

QUIZ FOR 'LEAST DEPRESSING.....' ON-LINE COURSE

***The questions follow the order of the course material. For example, the answer to # 1 will not be found at the end of the course; the answer to the last question will not be found at the beginning of the course. I hope what I've done makes sense to you. Basically, you're not going to have to skip all over the course tracking down answers. I strongly suggest you print out this quiz and mark your answers as you find them during your read. Ready?

1. In which video did the presenter experience electroshock therapy?

- A. The Jane McGonigal video
- B. The Andrew Solomon video
- C. The Sherwin Nuland video
- D. No one in any of the videos had ECT

2. Who made this statement in one of the videos? "Trying to treat depression with drugs is like trying to change the oil in your car by pouring oil all over the engine."

- A. No one. I made it up
- B. David Anderson
- C. JD Schramm
- D. Helen Mayberg

3. What does DBS stand for?

- A. Deviant Behavioral Shifts

B. Depression Behavior Scale

C. Deep Brain Situations

D. Deep Brain Stimulation

4. What drug just might be the next really great drug for treating depression?

A. Ketamine

B. Paxil

C. Amoxicillin

D. A combination of Pristiq, Paxil, and Prozac

5. Treatment for depression will be decided depending on which view the mental health professional believes. In fact, all decisions regarding treatment of psychiatric disorders are generally chosen based on the beliefs of the professional. Is there an ethical issue with this belief and treatment?

A. No. It makes sense to use treatments professionals believe in

B. Yes. What if the professional's beliefs are incorrect and haven't been challenged?

6. What is the best treatment for depression?

A. Talk therapy

B. Psychotropic medication

C. A combination of A and B

D. Whatever ameliorates the condition

7. Which medication can cause depression?

A. There aren't any medications that cause depression

B. Interferon Alpha

C. Norplant

D. Zovirax

E. B and D

F. B, C, and D

8. Major depressive disorder is more prevalent in women than in men.

A. True

B. False

9. Depression is the cause of over ___ of the 30,000 reported suicides.

A. One half

B. Two thirds

C. One quarter

D. No one really knows

10. An estimated 50% of unsuccessful treatment for depression is due to

- A. Incompetent psychiatrists
- B. Lack of funds to pay for medications
- C. The statement is incorrect. It's 30%
- D. Medical non-compliance

11. Major depressive disorder is the leading cause of disability in the U.S. for ages ___ to ___.

- A. 18-50
- B. 15-44
- C. 22-62
- D. 25-44

12. While major depressive disorder can develop at any age, the median age at onset is

- A. 18
- B. 32
- C. 33
- D. 41

13. Depression often co-occurs with other illnesses and medical conditions. Which is NOT an illness or medical condition that co-occurs with depression?

A. Cancer

B. Eating disorders

C. Diabetes

D. Only C

E. A and B and C