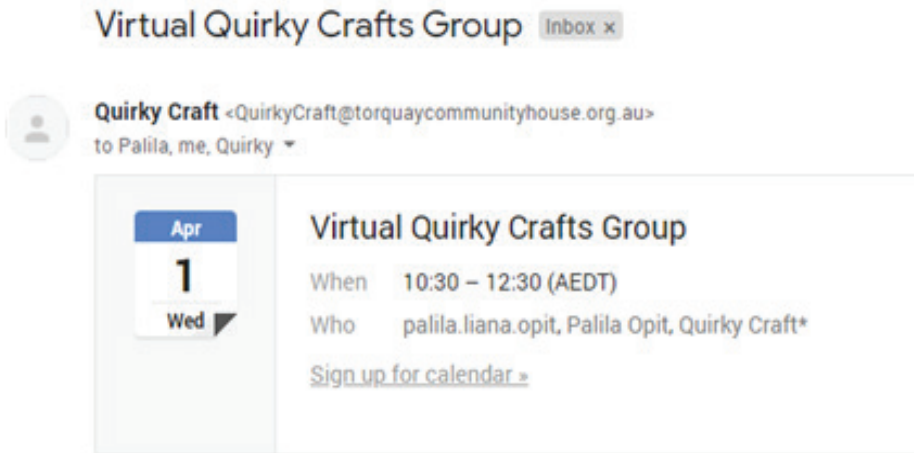


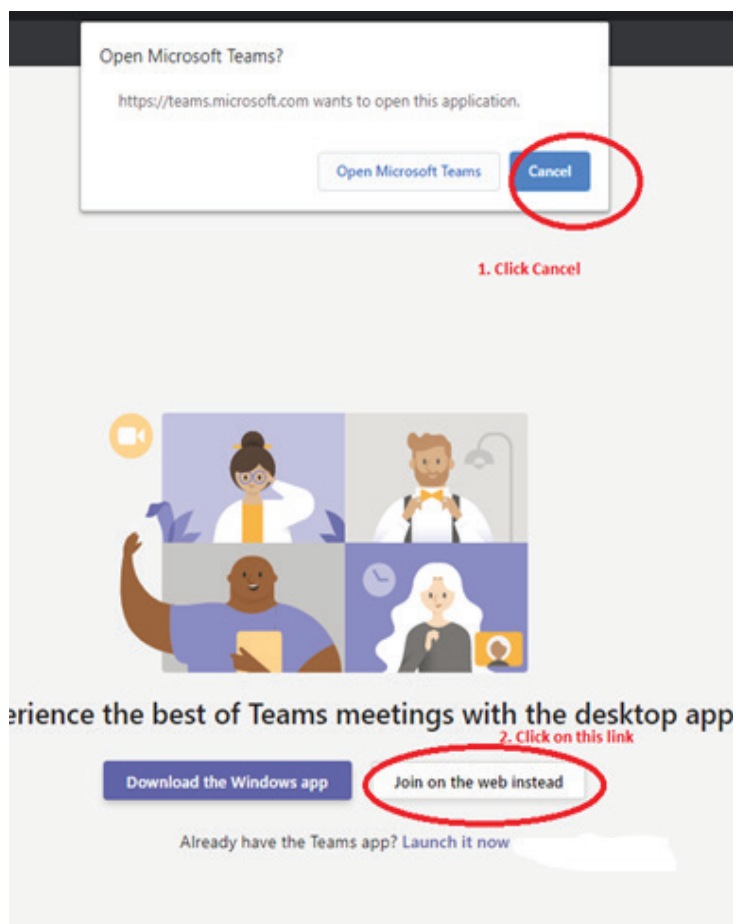
HOW TO JOIN A VIRTUAL CLASS

When your class is scheduled, you'll receive an email that looks like this:

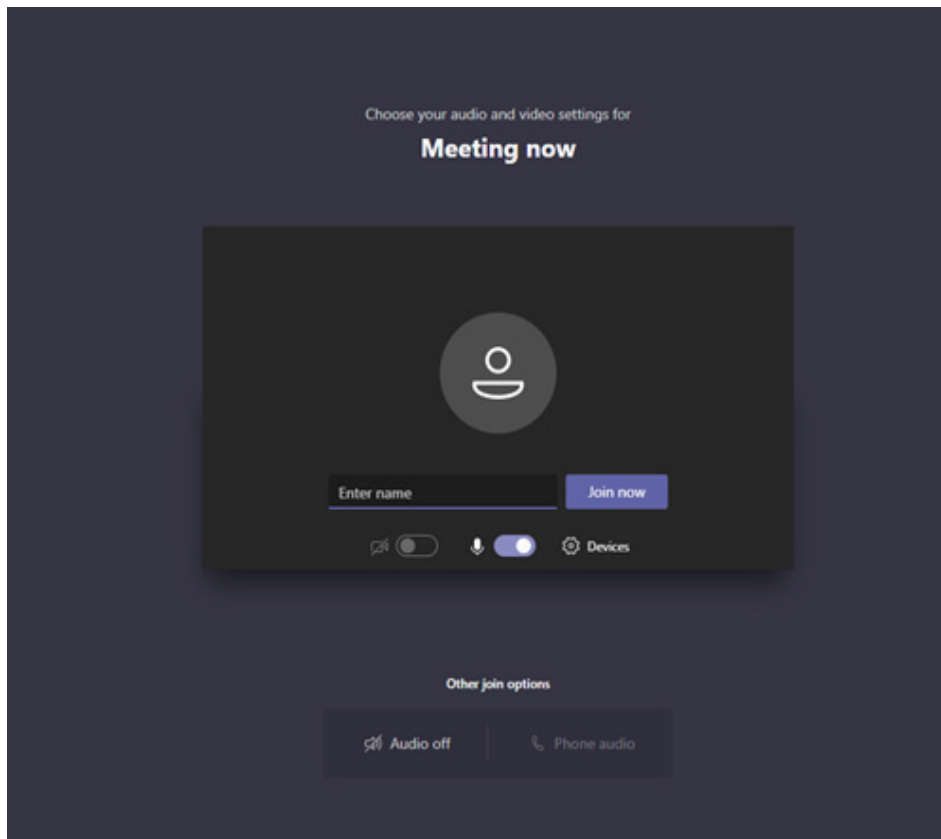


About five minutes before your scheduled class click this link in the email as circled in red.

This should take you to a screen that looks like this. As indicated click cancel on the pop-up and head down to click Join on the web instead

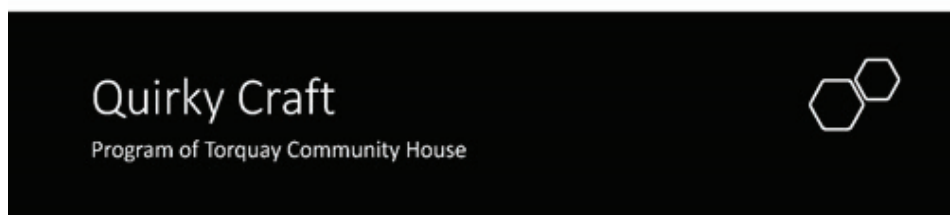


That will take you here! Enter your name and click join now and you are ready to go!



You should then be able to hear and perhaps see the others in the group.

If your device has a camera and you click on the camera icon, (below left of join now), the group will be able to see you too. Click on the microphone (below join now) to mute yourself or turn it on to be able to talk to the group. You are welcome to just watch or participate.



You will see a page like this one for your group, you can then take a sigh of relief as you have arrived at the right place, so just relax grab a cuppa and wait for the others.