



NEXT GENERATION TECHNOLOGY

EMPOWER WOMEN



WEIGHT LOSS
REJUVENATION

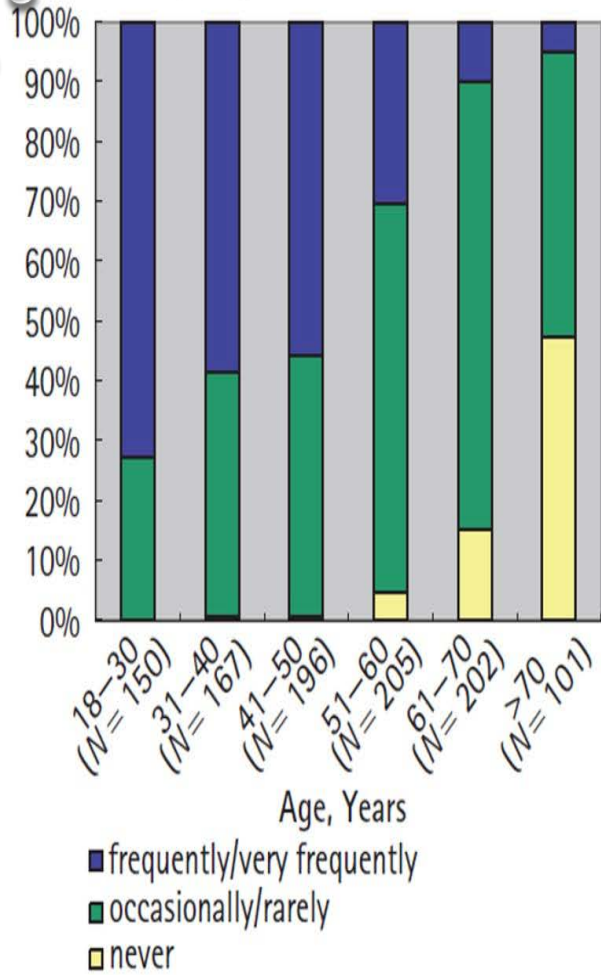
HEALTH
FITNESS,
ENERGY

HORMONAL
BALANCE
PSYCHOLOGY
FREEDOM

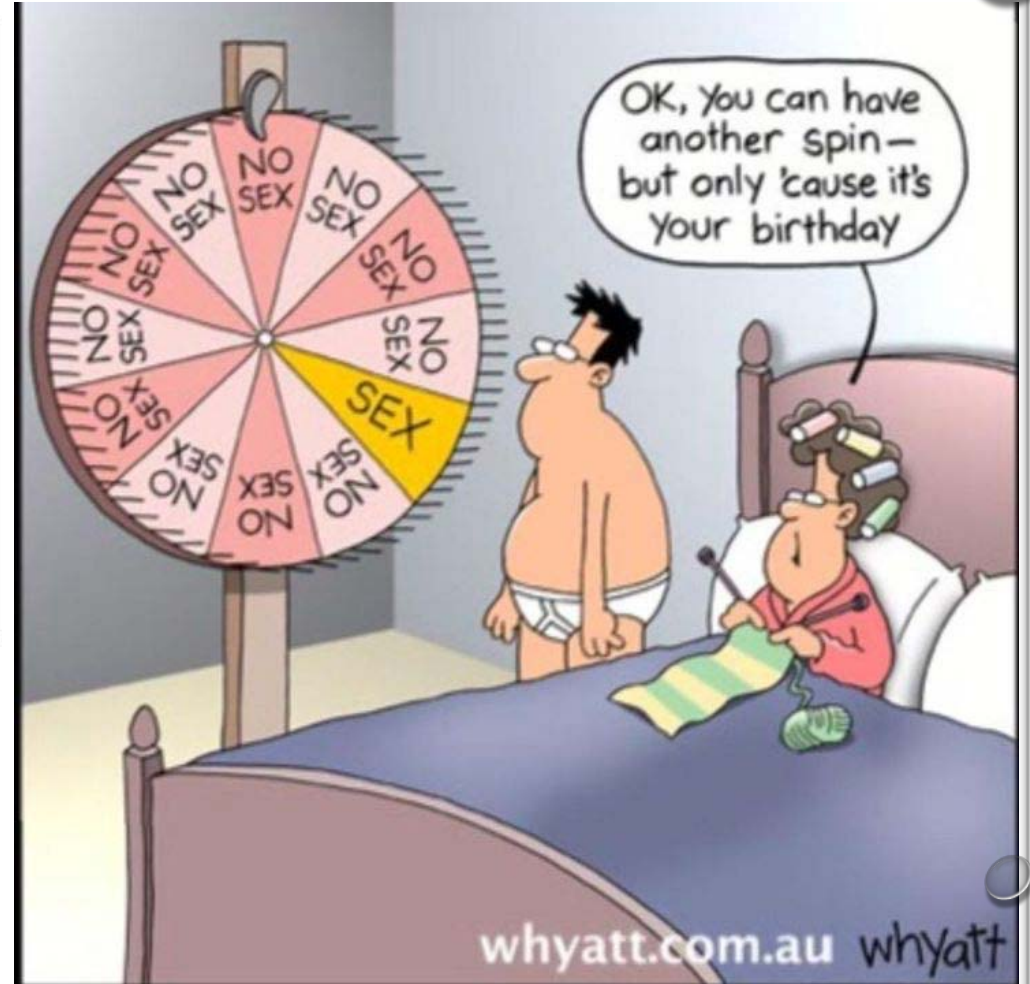
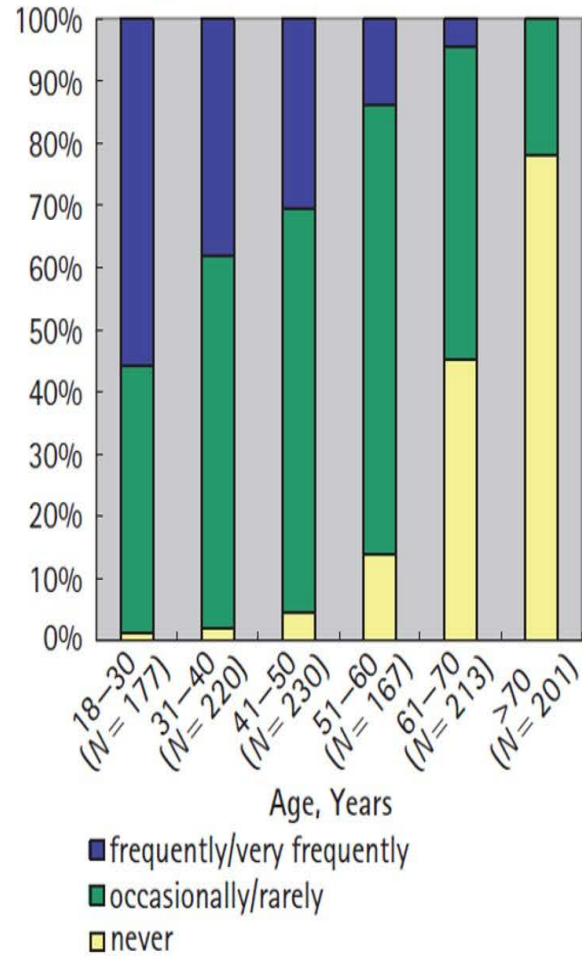


CONFIDENCE AT ANY AGE = SUCCESSFUL RELATIONSHIPS & SATISFIED SEX LIFE

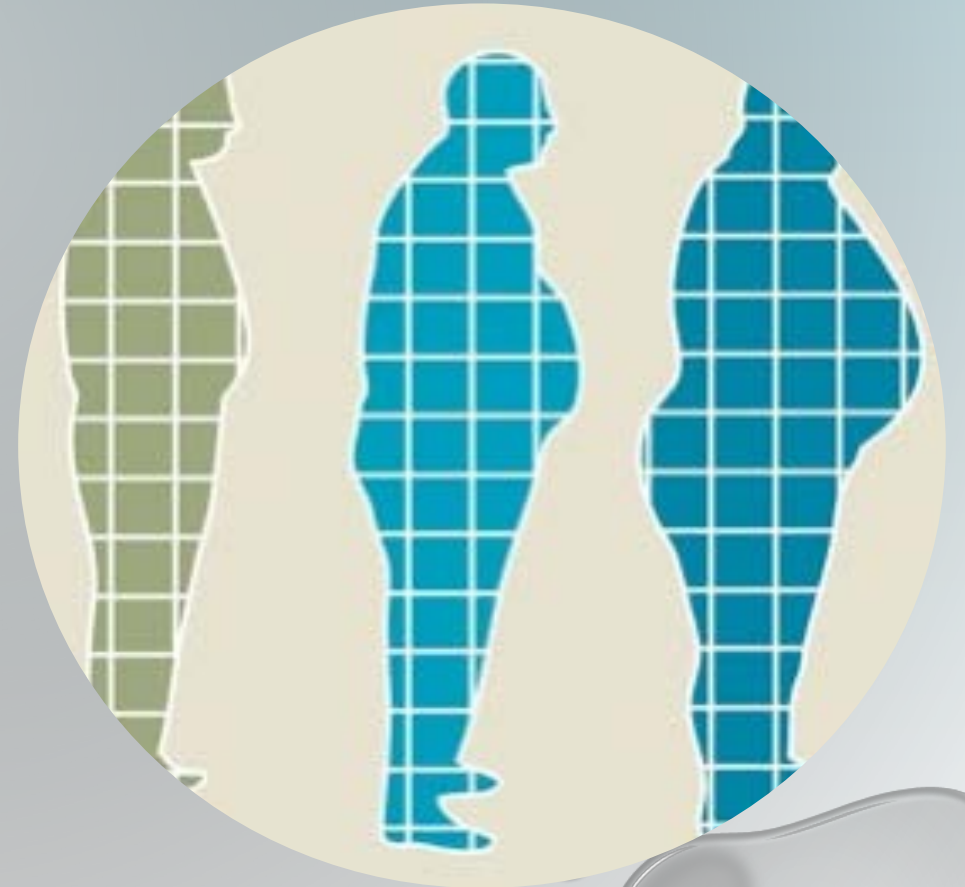
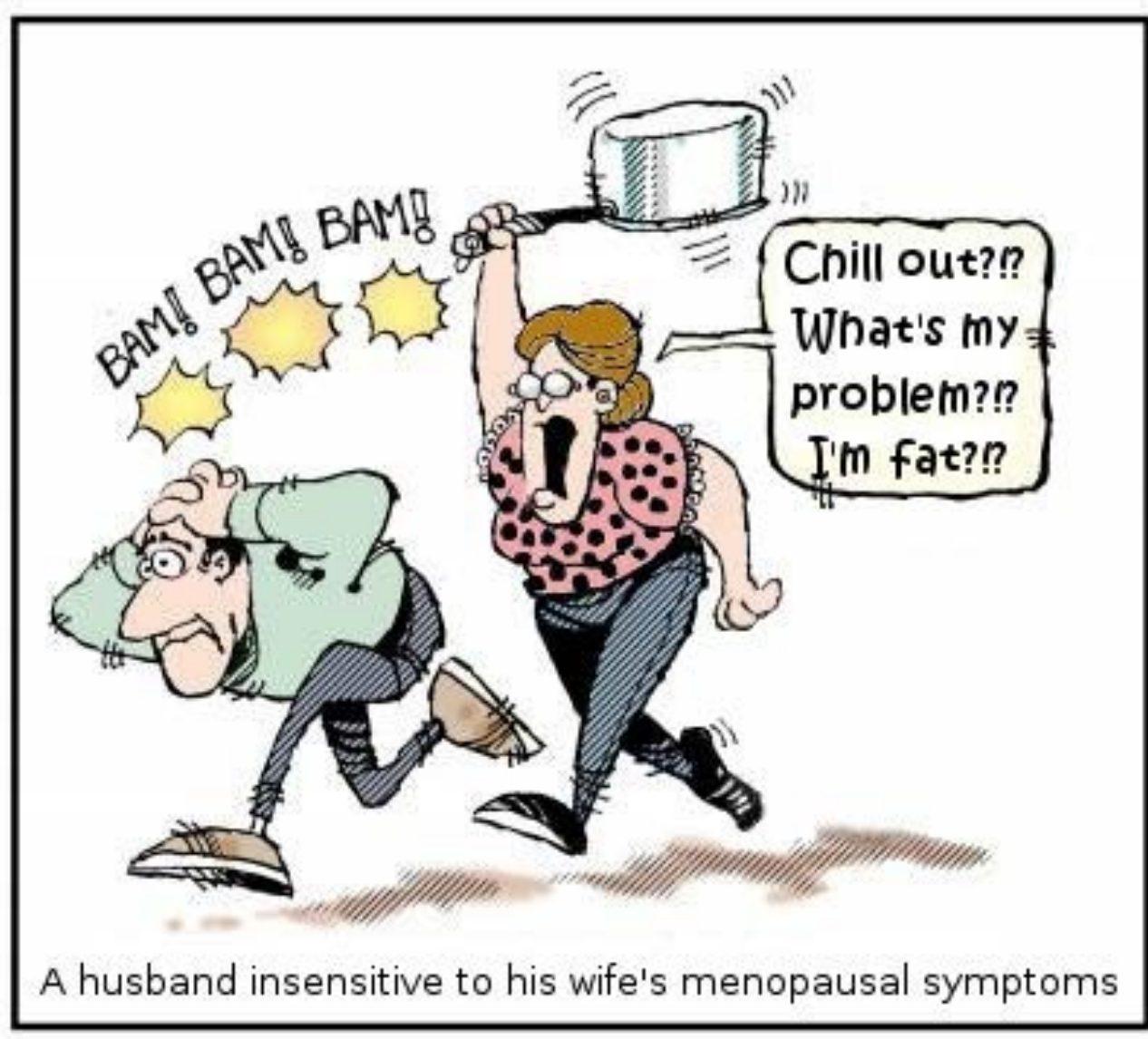
Frequency of sexual desire - Men



Frequency of sexual desire - Women



Hormonal **IMBALANCE** = **LOSS OF SELF CONFIDENCE**

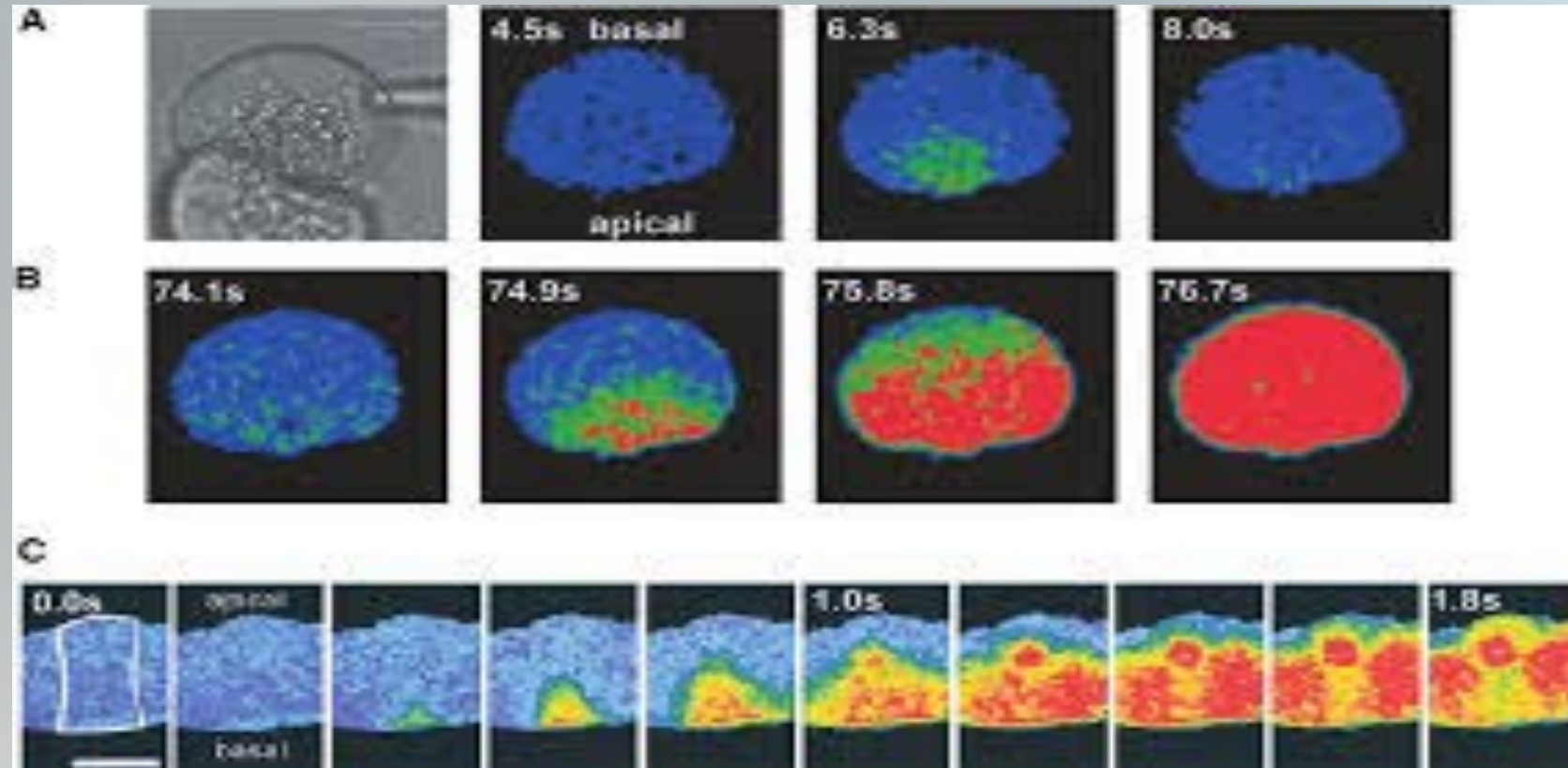


**HORMONAL IMBALANCE
IS A SYSTEMIC PROBLEM**

What are Hormones? Hormones are important agents of Cellular communications

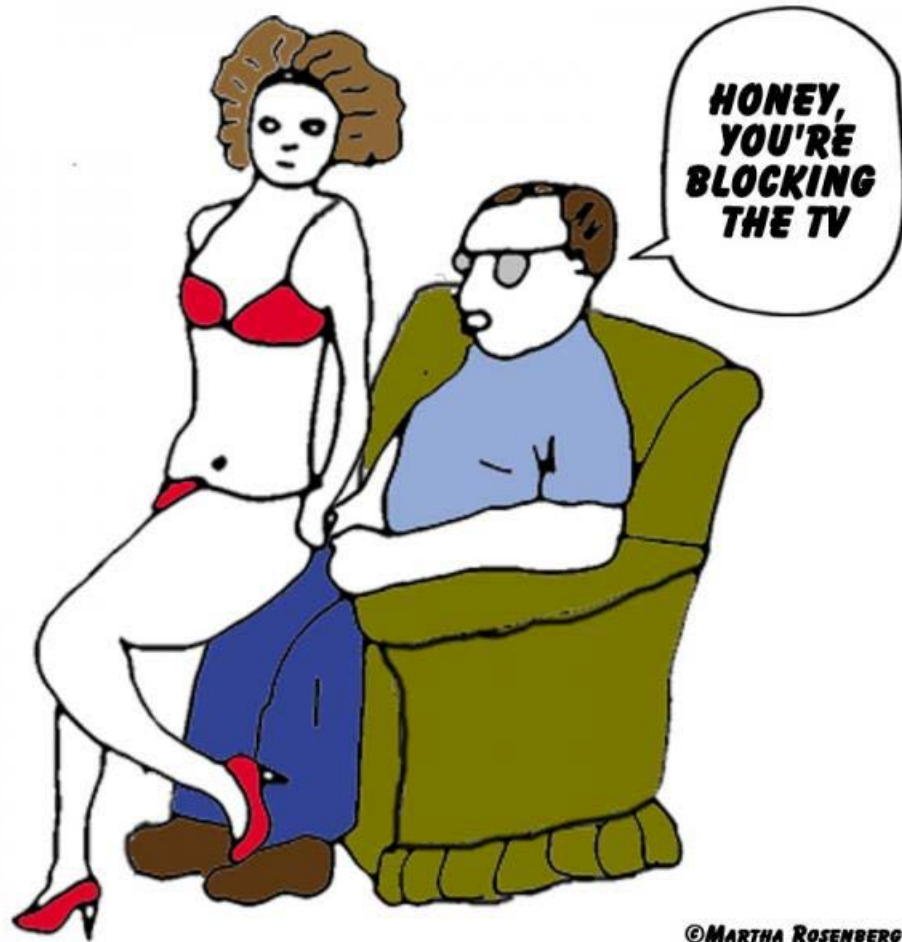
Hormones that Influence
SEX DRIVE

LOW TESTOSTERONE
INSULIN / IGF-1
LOW TSH / T-3
HIGH CORTISOL
LOW ESTROGEN
LOW DHEA
LOW GH / IGF-1



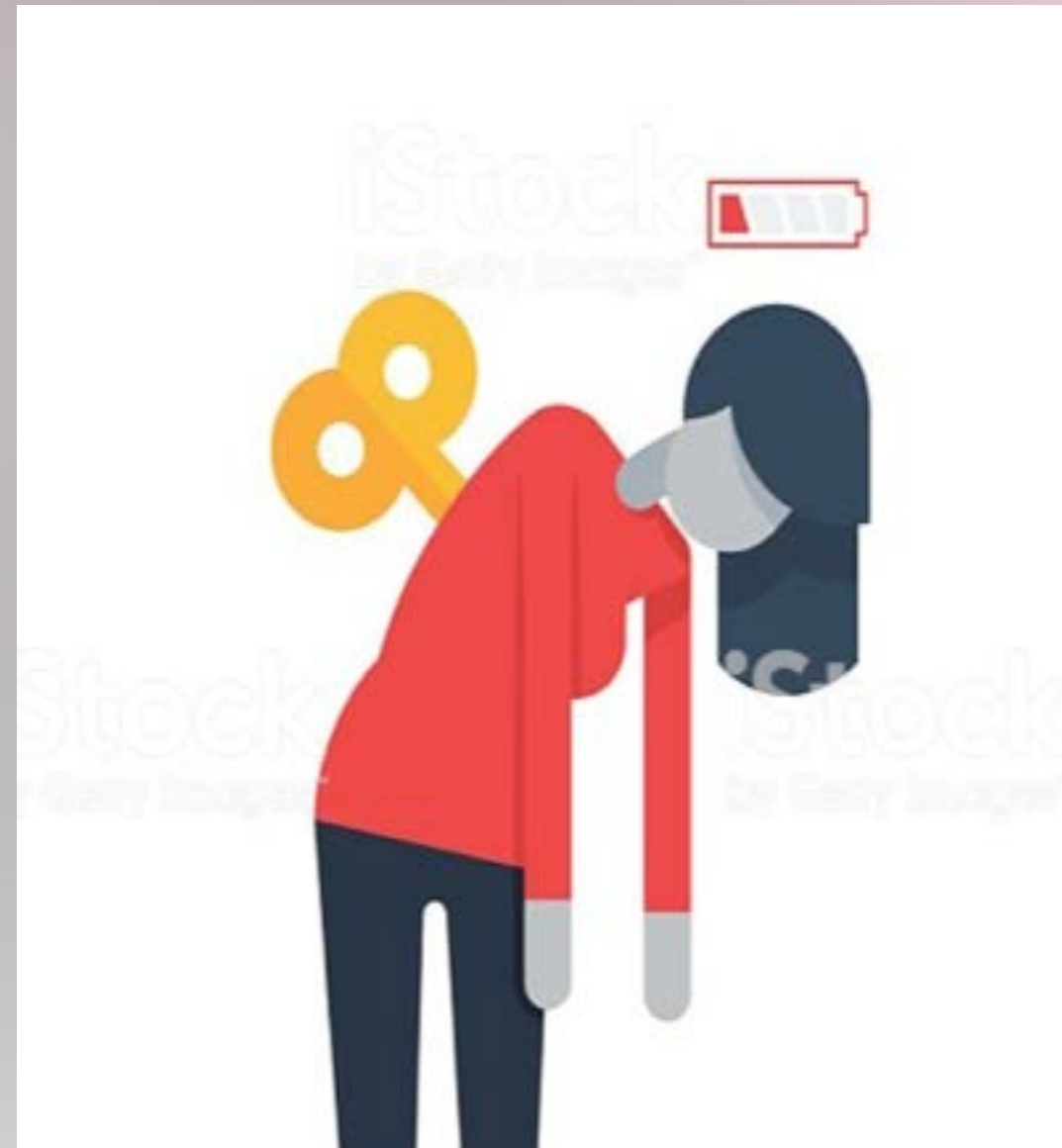
Hormonal function is not a specific action of some cells
Hormonal Function is a general biological function of **many cells Working together**

Hormonal Decline: **THE FLAME IS GONE!**



- **DECREASED SEXUALITY**
- **LOW ENERGY**
- **LOOSE MUSCLES / MUSCLE WEAKNESS**
- **WEIGHT GAIN**
- **MOOD SWINGS**
- **DIFFICULTLY SLEEPING**
- **HAIR LOSS**
- **VAGINAL LAXITY / DRYNESS**
- **FATIGUE**
- **SAGGING BREASTS**

- Cortisol provides the body with the energy it needs to face bodily attacks from injury, illness or infection.
- In younger individuals, cortisol has potent anti-inflammatory effects easing irritation and pain.
- In older age Cortisol leads to:
 - * Decreased musculature
 - * Increased abdominal fat
 - * Suppressed growth hormones
 - * Suppressed sex hormones
 - * Reduced libido and fertility.
 - * Cortisol increase → Risk of osteoporosis.



SEXUAL FUNCTIONING AND OBESITY

[OBESITY \(SILVER SPRING\)](#). 2012 DEC;20(12):2325-33. DOI: 10.1038/OBY.2012.104. EPUB 2012 APR 23.

20 cross-sectional non-population-based studies, and 16 weight loss studies were reviewed

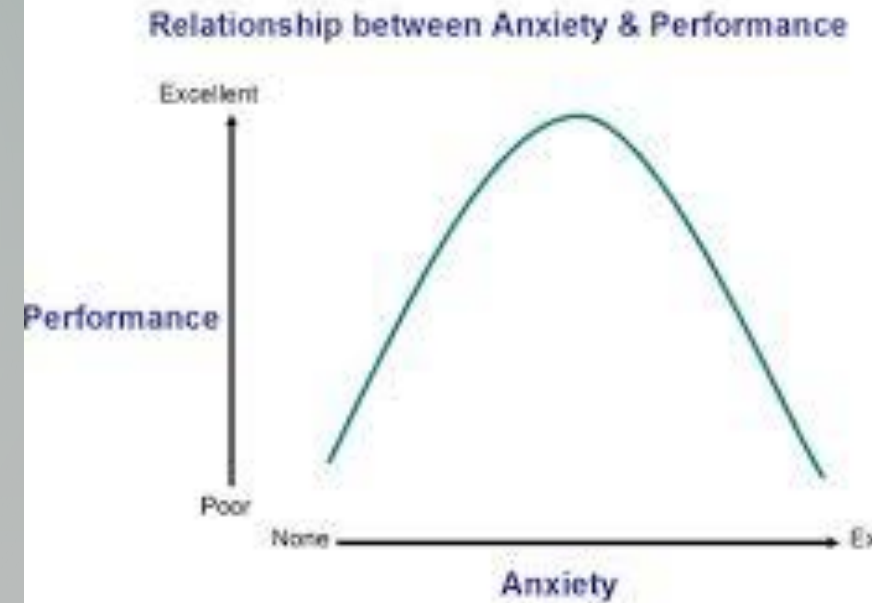
The relationship between obesity and reduced sexual functioning is robust

erectile dysfunction (ED) is more common among obese men

Most weight loss studies demonstrate improvement in sexual functioning

SEX DRIVE IS LOW WITH NO EXERCISE OR VERY STRENUOUS EXERCISE

- DR LORENZ (2012) REPLICATED MESTON'S 1996 STUDY, USING TREADMILLS:
BUT HE ALSO FOUND THAT SEX DRIVE WAS LOW AT VERY STRENUOUS EXERCISE
- DR HACKNEY: UP TO A POINT, EXERCISE WILL INCREASE YOUR SEX DRIVE, BUT TRAIN BEYOND THIS POINT AND YOU'RE LIKELY TO EXPERIENCE LOW LIBIDO.



5 SIGNS YOU'RE WORKING OUT TOO MUCH

1. Loss of Libido / **sex drive**
2. Loss of period (Amenorrhea)
3. Disrupted / **F r a g m e n t e d** sleep
4. **Fat** retention around the **waist**
5. Gastrointestinal issues.

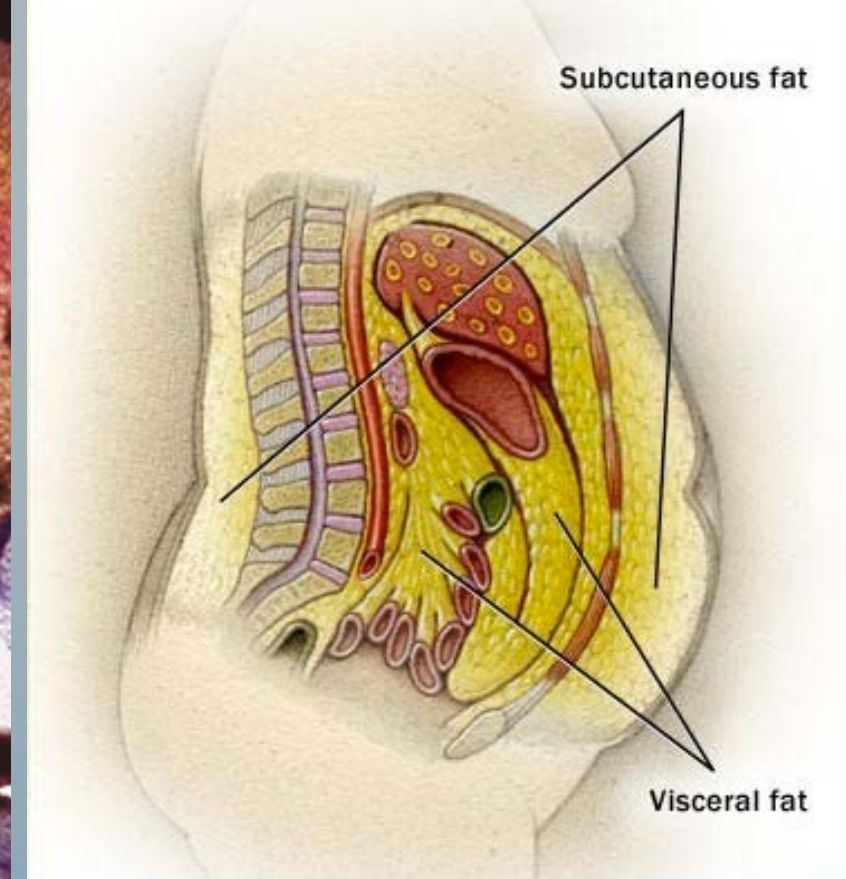
**JUST A VISUAL!
OBESE HEART
VS
HEALTHY HEART**



Deposits



Subcutaneous fat



Visceral fat

**THE VISCERAL FAT PROBLEM
CANNOT BE REMOVED BY LASERS OR RADIOFREQUENCY**

WHY NOT THE GYM?

Working out with Visceral Fat



You WILL NOT Get This! ↑



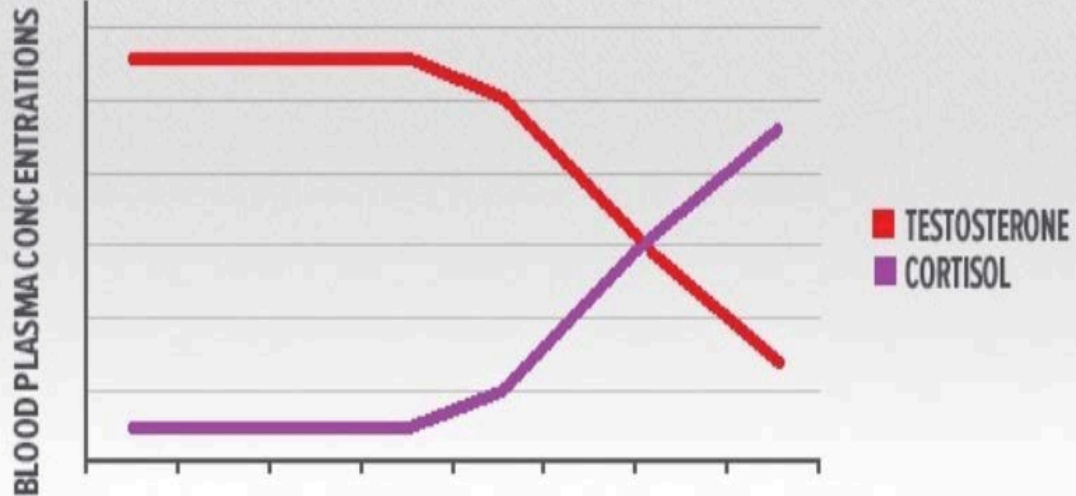
You WILL Get This! ↑

VERY STRENUOUS EXERCISE IS NECESSARY TO GET RID OF VISCERAL FAT

WHY NOT THE GYM?

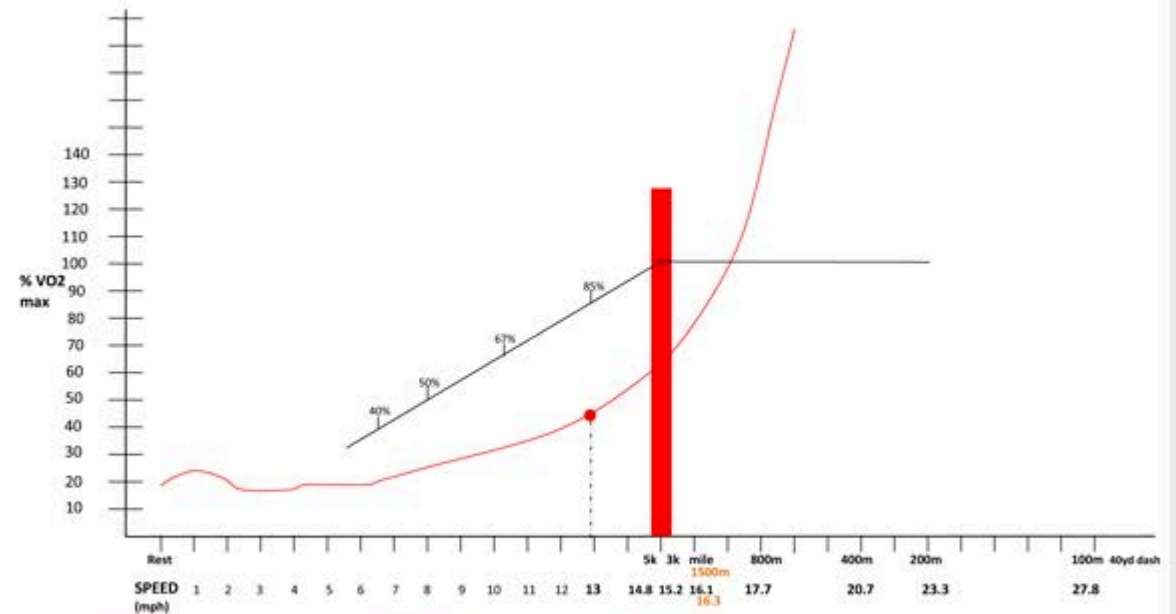
Overtraining can cause greater hormone imbalance and Upset PH balance

Testosterone & Cortisol - their inverse balance



Cortisol INCREASES with overtraining while **Testosterone DECREASES** with overtraining.

EXERCISE INCREASES LACTIC ACID



lactic acidosis can upset the body's pH balance

LVALEN Next Generation Technology
 STARTED WITH THE PACEMAKER Co-INVENTOR GERRY POLLOCK IN LONDON UNIVERSITY



Gerald Pollock, Ph.D
 Technology Inventor
 London University
 Co-inventor of the
 First Pacemaker in the
 UK. Pioneer in Ultra
 Violet Light. EU
 Funded Centre BIC



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 Anti-aging Physician
 Senior Consultant
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 M.B.B.S., D.A.
 Certified Bariatric
 Physician, INDIA



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 MBChB (Leic)
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 MD, JAPAN
 Anti-Aging Doctor
 Pain Management



VERONICA YAP
 Lymphatic
 Disorders
 SINGAPORE



XANYA SOFRA, PhD
 Specific Waveform
 Composition Research and
 Development, Ph.D in
 Neurophysiology
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 Faculty Member &
 International Speaker.



BOB MARSHALL, PhD
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 Energy Specialist, USA



Michael Hytros,
 Board Certified
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 BariatricMedicine.
 Board Certified
 professional by the
 American Academy of
 Anti-Aging Medicine



YUKO KAWAMURA,
 MD, JAPAN
 Antiaging Physician

Skin Repair Eczema / Psoriasis

Skin Repair Wrinkles / Skin Texture

Skin Repair Acne / Skin Disorders

Diabetic Neuropathy / Pain Relief/
 Increased Mobility / Sexual Activity

Visceral Fat Reduction / Improved Sexual Performance

Increased Hormone Concentrations / Increased Sexual Drive

No significant changes in Cortisol

Increased RBC's separation / Increased Blood Flow

Increased Blood Circulation and DETOX


Increased Sexual Drive / Increased Self Confidence.

Decreased Incontinence

RESEARCH PROJECTS BY CLINICIANS

VIRTUAL GYM UNIQUE KEY





VERTICAL EYE
UNIQUE

Gerry Pollock's STUDY ON CORTISOL / NO CORTISOL INCREASES AFTER VIRTUAL GYM TREATMENT LONDON UNIVERSITY.

	Test	Specimen	Conventional Units
Before Treatment	Cortisol A.M.	Plasma	13.7 mg / dL
Before Treatment	Cortisol P.M.	Plasma	10.1 mg / dL
Before Treatment	Cortisol Urinary Free	Urine	37.1 mg / dL
After Treatment	Cortisol A.M.	Plasma	12.9 mg / dL
After Treatment	Cortisol P.M.	Plasma	10.8 mg / dL
After Treatment	Cortisol Urinary Free	Urine	38.8 mg / dL



**2019
NEODERM
STUDY**

STUDY ON HORMONES WITH THE VIRTUAL GYM

- **SUBJECTS RECEIVED 6 VIRTUAL GYM TREATMENTS**
- **2 TREATMENTS WEEKLY FOR THREE WEEKS**
BLOOD TESTS WERE TAKEN IMMEDIATELY BEFORE AND AFTER THE 6 TREATMENTS

SUBJECTS

THERE WERE 4 MALES AND 4 FEMALES, A TOTAL OF 8 SUBJECTS AGES FROM 27-45 YEARS OF AGE. ALL SUBJECTS WERE CHINESE. BMI, VISCERAL FAT, SUBCUTANEOUS FAT AND MUSCLE FAT VARIED FROM SUBJECT TO SUBJECT.

TREATMENT METHOD:

VIRTUAL GYM, 30-45 MINUTES TREATMENT TWICE WEEKLY FOR 3 WEEKS

2019
NEODERM
STUDY

- **RESULTS AND DISCUSSION:**
STUDY REVEALED HIGH STATISTICAL SIGNIFICANCE IN VLDL DECREASE, THE BAD CHOLESTEROL, AND FREE T-3 INCREASE

VLDL DECREASE PROBABILITY LEVEL 99.99%. $P < 0.0001$

FREE T-3 INCREASE AT 95% PROBABILITY LEVEL $P < 0.05$

- **CORTISOL REMAINED UNCHANGED. SOME FLUCTUATION HAD A LOW PROBABILITY THAT IS EQUIVALENT TO CHANCE OR TESTING CONDITIONS.**

HDL THE GOOD CHOLESTEROL INCREASE, NECESSARY TO AVOID CARDIOVASCULAR DISEASE ALMOST REACHED STATISTICAL SIGNIFICANCE WITH A PROBABILITY LEVEL OF 80% - $P < 0.25$ IN THIS DIMENSION. BUT HDL NEEDS NORMALLY MORE TIME TO INCREASE SO IT SHOULD BE RETESTED AFTER ONE MONTH.

IGF-1 ALSO NEEDS MORE TIME. RESULTS SHOWED SOME SIGNIFICANT INCREASE AT THE 77% PROBABILITY LEVEL

SAME WITH DHEA INCREASE AT A PROBABILITY LEVEL OF 71%.

ALL HORMONES REMAINED WITHIN THE NORMAL RANGE.

THE TESTOSTERONE FOR WOMEN ALMOST REACHED STATISTICAL SIGNIFICANCE WITH $P = 0.016$ WHEN SIGNIFICANCE IS REACHED AT $P < 0.01$.

STUDY ON HORMONES AND VISCERAL FAT

(2012) Design: 19 subjects receiving 3 treat weekly – total of 12 treat
Measures:

- A/ Magnetic Resonance Imaging Test, (MRIs)
- B/ Concentrations of T3, DHEA, Triglycerides

1. Significant increase in Free T3 levels (Free T3 before: 120 pg/dL Free T3 After: 620 pg/dL

2. Significant increase in DHEA levels (DHEA levels before: 10.7nmol/l; DHEA levels after: 16.85nmol/l, $p < 0.01$)

DHEA increases

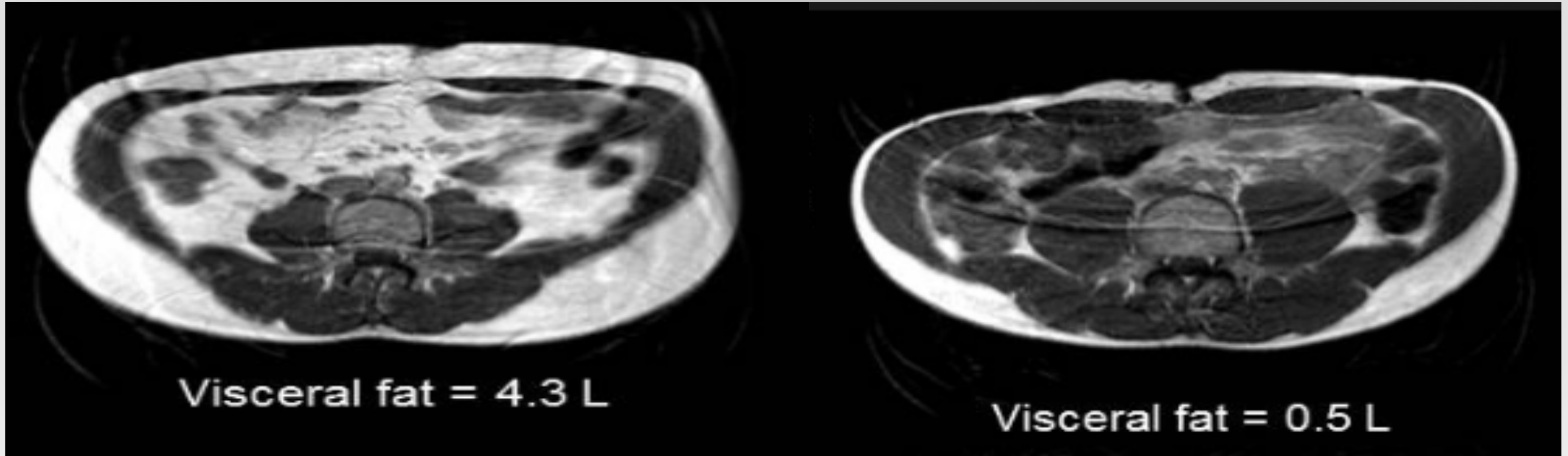
***bone density**

***collagen**

3. Significant decrease of Adipose tissue area and Triglyceride Levels (Before: 2.87 nmol/l After 1.11 nmol/l $p < 0.01$)

4. Improved Sexual Performance

EXPERIMENTAL STUDIES



**MRI SHOWED A SIGNIFICANT DECREASE OF VISCERAL FAT: VISCERAL FAT BEFORE: 159.88 CM²
VISCERAL FAT AFTER: 76.90 CM² P < 0.01 – SIGNIFICANCE**

(2012) Design: 19 subjects receiving 3 treat weekly – total of 12 treat

Measures:

A/ Magnetic Resonance Imaging Test, (MRIs)

B/ concentrations of T3, DHEA, Triglycerides

(2012) Design: 19 subjects receiving 3 treat weekly – total of 12 treat

Measures:

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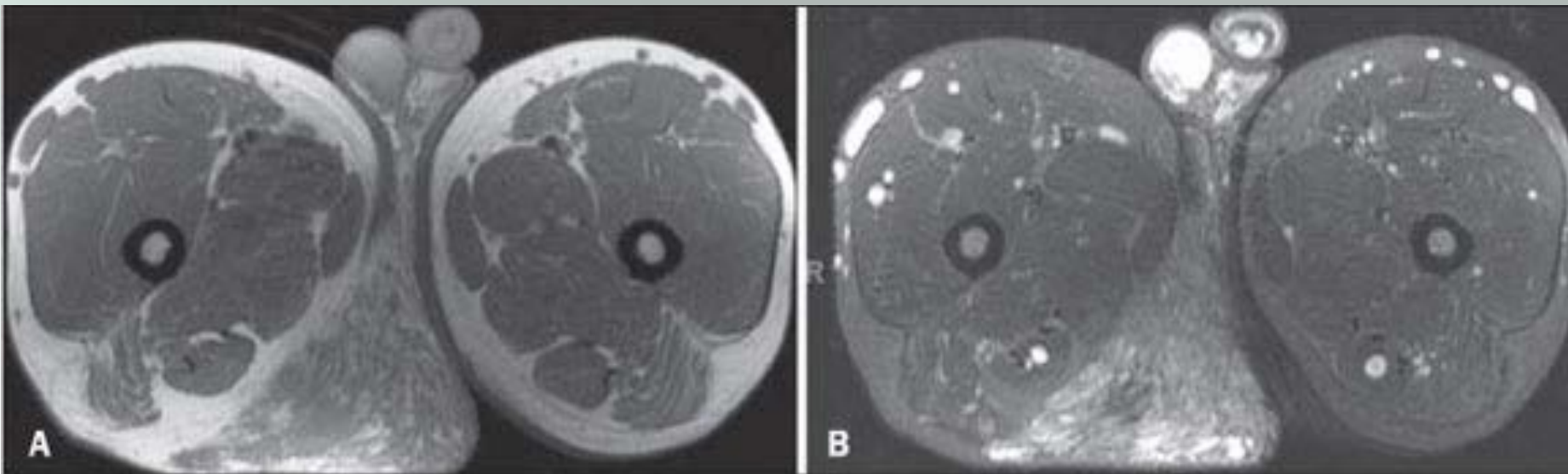
B/ concentrations of T3, DHEA, Triglycerides

MRI results showed increased muscle mass

**Muscle Mass Before:
133.70 cm²**

**Muscle Mass after:
201.73 cm²**

p < 0.01 – Significance



Diabetic Patient with back Pain and Fatty Liver. Measures: Sonogram, Blood Test, Measuring tape, Tanita Scale, Self Reports

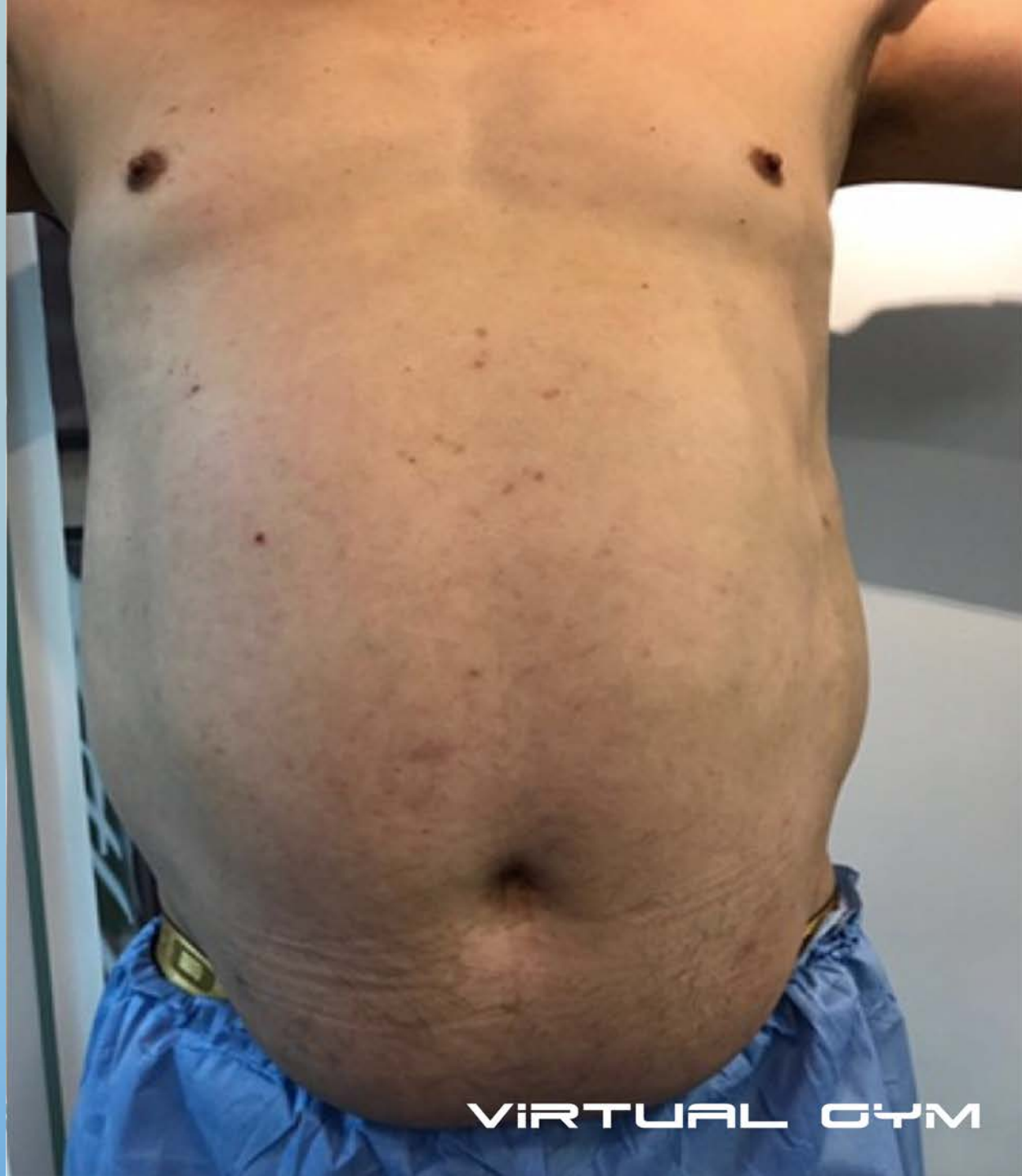


BEFORE	AFTER
Real Age: 43 y.o. female	METABOLIC AGE 32
Severe Obesity FAT 36.5 %	FAT% 25.8
Diabetic Status: On Insulin HbA1c- 10.8	On Oral Drugs HbA1c – 7.8
Visceral Fat Evidence Sonography Reports: Fatty Liver	NO FATTY LIVER
Lower Back Pain	NO BACK PAIN
Weight: 92.2 Kg	Significant Weight Loss 83.7 KG
Measurement: Umbilicus: 111cm	Significant Improvement:100cm
Measurement: Lower Abdomen: 115cm	Significant Improvement:100cm

49 Year old Patient suffering from Insulin Resistance and Diabetes. Measures: Sonogram, Tanita scale, Blood Test, Measuring Tape, Self Reports

	Before treatment	After treatment
Weight (kg)	75.8	67.2
Fat %	36.5	25.8
Upper abdomen(cm)	97	82
Umbilicus (cm)	100	88
Lower abdomen (cm)	105	94
Insulin-Fasting(miU/ml)	25.8	8.7
Insulin PP (miU/ml)	136	14
Triglycerides (mg/dl)	294	197
HDL(mg/dl) good choletserol	36	42
Back pain	Lower Back pain +++	Significant decrease in back pain





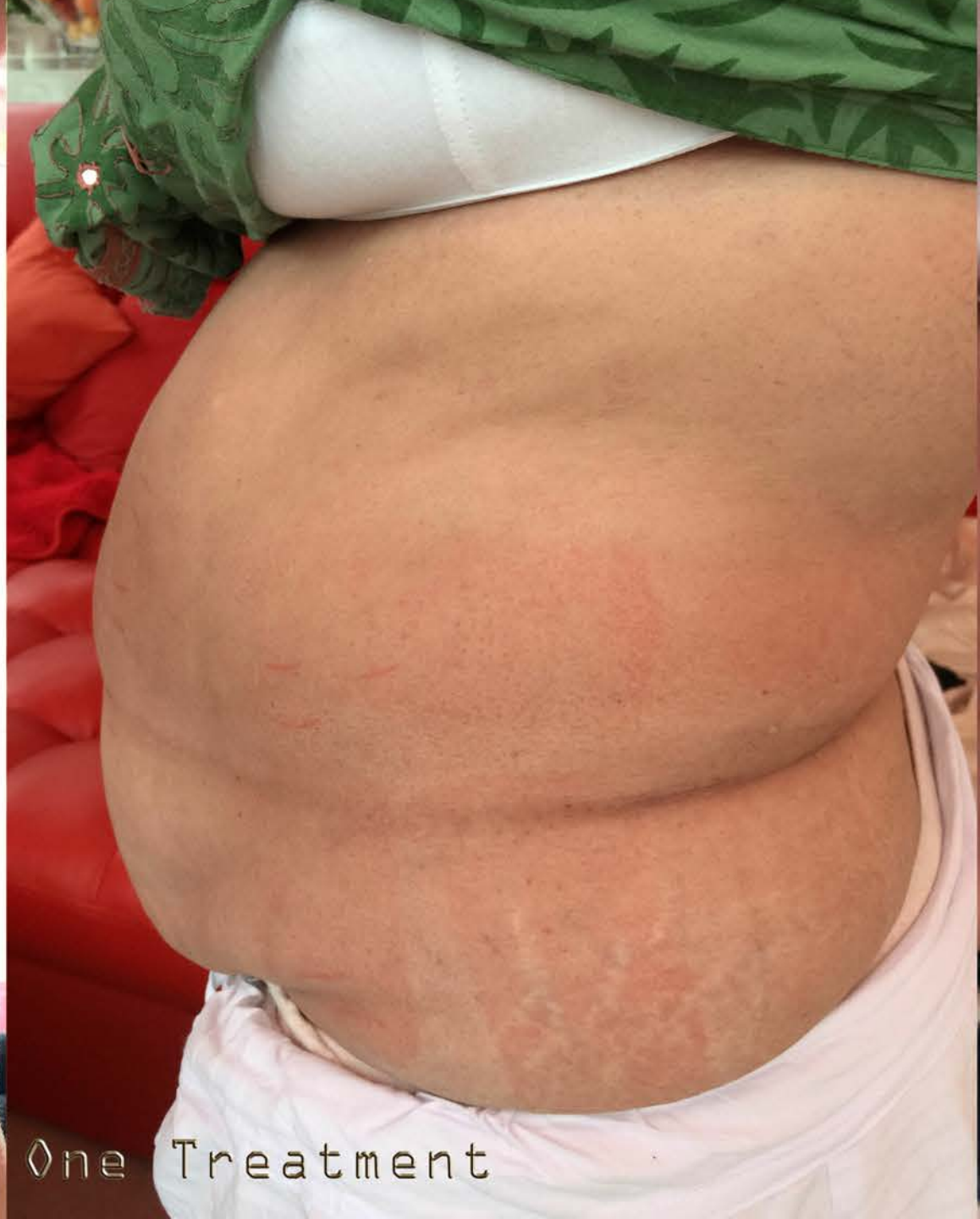
VIRTUAL GYM



ONE TREATMENT

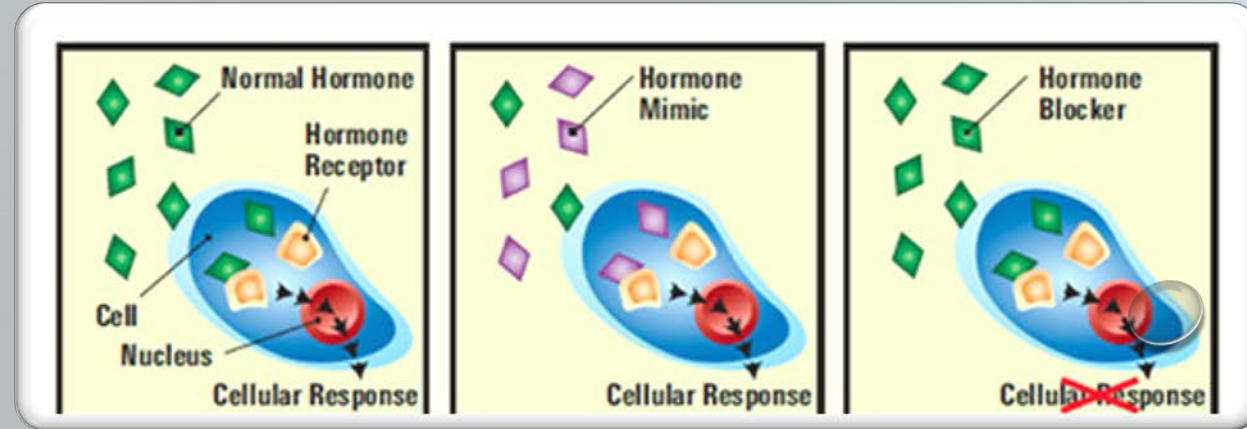


VIRTUAL GYM TWO TREATMENTS



Virtual Gym One Treatment

TOXICITY INTERFERES WITH SEX HORMONES
TOXICITY INTERFERES WITH ALL HORMONES



INCREASED TOXICITY = REDUCED SEXUAL DESIRE & ACTIVITY

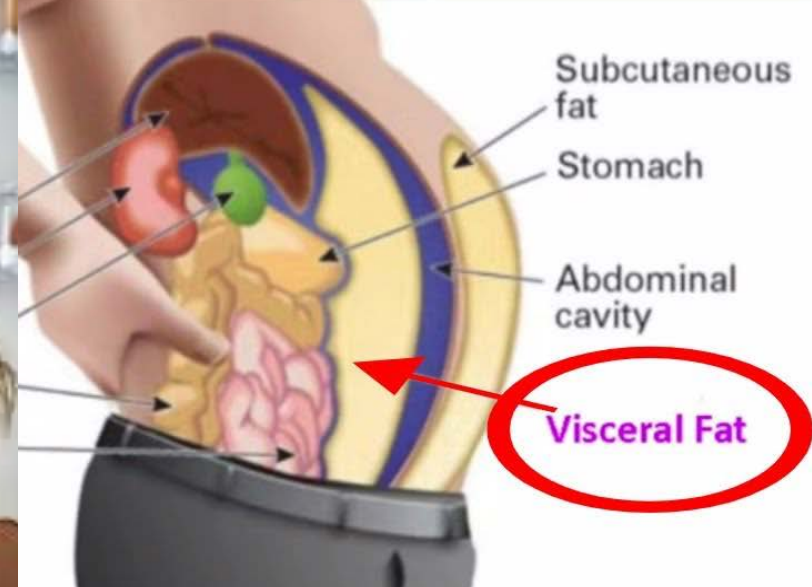


TOXICITY IMBLANCES ALL FAT BURNING HORMONES

LEPTIN AND GREHLIN IMBALANCE INCREASES HUNGER.

THE MORE TOXIC YOU ARE THE MORE HUNGRY YOU ARE

Signs You May Have a
HORMONAL IMBALANCE



TOXICITY

HORMONAL
IMBALANCE—
荷尔蒙失衡

TOXICITY
毒性

-HUNGER
饥饿

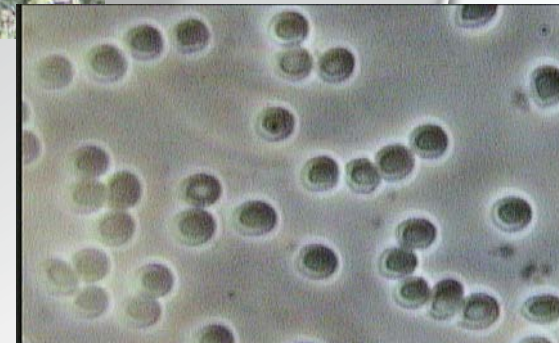
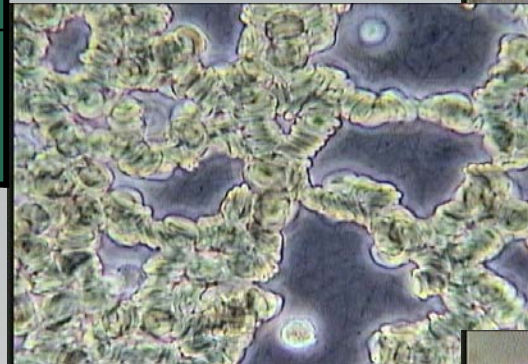
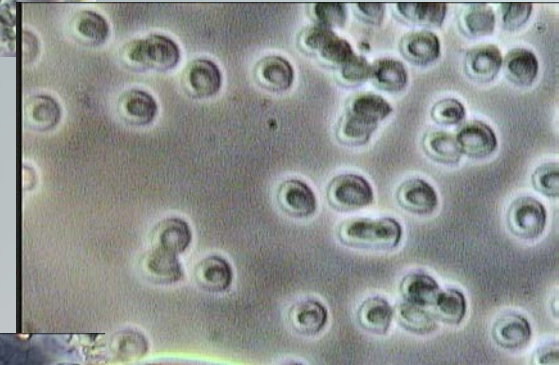
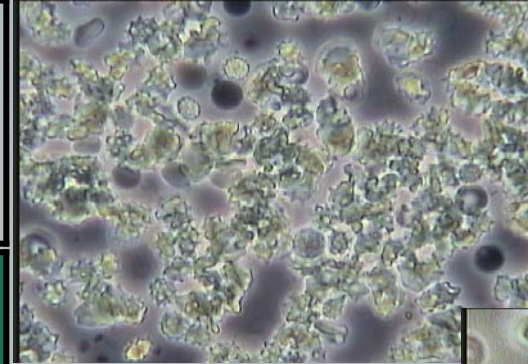
VICIOUS CIRCLE

WEIGHT
GAIN
体重增加

EAT MORE
多吃

LAVALEN STUDY ON BLOOD FLOW AND DETOXIFICATION

Before Treatment	Erythrocyte Aggregation	Rouleau	Fungal Forms	Thrombocyte Aggregation	Bacteria	Poikilocytosis	Rouleau & Separate RBCs	Only Separate RBCs
After First Treatment	15	4	8	8	9	8	0	0
Before Last Treatment	1	6	6	7	8	6	9	3
After Last Treatment	0	0	3	4	5	2	11	8
After Last Treatment	0	0	2	2	2	0	3	16



Subjects reported a boost of Energy and improved Sexual Performance

(2013) MICROSCOPIC STUDY TESTING THE BLOOD OF 19 subjects receiving treatments three times weekly FOR TWO WEEKS.

IMPROVED SEXUAL PERFORMANCE
 INCREASED BLOOD SEPARATION ACTS LIKE A BLOOD THINNER (A NATURAL VIAGRA)
 THAT IMPROVES SEXUAL PERFORMANCE



ONE TREATMENT

**CLINICAL
STUDIES**

ON

**DETOX
LYMPHATIC DRAINAGE**

NEXT GENERATION TECH FROM LONDON UNIVERSITY IMPROVES INCONTINENCE



In clinical studies women experienced significant improvement in their incontinence after 10 Virtual Gym sessions without diuretics, exercise of other life changing methods or any intrusive interventions.

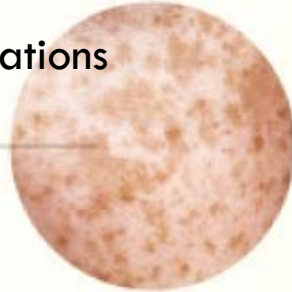
EFFECTS OF HORMONAL IMBALANCE ON THE SKIN UNDERMINE SELF CONFIDENCE



Wrinkles



Pigmentations



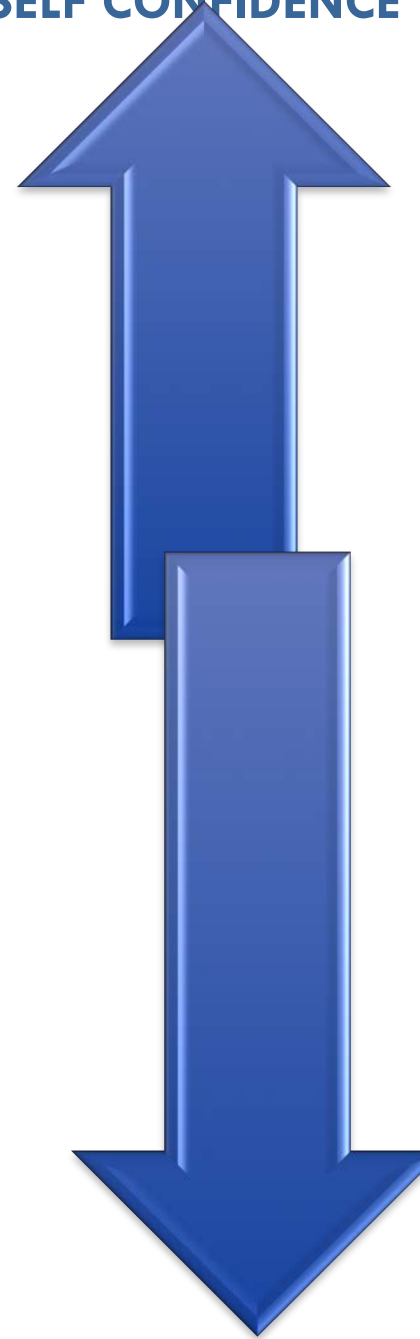
Dyshidrotic Eczema.



Rosacea/ acne



HAIR LOSS



Cortisol

Testosterone.

GH / IGF-1

TSH / T4 / T3

Estrogens

Progesterone

DHEA

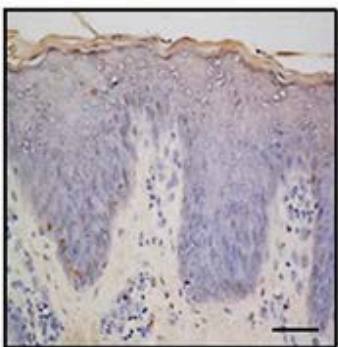


HEALTH & BEAUTY KEY

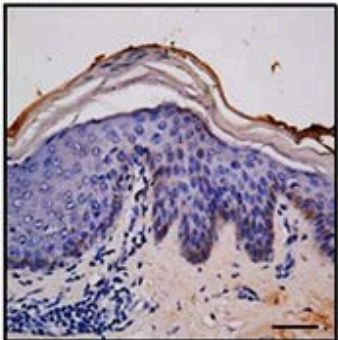


- LIPO. QUALITY & TONE
- BIOPRO. DERMAL
- STRETCHMARKS
- PORE / INFLAMMATION
- LIGHTEN. TAN & BLOW
- VISUAL. RELAXATION
- SYSTEM RENEWAL
- CONTRADICTION
- TEXT. CONDUCTIVITY
- HAIR GROWTH

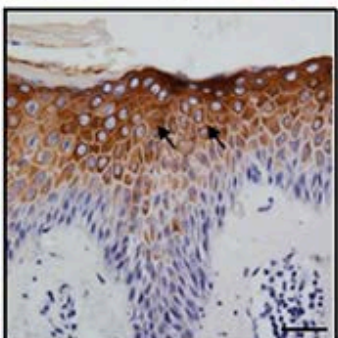
Psoriatic lesion



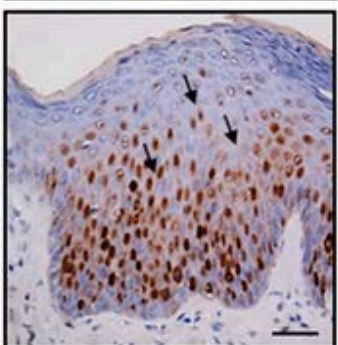
K15



ITGB1

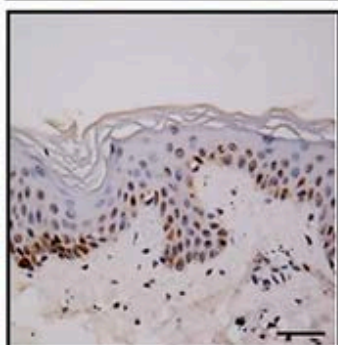
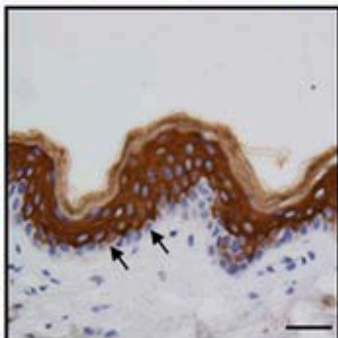
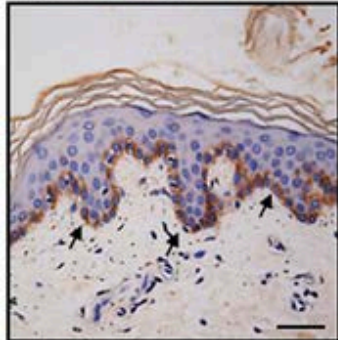
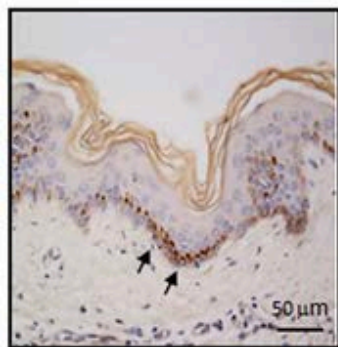


K10



Ki67

Normal skin



CLINICAL STUDIES ON ECZEMA AND PSORIASIS



10 Treatments

H
E
R
P
E
S

Z
O
S
T
E
R



Herpes Zoster
Before



Herpes Zoster After 2 Treatments

SEVERE ACNE



THREE TREATMENTS



HAIR GROWTH

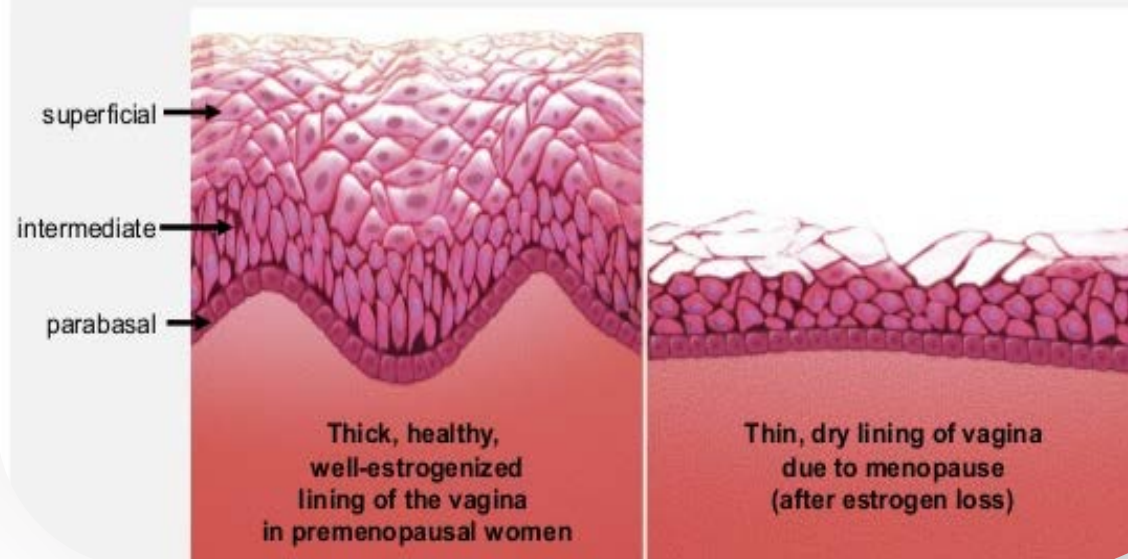






Estrogen decline In women: Bleeding and burning sensations during intercourse

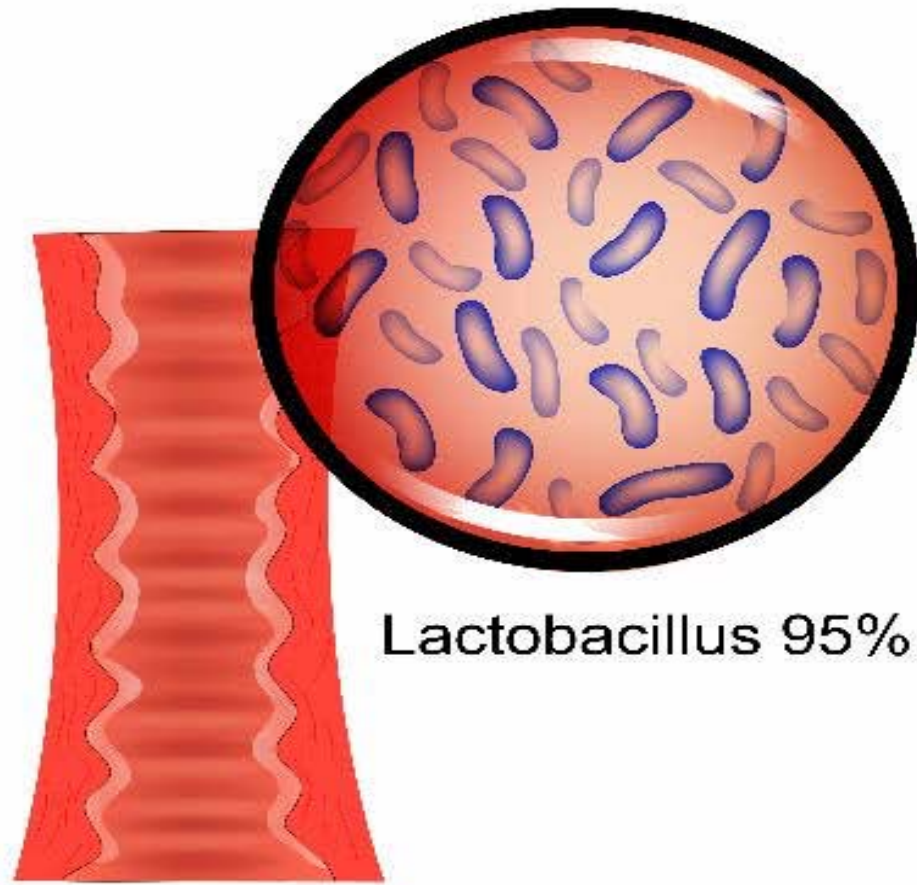
Vaginal Atrophy Pathophysiology: Cellular Changes



1. loss of subcutaneous tissue from the mons pubis.
2. atrophy of labia majora
3. shortening / loss of elasticity of the vaginal barrel.
4. Collagen and elastin content decreases by 50% to 30%.
5. Vaginal thickness of the epithelium reduces from 8-10 layers to 3-4

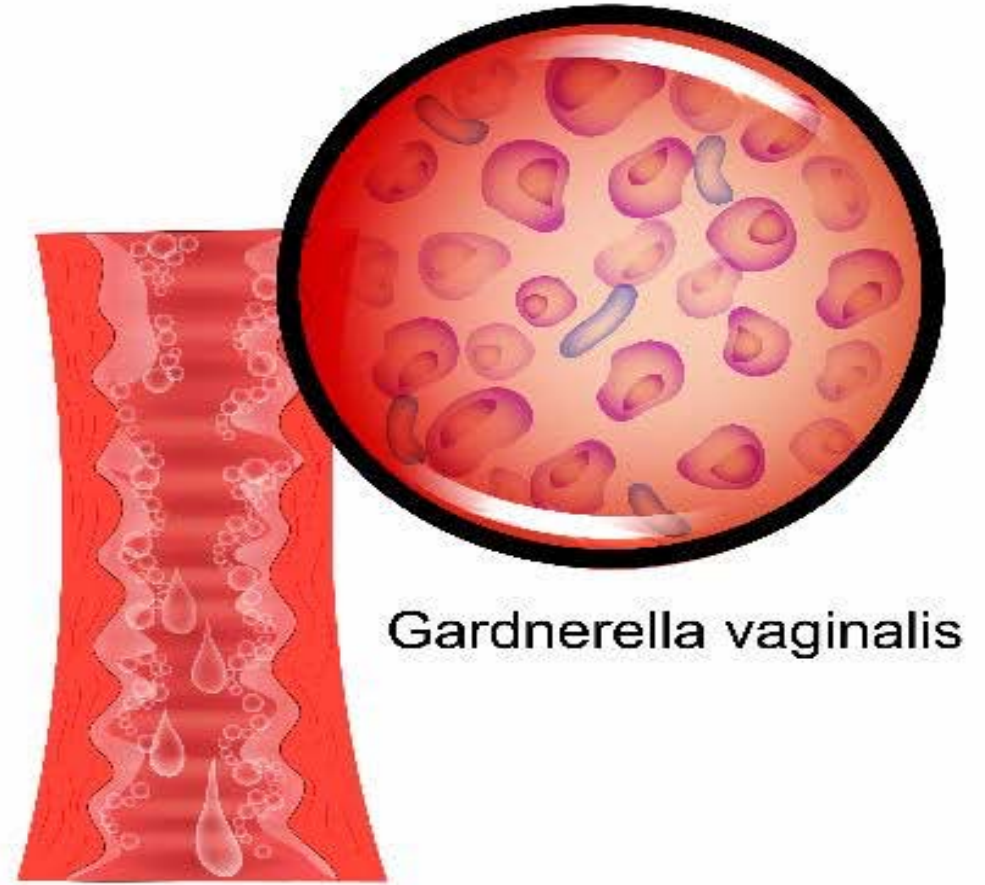
BACTERIAL VAGINOSIS

老年人较多的细菌



Lactobacillus 95%

healthy vaginal mucosa



Gardnerella vaginalis

bacterial vaginosis

VAGINAL REJUVENATION TREATMENTS.

	HORMONE REPLACEMENT	LASERS	RADIOFREQUENCY	PLASTIC SURGERY	VIRTUAL GYM	IREPAIR
TREATMENTS NUMBER	CONTINUOUS USE	6	6	1	6	3
PAIN RELIEF DURING INTERCOURSE		√	√	√	√	√
REDUCES VAGINAL LAXITY / TIGHTENS		√	√	√	√	√
INCONTINENCE		√	√	√	√	√
ENHANCES SEXUAL SENSATION					√	√
INCREASES ORGASMS FOR MEN		√	√	√	√	√
INCREASES ORGASMS FOR WOMEN					√	√
RISK LEVEL	MODERATE	MODERATE	MODERATE	HIGH	LOW	LOW
HEALS VAGINAL INFECTIONS						√
THICKENS THE EPITHELIUM						√
INCREASES ELASTICITY					√	√

How to structure your **Sexual Satisfaction Questionnaire** to make sure women **are satisfied** rather than relieved to avoid pain during Intercourse

01

IS A WOMAN SATISFIED BECAUSE SHE NO LONGER FEELS PAIN DURING INTERCOURSE

02

IS THE WOMAN 'S PRIORITY IS TO SATISFY HER PARTNER RATHER THAN HERSELF?

03

DO WOMEN REPORT ENHANCED SENSATION DURING INTERCOURSE?

04

DO WOMEN REPORT INCREASED FREQUENCY & INTENSITY OF ORGASMS?

EMPOWERS THE WOMAN

EMPOWERS THE WOMAN

Unraveling the “Type C” Connection: Is There a Cancer Personality?

Implications for Prevention & Recovery



The Contributions of Lydia Temoshok, PhD

Director of The Behavioral Medicine Program, Biotechnology Institute
University of Maryland Medical School

Co-Author, The Type C Connection: The Mind-Body Link to Cancer and Your Health

“I’ve described the experience of cancer as a crossroads in your life, when you’re confronted with both danger—and opportunity.....What changes you make turn this experience from what (at first) may seem like a prison sentence into an opportunity for healing and a better life.”

Lydia Temoshok, PhD

Can our emotions and behavior affect our risk of getting cancer and our recovery from this disease?

This is the question Dr. Temoshok was asked to consider back in 1979, when she agreed to begin an intriguing and controversial research study with melanoma patients. Richard Sagebiel, MD, head of the Melanoma Clinic at the University of California San Francisco, had begun to notice “a strange pattern of stress and coping” common to most of his patients. He had begun to think this might be a significant factor in the connection between cancer and behavior and contacted Temoshok to discuss the potentials for a formal research study.

Temoshok had already been studying the effects of stress on health while on staff at The University of California School of Medicine. She is a psychologist nationally recognized in the fields of behavioral medicine, psychosocial oncology and HIV/AIDS research. Temoshok now began to spend time at the Melanoma Clinic, interviewing patients and conducting a preliminary investigation. What she found was so exciting and ripe with potential for changing the development and treatment outcome of this dreaded disease, that she made the decision to devote all her time to the study of the psychology of cancer patients.

What Temoshok found in interviewing these 150 patients was a striking and amazingly similar pattern of behaviors. These melanoma patients were overwhelmingly nice. Yes, they were excessively nice, pleasant to a fault, uncomplaining and unassertive. They went far out of their way and changed their schedules to make time to talk with her—so as not to disappoint her. They seemed extremely worried about their disease progression--but not for themselves. They worried about the effect it was having on their families: “I’m fine, but I’m really worried about my husband. He takes things so hard...”

THE IMPORTANCE OF PSYCHOTHERAPY

Focus in satisfying their partners

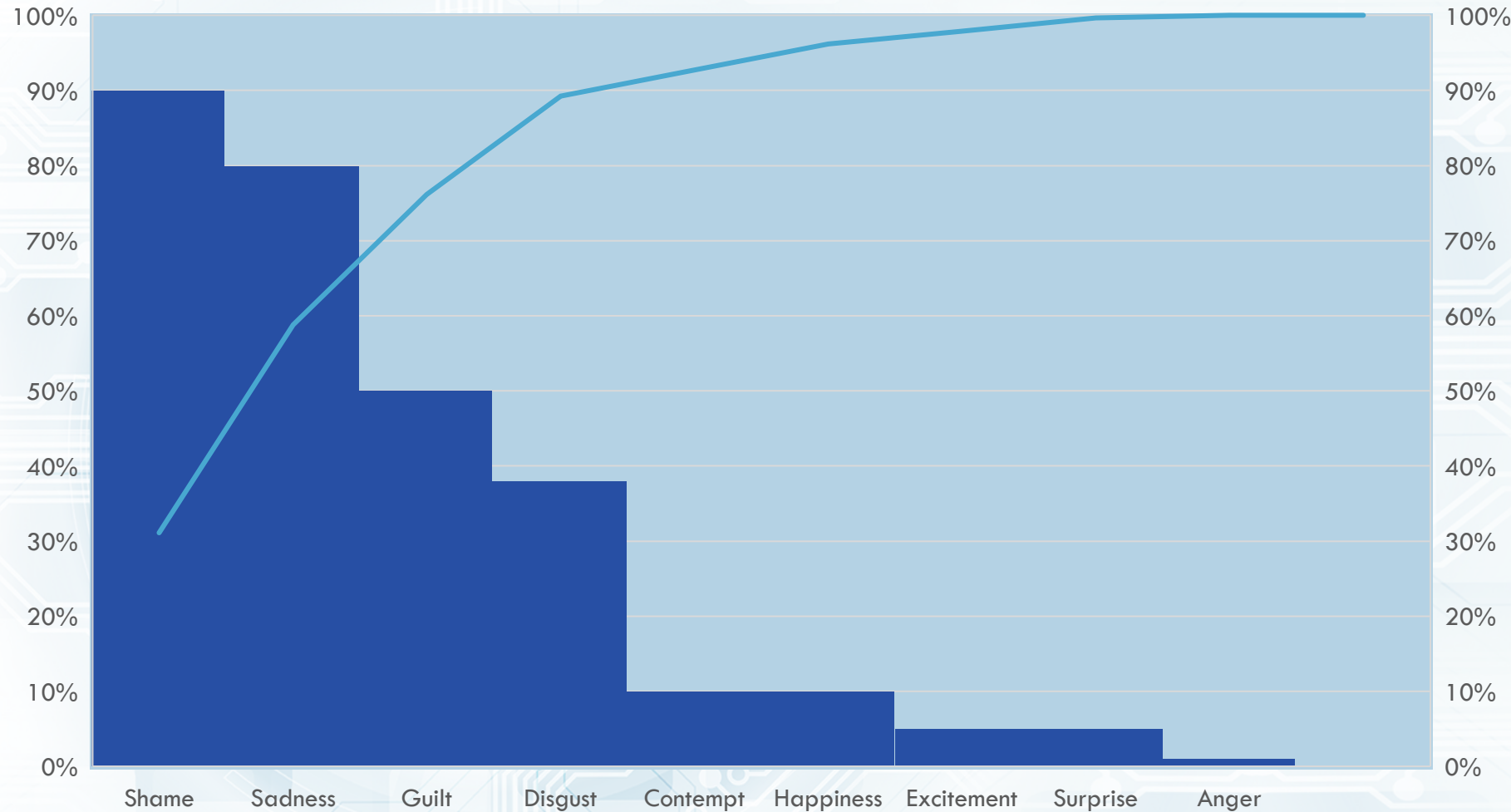
Always pleasant.

Suppress or Repress feelings

Never Complaining even when there is a legitimate reason for it



THE SHAME FACTOR LEADING TO BLOCKED ENERGY



A study By Dr Sofra (1983) on Emotion and physical / psychological illness found that individuals organized around the emotions of shame and sadness had the highest correlation with **REPRESSED SEXUALITY**, poor health, depression and reoccurring physical illness. These results are supported by several studies that found that sadness is highly correlated with physical illness and the incidence of depression.



PSYCHOTHERAPY FOCUS

INCREASE DEGREES
OF FREEDOM

BEING
INTRODUCED TO
ONESELF

Realistic approval,
of self & others

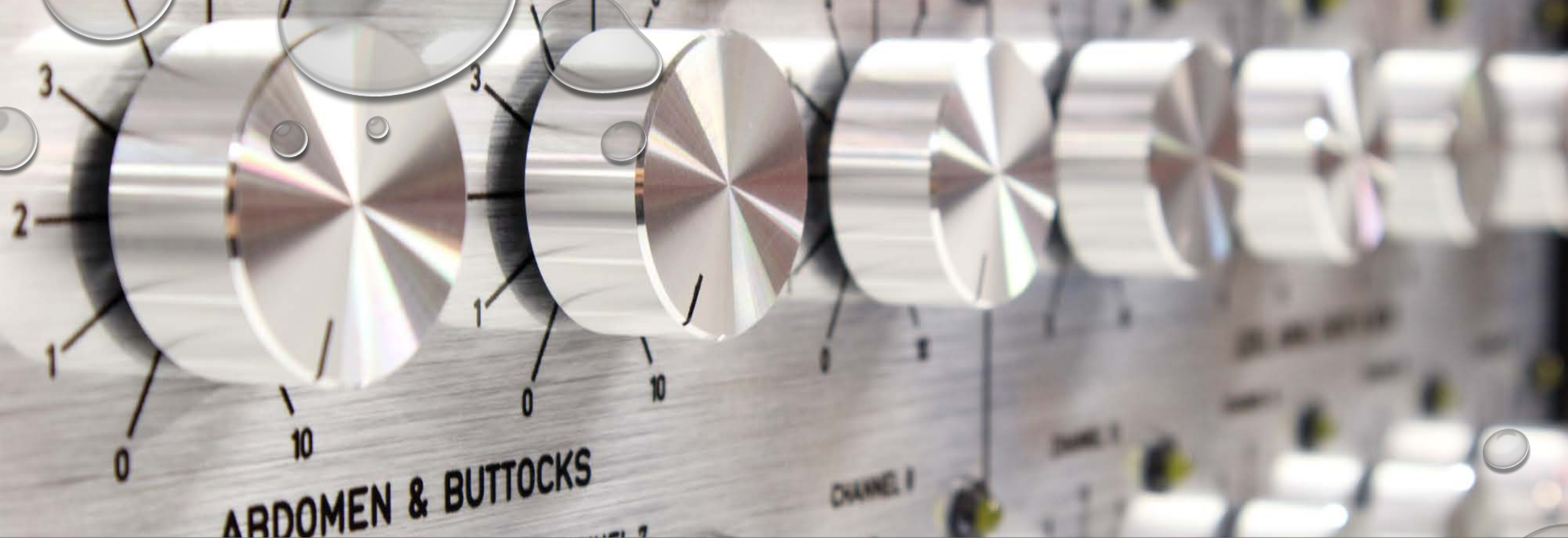
Balanced appraisal
of strengths and
weaknesses.

Relief from shame
and grudges

Assertiveness without
aggression

Free oneself from
the past, and
increase new social
activity.

Learning how to turn
adversity into
advantage



ARDOMEN & BUTTOCKS

CHANNEL 1

THANK YOU
FOR YOUR KIND ATTENTION