autismcollege.com)

[www.parentcoachingforautism.com](http://www.parentcoachingforautism.com)

[www.autisticvision.com](http://www.autisticvision.com)

[www.autismone.org](http://www.autismone.org)

[www.positivelyautism.com](http://www.positivelyautism.com)

[www.autismmanagement.blogspot.com](http://www.autismmanagement.blogspot.com)

[www.albanyautism.org](http://www.albanyautism.org)