

**For both Men and Women**

**Directions for use:** Take one (1) capsule, preferably before exercise, on an empty stomach with at least 8-10 fl. oz of water. Consuming late in the day may impair sleep. Do not exceed 2 capsules daily.

• For the best individual results, serving times may vary •

**For Optimal Results:** Eat a reduced calorie diet and exercise at least three times per week.

**Warning:** Not intended for use by persons 17 years or younger without the supervision of a health professional and parent/guardian. Keep out of reach of children. Not for use by persons who are pregnant/nursing, sensitive to caffeine, a medical condition, or are taking MAO inhibitor or ADHD drugs. Consumption contrary to warning may cause adverse health effects. If unpleasant effects occur, discontinue use.

Warning: -Store at 15-30°C (59-86°F).

-Protect from heat, light and moisture. -Do not purchase if seal is broken.



DIETARY SUPPLEMENT  
30 Capsules

Prohibited to be sold through auction websites!

SUPPLEMENT FACTS		
Serving Size: 1 Capsule		Servings Per Container: 30
	Amount Per Serving	% Daily Value
Niacin	15 mg	75%
Vitamin B6 (as pyridoxine HCl)	2 mg	100%
Vitamin B12 (as methylcobalamin)	6 mcg	100%
Chromium (as chromium Polynicotinate)	120 mcg	100%
<b>Proprietary Blend:</b>	<b>457 mg</b>	<b>*</b>
Green tea leaf extract (providing min. 90 mg EGCG), Caffeine anhydrous (140 mg), <i>Mucuna pruriens</i> seed extract (20% L-dopa), <i>Garcinia cambogia</i> fruit extract, Black pepper fruit extract (BioPerine®), Dried plum fruit, Capsaicinoids (from capsicum fruit extract)(Capsimax®)		
* Daily value not established		
Other ingredients: Gelatin, rice flour, stearic acid and silica.		
**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.		



Doctor's Blend™

1200 E WALNUT AVE · DALTON, GA 30721 · DOCTORSBLEND.COM

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