

**FREE**

August 2018 .  
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**Donna Hernandez-Mathieus**  
Librarian/Editor

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**Rio Abajo Community Library**  
28 S. Calle de Centro  
La Joya, NM 87028  
(505) 861-8289

**Website:** [www.RACLibrary.info](http://www.RACLibrary.info)  
**Email:** [RACLibrary@hotmail.com](mailto:RACLibrary@hotmail.com)  
**Facebook:**  
[www.Facebook/RACLibrary](http://www.Facebook/RACLibrary)

A 501(c)(3) nonprofit registered in New Mexico – owned and operated by volunteers and with donations

### August Hours:

Tuesday, Wednesday, Thursday  
11:00 a.m. – 6 p.m.

Fridays 9:00 a.m.-1:00 p.m.

**DONATE TO OUR BUILDING FUND!**  
[www.GoFundMe.com/RACLibrary](http://www.GoFundMe.com/RACLibrary)



# RAC Library Leaves



## Construction Has Begun

On Tuesday, July 10<sup>th</sup>, was momentous for our community. On that day we broke ground for our long-awaited medical center (next door to the Senior Center on Highway 304). On hand were all the significant and important people who have worked so hard to make this dream come true.



Our community's primary leader in this effort, Leo Mendoza, was all smiles as the shovels hit the dirt and Robert Chavez, the General Contractor, supervised the erection of the project's sign.



A lot of community folks came to watch the Ground-Breaking Ceremony. We were honored to

have two County Commissioners also present – Martha Salas (District 2 – Highway 60 and north to county line) and Glenn Duggins (District 4 – Highway 60 and south to Socorro). Both were instrumental in pushing along the project to this point.



Genevieve Robran, President of the medical service provider, who has been actively involved in the planning for several years, said, "I am so excited that construction has finally started." Accompanied by Paul Silver, who will be the medical center's director, they joyfully participated in digging in their shovels as demonstration of the beginning of the final phases.



Also at the ceremony was Marshall Van Pelt, Administrator of Program Services from the Boys' Ranch. Mr. Van Pelt came with several of the youth from the Boys' Ranch and they too

## SHOPPING ON- LINE?

### Sign up for Amazon Smile

([www.Smile.Amazon.com](http://www.Smile.Amazon.com))

Make purchases as you normally would and Amazon donates a percentage of their profits to the non-profit of your choice – and of course – you want to pick **Rio Abajo Community Library!**

participated in the Ground-Breaking.



Afterwards a celebratory lunch was served at the Senior Center.



Although some folks left, it was an excited crowd that stayed to enjoy the food and company.



Today heavy equipment and teams of workmen have been seen busy at work at the site. We will obviously be updating everyone

with any new information and news of developments as available.

Meanwhile, we are overjoyed that all the hard work in getting the project approved, funded, certified and budgeted has paid off. A salute to everyone that has worked so hard for almost 10 years! ✂

## Northern Socorro Senior Center

By Patricia  
White-Johnson, Director



The Center's Crafts Program, led by Judy Haugness, is a big hit! Judy invested her money into purchasing some beautifully unique crystal pictures that everyone can make. If you don't have your own item to work on, you can choose one of these pictures to work on – just reimburse \$5 to cover the cost of the item. This month the Craft Day will be on Thursday, August 23<sup>rd</sup> from 10 am through to lunch.

Our dances this month will be on August 10<sup>th</sup> and August 24<sup>th</sup> from 10:00-12:00. Nothing special is planned this month – just the normal toe-tapping, smile producing music that everyone loves.

This month's Pool Tournament will be at our Senior Center on August 16<sup>th</sup> (10:00 until a winner is announced). Let's cheer on our neighbor pool sharks and bring that trophy home!

The Rio Abajo Community Library will have their Senior Book Mobiles on August 8<sup>th</sup> and August 22<sup>th</sup> (the second and fourth Wednesday). Don't forget

to return any books or movies – or better yet, check out what new items they have!

Great eating tips and recipes will be provided by Lupita on Wednesday, August 15<sup>th</sup>, from 10 am-12 pm. Lupita leads our nutrition program. Some of the recipes have become household classics!

❖ ❖ ❖

The Senior Center in Veguita provides:

- Hot meals from 12 pm to 1pm.
- Meals-on-Wheels when qualified (for home bound, disabled, bedridden, or unable to cook for oneself).
- Transport to/from the Center.
- Monthly shopping trips to Socorro as scheduled.
- Monthly menu and activity calendar with a nutrition packet and fun puzzles.

For additional information about the program, come by the Center (894 Highway 304, Veguita) or call (505-861-2860).

The Center is open Monday through Friday, 8 am to 2 pm. ✂

## Word of the Month



We have a moldy-oldy this month.

**Collywobbles** (noun): (1) intestinal cramps or other intestinal disturbances; (2) a feeling of fear, apprehension, or nervousness.

*Origin:*

1815-25, coinage presumably based on *colic* and *wobble*.

*Example:*

Let's get out of here; this place gives me the *collywobblers*. ✂

## RAC Library News

### Summer Wind-Ups

We have had a lot of fun and learned so much from our interns, Ashley Camarillo and Maritza Garcia. They organized the activities for this summer's program with the focus, "Libraries Rock All Around the World."



Now its time for our big Summer Reading Party which will take place on August 2<sup>nd</sup>. Awards will be handed out to everyone who participated, there will be goodies to snack on and drink, there will be lots of pictures, and lots of fun. The fun begins at 1PM.

Word to the wise! We strongly encourage everyone that comes to enjoy the fun to bring a towel!! Part of the fun will be a championship balloon fight!



#### SERVICES RAC LIBRARY OFFERS:

- Books, Magazines, Movies & Audio Books to borrow
- Copy services
- Faxing (local area only)
- Help with homework/research
- Job Search assistance

- Free Family Pass to 15 NM museums and historic sites
- Open computers with internet
- Notary Public services
- Snacks & Beverages ✂

### This Month's Events

**August 1, 2018 – Wednesday**  
**7:00 pm at RAC Library**  
**LA JOYA ACEQUIA MEETING**

**August 2, 2018 – Thursday**  
**1:00 pm at RAC Library**  
**SUMMER READING PARTY**

All participants invited to bring a towel! Fun, drinks, snacks and prizes!

**August 3, 2018 – Friday**  
**INTERNATIONAL BEER DAY**



**August 4, 2018 – Saturday**  
**INTERNATIONAL HANG-OVER DAY**

**August 8, 2018 – Wednesday**  
**SNEAK SOME ZUCCHINI ONTO YOUR NEIGHBOR'S PORCH NIGHT**



**August 8, 2018 – Wednesday**  
**9:30 am, Sr Center, Las Nutrias**  
**RAC MOBILE LIBRARY**

Books, talking books and movies will be available to borrow, plus this month's newsletters.

**August 9, 2018 – Thursday**  
**FIRST DAY OF SCHOOL**

**August 10, 2018 – Friday**  
**9:00 am at RAC Library**  
**RIO ABAJO COMMUNITY LIBRARY BOARD MEETING**

Everyone welcome to attend!

### This Month's Events

**August 10, 2018 -- Friday**  
**9:30 am at North Soc. Senior Center, Veguita**  
**SENIOR'S DANCE**

All Seniors welcome. Note Lunch will be served at 11 am.

**August 11, 2018 – Saturday**  
**END OF "DOG DAYS"**



**August 15, 2018 -- Wednesday**  
**10:00 am at North Soc. Senior Center, Veguita**  
**NUTRITION PROGRAM**

Everything from nutrition questions to recipe exchanges are lead by Lupita. All Seniors welcome.

**August 15, 2018 – Wednesday**  
**BEST FRIENDS DAY**



**August 16, 2018 -- Thursday**  
**10:00 am at Socorro Senior Center, Socorro**  
**SENIOR POOL TOURNAMENT**

Our resident pool sharks will be competing with Socorro County's pool players.

**August 20, 2018 -- Monday**  
**11:00 am at Las Nutrias Parish Hall (Hwy 304)**  
**ST. VINCENT DE PAUL/ROAD RUNNER FOOD BANK**

Free food is distributed for low-income households. To enroll, come in one hour early.

**August 22, 2018 – Wednesday**  
**9:30 am, Sr Center, Las Nutrias**  
**RAC MOBILE LIBRARY**

Books, talking books and movies will be available to borrow, plus Charlie Landsborough's CDs.

**August 23, 2018 -- Thursday**  
**10:00 am at North Soc. Senior Center, Veguita**  
**CRAFT DAY**

Let the creative juices flow!!



## This Month's Events

**August 24, 2018 -- Friday**  
**9:30 am at North Soc. Senior**  
**Center, Veguita**  
**SENIOR'S DANCE**

All Seniors welcome. Note Lunch  
will be served at 11 am.

**August 25, 2018 --**  
**Saturday**  
**KISS AND MAKE UP DAY**



**DEADLINE FOR SUBMITTING AUGUST**  
**NEWS: 5:00 P.M., AUGUST 25, 2018**



### Don't Feed the Bears

Human nature can lead us to believe that when we feed wild animals we are helping them. In reality we are causing them more harm than good. In light of recent events, the NM Dept. of Game and Fish reminds people that it is never acceptable to feed bears or other wildlife. This can cause bears to display non-typical behavior.

"Bears that become acclimated to receiving food from humans can become dangerous and aggressive toward people," reminds director Alexandra Sandoval.



If you encounter a bear:

- Stop and back away slowly while facing the bear. Avoid direct eye contact (may be

considered a threat). Do not run. Make yourself appear large by holding out your jacket. If you have small children, pick them up so they don't run.

- Give the bear plenty of room to escape, so it doesn't feel threatened or trapped. If a black bear attacks you, fight back using anything at your disposal, such as rocks, sticks, binoculars or even your bare hands. Aim for the bear's nose and eyes.
- If the bear has not seen you, stay calm and slowly move away, making noise so the bear knows you are there. Never get between a mother bear and her cubs.



For more information and details, go to their website at [www.wildlife.state.nm.us](http://www.wildlife.state.nm.us). ✂

## Joke of the Month

To celebrate the construction of our medical center, we are featuring medical humor this month!



A man was feeling terribly out of sorts and decided to go to the doctor so he made an appointment and showed up the next day. After the doctor examined the man, the doctor invited him into his office for the consultation.

The doctor came into the room with three different bottles of pills. The doctor told the man to take the red pill in the morning with a big

glass of water, the blue pill in the afternoon with a big glass of water and the green pill in the evening with a big glass of water. The man, terribly shocked at the amount of pills he had to take asked the doctor what in the world was wrong with him.

The doctor replied, "You aren't getting enough water."



Five surgeons are taking a coffee break:

1st surgeon says, "Accountants are the best to operate on because when you open them up, everything inside is numbered."

2nd surgeon says, "Nah, librarians are the best. Everything inside them is in alphabetical order."

3rd surgeon says, "Try electricians, man! Everything inside them is color coded."

4th surgeon says, "I prefer lawyers. They're heartless, spineless, gutless, and their heads and butts are interchangeable."

5th surgeon says, "I like engineers. They always understand when you have a few parts left over at the end."



The Brain Surgeon was about to perform a brain transplant."You have your choice of two brains," he told the patient, "For \$1,000 you can have the brain of a psychologist, or for \$10,000 you can have the brain of a politician."

The patient was amazed at the huge difference in price. "Is the brain of a politician that much better?" he asked.

The Brain Surgeon replied, "No, it's not better, just unused." ✂

## Rio Abajo Community Celebrations

### August 2

Evan Montoya's birthday

### August 3

Fernando Martinez's birthday

Laura Ford's birthday

### August 4

Laura Cordova's birthday

### August 5

Shawntiea Mankins' birthday

### August 6

Patricia F. Cargill's birthday

### August 8

Mary (Chickey) Abeyta's  
birthday

Michael Long's birthday

### August 10

Jackie Garcia's birthday

## Rio Abajo Community Celebrations

### August 11

Miguel Grajeda's birthday

### August 19

Miranda Lopez's birthday

Cheyenne Mayse's birthday

### August 20

Denisha Sanchez's birthday

### August 24

Maddox Richardson's birthday

### August 28

Delores Varela-Phillips'  
birthday

Faith Ann Ford's birthday

### August 29

Loretta Chavira's birthday

Rosemond Reese's birthday

## Rio Abajo Community Celebrations

Stephanie Rodriguez-  
Delgado's birthday

### August 30

Celina Chavira's birthday

Amy J Hines's birthday

### August 31

Amy Kelly's birthday

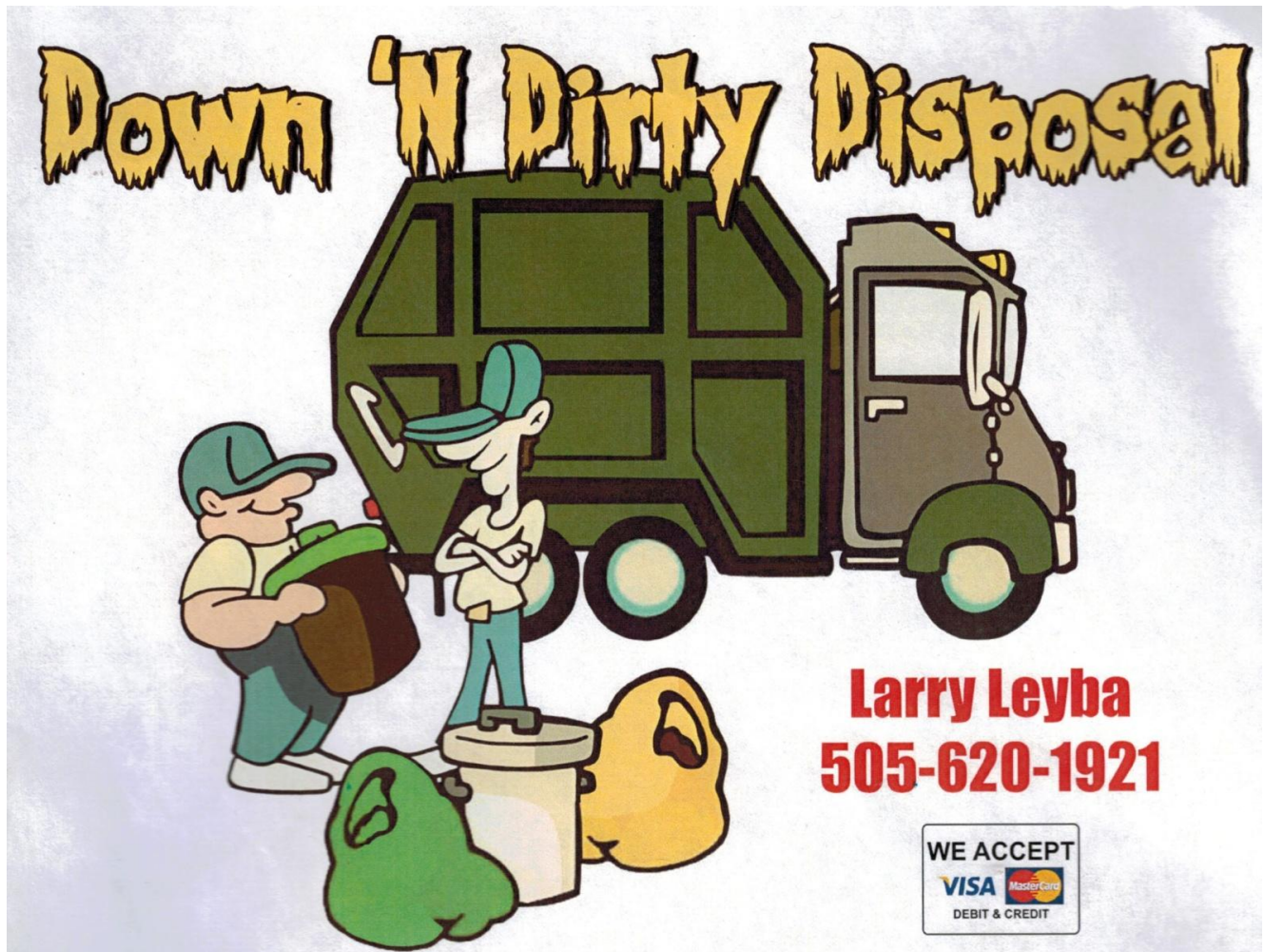
*IS A BIRTHDAY, ANNIVERSARY OR  
CELEBRATION COMING UP? LET US KNOW  
AND WE'LL PASS THE WORD!*

## Canning Traditions

Canning season is in full swing. This is invaluable information that most "experienced" canners know, but for those of us relatively new to the process (less than 20 years), here's some helpful tips.

Number jars needed for canning one bushel of produce			
Product	Measure	Weight	Yield (qts)
Beans – lima in pod	1 bushel	28 – 30 lbs	20 – 24
Beans – green	1 crate	28 – 30 lbs	15 – 18
Beets	1 bushel	50 – 60 lbs	18 – 22
Carrots	1 bushel	50 – 60 lbs	18 – 22
Corn	1 bushel	60 – 70 lbs	8 – 12
Greens	1 bushel	12 – 14 lbs	6 – 8
Peas (in pod)	1 bushel	28 – 30 lbs	6 – 8
Squash	1 bushel	40 lbs	16 – 20
Sweet potatoes	1 bushel	52 lbs	15 – 20

Amount needed for one quart		
Product	Count/Qt	Pounds
Beets	1 ½ - 2 qts	2 ½ - 3
Beans	2 qts	1 ½ - 2
Corn	12 – 14 ears	7
Greens	4 – 5 qts	1 ½ - 2
Lima beans	3 – 4 qts (in pods)	3 – 4
Peas	4 qts (in pods)	4



## **Residential & Commercial Services**

**Two 95 Gal. Trash cans \$23/month**

**One-Time Pick Up Available Upon Request**

**Serving northern Socorro County – including La Joya, Veguita, San Acacia, Alamillo, Polvadera, Lemitar, Luis Lopez and San Antonio**

**Call Today for More Information!**





## Ladrones Vista Trail Hike

Join Refuge staff and Volunteer Naturalists to celebrate the completion of our newest trail – Ladrones Vista Trail!

Get outside and enjoy the scenery. This trail has spectacular views of the Ladrones and the Middle Rio Grande Valley. Hike will be approximately 5 miles over uneven surfaces: lace up your boots, grab your hat, sunscreen and bring plenty of water.

The hike begins at 7 am on Sat., August 14<sup>th</sup> at the Sevilleta National Wildlife Refuge. Reservations are NOT required.

*Jeannine Kimble is the Visitor Services Manager at the Sevilleta National Wildlife Refuge. If you have questions, call at (505) 864-4021, ext. 26106. ✂*



## Meter Tampering Can Kill

*By Jimmy Capps, SEC Dir. of Communications & Public Affairs*

Tampering with your electric meter can cost you your life. No, the crime won't land you on death row when Socorro Electric (SEC) – whose meter readers and

servicemen are trained to spot electricity theft – reports you to the Sheriff's office. In that case, you might be charged with theft, possibly sent to jail and slapped with fines of about triple the money you thought you might save by rigging your meter.

Needless to say, any attempt to bypass or alter an electric meter can result in shock, fire, explosion, or electrocution. If you are lucky enough not to get hurt, you'll still leave the tampered meter in a state that's dangerous to others, including the SEC employee who reads or maintains it. Plus, you are driving up electrical costs for your neighbors, just as shoplifters force department stores to inflate the price of their clothes to cover theft.

SEC does not have to catch you red-handed to turn you over to the authorities. In fact, the law assumes that a person who benefits from the use of stolen electricity has tampered with the meter.

***Please, leave the meters to the professionals. Besides, it's not worth risking your life over.***

For information, to pay a bill, order new service or report a problem, members can call one of our friendly staff at 575-835-0560 or visit our website at [www.socorroelectric.com](http://www.socorroelectric.com). ✂

### Future Events

**September 5, 2018 – Wednesday**  
**6:00 pm at RAC Library**  
**LA JOYA ACEQUIA MEETING**

**September 12, 2018 – Wednesday**  
**9:30 am, Sr Center, Las Nutrias**  
**RAC MOBILE LIBRARY**

**September 14, 2018 – Friday**

### Future Events

**9:00 am at RAC Library**  
**RIO ABAJO COMMUNITY LIBRARY**  
**BOARD MEETING**

Everyone welcome to attend!

**September 14, 2018 -- Friday**  
**9:30 am at North Soc. Senior Center, Veguita**  
**SENIOR'S DANCE**

*All Seniors welcome. Note Lunch will be served at 11 am.*

**September 17, 2018 – Monday**  
**11:00 am at Las Nutrias Parish Hall (Hwy 304)**  
**ST. VINCENT DE PAUL/ROAD RUNNER FOOD BANK**

Free food is distributed for low-income households. To enroll, come in one hour early.

**September 26, 2018 – Wednesday**  
**9:30 am, Sr Center, Las Nutrias**  
**RAC MOBILE LIBRARY**

**September 28, 2018 -- Friday**  
**9:30 am at North Soc. Senior Center, Veguita**  
**SENIOR'S DANCE**

*All Seniors welcome.*

**DEADLINE FOR SUBMITTING NEWS:**  
**5:00 P.M., AUGUST 25, 2018**

## Classified Ads

**APPRENTICE(S) SOUGHT** by Special Orchestra: nature retreat, music enablement, nonprofit administration. Valuable experience, stipend + extra benefits. (505) 864-3749.

**CHICKEN FRUIT FOR SALE.** No additives, preservatives, hormones, dyes or chemicals. All natural deliciousness. \$3 per dozen if picked up. (505) 864-3662.

**Want to run an ad?** It's \$1 per month for 25 words or less. Deadline for listing: Aug. 25th. For display ad rates, call at (505) 861-8289. ✂

## Order Form for Ads, Subscriptions and Volunteers

### Subscription:

☐ Request an annual subscription (with gifts and extras) to the monthly newsletter (\$15/year minimum donation) to cover the costs of copies and postage (enclose a check or money order made out to Rio Abajo Community Library).

### Advertising

☐ I want to run an ad for \$1 and am enclosing what I want my ad to say (25 words or less) to include in the next newsletter.

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☐ Contact me regarding display advertising.

### Volunteering/Donations

☐ I want to volunteer to help out at the library for one hour per week.

☐ I want more information about serving as a Board Member on the Rio Abajo Community Library Board to help direct and advise the Library (one meeting a month for about one hour).

☐ I want to donate goods and/or services for RACL fund-raising efforts.

☐ Make a cash donation of \$\_\_\_\_\_ (make check or money order: to Rio Abajo Community Library).

☐ Other \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email address: \_\_\_\_\_

Rio Abajo Community Library  
28 Calle de Centro S  
La Joya, NM 87028

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