

## **Packing List**

- Shampoo, soap, toothpaste, toothbrush, deodorant, etc
- Sheets and Blanket for Twin Bed or Sleeping Bag
- Towels - for the pool and for showers
- Clothes that can be worn to recreation and tracks (t-shirts/shorts for each day)
- Clothes that can get messy
- Appropriate Swimwear
- Shorts must be below camper's finger tips and should fall at mid-thigh or longer. Basketball shorts are normally appropriate for camp activities.
- Sneakers/ tennis shoes for rec/outdoor tracks (NO NEW SHOES)
- Bible, notepad, pen, and backpack to carry things
- Water bottle
- Sunscreen
- Emergency Poncho & Ziploc bag
- Optional spending money for snacks, CA Adventure Store & offering

**Clothing Safety Policy:** Please do not wear clothing that has spaghetti straps (except for sleepwear) Any clothing that promotes alcohol, tobacco, illegal drugs, racism, sexism, hatred of any group or person. Also, clothing that is excessively short or tight fitting.

- ***SHORTS:*** Shorts must be below camper's finger tips and should fall at mid-thigh or longer. Basketball shorts are normally appropriate for camp activities.
- ***SWIMWEAR for Lake & Pond:*** Due to insurance,, watercraft equipment, and camper safety during water activities. Swimwear must be one piece bathing suits, campers must wear swim suits without metal buttons, no cut off jeans, and no loose strings. These items can become tangled in equipment, damage equipment, or come off exposing camper.
- ***LIFE JACKETS for Lake & Pond:*** ALL CAMPERS and STAFF will wear a life Jacket for all and any water activities that are conducted in or within 20ft of the lake & pond.

**Do Not Bring :** radios, iPods, CD players, handheld game systems, roller blades, skateboards, alcohol, tobacco, illegal drugs, fireworks, water guns, or any kind of weapon.

**No cell phones.** All Camp Directors will have a cell phone that will be available for kids to be in contact with parents in case of an emergency.

### **All kids and staff are asked to:**

- Rule 1: Be where you need to be and when you need to be there
- Rule 2: Move as a group and not as an individual
- Rule 3: Be teachable, flexible, compliant, and respectful