

What We Offer

Our Service Offers -

1:1 Visits

- . For Information about Strokes and how to cope with its effects.
- . Advice on any lifestyle changes and Stroke Prevention.
- . Referral to other Services.
- . Individual assessments and Goal-setting sessions.
- . Support to access Leisure and Social Activities to assist the Stroke Survivor achieve their personal goals.
- . Long Term Practical and Emotional Support for the Stroke Survivor and their Families.

Group Support -

Back On Track Working Age

Stroke Group.

- . Peer Support and Social Interaction.
- . Activities and Outings.
- . Access to Courses for Interest, Re-learning and Re-training.
- . Advocacy with other Agencies.
- . Support for Carer and Family.
- . On-going guidance throughout the Rehabilitation process.
- . Back To Work Guidance and Support.