



Prospect School

**Sex and Relationship
Education Policy**

Sex and Relationship Education Policy 2019-20

This policy should be read in conjunction with the Hampshire Children's Trust Sex and Relationships Education policy for young people, including support for teenage parents available from www.hants.gov.uk

Introduction

Three major procedures are in place to support this policy.

- The need to inform parents - meetings and circulars etc., and the Sex Education Policy must be published on the school website. The curriculum and resources used to deliver sex education will be available to parents upon request.
- Provision must be made for parents to withdraw their child from formal sex education at the school if they so wish. Sex Education takes place from year 7 in both Science and PDL/PSHE/Citizenship. All parents receive this policy via the schools information pack and website. Parents are reminded that they must contact the school if they wish to withdraw their child. We will seek permission from parents for their child to attend extra sex education sessions.
- The governor responsible for sex education is Sharon Watson.

Background

We consider sex education to be important and that each individual child is entitled to learn about and understand their own and others' sexuality and to be prepared for the opportunities, responsibilities and experiences of adult life.

This policy formulates a partnership between caring adults (staff, parents, governors) to provide sensitive support for young people as they grow and mature.

Learning about sexuality and relationships is a lifelong process and occurs in both formal (classroom) and informal (home) settings and the community.

Learning needs to be positive with self-esteem and respect for others as the corner stones for good personal, social and health education and therefore of good sex education.

Sex education should be integrated into the curriculum and form part of a broad and balanced programme of health education.

Aims and Objectives

To support the personal and social development of all students providing opportunity to develop the ability to accept their own and others sexuality. Helping them to enjoy relationships based on mutual respect and responsibility, free from any abuse.

Objectives for Students

- To identify their needs
- To plan a programme for progressive and differentiated learning which caters to their needs.
- To provide them with appropriate vocabulary and to encourage positive attitude to all bodily functions.
- To generate an atmosphere where questions and discussions on sexual matters can take place without embarrassment.
- To enable them to accept variation in rates of growth and development.
- To provide constant reassurance that change is part of the life cycle.

- To understand the value of family life, the implications of parenthood and the needs of the very young.
- To help them affirm their right and to enable them to resist unwanted touch or advances and to be able to bring any incidents to the attention of appropriate adults.
- To be aware of sources of information and guidance to help and to gain the confidence to use them.
- To understand that confidences shared with staff cannot always remain confidential and where child protection issues are raised, they will always be reported to the Child Protection Liaison Officer.

Procedures of Curriculum Organisation

This consists of a planned programme which demonstrates progression from year 7 to 11 with language concepts and content increasing in depth as the students mature. Key aspects will be revisited each year in a spiral curriculum.

Sex education is fully integrated into a programme of PDL/PSHE/Citizenship and Science. It is co-ordinated by the teacher responsible for this. Records of development and progress will be maintained for all students.

Delivery of Sex Education in PDL/PSHE/Citizenship

Year 7

Relationship and friendship skills.

Year 8/9

2 -yearly module to explore emotions, feelings/physical change

The rights and responsibilities linked to sexual practices/safe sex and STD (Living and Growing Series, channel 4)

Year 10

Build on previous knowledge to look at the responsibilities of Parenthood and understand the implications of pregnancy for the individual, family and community.

Year 11

Module to recap on key issues relating to sex and relationships education to enable the young adults leaving school to make informed choices for their future.

Adopted by Governing body on 11th February 2019

Next Review by: March 2020