

## Earthbound Trio Releases New Full Length Album 'Ditch Flowers'

Southern New Brunswick's eclectic Earthbound Trio have delivered on the promise they made as winners of the 2014 Harvest Jazz and Blues Galaxy Rising Star competition - a new full length album in 2015.

Comprised of songwriter and guitarist Dwayne Doucette (St. Andrews), Mike Humble (Fredericton) on drums and percussion, and bassist Bob Fitzgerald (Saint John), the group has earned a fiercely devoted following in the time since the 2013 release of their EP *Lettuce Turnip The Beet*, a release that garnered the band three Music New Brunswick Award nominations and an East Coast Music Award nomination.

The trio's latest effort, *Ditch Flowers*, explores ideas of perseverance and growth, both from a personal and social perspective, and exemplifies the band's earthy signature sound blending elements of folk, funk, blues, and rock with soulful, intriguing lyrics. The album's title is a nod to the famous Neil Young quote, "Traveling there [the middle of the road] soon became a bore so I headed for the ditch. A rougher ride but I met more interesting people there."

Recorded by John McLaggan at Porchlight Studios and produced with Grant Heckman, Earthbound Trio intentionally kept the making of *Ditch Flowers* a local affair. Captured live off the floor with only a handful of overdubs, Doucette says the band aimed to release a recording that was more indicative of their live shows: An album which simultaneously embraced and showcased their broad musical horizons yet maintained a lively, unscripted feel throughout.

The album is available online and the official release show will take place Sept. 18th at Fredericton's Harvest Jazz and Blues Festival.

"Smooth, organic, earthy with a hint of wheaty maltiness - the audio equivalent of drinking a Picaroon's Dooryard. This is a brilliant debut delivering on the tremendous potential readily apparent from these guys from their first live gig."

- Brent Staeben, Music Director of the Harvest Jazz and Blues Festival

Add Date: Sept 9th, 2015

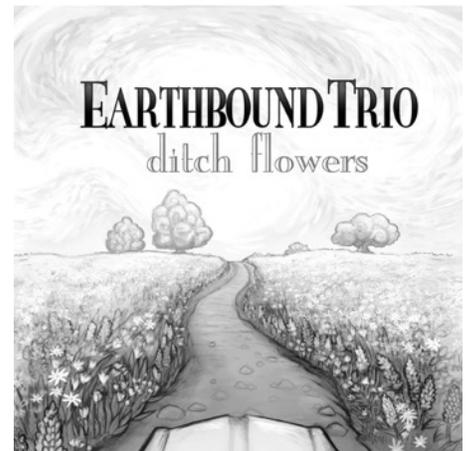
RIYL: Ben Harper, John Butler Trio

Recommended Tracks: 3, 4, 2, 1

Find out more:

[www.earthboundtrio.com](http://www.earthboundtrio.com)

[www.facebook.com/earthboundtrio](http://www.facebook.com/earthboundtrio)



### Track List:

1. Let it Go
2. Harbour Town
3. Plant a Seed
4. Waste of Time
5. Take the Day Off
6. Big Man
7. Dig That Bone
8. Just Another Day
9. Miner's Song
10. Soil and Ash

### Contact:

Dwayne Doucette  
299 Water St.  
St. Andrews, NB  
E5B1B9  
506-643-1470  
[info@earthboundtrio.com](mailto:info@earthboundtrio.com)

### Radio:

Chuck Teed  
403 Driscoll Dr.  
Saint John, NB  
E2M 3B9  
506-214-3488  
[cteed@hotmail.com](mailto:cteed@hotmail.com)

@earthboundtrio