

June/July 2018
At a glance
Full descriptions of activities in bulletin.



ANNOUNCEMENTS

June 3, 2018

306-761-0556 eastsideunited@sasktel.net
 Like us on facebook (Eastside United Church)
 Follow us on Twitter @Eastside_united
 www.eastsideunited.ca



Welcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

Ministers:

Minister: Russell Mitchell-Walker
 Greeting: Mamin and Swithin Lee-Sing
 Congregational Care Greeter: Clare Banks
 Prayers: Jayne Krueger-Jickling
 PowerPoint: Shelly and Mick Williams
 Music: Eastside's worship band *Arise!*
 Last week's attendance:

Russell's Office Hours:

Tuesday through Thursday, working from home Fridays
Coffee Shop Office Hours: Wednesday afternoons from 2 to 4:30 pm, at Quance Street Second Cup.

Eastside Office Hours:

Tuesday, Wednesday and Thursday from 8:30 am to 3:30 pm

Songs –

Turn Your Radio On
 Dance with the Spirit MV #156
 Oceans (Where Feet May Fail)
 But for the Grace of God
 Give Thanks
 Believe In You
 The Unclouded Day

For those interested in an online resource for *Daily Prayer*, this link will provide you with a traditional and contemporary option for each day from the Church of England <http://www.oremus.org/cofe.html>. Interested in an app?(available on iPhones only), try Common Prayer, by Shane Claiborne of The Simple Way. Print copies available on back table.

The scripture readings this week: Exodus 20:3-11

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
3 Worship 11:15 am <i>Arise!</i> Program AGM	4 AA 8 pm	5 Cards 9:30 TOPS 6:30	6	7	8	9 Women's Breakfast RETREAT 8 am Pride Community Fair 9 am @ Farmer's Market
10 Worship 11:15 am Outdoor Service and BBQ Open Hearts Communion	11 Pride Flag Raising @ City Hall 9 am AA 8 pm	12 Cards 9:30 TOPS 6:30	13	14	15	16 Pride Parade Decorate @ 9:30 am 
Russell away – United Anglican Dialogue, New Parish course						
17 Worship 11:15 am Father's Day Prayer Candles	18 AA 8 pm	19 Cards 9:30 TOPS 6:30 LSC Council	20	21	22	23 ICF Breakfast 9 am
Russell away						
24 Worship 11:15 am	25 AA 8 pm	26 Cards 9:30 TOPS 6:30	27	28	29	30
1 Tri-parish Canada Day Worship 9:30 am	2 AA 8 pm	3 Cards 9:30 TOPS 6:30	4	5	6	7

TOPS = Take Off Pounds Sensibly
AA = Alcoholics Anonymous

House of Esther is in need of a new house group leader to work with Dale Banks. Please see Dale if you can help share the work load a bit. Dale has been serving as house leader for some time and can show you the ropes.

St. Philip Senior Ministry Outreach card playing program, Tuesday mornings at 9:30 am in the East Sanctuary at the Living Spirit Centre. Whist and lessons to those that would like to learn. Come out and enjoy fellowship, coffee and card playing. If you need a ride call Rod 306-789-1388. Everyone is welcome.

Eastside's Craft/Study Group is on summer vacation! Stay tuned to learn about our book choices for Fall 2018!

The next Newcomer's Market at Westminster United Church is coming up on Saturday, June 9 from 10 am to 2 pm. Come for this time of food, crafts and meeting new people! Admission is a donation to the WUC Refugee Fund.

2018 Merrill Brinton Tournament of Hope in support of Carmichael Outreach. This year's tournament is on Monday, June 25 at the Royal Regina Golf Club. We are so excited to see everyone out on the green coming together to support our programs and services. For more information and registration forms, please see the Eastside bulletin board.

Did you enjoy A Taste of Skylight Festival and want more? Did you hear how great it was and are sorry you missed it?! Gather a group of 6 and get a group rate!! Please let Russell know of your interest. www.skylightfestival.ca

Over the summer, our minister Russell invites you to find out what God is up to in your neighbourhood, to meet with your neighbours with the goal of getting to know them or if you know them, to get to know them differently. Gather a group of your neighbours and have conversation. It may include exploring the following questions:

- Who is your neighbour? Who are the people in your neighbourhood? Are the demographics changing?
- What are the assets of your neighbourhood? What do people love about it?
- What are the hurts of the neighbourhood? What are the issues or concerns?
- What would you like to see happen in the community? What is happening that you like or is exciting?

Be creative about how you might do this. We will share stories at a Parish Ministry Sunday in the fall.

LSC Women's Spirituality Breakfast RETREAT, Saturday, June 9 from 8 am to 4 pm. *Think Better, Live Better* with Janet Robinson .

Janet Robinson will be hosting us again at her Buffalo Pound Cottage. Come and spend some quality time in nature where there will be opportunity for quiet reflection as well as community sharing. In addition, Janet will share some of the tools she learned at a Think Better, Live Better Conference in San Diego earlier this year. Lunch will be provided. Cost: \$20. Please register with Anita anita@accesscomm.ca by June 1. You are welcome to pay on June 9 but please RSVP to Janet knows how many to expect. We plan to meet at the church at 8 am for the hour-long drive to Buffalo Pound. If you are planning on coming, please email Anita indicating if you are willing to drive and how many passengers you can take. And please think about speakers you'd like to host next year! We will about 15 minutes to discuss 2018-2019 plans.

Loving Our Neighbours Tea Join us for tea and strawberry shortcake! June 9 from 2 to 4 pm at Wesley United Church. Freewill offering.

Sunday, June 10 at 11:15 am is our Outdoor Worship Service! We'd love you join us for this delightful worship experience surrounded by the sights and sounds of nature. We suggest bringing chairs and/or blankets to be comfortable for the service. BBQ with potluck salads and desserts will follow!

Hello from Lumsden Beach Camp!

Two fun spring programs:

Day Camp – June 15. We bus campers from Knox-Met in Regina out to the camp for a day full of fun and exploration. Cost is \$45 and this includes lunch and transport.

Take Your Grandparent to Camp Day – June 16. LBC staff will lead you and your grandparent through all sorts of camp activities, including canoeing, swimming, archery, art, hikes and more! The activities are most appropriate for children 3 years and older.

Thank you for supporting your United Church Summer Camp! Contact Vicki at 306-539-7772 or info@lumsdenbeachcamp.com.



We're kicking off our Summer Worship with a special Tri-Parish Canada Day Worship Service, on Sunday, July 1 at 9:30 am!

SUMMERTIME Worship!

Sundays from July 1 to August 19, Eastside will be joining St. Philip Anglican and Bread of Life Lutheran Churches for church-crashing once again! Each Sunday one of the three churches will host the service and the other two will join in and get a chance to experience the worship traditions in their partner churches. **All services will be at 9:30 am.**

The YMCA of Regina's Homelessness Partnering Strategy is excited to invite our community partners to join us at our **Plan to End Homelessness in Regina Design Labs**. These Design Labs will focus on a number of priority issues identified at the Community Summit for Regina's Plan to End Homelessness we hosted in March of this year. Community participants were very eager to tackle several issues at the Summit in an inclusive and respectful manner. It is imperative to have key stakeholders join the discussion and to be active participants in this Design Lab process. This is a process of empowerment, education, relationship building and reconciliation that is essential to address the needs of the City of Regina. Each Design Lab is scheduled for two hours and will include introductions, objective setting, issue overview, clarifying deliverables, setting boundaries, breakout sessions, discussion and action planning. A description of each Design Lab, along with the date, time and location can be found at <https://bit.ly/2InkbHk>. Contact Blair Roberts, Director of HPS Communications, YMCA of Regina blair.roberts@regina.ymca.ca, if you have any questions.

PRIDE PARADE – June 16 is the parade to celebrate LGBTQ folk in our city. We will be walking with the Welcoming Faiths contingent, expanding this year to include all faiths. Parade is at 12 noon, gather at 2070 Broad Street by 11am. Decorating of vehicle and sign making is at St. James UC starting around 9:30 am.

Other Pride events to take in:

Community Fair @ Regina Farmer's Market, Saturday, June 9 from 9 am to 1:30 pm.

Pride Flag Raising @ City Hall to kickoff Pride Week 2018. Monday, June 11 at 9 am

LOTS MORE ACTIVITIES IN THE **PRIDE GUIDE!** Available on the narthex shelves.



ARE YOU PLANNING ON BECOMING A CANADIAN CITIZEN?

New Canadian Integration Society, In partnership with Regina Public Library (South Branch) is Now Offering Free Citizenship classes.

NCIS is offering a FREE eight week class to help you prepare for your Canadian Citizenship exam.

The class starts:

Thursday, June 7
and meets every Thursday
from **1:00 to 2:30 pm**
at the **George Bothwell Library**
(in Southland Mall).

To register, please call: **(306) 737-0331**
or email us at: **press2@hotmail.com**
www.cnis.global

Eligibility

Must be 16 years or older
Must understand and communicate in English

Our Program
This is an 8-week intensive preparation class focusing on:

- Canada's Economy
- Canada's Justice System
- The Rights and Responsibilities of Citizenship
- Government, Elections and Voting Procedures
- Facts about Canada, its History, Geography and Symbols
- Study questions for the Canadian Citizenship Exam
- Techniques to study and organize information effectively

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