



Pacific Jujitsu Alliance

NEWSLETTER – September 2010

Message from Professor Bob McKean

Greetings to everyone from beautiful Southern Oregon. I hope everyone had a safe summer. It was a busy one for me and the PJA. There has been so much going on in the PJA this summer that I decided to write a newsletter in order to keep our growing membership informed.

The Pacific Jujitsu Alliance is approaching its 10th anniversary - January 2011. We have grown to 77 black belt members and 17 affiliated schools. Our goal has always been to keep our membership small in numbers and high in quality. The quality of our membership is beyond question.

The Pacific Jujitsu Alliance has always encouraged its members to also belong to other Danzan Ryu organizations. Most of our 77 black belt members belong to one or more of the different Danzan Ryu organizations. 46 PJA members are also members of the American Judo & Jujitsu Federation, 16 are members of the Kilohana Martial Arts Association, 3 belong to the American Jujitsu Institute, 2 are members of Jujitsu American, 2 belong to Shoshin Ryu and 1 to the Christian Jujitsu Association. The PJA is not an island unto itself. We are just one part of the Danzan Ryu community that makes up the Danzan Ryu family – Ohana.

KITW 2010

The 17th annual Knives in the Woods was held in Crescent City on August 27, 28 and 29. Sensei Robbin Miller was once again the host of KITW and once again she and her crew did an outstanding job. 21 earned the title of KITW course survivor.

Sensei Bob Farrell assisted in teaching the basic training drills this year. At the end of the week end Bob was promoted to Basic Combat Knife Instructor. Sensei Dominic Beltrami has been part of the KITW training staff for several years. This year he was promoted to Advanced Combat Knife Instructor. Congratulations to Bob and Dominic.

Sensei Troy Shehorn, Brandon Johnson, Jesse Ellis and Tim Brown also assisted in teaching this year's course. Without the help of all the instructors it would be impossible to put on such a high intensity course. Thanks, guys.

On Friday night we held a PJA shodan exam for Isaac Leija. Sensei Dominic Beltrami has been working with Isaac on the Montero arts of Nage II and Shime II. I must say I was very impressed with Isaac's exam. Isaac was awarded the rank of PJA shodan. Good job, Isaac. Welcome to the PJA Ohana.

PJA Rokudan Promotion

After the Friday night KITW lecture I had the honor to present Sensei Troy Shehorn with the rank of PJA rokudan (6th dan). Troy has been a member of the PJA for 8 years and has held the rank of godan (5th dan) for 7 years. He is a well known and respected instructor in the DZR community and his PJA rokudan certificate reflects that. His certificate was signed by professors from 5 different DZR organizations. Troy's sensei, Professor Larry Nolte, approved the promotion and was the top signer of the certificate. Congratulations, Troy.

2010 Ohana

The Pacific Jujitsu Alliance is recognized as a Danzan Ryu organization. This year we were asked to participate in the 2010 Ohana which was held on August 20, 21, and 22 in Anaheim, CA. Members who represented the PJA at the 2010 Ohana included Sensei Chris, Kathleen and Jim Nicholas, Bruce Anders, Dominic Beltrami and yours truly. PJA members Kevin Colton and Kerry Seago attended as representatives of the American Judo & Jujitsu Federation and Hans Ingebretsen attended as a representative of the Kilohana Martial Arts Association.

The event was well attended and everyone had a great time training and socializing. We got to see a lot of old DZR friends and to meet many new ones. Ohana is held every 2 years. This year was the 20th anniversary of the first Ohana. The 2012 Ohana will be hosted by the American Jujitsu Institute and will be held in Hawaii. The 2014 Ohana will be co-hosted by the Kilohana Martial Arts Association and the Pacific Jujitsu Alliance and will be held in the San Jose, CA area.

Some of you are aware that Hans Ingebretsen and I were charter members of the Kilohana Martial Arts Association. At this year's Ohana banquet we were both awarded the title of DZR Professor by the Kilohana Martial Arts Association.

A long time friend, Barb Gessner, joined the PJA on Sunday. During the Ohana banquet later that night, she was awarded the rank of rokudan (6th dan) and title of

Professor by the Shoshin Ryu Yudanshakai. Good job, Barb. Welcome to the PJA Ohana.

Professor Barb Gessner gave the Benediction at the opening of the Ohana banquet. I have attached a copy of the Benediction near the end of the newsletter.

KITW – NY

Sensei Robert Korody hosted KITW – NY, June 18, 19, and 20. Sensei Troy Shehorn and I went to New York to teach the 3rd KITW held in that state. Robert showed us around Manhattan which was a real experience for a couple of “country boys”.

KITW was held about 5 hours west of New York City near the small rural town of Cuba, NY. The location was GREAT and so were the warriors who attended. 12 (also known as the dirty dozen) earned the title of KITW course survivor. Sensei Joe Pisano (Buffalo, NY) and Jim Warren (Livonia, MI) joined the PJA. We have known these two for a number of years and they are real warriors. Welcome aboard, guys.

Sensei Korody says he is planning on holding a KITW – NY in 2011. We will keep you posted on the dates. All 3 KITW events held in New York have been outstanding.

PJA Massage Course

The PJA has developed a basic dojo level massage course. The course was designed to cover the basic principles and application of DZR massage. Sensei Robbin Miller and Sensei Troy Shehorn will be the initial instructors for this course. Tentatively the course will include 40 hours of classroom instruction and supervision and 50 hours of hands on massage practice. The 40 hours of class room time will be broken down into 4 module classes. Modules 1 and 2 will be 12 hours in length (1 ½ days each) and modules 3 and 4 will be 8 hours in length (1 day each). The time between each of the 4 modules will be approximately 4 to 6 weeks.

We are going to try and keep the cost of course fees as low as possible – hopefully in the neighborhood of \$100 for the entire course. We hope to present the first course some time in the spring of 2011. We will keep you posted.

NEW DVD's

I have a new DVD out that is not yet listed on the PJA website. The DVD is a 12 minute slide presentation showcasing 250 historic photos of Professor Okazaki and the early days of Danzan Ryu in Hawaii. Each photo is titled and the presentation contains Japanese background music. The cost is \$15 + \$5 for mailing.

Several more DVD's are in the works. One DVD will be an extensive DZR demonstration by the late Professor Pat Browne. Another will contain footage of the late Professor Bob Krull demonstrating an Olympic Judo stretching and warm up exercise routine.

Professor Bob Krull left me a box of video tapes from 1978. Bob video taped the 1st Annual AJJF Black Belt week end held in Calistoga, CA in 1978. During that week end Professor Bud Estes demonstrated and taught the AJJF kata for the basic boards – Yawara, Nage No Kata, Shime No Kata, Oku No Kata and Shinin No Maki. These video tapes have been reformatted onto DVDs and will be made available to the DZR community.

I hope to start two new DVD's after the first of the year. The Montero version of Shinyo No Maki and Shingin No Maki. The Shingin No Maki DVD will be a demonstration of the arts with no instruction. The actual instruction of these arts will be left up to the sensei to teach. The Shingin No Maki DVD will be available only to PJA sandan ranks and above.

PJA Website

The PJA website is updated about 4 times a year. Karen Lollis has done an outstanding job maintaining our website. www.pacificjujitsualliance.com

New PJA Members

We would like to welcome the following new members to the Pacific Jujitsu Alliance. Our black belt membership is growing and we currently have 77 black belt members from 10 states.

East Stroudsburg, PA

Professor Barbara Gessner (rokudan)

Green River, WY

Sensei David Woodland (yodan), student of Professor Ron Jennings.

Buffalo, NY

Sensei Joe Pisano (yodan)

Niagara Falls, NY

Sensei Bob Kunkel (yodan)

Fairfield, CA

Sensei Dan Butler – (yodan)

San Jose, CA

Sensei Clayton Conrad (sandan), student of Professor Hans Ingebretsen.

Sunnyvale, CA

Sensei Edmond Gearhart, student of Professor Hans Ingebretsen

Medford, OR

Sensei Eric (nidan) and Nancy (nidan) Soares, students of Sensei Hung Le.

Eureka

Sensei Charlie Fields (nidan)

Willow Creek, CA

Sensei Cameron Smith (nidan)

Livonia, MI

Sensei Randell “Jim” Warren (shodan), student of Sensei Joe Pisano

Santa Clara, CA

Sensei Kate DeMoss (shodan), student of Professor Hans Ingebretsen

New PJA Schools

We would like to welcome the following new schools to the Pacific Jujitsu Alliance. The PJA currently has 17 dojo members.

Rutgers Kodokan

Professor Barbara Gessner
East Stroudsburg, PA

Green Dragon Jujitsu

Sensei Joe Pisano
Buffalo, NY

Dai Kazokushin Budo Kai

Sensei David Woodland
Green River, WY

Fairfield Budokai

Sensei Dan Butler
Fairfield, CA 94534

Benediction Given at Ohana 2010 By Professor Barb Gessner

Almighty Spirit; we thank you for this opportunity to gather with our broader Danzan Ryu Family – friends both old and new.

We remember those who are no longer physically among us, but are powerfully present in Spirit – particularly Professor Henry Seishiro Okazaki, without whom we would not be gathering.

Bless all those who cannot be among us for reasons of health, as well as all our teachers and students who have joined Professor Okazaki in the Great Beyond.

May the food and fellowship of this gathering empower us to spread the Love and Peace of Danzan Ryu to an ever growing circle – so that each one of us may stand even higher on the shoulders of all those who have gone before us.

We ask this in humility and truth. Amen.

Mark your Calendar

Pacific Jujitsu Alliance Fall Workout

September 19, 2010

10 am – 4 pm

915 Main St, Pleasanton, CA

See the course flier on the following page

Kilohana Deep Roots Seminar & Annual Banquet

November 13, 2010

Go to www.kilohana.org for more information

American Judo & Jujitsu Federation National Convention

March 4-6, 2011

San Ramon, CA

Go to www.ajjf.org for more information

Kufferath 2011 International Ju Jitsu Symposium Celebrating Professor Sig Kufferath's 100th Birthday

March 25-27, 2011

Santa Clara, CA

Go to www.kilohana.org for more information



Pacific Jujitsu Alliance Fall **Workout**

Hosted by

ESTELLER MARTIAL ARTS

915 Main St
Pleasanton, CA

Prof McKean will be covering the boards of the PJA. Nage 2, Shime 2, and Oku 2. Afterwards, Black Belts are invited to train on Shinin and Shinyo.

Sunday, September 19, 2010

Starting at 10am
\$5 donation requested

After the event, a BBQ will be hosted at Chris Nicholas' house in Livermore. We supply the food, you bring your favorite beverage. Maps available at the event.

Don't miss this great workout!!!!