



connect
 commune create
 evolve energize explore
 enjoy EXPRESS

OUR PURPOSE

In our busy lives, it is easy to forget to take time for ourselves - to learn and experience new things, to create, heal, connect intimately with nature, meet new people, or simply to relax and be refreshed! The Four Directions is a special and beautifully tranquil countryside venue dedicated to providing programs, events and retreats that will help you enjoy and explore the deeper dimensions of life. Offerings at the Four Directions are meant to inspire your creativity, sooth your spirit, energize your emotions towards the positive and possible, make a space to share your passions and promote vibrant health.

Why Attend a Program at The Four Directions Center?

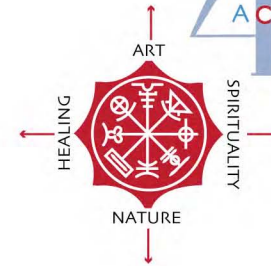
At The Four Directions, you will find a fascinating, talented and stimulating community of healers, artists, storytellers, nature lovers, free spirits and wisdom keepers - all uniquely contributing to our offering you a great variety of programs, events, and experiences.

Visit the Center to:

- enjoy the talents of local & visiting artists & performers
- take part in the wisdom traditions of diverse cultures
- heal your spirit and energize your mind, body & soul
 - join us and become part of our growing community
 - connect with nature and discover new realms
 - relax, play, have fun & make new friends!
 - unleash your innate creativity and imagination

relax MEDITATE BREATHE
 reflect HEAL integrate
appreciate
 IMAGINE

The Four Directions
 A Center for the Arts and Healing



DISCOVER YOUR CENTER AT THE FOUR DIRECTIONS!

www.thefourdirections.org

A place of great comfort, creativity, tranquility, and beauty, with deep roots and many branches in local history, The Four Directions, a Center for the Arts and Healing, is located in Gibsonia, Pennsylvania within easy driving distance of Pittsburgh and surrounding areas. Check our website, email us or call for information about our events, programs, and directions to our location.

To learn more about our programs & events, to host an event, to attend an event, or to be added to our mailing list, please contact us:

email: healingartsevents@gmail.com

phone: 724-443-2410

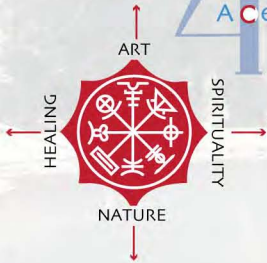
Peter Shefler - Founder & Director
 Olivia Batt - Center Coordinator

If you are an artist or performer, a practitioner in the healing arts, offer artistic or spiritual guidance or readings, and are looking for a venue, please let us know!

The Four Directions is a 501c3 nonprofit Corporation dedicated to personal development, creativity, spirituality and healing in a beautiful setting.



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ART EXHIBITS



OUR HISTORY

The Four Directions, our Center for the Arts and Healing, sits on a property that has a rich artistic and spiritual history. The original human inhabitants were the Native American Lenape People, who discovered a ceaseless spring of fresh water here and created a ceremonial mound, and honored the still-standing beautiful, ancient trees.

In the early 1900's the a barn was converted into art studios, and was used by my aunt, Eliza Miller, and her partner Janet deCoux, both well-known and nationally respected sculptors of liturgical and secular art.

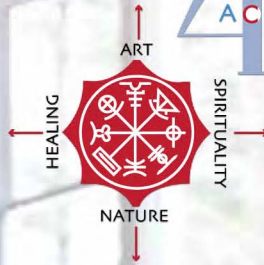
Having grown up on this land when it was mostly still Penn's Woods West, I want to share with you the opportunities for self-expression and healing I was given as a child and continue the legacy of creativity, refreshment and reflection that this special, unique and magical place has offered all who have visited here.

It is my hope and vision that this Center will continue to attract and nourish people who will form a sustainable and supportive community that celebrates nature, the arts, healing, and spiritual growth. I invite you to join us in a great discovery. May you flourish, enjoy and take part!

~ Peter Shefler, Founder and Director

The Four Directions

A Center for the Arts and Healing



PROGRAMS & EVENTS

We offer a fascinating mix of creative experiences, self-discovery programs, art exhibits, participatory demonstrations, music and dance performances, meditative retreats, modalities in the healing arts, special events and ceremonies, deep interactive connections with nature and much more. Programs are led by remarkable artists and creators, healers, wisdom keepers, and personal growth guides, who inspire through a shared sense of playfulness and visionary ideas.

PROGRAMS WILL INCLUDE:

- Live music, Theatre and other performing arts
- Film screenings, Poetry readings, Storytelling
- Native American ceremony, Vision quests
- Alternative healing arts and Energy work
- Drum & flute making, Drumming circles
- Celtic history, Traditional music concerts
- Bead-making, Glass work, Open studios
- Astrology readings, Tarot, Divinations
- Nature walks, Gardening, Ecology
- Photography, Plein air painting
- Lectures and Demonstrations
- Yoga, Tai Chi, QiGong, Dance
- Private events and Retreats

CONTACT US FOR A COMPLETE LIST OF EVENTS!

email: healingartsevents@gmail.com

web: www.thefourdirections.org



MUSIC



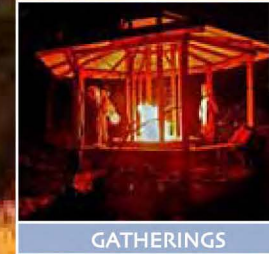
RETREAT SPACES



WELLNESS & ENERGY WORK



HEALING



GATHERINGS



PRIVATE EVENTS

THE GROUNDS

A BEAUTIFUL SETTING WITH MANY AMENITIES

The Center is located in Gibsonsia, Pennsylvania (15044), a 40 minute drive north from Pittsburgh. Situated on ten rural acres of terraced hillsides, it has three lovely spring-fed ponds and a blend of scenic woodlands, floriferous gardens and wild native pastures.

A historic house, built in the 1700's, overlooks the ponds and outdoor sculptures. A cottage is used for alternative healing, Reiki and other spiritual energy work as well as for complementary and restorative retreats.

A converted barn hosts an art studio, gallery, woodworking shop, a ceramic, glass and metal studio, and a large event room for groups and performances. The grounds are a tranquil place to walk, reflect, meditate or converse while attending the Center's diverse offerings.



CULTURAL EVENTS



STUDIOS



MEDITATIVE GARDENS



WILDLIFE / NATURE