



## CLIENT INTAKE FORM

Thank you for taking a few minutes to fill out this form. Please provide the following information for our records.  
The information you provide is confidential.

Today's Date \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Address \_\_\_\_\_  
Street City State Zip

Phone (Home) \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_

Which number do you prefer we call and can we leave a message? \_\_\_\_\_

Email (please print clearly) \_\_\_\_\_

Emergency contact name, number & relationship, phone \_\_\_\_\_

Please describe your current living arrangement (Do you live with others?)  
\_\_\_\_\_

Highest Level of Education Completed \_\_\_\_\_ Occupation \_\_\_\_\_

Employer \_\_\_\_\_

Have you had previous counseling or psychotherapy before?  No  Yes If yes, Reason \_\_\_\_\_

Dates

Where

### Medical History:

Primary Care Physician: Name \_\_\_\_\_ Last Date of Visit \_\_\_\_\_

Inpatient Last Date \_\_\_\_\_ Outpatient Last Date \_\_\_\_\_

Are you on any medications?  No  Yes If so, what and why? \_\_\_\_\_

List any known Allergies \_\_\_\_\_

### Psychiatric History:

Have you had any past psychiatric hospitalizations?  No  Yes (describe and list dates)?  
\_\_\_\_\_  
\_\_\_\_\_



Inpatient Last Date \_\_\_\_\_ Outpatient Last Date \_\_\_\_\_

Have you taken any psychiatric medications in the past?  No  Yes List:

Are you currently taking any psychiatric medications?  No  Yes List:

Has a family member ever been hospitalized for mental or emotional illness?  No  Yes

If yes, please explain—dates, where, reason: \_\_\_\_\_

**Substance abuse:**

Have you ever been treated for SA or addiction history (food, gambling, alcohol, drugs, sex)?  No  Yes (please explain)

Have you taken any illegible drugs in the past 30 days?  No  Yes Please list \_\_\_\_\_

**Legal History:**

Have you ever been arrested?  No  Yes Do you have any pending legal problems? \_\_\_\_\_

**Presenting Problem:** What is the reason you are seeking counseling? (frequency & duration of the problem)

What are your 2 most important goals for therapy?

1. \_\_\_\_\_

2. \_\_\_\_\_

Common problem/symptom checklist. Please select ALL that apply:

- Anxiety/Stress       Sexual Abuse       Physical Abuse       Spiritual Issues
- Grief/loss       Avoidance       Other addictions       Post traumatic stress
- Sleep Disturbance       Depressed Mood       Impaired Memory       Alcohol/Drug Use
- Impulsiveness       Paranoia       Irritability       Excessive Worry
- Agitation       Impaired Concentration       Poor Judgement       Racing Thoughts
- Panic Attacks       Hopelessness       Anger       Communication issues
- Emotional Abuse       Childhood Sexual Abuse       Loneliness       Self-esteem
- Personal Growth       Mood swings       Fatigue       Risky Behavior



**Family Information: Marital Status:**  Single  Married  Separated  Divorced  Widowed

Spouse's Name (if applicable) \_\_\_\_\_ Age \_\_\_\_\_ Occupation \_\_\_\_\_

Number of children \_\_\_\_\_ list ages and gender: \_\_\_\_\_

How many siblings do you have? \_\_\_\_\_ How would you describe your relationship? \_\_\_\_\_

**Trauma History:** Do you/have you suffered domestic violence?  No  Yes

Do you have a history of sexual, physical, or emotional abuse?  No  Yes If so, which:

**Suicide Risk Assessment:**

Have you had suicidal thoughts recently?  Frequently  Sometimes  Rarely  Never

Have you had them in the past 24 hours?  No  Yes

Have you had them in the past?  Frequently  Sometimes  Rarely  Never

Homicidal Thoughts:  No  Yes

Suicide Attempt:  No  Yes If so, when was the last date of occurrence \_\_\_\_\_

Where you every hospitalized for suicidal attempt?  No  Yes If so, when was the last date of occurrence and the name of the hospital \_\_\_\_\_

Current threats of significant loss or harm (illness, divorce, custody, job loss, etc.)?  No  Yes

If yes, describe \_\_\_\_\_

**Who referred you to us?** \_\_\_\_\_

**Is there anything else that you would like us to know?**

\_\_\_\_\_  
\_\_\_\_\_

**Verification of Insurance (If Applicable)**

Primary Insurance Holder \_\_\_\_\_ DOB of Primary Holder \_\_\_\_\_

Relationship to Client  Self  Parent/ Guardian Insurance Company \_\_\_\_\_

Subscriber ID#: \_\_\_\_\_ Group# \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Please bring this form with you to your first session, it will be reviewed with you during the session.