

Registered Dietitians

*Bring Food and Nutrition Expertise
to the Table*

What Is an RD?

Registered dietitians, or RDs, are the food and nutrition experts, translating the science of nutrition into practical solutions for healthy living. The expertise, training and credentials that back a registered dietitian are vital for promoting positive lifestyle choices.

RD Trust *The Credential to*

When you need food and nutrition information based on fact, or need to know how a healthy diet improves health and fights disease, registered dietitians are your go-to source.

This is because individuals with the RD credential have fulfilled specific requirements, including having earned at least a bachelor's degree (about half of RDs hold advanced degrees), completed a supervised practice program and passed a registration examination — in addition to maintaining continuing education requirements for recertification.

Take the! Next Step!

RDs can put you on a path to lowering weight, eating healthfully and reducing your risk of chronic disease. Make an appointment with an RD today!

Member Name Here

