

Abbott Northwestern Hospital Transportation Services

800 East 28th Street

Minneapolis, MN 55407

Toll-Free: 800-258-1210

www.abbottnorthwestern.allina.com

Abbott Northwestern Hospital's transportation program provides van service to the hospital and affiliated metropolitan area physicians' offices for patients coming from Greater Minnesota and western Wisconsin. Offers a Park and Ride Plan for patients who live more than 40 miles from the hospital, and a convenient payment option where riders can pay for their van fee with a credit card, rather than cash or check. Please call for further information.

Adult Foster Care

CWC Social Services

Contact: 218-824-1140

Aitkin Medical Supply

12 2nd St. NW

Aitkin, MN 56341

Contact: 218-927-3113

Toll-Free: 1-800-488-9127

Please call for information concerning pricing, insurance options and medical supplies stocked.

Almond House

802 28th St. SE

Brainerd, MN 56401

Contact: 218-825-9255

Supervised residential living for frail, elderly and those with memory loss. 24 hour supervision. Assisted living with home care.

Alzheimer's & Memory Loss Family Support/Resources

14387 Edgewood Drive N

Baxter, MN 56425

Contact: 218-829-9238

Toll-Free: 1-888-221-5785

Support group meets monthly at Good Neighbor Home Care. Provides education and support for those who are caring for loved ones who have chronic conditions such as Alzheimer's, Dementia, stroke or other disabling conditions.

American Legion, Walter Scott Erickson, Post #557

P.O. Box 205

Deerwood, MN 56444

Contact: 218-534-3215

Walter Scott Erickson Post #557 has its own van which transports seniors from Deerwood to Crosby Nutrition Center for meals. Also bring meals to shut-ins on return trip back to Deerwood. (Monday through Friday) Contact: Alvin Ellingboe

Audiology Services, Central Lakes Medical Clinic, P.A.

318 East Main Street

Crosby, MN 56441

Contact: 218-546-8375

Toll-Free: 888-420-2778

Audiology evaluations and hearing aid services.

Bay Lake Area Lions - Mobility Bus

18257 State Hwy. 6

Deerwood, MN 56444

Contact: 218-678-9090

Mobility Bus transportation for disabled in the Deerwood, Crosby, and Garrison Areas.

Bethany Good Samaritan Village

804 Wright Street

Brainerd, MN 56401

Contact: 218-829-1407

www.good-sam.com

A non-profit Christian nursing home, Medicare and Medicaid certified, contracted with the V.A. 24-hour nursing care; physical, occupational and speech therapy; activity programming; social services; pastoral care; barber and beauty shop. Includes a 29-bed unit for Alzheimer's Disease, a 25 bed sub-acute unit, a 10 bed residential memory care facility and a 39 bed congregate assisted living facility. Inpatient and outpatient therapy services. Private rooms for short-term rehabilitation stays.

Breath of Life Adult Day Service

200 Buffalo Hills Lane E

Brainerd, MN 56401

Contact: 218-822-3296

bolads@brainerd.net

breathoflifeads.org

Breath of Life Adult Day Service; located in the heart of Brainerd, Minnesota. Established in 2001 as a non-profit organization, we provide an encouraging, caring, Christian atmosphere for senior dependent loved ones. It is a place for them to socialize with peers in a stimulating environment, helping the caregiver to maintain their own physical and emotional well-being. The program includes daily activities, health monitoring, medication administration, assistance with personal care, nutritious meals and snacks, individualized care plans, companionship and socialization. Hours of operation: Monday - Friday from 7:30 am - 5:00 pm. Private pay or financial assistance, Veterans Administration, community service contracts or Minnesota wavered programs.

Burgstalers Board and Lodging

404 4th Ave. NE

Brainerd, MN 56401

Contact: 218-829-6931

A place for seniors that keeps them as independent as possible. Rent also pays for utilities, three meals, bedding and laundry.

Care Cab

2600 North 7th St.

St. Cloud, MN 56303

Contact: 1-800-535-7190

www.caretransportation.com

Non-emergency transportation in an accessible van for anyone who has limitations which prevent them from using a common carrier (bus, taxi). Minnesota Medical Assistance provider.

Caregivers Support Group - Good Neighbor Home Health Care

14387 Edgewood Drive N

Baxter, MN 56425

Contact: 218-829-9238

Toll-Free: 1-888-221-5785

www.gnhomecare.com

info@gnhomecare.com

For caregivers of family members with memory losses and/or Alzheimer's Disease. Meets 1st Wednesday 1:30-3:00 PM at Baxter office.

CAREFREE Living of America, Inc.

2723 Oak Street

Brainerd, MN 56401

Contact: 218-829-8622

www.carefreeliving.com

Housing for seniors 65 and older. Assisted care facility with 24-hour staff. Provides home cooked meals, housekeeping, comfortable lounges, cable TV, full laundry service, furnished rooms, beauty shop, church service and recreational activities. Short term respite and home care services also available, includes month by month rent and independent living.

Community Education - Brainerd ISD #181

804 Oak St.

Brainerd, MN 56401

Contact: 218-454-6924

www.isd181.org

Broad range of educational opportunities for community members of all ages. 4 sessions. Two adult sessions are available. Sign up in September and February. Summer programs are available for children, grades K-12 Please call for information. Director: Todd Lyscio

Community Education of ISD #182- Crosby

711 Poplar Street

Crosby, MN 56441

Contact: 218-545-8822

dsova@ci.k12.mn.us

Committed to lifelong learning! Early Childhood/School Readiness, Adult Education, Snack Attack-student run business and a variety of adult education programs are available.

Community Education of ISD #186- Pequot Lakes

30805 Olson St.

Pequot Lakes, MN 56472

Contact: 218-568-4996

www.pequotlakes.net/school

Located in the Lakes Area Family Center. Programs include: Adult education classes published three times during the school year; Kid Konnection, Greater Lakes Area Performing Arts; and computer access for the community in the Eclipse Teen Center. Director Richard Mark

Consumer Affairs Office

Minnesota Public Utilities Commission

121 Seventh Place East

Suite 350

St Paul MN 55101-2147

651-296-0406

1-800-657-3782

consumer.puc@state.mn.us

www.puc.state.mn.us

Council on Aging, Crow Wing County

P.O. Box 188

Brainerd, MN 56401

Contact: 1-800-224-6451

Consists of representatives of organized senior citizen groups in Crow Wing County. Coordinates programs that promote & safeguard the independence & well-being of older adults by providing: Leadership & consultation for groups of individuals; accumulate, tabulate & study data relating to older adults & their resources; & distribute information with regard to social, economic, health and housing needs.

Crow Wing County Social Services- Aging Program

204 Laurel Street

Brainerd, MN 56401

Contact: 218-824-1140

A variety of services including preadmission screenings to evaluate an individual's current situation and preferences. Information and referral to community based home care services, senior prescription drug program, and nutrition and chore services. Sponsor RSVP & Senior Advocate program.

Cuyuna Regional Medical Center Long Term Care

320 East Main Street

Crosby, MN 56441

Contact: 218-546-7000

A 130 bed long-term care nursing home residence with an "Eden Alternative" environment. A lively interactive community that includes pets & plants to engage residents and supplement a companionship environment of adults and children. Full ranges of medical services from attached Medical Center.

Dellwood/Edgewood Apartments

300 Third Ave NE

Crosby, MN 56441

Contact: 218-546-5088

hra@emily.net

Independent living for singles or seniors and also is handicapped accessible. Now offering assisted living.

Elder Heights

812 2nd St. SE

Little Falls, MN 56345

Contact: 320-632-1211

An eight-person housing with services located on the 4th floor of St. Otto's Care Center.

Eldershare, Trillium- LSS

1008 S. 10th Street

Brainerd, MN 56401

Contact: 218-828-4823

Elderly housing with services. 24-hour supervised care for semi-independent elderly. A Lutheran Social Service program.

Emily 50-Plusers

Contact: 218-763-2546

Meets the last Thursday of every month at 5:30 PM at the Emily City Hall. Jan & Feb noon meal. President Ruth Atlwater 763-2277

Evergreen Readers

10154 Birch Grove Rd.

East Gull Lake, MN 56401

Contact: 218-829-6591

Group of volunteers who do readings at nursing homes. Contact: George Cowie

Fifty-Five Alive Class

Lakes Area Senior Center

803 Kingwood St

Brainerd, MN 56401

Contact: 218-829-9345

Four Hour Defensive driving class for seniors. For 8-hour class call 1-888-227-7669.

Foster Grandparent Program- LSS

PO Box 254

Brainerd, MN 56401

Contact: 218-839-6650

Toll-Free: 1-877-612-6243

marcia.ferris@lssmn.org

Foster Grandparents create and build relationships which nurture special and/or exceptional needs children under the age of 21 in schools, institutions and shelters. Seniors age 60+ receive a stipend, transportation and meal reimbursement for volunteering 10-20 hours per week. National Senior Service Corps.

Good Neighbor Home Health Care, Inc. - Baxter Office

14387 Edgewood Drive N

Baxter, MN 56425

Contact: 218-829-9238

Toll-Free: 1-888-221-5785

www.gnhomecare.com

A Medicare certified, state-licensed Home Health Agency offering skilled nursing, respite care, home health aides, personal care attendants, homemakers, IV therapy and therapy services. Available 24 hours a day, 7 days a week. Serves the areas of Pillager, Baxter, Nisswa, Pequot Lakes, Pine River, Emily, Crosslake, Aitkin, Brainerd, and many outlying areas. Assisted living in Brainerd & Pine River.

Hallett Cottages, CRMC (Memory Loss Housing)

350 Fourth Street NE

Crosby, MN 56441

Contact: 218-546-6265

www.cyunamed.org

Innovative senior housing for people in the early stage of memory loss disease. A home-like environment that has incorporated the "Eden Alternative" and nontraditional therapeutic approach to help residents nurture and cherish enduring memories.

Harmony House

218 9th St. SW

Brainerd, MN 56401

Contact: 218-828-4142

Toll-Free: 1-877-728-4142

ksolinger@horizonhealthservices.com

www.horizonhealthservices.com

Supervised residential living for frail, elderly and those with memory loss. 24 hour supervision. Assisted living with home care.

Helping You Hear

314 Charles St.

Brainerd, MN 56401

Contact: 218-855-1247

huh@integra.net

Audiological services, hearing evaluations and hearing aids

Home Care - CRMC, HomeHealth Partnership

320 East Main Street

Crosby, MN 56441

Contact: 218-546-2311

Toll-Free: 1-800-698-2311

www.cyunamed.org

A project partnership service of the Aitkin and Cuyuna medical communities. Skilled nursing care, home health aides, homemakers, therapies, Lifeline emergency personal response system.

Home Delivered Meals & Senior Congregate Dining LSS- Brd.

Lakes Area Senior Center

803 Kingwood Street

Brainerd, MN 56401

Contact: 218-824-6062

Hospice - CRMC, HomeHealth Partnership

320 East Main Street

Crosby, MN 56441

Toll-Free: 1-800-698-2311

www.cyunamed.org

A HomeHealth Partnership Home Care Service. Hospice is a special way of caring for terminally ill people and their families in-home that stresses comfort, dignity and peace of the dying person.

Housing and Redevelopment Authority, Brainerd

324 East River Road

Brainerd, MN 56401

Contact: 218-828-3705

rita@brainerdhra.org

Affordable rental housing and services for families, seniors, single and disabled households. Services available include affordable rental housing (all bedroom sizes) and tenant-based rent assistance.

Housing and Redevelopment Authority, Crosby

300 Third Avenue NE

Crosby, MN 56441

Contact: 218-546-5088

hra@emily.net

Low income housing for elderly, disabled, singles and families. Must meet eligibility requirements. Senior housing services include mail delivery, noon meal, tenant activities and laundry facilities. Located near eye clinic, Central Lakes Medical Clinic and Cuyuna Regional Medical Center. Assisted Living program available.

Housing and Redevelopment Authority, Pequot Lakes

PO Box 243

Pequot Lakes, MN 56472

Contact: 218-568-4555

www.pequotlakes.govoffice.com

Low income housing for senior citizens and young families with children. Must meet eligibility requirements.

Indian Carry and Woodland Apartments

21745 Indian Carry

Deerwood, MN 56444

Contact: 218-546-7434

Open to low-income seniors 62 or over. Handicapped accessible, independent living, and rental assistance is also available based on income. Contact: Arlene

Lakes Area Interfaith Caregivers

P.O. Box 654

Pequot Lakes, MN 56472

Contact: 218-820-9247

Toll-Free: 1-877-245-7454

Nonprofit organization providing volunteers to meet unmet needs in the areas of transportation, home visits, homemaking, chore/repairs, and respite care for people in need throughout Crow Wing County.

Lakes Area Senior Activity Center

803 Kingwood St.

Brainerd, MN 56401

Contact: 218-829-9345

lakesareasenioractivitycenter@yahoo.com

Legal Aid Service of Northeastern Minnesota

324 South 5th St

Suite A

Brainerd, MN 56401

Contact: 218-829-1701

Toll-Free: 1-800-933-1112 (clients)

www.lasnem.org

Legal service and representation in the areas of divorce, custody, domestic abuse, landlord/tenant and other housing problems, Medicare and Medicaid, collection and consumer problems, garnishment defenses, denial of public benefits, and unemployment compensation appeals. Will also provide education on: MN Landlord/Tenant Law, MN family law, public benefits, & senior's issues. Speakers available.

LOLLY (Lots of Living Left Yet)

3200 Fairview Road N

Baxter, MN 56425

Contact: 218-829-5623

Meets on the third Wednesday of each month at 11:30 a.m. at Lord of Life for food, fellowship and interesting programs. For more info -- Marvella Larson 828-4317

LSS Caregiver Support and Respite Program

PO Box 576

Crosslake, MN 56442

Contact: 218-692-1964

bridget.allen@lssmn.org

This program covers a four county region with the intent of keeping family caregivers healthy and keeping senior living independently as long as possible. Respite workers are recruited, trained and matched with family caregivers. The caregivers are then able to take a break for exercise, friends, doctors visits, church, etc., while the respite worker stays with the person with chronic health conditions or the frail elderly, aged 60 or over. Caregiver education and support are also provided. Bridget Allen - Respite Coordinator

Medi-Van, Inc.

P.O. Box 1053

Detroit Lakes, MN 56502

Toll-Free: 1-800-422-0976

A professional, specialized transportation system designed to transport patients from their residence or nursing homes to scheduled appointments. Advance scheduling notice is recommended. Primarily for patients who have physical/mental disabilities (i.e. wheelchair-bound) and who have difficulty getting to and from appointments. Have ICC permission to transport across state lines. 24-hour, 7 day per week service. Our staff handles billing with MA, Health Plan, or the individual.

Minnesota Senior Federation - Heartland Region

803 Kingwood Street

Brainerd, MN 56401

Contact: 218-828-8457

Mission Possibles

Contact: John Schrogen

218-765-4017

Seniors group (age 50 and up) meets the first Wednesday of every month at Noon at the Mission Township Hall for speakers and socializing. Have volunteer drivers program to help with transportation.

Mississippi Terrace Apartments

215 SW 4th St.

Brainerd, MN 56401

Contact: 218-829-0274

For low income seniors and families. One, two, and three bedroom apartments available. Units are also handicap-accessible.

North Star Apartments--Housing and Redevelopment Authority

410 East River Road

Brainerd, MN 56401

Contact: 218-828-3705

rita@brainerdhra.org

Affordable one-bedroom apartments for seniors and disabled individuals and couples. Rent based on 30% income. On-site services include weekday meals, assisted living (health care, housekeeping), transportation, grocery delivery, on-site caretaker, security system, and organized resident activities.

Nutrition Education Program, University of MN Extension Service

322 Laurel St.

Brainerd, MN 56401

Contact: 218-824-1000 Ext: 4061

crowwing@extension.mn.umn.edu

Homemakers, youth and adults are taught how to stretch food resources to eat well on a small budget. Contact: Betty McAllister

Pequot Lakes/Crosslake Senior Van

P.O. Box 1019

Crosslake, MN 56442

Contact: 218-692-3340

Senior van with scheduled days. Tuesdays- transport for errands around Pequot Lakes. Fridays- from Pequot Lakes to Brainerd and back 9 AM to 1 PM. Thursdays- from Crosslake to Brainerd. Contact: Judy Maas

Pequot Lakes Senior Center

4285 Tower Square

Pequot Lakes, 56472, MN

Contact: 218-568-5360 (Center)

Meets the first Tuesday of every month at 10:30 AM during the months of April-December.

Senior Companion Program - LSS

PO Box 254

Brainerd, MN 56401

Contact: 218-839-6650

Toll-Free: 1-877-612-6243

This program relies on seniors, 60 years and older, provide one-on-one support and visitation to homebound elderly at risk of nursing home placement, and one-on-one support and mentoring to children and youth in schools, shelters and Headstart programs. Volunteers are provided with financial reimbursement for transportation, meals and other expenses.

Senior Dining, Crosslake

Crosslake Community Center

14126 Dagget Brook

Box 362

Crosslake, MN 56442

Contact: 218-692-3260

Home delivered and congregate meals. Serve mainly seniors. Meals are served at the Crosslake Community Center in Crosslake, daily at noon. Reservations are preferred. Monday through Friday only.

Senior Dining, Cuyuna Range Community Center

222 2nd St. NW

Crosby, MN 56441

Contact: 218-546-5855

Community Center administers Senior Dining Program and Meals-on-Wheels Program for Crosby-Ironton, Crosslake, Deerwood, Emily, Garrison, and Brainerd.

Senior Dining, Dellwood Center, Crosby

300 3rd Ave NE

Crosby, MN 56441

Contact: 218-546-5943

Home delivered and congregate meals to anyone who lives at the Dellwood Center. The meals are served at the Dellwood Community Center.

Senior Dining, Emily

Emily city Hall Lunchroom

Contact: 218-763-3750

Senior Dining & Meals-on-Wheels, Nutrition Services Incorporated.

Senior Dining, Pequot Lakes

31203 N. Oak Street

Pequot Lakes, MN 56472

Contact: 218-568-4909

Home delivered meals and congregate meals to seniors 60 and over. Meals served at Sibley Terrace.

Senior Linkage Line

Contact: 1-800-333-2433

senior.linkage@state.mn.us

An information and referral service line for the elderly.

Sibley Terrace & Park View Apartments

31203 N. Oak Street

Pequot Lakes, MN 56472

Contact: 218-568-4555

sthenlough@uslink.net

Three different buildings are available to rent to low income seniors and families.

Social Security Administration

8331 Brandon Rd.

Baxter, MN 56425

Contact: 218-829-7174

Toll-Free: 1-800-772-1213

www.ssa.gov

Automated services available 7 AM to 7 PM M-F except federal holidays; toll-free number.

TELE-CARE

Lakes Area Senior Activity Center

803 Kingwood St.

Brainerd, MN 56401

Contact: 218-829-9345

TELE-CARE is a service for people who live alone and would feel more secure by having an outside contact each day. The volunteers make calls Mon-Fri (not holidays) between 11am and 1pm. For information or to sign up call the director of the Senior Center.

Unity Family Home Care & Hospice

815 SE 2nd St.

Little Falls, MN 56345

Contact: 320-632-5575

A full-service home care and hospice organization offering skilled nursing, home health aide and hospice services. Hours: 8 a.m. to 4:30 p.m.

Woodland Good Samaritan Village

100 Buffalo Hills Lane

Brainerd, MN 56401

Contact: 218-829-1429

A licensed, skilled-care 80 bed long term care facility. Services include physical and occupational therapy, 24-hour skilled nursing, full activities program, beauty shop, private and semi-private rooms, chapel facilities and social services.

Woodland Good Samaritan Village Apartments

200 Buffalo Hills Lane

Brainerd, MN 56401

Contact: 218-829-1439

For individuals over the age of 62. Monthly fee includes all utilities (except cable TV and phone), noon meals and 1X weekly light housekeeping, laundry and refuse facilities, full activity program, whirlpool, grocery and milk delivery, gift shop, beauty shop, and emergency call system. Assisted Living services include 24-hour staffing, up to three meals a day, help with personal care, medication reminders, and full housekeeping and laundry services.

Brainerd Lakes Y.M.C.A

602 Oak St.

Brainerd, MN 56401

Contact: 218-829-4767

info@brainerdlakesymca.org

Provides youth, family and adult programs including swimming lessons, recreation leagues, family nights, teen dances, special events. Facility includes pool, gym, nautilus & free weight center, racquetball court, family/special needs showers, youth center, wellness center, licensed childcare. Free babysitting for family and single parent members. Day passes available.

Young At Heart

Zion Lutheran Church

220 N. 8th St.

Brainerd, MN 56401

Contact: 218-829-4317

A Social, Pot Luck and Short Program organization. For anyone over the age of 50. They meet on the third Monday of every month. From October - March they meet at noon, and from April - September they meet at 5:30 pm.

