

RATING YOUR MARRIAGE

How do you view your marriage relationship? Where would you like to see significant changes? One practical way to help you assess where you are at personally is to think about where things "fit in" on a scale of 0 - 5. If "0" represents the worst conditions and "5" represents the attitude that things are "great, they couldn't be any better", where would you rate yourself presently in the following? The more honest you are, the more help you get.

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|--|---|---|---|---|---|---|
| 1. My knowledge of what the Bible teaches about marriage. | 0 | 1 | 2 | 3 | 4 | 5 |
| 2. Fulfilling my "role" to my spouse. | 0 | 1 | 2 | 3 | 4 | 5 |
| 3. Fulfilling my "role" to my spouse according to God's Word. | 0 | 1 | 2 | 3 | 4 | 5 |
| 4. Loving my spouse. | 0 | 1 | 2 | 3 | 4 | 5 |
| 5. Loving my spouse according to 1 Cor.13:4-8. | 0 | 1 | 2 | 3 | 4 | 5 |
| 6. Our understanding of each others needs, weaknesses, problems. | 0 | 1 | 2 | 3 | 4 | 5 |
| 7. Our communication to each other verbally. | 0 | 1 | 2 | 3 | 4 | 5 |
| 8. My personal fulfillment in our marriage relationship. | 0 | 1 | 2 | 3 | 4 | 5 |
| 9. My partner's personal fulfillment in our marriage relationship. | 0 | 1 | 2 | 3 | 4 | 5 |
| 10. My personal sexual fulfillment. | 0 | 1 | 2 | 3 | 4 | 5 |
| 11. My partner's sexual fulfillment. | 0 | 1 | 2 | 3 | 4 | 5 |
| 12. My relationship with the children/parental responsibility. | 0 | 1 | 2 | 3 | 4 | 5 |
| 13. My partner's relationship with the children/parental responsibility. | 0 | 1 | 2 | 3 | 4 | 5 |
| 14. Our handling of family finances. | 0 | 1 | 2 | 3 | 4 | 5 |
| 15. My personal spiritual relationship/commitment to Christ. | 0 | 1 | 2 | 3 | 4 | 5 |