Key Verse: Psalm 126:2, "2 Then our mouth was filled with laughter, and our tongue with shouts of joy; then it was said among the nations, 'The Lord has done great things for them."

- **1) Joy** is not something to be **obtain**, rather a **choice** to be made.
- 2) The enemy disguises Joy as Happiness.
- 3) Joy is eternal not seasonal.

## **Notes**