

Cascade Invitational

Varsity Girls Anamosa, IA 9/19/2019 Sunny, 78% Humid, SE 5-15mph & 77°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Monticello	1	2	8	9	10	22	24	= 30	1:47:29	21:30	1:42
2	Benton Community	3	6	11	14	34	37	44	= 68	1:52:17	22:27	3:36
3	Iowa City Regina	4	7	13	25	28	35	38	= 77	1:52:59	22:36	2:32
4	Prince of Peace	15	17	23	31	36			= 122	1:57:29	23:30	2:16
5	Anamosa	16	18	20	26	47			= 127	2:00:30	24:06	5:39
6	Cascade	5	12	30	39	41			= 127	1:59:47	23:57	4:52
7	Maquoketa Valley	19	21	33	49	51			= 173	2:09:10	25:50	6:44
8	Maquoketa	27	29	42	43	45	48	50	= 186	2:07:59	25:36	3:37
9	Beckman Catholic	32	40	46	52	53			= 223	2:17:35	27:31	5:34

Incomplete Teams: Durant, Shullsburg - WI

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Emma Althoff	FR	Monticello	20:24	6:34
2	2	Karle Kramer	SO	Monticello	20:58	6:45
3	3	Abby Rinderknecht	SO	Benton Community	21:07	6:48
4	4	Annalee Bartles	JR	Iowa City Regina	21:16	6:51
5	5	Emma Ostwinkle	JR	Cascade	21:29	6:55
6	6	Hailee Ricklefs	JR	Benton Community	21:40	6:58
7	7	Josie Voss	SO	Iowa City Regina	21:46	7:00
8	8	Lydia Recker	SO	Monticello	21:56	7:04
9	9	Emily Hendricks	FR	Monticello	22:03	7:06
10	10	Triniti Etzel	SO	Monticello	22:07	7:07
11	11	Jaden Thys	JR	Benton Community	22:15	7:10
12	12	Grace Rhomberg	FR	Cascade	22:24	7:13
13		Carlie Jo Fusco	FR	Durant	22:31	7:15
14	13	Mya Whitaker	FR	Iowa City Regina	22:31	7:15
15	14	Lauren Woeste	SR	Benton Community	22:33	7:15
16	15	Sophie Griffin	JR	Prince of Peace	22:34	7:16
17	16	Dakota Bierer	SR	Anamosa	22:38	7:17
18	17	Kaelyn Goodsmann	SO	Prince of Peace	22:44	7:19
19	18	Elizabeth Riniker	JR	Anamosa	22:56	7:23
20	19	Emma Doyl	SO	Maquoketa Valley	22:57	7:23
21	20	Natalie Hersom	JR	Anamosa	22:59	7:24
22	21	Jaiden Porter	SR	Maquoketa Valley	23:00	7:24
23	22	Katie Roher	FR	Monticello	23:04	7:25
24	23	Ava Ruden	JR	Prince of Peace	23:05	7:26
25		Hildie Sigwarth	JR	Shullsburg - WI	23:11	7:28
26		Ella Reilly	SR	Shullsburg - WI	23:20	7:31
27	24	Mya Postel	FR	Monticello	23:21	7:31
28	25	Kennedy Scott	SR	Iowa City Regina	23:37	7:36
29	26	Lily Rogers	JR	Anamosa	23:41	7:37
30	27	Cari Pickup	SR	Maquoketa	23:44	7:38
31	28	Josie Pursley	SO	Iowa City Regina	23:48	7:40
32	29	Sydney Miller	SR	Maquoketa	24:01	7:44
33	30	Harley Bradtke-Stelken	SO	Cascade	24:05	7:45
34	31	Madison Anglese	JR	Prince of Peace	24:15	7:48
35	32	Isabelle Kluesner	JR	Beckman Catholic	24:17	7:49
36	33	Kriya Atwell	SO	Maquoketa Valley	24:23	7:51
37	34	Gwen King	FR	Benton Community	24:43	7:57
38	35	Claire Gaarde	SR	Iowa City Regina	24:48	7:59
39	36	Mary Schnier	JR	Prince of Peace	24:51	8:00
40	37	Katelyn Buscher	JR	Benton Community	24:54	8:01
41	38	Allison Hein	SO	Iowa City Regina	25:07	8:05
42	39	Lilly Topping	FR	Cascade	25:29	8:12
43	40	Olivia Thier	SR	Beckman Catholic	25:33	8:13
44		Heidi Wolf	SR	Durant	25:34	8:14
45	41	Grace Bower	FR	Cascade	26:21	8:29
46	42	Harley Eye	SO	Maquoketa	26:25	8:30
47	43	Savannah Dykstra	SO	Maquoketa	26:28	8:31
48	44	Olivia Price	JR	Benton Community	26:30	8:32
49	45	Ariana Payton	SO	Maquoketa	27:21	8:48
50	46	Savanah Oberbroeckling	JR	Beckman Catholic	28:11	9:04
51	47	Paige Fahey	SR	Anamosa	28:16	9:06
52		Jaidyn Strang	SO	Shullsburg - WI	28:40	9:14
53	48	Kaitlyn Hanken	SO	Maquoketa	28:49	9:17
54	49	Reece Mensen	JR	Maquoketa Valley	29:11	9:24
55	50	Sarah Vazquez	SO	Maquoketa	29:39	9:33
56	51	Jordan Hogan	SO	Maquoketa Valley	29:40	9:33
57	52	Sydney Reiter	SO	Beckman Catholic	29:45	9:34
58	53	Jordan Thier	FR	Beckman Catholic	29:50	9:36
59		Kaitlyn Paustian	SO	Durant	38:31	12:24

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Place	Name	Time	mpm	Place	Name	Time	mpm
1) Monticello				Shullsburg - WI			
1	Emma Althoff, FR	20:24	6:34	25	Hildie Sigwarth, JR	23:11	7:28
2	Karle Kramer, SO	20:58	6:45	26	Ella Reilly, SR	23:20	7:31
8	Lydia Recker, SO	21:56	7:04	52	Jaidyn Strang, SO	28:40	9:14
9	Emily Hendricks, FR	22:03	7:06				
10	Triniti Etzel, SO	22:07	7:07				
22	Katie Roher, FR	23:04	7:25				
24	Mya Postel, FR	23:21	7:31				
2) Benton Community				Score = 68			
3	Abby Rinderknecht, SO	21:07	6:48				
6	Hailee Ricklefs, JR	21:40	6:58				
11	Jaden Thys, JR	22:15	7:10				
14	Lauren Woeste, SR	22:33	7:15				
34	Gwen King, FR	24:43	7:57				
37	Katelyn Buscher, JR	24:54	8:01				
44	Olivia Price, JR	26:30	8:32				
3) Iowa City Regina				Score = 77			
4	Annalee Bartles, JR	21:16	6:51				
7	Josie Voss, SO	21:46	7:00				
13	Mya Whitaker, FR	22:31	7:15				
25	Kennedy Scott, SR	23:37	7:36				
28	Josie Pursley, SO	23:48	7:40				
35	Claire Gaarde, SR	24:48	7:59				
38	Allison Hein, SO	25:07	8:05				
4) Prince of Peace				Score = 122			
15	Sophie Griffin, JR	22:34	7:16				
17	Kaelyn Goodsmann, SO	22:44	7:19				
23	Ava Ruden, JR	23:05	7:26				
31	Madison Anglese, JR	24:15	7:48				
36	Mary Schnier, JR	24:51	8:00				
5) Anamosa				Score = 127			
16	Dakota Bierer, SR	22:38	7:17				
18	Elizabeth Riniker, JR	22:56	7:23				
20	Natalie Hersom, JR	22:59	7:24				
26	Lily Rogers, JR	23:41	7:37				
47	Paige Fahey, SR	28:16	9:06				
6) Cascade				Score = 127			
5	Emma Ostwinkle, JR	21:29	6:55				
12	Grace Rhomberg, FR	22:24	7:13				
30	Harley Bradtke-Stelken, SO	24:05	7:45				
39	Lilly Topping, FR	25:29	8:12				
41	Grace Bower, FR	26:21	8:29				
7) Maquoketa Valley				Score = 173			
19	Emma Doyl, SO	22:57	7:23				
21	Jaiden Porter, SR	23:00	7:24				
33	Kriya Atwell, SO	24:23	7:51				
49	Reece Mensen, JR	29:11	9:24				
51	Jordan Hogan, SO	29:40	9:33				
8) Maquoketa				Score = 186			
27	Cari Pickup, SR	23:44	7:38				
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45	Ariana Payton, SO	27:21	8:48				
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50	Sarah Vazquez, SO	29:39	9:33				
9) Beckman Catholic				Score = 223			
32	Isabelle Kluesner, JR	24:17	7:49				
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