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| Athletics – Semaine 5/ Week 5 |
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FIFA WORLD CUP

# Sortie de la semaine – Outing of the week: [C:\Users\Camp de Jour DDO\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\E2E5453.tmp](https://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwiB4JjbpbzjAhXjg-AKHStFDfsQjRx6BAgBEAU&url=%2Furl%3Fsa%3Di%26rct%3Dj%26q%3D%26esrc%3Ds%26source%3Dimages%26cd%3D%26ved%3D%26url%3Dhttp%253A%252F%252Fclipart-library.com%252Fbeach-cliparts.html%26psig%3DAOvVaw2E3e4CvsnHMq1G3TMoXy6Z%26ust%3D1563464614002507&psig=AOvVaw2E3e4CvsnHMq1G3TMoXy6Z&ust=1563464614002507)

Plage Le Sablon

1360 Ch Saint Philippe, Saint-Polycarpe, QC J0P 1X0

Tuesday July 23

Mardi 23 juillet

Soyez au parc pour : 8h00

Arrive at the park for : 8h00

Assurez-vous d’avoir votre costume de bain, serviette, crème solaire, chapeau, bouteille d’eau

Please make sure to have a bathing suit, towel, sunscreen, hat, water bottle

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| Si votre enfant sera absent(e) durant la semaine, s’il vous plait aviser le bureau: **514-684-0970**  If your child will be absent, please make sure to advise the office: **514-684-0970**  Ce que votre enfant doit amener au camp de jour – What your child should bring to camp:   * Crème solaire – Sunscreen * Un dîner – Lunch * Deux collations – Two snacks * Souliers de course – Running shoes * Costume de bain et serviette – Bathing suit and towel * Chapeau – Hat |

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| [Image result for soccer clipart](https://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&ved=2ahUKEwjAqui2p7zjAhWHd98KHX9fD3MQjRx6BAgBEAU&url=https%3A%2F%2Fwww.pinterest.com%2Fpin%2F109845678388922663%2F&psig=AOvVaw06tkZjC34fTRzax2k6WHpC&ust=1563465076601199)[Image result for soccer clipart kids](https://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&ved=2ahUKEwiSutPep7zjAhUnh-AKHbdHDeUQjRx6BAgBEAU&url=http%3A%2F%2Fclipartportal.com%2Fsoccer-clipart-for-kids-1%2F&psig=AOvVaw3es8XCjWRkfCMV9n7DaScf&ust=1563465129753164)Grab your cleats because this week will be working on all things soccer! Did you ever want quick feet like Messi? Or a shot like Ronaldo? After this week you will have the skills to take on the best footballers in the world.  Attrapez vos chaussures à crampons car cette semaine sera consacrée au football! Avez-vous déjà voulu des pieds rapides comme Messi? Ou un coup comme Ronaldo? Après cette semaine, vous aurez les compétences nécessaires pour affronter les meilleurs footballeurs du monde.  [Image result for soccer clipart kids](https://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&ved=2ahUKEwiWgc3Pp7zjAhVrneAKHbQkCfAQjRx6BAgBEAU&url=https%3A%2F%2Fwww.pinterest.com%2Fpin%2F21321798214308876%2F&psig=AOvVaw3es8XCjWRkfCMV9n7DaScf&ust=1563465129753164) |
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Heures du service de garde: 7h-8h30 et 16h30-18h00. Frais de retard: $1.00/ minute pour chaque minutes après 18h00.

Babysitting hours : 7am-8 :30am and 4 :30pm-6pm. Late fees : $1.00/ minute for every minute after 6pm.

[](https://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwiZ6LjZtd_NAhVHwj4KHbqhAc8QjRwIBw&url=http://www.clipartpanda.com/categories/sports-clip-art-software&bvm=bv.126130881,d.amc&psig=AFQjCNFI6Glrcy10shudbjfQV-QxXaIfoQ&ust=1467914474580695)

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|  | **Lundi - Monday** | **Tuesday - Mardi** | **Mercredi - Wednesday** | **Thursday - Jeudi** | **Vendredi - Friday** |
| 7h – 8h30 | **Service de garde - Babysitting** | **Service de garde - Babysitting** | **Service de garde - Babysitting** | **Service de garde - Babysitting** | **Service de garde - Babysitting** |
| 8h30 – 9h00 | Warmup - Réchauffement | [http://btckstorage.blob.core.windows.net/site13283/outings.jpg](https://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwja6KLjlt_NAhVF44MKHZEgC-IQjRwIBw&url=http://www.eyepreschool.btck.co.uk/AboutUs/ActivitiesandOutings&bvm=bv.126130881,d.amc&psig=AFQjCNEpgPtX8Vtp2hbX4j_nGQs5EBYhHQ&ust=1467906169960411)LE SABLON  Départ : 8h30  Departure : 8:30 | Warmup - Réchauffement | Warmup - Réchauffement | Warmup - Réchauffement |
| 9h00 -10h00 | Train like Messi  Entrain comme Messi | World Cup | Soccer Baseball & 4 Corners  Soccer Baseball et 4 Coins | SPLASH DAY AT SBK  SPLASH DAY CHEZ SBK |
| 10h – 10h15 | **Collation-Snack** | **Collation-Snack** | **Collation-Snack** | **Collation/ Snack** |
| 10h15-12h00 | Soccer Tennis | Soccer Tournament  Tournoi de Soccer | Penalty Show Down  Show Down de Penalty | SPLASH DAY AT SBK  SPLASH DAY CHEZ SBK |
| 12h00 – 12h30 | **Dîner/ Lunch** | **Dîner/ Lunch** | **Dîner/ Lunch** | **Dîner/ Lunch** |
| 12h30 – 1h30 | Walk to Pool  Marche vers la piscine | Walk to Pool  Marche vers la piscine | Walk to Pool  Marche vers la piscine | Walk to Pool  Marche vers la piscine |
| 13h30 – 15h30 | Piscine/ Pool | Piscine/ Pool | Piscine/ Pool | Piscine/ Pool |
| 15h30 – 15h45 | **Collation/ Snack** | **Collation/ Snack** | **Collation/ Snack** | **Collation/ Snack** |
| 15h45 – 16h30 | Marche de la piscine  Walk from pool | Marche de la piscine  Walk from pool | Marche de la piscine  Walk from pool | Marche de la piscine  Walk from pool |
| 16h30 – 18h00 | **Service de garde - Babysitting** | **Service de garde - Babysitting** | **Service de garde - Babysitting** | **Service de garde - Babysitting** | **Service de garde - Babysitting** |